

## 26. Ostfrieslandlauf 2007

01.05. bis 18.05.2007

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
1	Stephan	Immega	SC Dunum	1984	2007	00:36:41	00:36:11	00:37:02	00:46:13	00:41:13	00:36:35	3:53:55	0:33:45	23	M20	1	6
2	Siebo	Wiegmann	SC Dunum	1979	2007	00:37:08	00:36:20	00:37:28	00:46:39	00:41:31	00:37:56	3:57:02	0:34:12	28	M20	2	6
3	Achim	Groenhagen	Emden	1968	2007	00:37:08	00:36:25	00:37:33	00:46:57	00:41:39	00:38:40	3:58:22	0:34:24	39	M30	1	6
4	Hermann	Fleißner	Ihlower Rennschnecken	1974	2007	00:37:33	00:36:52	00:38:28	00:47:27	00:41:42	00:38:46	4:00:48	0:34:45	33	M30	2	6
5	Gerd	Wolzen	VfL Germania Leer	1983	2007	00:37:43	00:36:31	00:38:25	00:48:00	00:41:53	00:39:54	4:02:26	0:34:59	24	M20	3	6
6	Jens	Dirksen	VfL Germania Leer	1985	2007	00:39:17	00:38:37	00:39:07	00:48:31	00:42:40	00:40:35	4:08:47	0:35:54	22	M20	4	6
7	Martin	Buss	MTV Wittmund	1992	2007	00:39:05	00:38:27	00:39:22	00:49:44	00:43:03	00:40:25	4:10:06	0:36:05	15	MU20	1	6
8	Jan	Waschkau	VfL Germania Leer	1977	2007	00:40:01	00:38:50	00:39:41	00:50:15	00:43:20	00:40:42	4:12:49	0:36:29	30	M30	3	6
9	Christian	Frerichs	LT TuS Aurich-Ost	1986	2007	00:40:06	00:38:38	00:39:46	00:50:22	00:43:50	00:41:12	4:13:54	0:36:38	21	M20	5	6
10	Stefan	de Jonge	TuS Weene e.V.	1976	2007	00:40:20	00:39:18	00:40:36	00:50:26	00:43:56	00:41:30	4:16:06	0:36:57	31	M30	4	6
11	Reinhard	Ludwig	Auricher Taxen Zentrale	1959	2007	00:40:15	00:39:40	00:40:43	00:50:45	00:43:44	00:41:28	4:16:35	0:37:02	48	M40	1	6
12	Wilko	Willms	SC Dunum	1973	2007	00:40:12	00:39:51	00:41:02	00:50:42	00:44:30	00:42:48	4:19:05	0:37:23	34	M30	5	6
13	Mirko	Schneider	VfL Germania Leer	1990	2007	00:41:17	00:39:17	00:39:39	00:51:14	00:43:54	00:43:49	4:19:10	0:37:24	17	MU20	2	6
14	Heinz-Dieter	Janssen	TSV Riepe	1971	2007	00:41:52	00:40:03	00:41:28	00:51:46	00:45:00	00:42:13	4:22:22	0:37:52	36	M30	6	6
15	Borchard	Christians	LG Ostfriesland	1958	2007	00:40:54	00:40:13	00:41:38	00:51:56	00:45:25	00:42:56	4:23:02	0:37:57	49	M40	2	6
16	Gerd	Emken	LT Schafhauser Wald	1962	2007	00:41:13	00:40:29	00:41:47	00:52:05	00:45:11	00:42:22	4:23:07	0:37:58	45	M40	3	6
17	Wolfgang	Trebesch	MTV Aurich	1957	2007	00:41:09	00:40:25	00:41:40	00:52:03	00:45:31	00:42:29	4:23:17	0:38:00	50	M50	1	6
18	Uwe	Lübben	SC Dunum	1967	2007	00:41:31	00:40:39	00:41:38	00:52:00	00:45:11	00:42:21	4:23:20	0:38:00	40	M40	4	6
19	Peter	Bartsch	SuS Emden	1976	2007	00:41:32	00:40:21	00:42:08	00:51:47	00:45:18	00:42:27	4:23:33	0:38:02	31	M30	7	6
20	Arnd	Siebelts	TV Norden	1961	2007	00:41:44	00:40:24	00:41:42	00:52:03	00:45:33	00:43:15	4:24:41	0:38:12	46	M40	5	6
21	Christoph	Schmedding	MTV Aurich	1963	2007	00:41:12	00:40:59	00:41:58	00:52:03	00:46:01	00:43:38	4:25:51	0:38:22	44	M40	6	6
22	Mathias	Freese	TuS Weener	1986	2007	00:41:24	00:41:08	00:42:11	00:52:34	00:45:50	00:44:16	4:27:23	0:38:35	21	M20	6	6
23	Karsten	Hollander	VfL Germania Leer	1986	2007	00:41:08	00:40:23	00:42:03	00:52:50	00:46:00	00:44:59	4:27:23	0:38:35	21	M20	7	6
24	Peter	Busse	Busse Technischer Gro	1965	2007	00:42:40	00:40:28	00:42:38	00:52:54	00:46:05	00:43:01	4:27:46	0:38:38	42	M40	7	6
25	Heinz	Taute	LG Uplengen	1972	2007	00:41:46	00:41:23	00:42:53	00:53:50	00:46:15	00:43:57	4:30:04	0:38:58	35	M30	8	6
26	Andre	Blank	Sparkasse LeerWittmun	1977	2007	00:42:16	00:41:16	00:42:40	00:53:14	00:46:38	00:44:13	4:30:17	0:39:00	30	M30	9	6
27	Lothar	Geisemeyer	Bünting	1959	2007	00:42:14	00:41:27	00:43:02	00:53:49	00:46:48	00:43:52	4:31:12	0:39:08	48	M40	8	6
28	Ralf	Geiken	Bundespolizei Bunde	1971	2007	00:42:07	00:41:52	00:42:58	00:53:29	00:47:00	00:43:57	4:31:23	0:39:10	36	M30	10	6
29	Kurt	Eden	TV Norden	1958	2007	00:42:43	00:41:43	00:43:12	00:53:26	00:46:10	00:44:15	4:31:29	0:39:11	49	M40	9	6
30	Josef	Laufenberg	LT TuS Aurich-Ost	1965	2007	00:42:43	00:41:41	00:43:11	00:53:09	00:46:44	00:44:52	4:32:20	0:39:18	42	M40	10	6
31	Holger	Alts	VFFL Berumbur	1964	2007	00:42:51	00:41:52	00:43:45	00:53:33	00:46:29	00:43:54	4:32:24	0:39:18	43	M40	11	6
32	Frank	Bartsch	www.arbitax.de	1972	2007	00:42:59	00:41:58	00:43:05	00:53:49	00:46:36	00:44:11	4:32:38	0:39:20	35	M30	11	6
33	Alfred	Pelka	Ramsloh	1968	2007	00:43:30	00:41:39	00:43:15	00:54:41	00:46:08	00:43:41	4:32:54	0:39:23	39	M30	12	6
34	Till	Wagenknecht	Emder LG	1968	2007	00:44:35	00:41:06	00:43:13	00:54:21	00:46:05	00:43:37	4:32:57	0:39:23	39	M30	13	6
35	Tammo	Köller	TuS Weener	1987	2007	00:43:03	00:40:31	00:43:09	00:52:46	00:48:30	00:45:41	4:33:40	0:39:29	20	M20	8	6
36	Horst	Burger	Sparkasse LeerWittmun	1966	2007	00:43:24	00:41:59	00:43:40	00:53:44	00:47:05	00:44:05	4:33:57	0:39:32	41	M40	12	6
37	Karl-Heinz	Hoffmann	TSV Hesel	1958	2007	00:42:33	00:42:12	00:43:39	00:54:17	00:47:26	00:44:09	4:34:16	0:39:35	49	M40	13	6
38	Fred	Hofmann	DLRG Weener	1963	2007	00:43:29	00:41:55	00:43:41	00:54:11	00:46:36	00:44:40	4:34:32	0:39:37	44	M40	14	6
39	Berthold	Tuijter	Emder LG	1969	2007	00:42:52	00:41:42	00:43:04	00:53:37	00:47:35	00:45:49	4:34:39	0:39:38	38	M30	14	6
40	Frank	Schröder	SV FA Wybelsum	1970	2007	00:43:05	00:42:53	00:43:21	00:54:06	00:47:24	00:44:02	4:34:51	0:39:40	37	M30	15	6
41	Jan	Meyerhoff	LG Ostfriesland	1967	2007	00:43:13	00:42:22	00:44:12	00:54:18	00:47:38	00:43:53	4:35:36	0:39:46	40	M40	15	6
42	Hinrich	Puse	BSC Burhafa	1964	2007	00:43:09	00:41:56	00:44:02	00:54:52	00:47:21	00:44:37	4:35:57	0:39:49	43	M40	16	6
43	Uwe	Hüls	TV Norden	1963	2007	00:43:04	00:41:46	00:44:18	00:54:51	00:47:33	00:45:02	4:36:34	0:39:55	44	M40	17	6
44	Holger	Sigl	LT TuS Aurich-Ost	1970	2007	00:42:44	00:41:40	00:43:12	00:54:15	00:48:39	00:46:22	4:36:52	0:39:57	37	M30	16	6
45	Michael	Akkermann	SV Jennelt/Uttum	1970	2007	00:43:18	00:42:14	00:44:03	00:54:47	00:47:50	00:44:58	4:37:10	0:40:00	37	M30	17	6
46	Robert	Oremek	LG Ostfriesland	1965	2007	00:43:25	00:42:30	00:44:15	00:54:39	00:47:45	00:44:51	4:37:25	0:40:02	42	M40	18	6
47	Jürgen	Hinken	KBV Wiesede	1963	2007	00:43:13	00:42:53	00:44:00	00:54:44	00:47:46	00:44:51	4:37:27	0:40:02	44	M40	19	6
48	Jürgen	de Buhr	SV Wiesmoor	1963	2007	00:43:28	00:42:47	00:44:09	00:55:04	00:47:52	00:44:52	4:38:12	0:40:09	44	M40	20	6
49	Manuel	Mix	Team Deutsche Post	1974	2007	00:44:07	00:42:48	00:44:57	00:55:44	00:47:12	00:43:59	4:38:47	0:40:14	33	M30	18	6
50	Martin	Rausch	Fortuna Wirdum	1965	2007	00:43:27	00:42:54	00:44:19	00:55:11	00:47:50	00:45:19	4:39:00	0:40:16	42	M40	21	6
51	Jan Hiebo	Busch	SV Warsingsfehn	1991	2007	00:45:41	00:43:31	00:43:44	00:54:59	00:47:40	00:43:26	4:39:01	0:40:16	16	MU20	3	6
52	Tobi	Asche	SV Wiesede	1959	2007	00:43:33	00:42:46	00:44:14	00:55:07	00:48:13	00:45:16	4:39:09	0:40:17	48	M40	22	6
53	Andreas	Folkerts	Pewsumer Ossiloopers	1971	2007	00:43:31	00:42:46	00:44:33	00:55:04	00:48:13	00:45:58	4:40:05	0:40:25	36	M30	19	6
54	Claus-Peter	Paulus	Aurich	1963	2007	00:44:14	00:43:17	00:44:21	00:55:06	00:47:43	00:45:34	4:40:15	0:40:26	44	M40	23	6
55	Stefan	Schiller	Team Deutsche Post	1976	2007	00:43:58	00:43:19	00:45:15	00:55:44	00:47:10	00:44:53	4:40:19	0:40:27	31	M30	20	6
56	Jan	Tobiassen	MTV Aurich Tria	1970	2007	00:44:59	00:42:49	00:44:07	00:55:06	00:48:05	00:45:28	4:40:34	0:40:29	37	M30	21	6
57	Detlef	Saathoff	Veenhusen	1966	2007	00:44:17	00:43:18	00:44:19	00:55:06	00:48:56	00:46:06	4:42:02	0:40:42	41	M40	24	6
58	Heiko	Süthoff	ELV Elektronik AG	1987	2007	00:45:42	00:43:14	00:43:41	00:54:04	00:50:04	00:45:21	4:42:06	0:40:42	20	M20	9	6
59	Uwe	Rotte	LT TuS Aurich-Ost	1960	2007	00:45:42	00:42:29	00:45:24	00:56:06	00:47:45	00:44:48	4:42:14	0:40:44	47	M40	25	6
60	Enno	Hinrichs	LT TuS Aurich-Ost	1961	2007	00:44:44	00:43:52	00:44:37	00:54:55	00:48:37	00:45:44	4:42:29	0:40:46	46	M40	26	6
61	Albrecht	Buss	LG TV Bunde	1957	2007	00:43:46	00:43:28	00:44:43	00:55:27	00:48:37	00:46:31	4:42:32	0:40:46	50	M50	2	6
62	Thomas	Baxmann	Aurich	1966	2007	00:44:41	00:43:48	00:45:07	00:55:20	00:48:20	00:45:37	4:42:53	0:40:49	41	M40	27	6
63	Andreas	Hinrichs	LG Ostfriesland	1964	2007	00:44:40	00:43:54	00:44:37	00:55:13	00:48:27	00:46:04	4:42:55	0:40:49	43	M40	28	6
64	Holger	de Vries	Pewsumer Ossiloopers	1970	2007	00:43:46	00:42:51	00:44:43	00:56:16	00:49:25	00:46:10	4:43:11	0:40:52	37	M30	22	6
65	Volker	Danekas	LG Uplengen	1990	2007	00:45:28	00:44:07	00:45:13	00:55:28	00:48:15	00:45:43	4:44:14	0:41:01	17	MU20	4	6
66	Siegbert	Mäcken	MTV Aurich Triathlon	1960	2007	00:45:05	00:43:35										

## 26. Ostfrieslandlauf 2007

01.05. bis 18.05.2007

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
72	Michael	Janssen	Emder LG	1970	2007	00:45:51	00:44:18	00:45:59	00:56:50	00:48:57	00:44:52	4:46:47	0:41:23	37	M30	24	6
73	Thomas	Meyer	SC Wiesens	1969	2007	00:44:40	00:44:01	00:45:50	00:57:11	00:49:24	00:46:07	4:47:13	0:41:27	38	M30	25	6
74	Frank	Schaller	LT TuS Aurich-Ost	1961	2007	00:45:00	00:44:11	00:45:23	00:56:46	00:49:22	00:46:33	4:47:15	0:41:27	46	M40	33	6
75	Harm	Park	TuS Weene	1953	2007	00:41:08	00:40:36	00:45:06	01:06:32	00:50:02	00:43:51	4:47:15	0:41:27	54	M50	3	6
76	Marco	Gronewold	Moorlage	1979	2007	00:45:58	00:44:22	00:45:19	00:57:12	00:48:55	00:45:38	4:47:24	0:41:28	28	M20	10	6
77	Tönjes	Meyer	TSV Hesel	1958	2007	00:44:39	00:43:09	00:45:10	00:57:14	00:50:38	00:47:17	4:48:07	0:41:35	49	M40	34	6
78	Folkert	Redenius	Concordia Ihrhove	1957	2007	00:44:40	00:45:28	00:46:45	00:55:20	00:49:19	00:46:43	4:48:15	0:41:36	50	M50	4	6
79	Dirk	Hanken	FTC Hollen	1992	2007	00:46:48	00:44:30	00:44:51	00:56:05	00:49:42	00:46:38	4:48:34	0:41:38	15	MU20	5	6
80	Martin	Poguntke	TV Norden	1963	2007	00:45:22	00:44:13	00:45:57	00:56:01	00:50:20	00:47:41	4:49:34	0:41:47	44	M40	35	6
81	Gerold	Janssen	Großoldendorf	1967	2007	00:45:23	00:44:15	00:45:40	00:57:55	00:49:57	00:46:38	4:49:48	0:41:49	40	M40	36	6
82	Sven	Cornelius	Watt' n Loopers SV Dor	1993	2007	00:49:22	00:45:08	00:45:08	00:55:49	00:48:15	00:46:10	4:49:52	0:41:50	14	MU20	6	6
83	Torsten	Baron	TSG Hatten-Sandkrug	1967	2007	00:46:25	00:44:53	00:46:29	00:56:44	00:49:23	00:46:29	4:50:23	0:41:54	40	M40	37	6
84	Uwe	Frühling	Polizei Aurich	1969	2007	00:44:29	00:43:47	00:47:50	00:57:39	00:50:02	00:46:47	4:50:34	0:41:56	38	M30	26	6
85	Harald	Leu	Deichläufer	1971	2007	00:46:59	00:44:45	00:46:19	00:57:10	00:49:19	00:46:22	4:50:54	0:41:59	36	M30	27	6
86	Irmi	Hartmann	TV Norden	1962	2007	00:45:50	00:44:34	00:47:08	00:57:07	00:49:59	00:46:38	4:51:16	0:42:02	45	W40	1	6
87	Frank	Nissen	Aurich	1961	2007	00:45:15	00:44:42	00:46:16	00:57:43	00:50:19	00:47:12	4:51:27	0:42:03	46	M40	38	6
88	Kurt-Ingo	Dorin	Emden	1973	2007	00:48:24	00:45:04	00:45:55	00:56:14	00:49:32	00:46:36	4:51:45	0:42:06	34	M30	28	6
89	Richard	Bolte	LG Uplengen	1959	2007	00:45:55	00:45:01	00:46:19	00:57:07	00:50:25	00:47:25	4:52:12	0:42:10	48	M40	39	6
90	Bernd	Recknagel	Aurich	1967	2007	00:46:40	00:44:42	00:46:09	00:56:57	00:50:00	00:47:53	4:52:21	0:42:11	40	M40	40	6
91	Wilhelm	Wilbers	SV Ochtersum	1962	2007	00:46:48	00:45:19	00:46:32	00:57:05	00:50:07	00:46:33	4:52:24	0:42:12	45	M40	41	6
92	Wilfried	Sanders	Weener	1968	2007	00:47:56	00:45:25	00:45:57	00:57:57	00:49:31	00:46:12	4:52:58	0:42:17	39	M30	29	6
93	Dirk Enno	Sundermeyer	TAO Aurich	1988	2007	00:47:01	00:45:58	00:45:40	00:57:12	00:50:29	00:46:57	4:53:17	0:42:19	19	MU20	7	6
94	Günther	Klöver	BV Akelsbarg	1983	2007	00:48:06	00:45:33	00:46:09	00:57:25	00:50:01	00:46:32	4:53:46	0:42:23	24	M20	11	6
95	Heyo	Hanssen	SC Wiesens	1961	2007	00:46:09	00:45:10	00:46:27	00:57:36	00:50:13	00:48:36	4:54:11	0:42:27	46	M40	42	6
96	Gerold	Janssen	Wi sünd Holtriem	1965	2007	00:46:08	00:45:03	00:47:08	00:57:42	00:50:44	00:47:59	4:54:44	0:42:32	42	M40	43	6
97	Gerd	Puse	Sparkasse LeerWittmun	1963	2007	00:46:53	00:45:22	00:47:18	00:57:46	00:50:22	00:47:14	4:54:55	0:42:33	44	M40	44	6
98	Eimo	Ditzfeld	LG Ostfriesland	1992	2007	00:48:06	00:45:25	00:45:51	00:57:44	00:50:10	00:47:46	4:55:02	0:42:34	15	MU20	8	6
99	Horst	Wiemken	Wi sünd Holtriem	1968	2007	00:46:07	00:44:50	00:46:45	00:57:35	00:50:58	00:48:48	4:55:03	0:42:35	39	M30	30	6
100	Reinhard	de Vries	LT TuS Aurich-Ost	1961	2007	00:45:46	00:45:02	00:47:08	00:58:41	00:50:47	00:47:48	4:55:12	0:42:36	46	M40	45	6
101	Klaus	Beck	Emden	1956	2007	00:46:04	00:46:44	00:46:45	00:58:00	00:50:46	00:47:02	4:55:21	0:42:37	51	M50	5	6
102	Thomas	Richter	RVB Uplengen	1986	2007	00:49:35	00:45:33	00:46:41	00:58:03	00:49:32	00:46:12	4:55:36	0:42:39	21	M20	12	6
103	Lukas	Dendzik	Backemoor/Holte	1982	2007	00:47:52	00:45:14	00:46:56	00:57:49	00:50:20	00:47:44	4:55:55	0:42:42	25	M20	13	6
104	Bart	Beute	ELV Elektronik AG	1975	2007	00:45:34	00:44:21	00:45:09	00:58:30	00:52:09	00:50:24	4:56:07	0:42:44	32	M30	31	6
105	Manfred	Meyer	VTB Triathlon Varel	1965	2007	00:48:52	00:45:45	00:46:35	00:57:45	00:50:30	00:46:56	4:56:23	0:42:46	42	M40	46	6
106	Martina	Rückbrod	TV Norden	1987	2007	00:48:22	00:44:40	00:47:08	00:57:38	00:52:06	00:46:38	4:56:32	0:42:47	20	W20	1	6
107	Claas	Feth	Oldenburg	1977	2007	00:55:25	00:43:39	00:45:09	00:57:22	00:49:10	00:45:48	4:56:33	0:42:48	30	M30	32	6
108	Thomas	Willers	SV Warsingsfehn	1965	2007	00:45:40	00:45:29	00:47:03	00:58:50	00:51:00	00:48:43	4:56:45	0:42:49	42	M40	47	6
109	Michael	Schulz	LT TuS Aurich-Ost	1962	2007	00:47:40	00:45:23	00:46:59	00:57:59	00:50:45	00:48:22	4:57:08	0:42:53	45	M40	48	6
110	Matthias	Bulla	Polizei Whv-Friesl-Wittr	1964	2007	00:48:45	00:45:33	00:46:27	00:58:05	00:50:24	00:48:23	4:57:37	0:42:57	43	M40	49	6
111	Marko	Wolf	LT TuS Aurich-Ost	1976	2007	00:49:27	00:45:17	00:46:38	00:57:59	00:50:17	00:48:03	4:57:41	0:42:57	31	M30	33	6
112	Uwe	Geuken	Veenhusen	1965	2007	00:47:27	00:45:34	00:47:44	00:58:52	00:51:00	00:47:27	4:58:04	0:43:01	42	M40	50	6
113	Onno	Baumann	Leinerstift e. V.	1968	2007	00:46:51	00:46:08	00:47:17	00:58:03	00:51:49	00:48:21	4:58:29	0:43:04	39	M30	34	6
114	Wilfried	Eichsteäd	DLRG Leer	1976	2007	00:48:21	00:45:32	00:46:39	00:59:24	00:51:20	00:47:47	4:59:03	0:43:09	31	M30	35	6
115	Jens	Schädler	Schiffswerft Diedrich	1960	2007	00:47:58	00:44:58	00:46:38	00:58:13	00:51:41	00:49:39	4:59:07	0:43:10	47	M40	51	6
116	Peter	Mauson	TV Norden	1949	2007	00:47:10	00:45:48	00:47:49	00:59:08	00:51:25	00:48:01	4:59:21	0:43:12	58	M50	6	6
117	Volker	Lübben	SV Ochtersum	1982	2007	00:50:05	00:45:42	00:46:58	00:59:19	00:50:19	00:47:01	4:59:24	0:43:12	25	M20	14	6
118	Martin	Wilts	BV Ostfria Rahe	1972	2007	00:48:23	00:45:52	00:47:15	00:58:20	00:51:20	00:48:47	4:59:57	0:43:17	35	M30	36	6
119	Diedrich	Kleen	EWE Wattloopers	1972	2007	00:46:50	00:46:22	00:47:06	00:59:04	00:51:57	00:48:46	5:00:05	0:43:18	35	M30	37	6
120	Harald	de Buhr	Polizei Leer	1962	2007	00:47:43	00:45:53	00:47:41	00:59:31	00:50:49	00:48:37	5:00:14	0:43:19	45	M40	52	6
121	Harm	Meints	LT TuS Aurich-Ost	1946	2007	00:47:30	00:45:55	00:47:48	00:59:20	00:51:15	00:48:35	5:00:23	0:43:21	61	M60	1	6
122	Andre	Behrends	Ihlow	1990	2007	00:48:06	00:45:38	00:46:44	00:58:08	00:52:39	00:49:10	5:00:25	0:43:21	17	MU20	9	6
123	Andreas	Janßen	SV Stikelkamp	1967	2007	00:50:28	00:46:32	00:46:48	00:58:59	00:49:51	00:47:49	5:00:27	0:43:21	40	M40	53	6
124	Ephard	Baumann	Polizei Leer	1960	2007	00:48:08	00:46:38	00:47:49	00:58:39	00:50:54	00:48:39	5:00:47	0:43:24	47	M40	54	6
125	Johann	Aden	Möbel Buss	1969	2007	00:47:04	00:45:47	00:47:44	00:59:35	00:51:23	00:49:27	5:01:00	0:43:26	38	M30	38	6
126	Garrelt	Tunder	SC Wiesens	1955	2007	00:46:56	00:46:20	00:47:12	00:59:30	00:53:12	00:47:51	5:01:01	0:43:26	52	M50	7	6
127	Thomas	Plesse	Warsingsfehn	1966	2007	00:47:22	00:46:24	00:47:14	00:59:05	00:52:15	00:49:02	5:01:22	0:43:29	41	M40	55	6
128	Thomas	Oltmanns	Moormerland	1975	2007	00:48:00	00:46:06	00:48:14	00:59:44	00:51:59	00:48:17	5:02:20	0:43:38	32	M30	39	6
129	Reiner	de Riese	Concordia Ihrhove	1959	2007	00:47:39	00:46:23	00:47:59	00:59:40	00:52:01	00:48:48	5:02:30	0:43:39	48	M40	56	6
130	Andreas	Stöter	EWE	1968	2007	00:48:50	00:46:51	00:47:27	00:59:26	00:51:21	00:48:35	5:02:30	0:43:39	39	M30	40	6
131	Dennis	Meyerhoff	TuS Sandhorst	1989	2007	00:48:18	00:45:44	00:47:21	00:58:20	00:51:56	00:50:51	5:02:30	0:43:39	18	MU20	10	6
132	Gerold	Wilken	Emder LG	1967	2007	00:48:20	00:46:14	00:47:24	00:59:56	00:51:18	00:49:24	5:02:36	0:43:40	40	M40	57	6
133	Sönke	Bünting	LT TuS Aurich-Ost	1988	2007	00:48:57	00:45:34	00:47:22	00:58:35	00:52:32	00:49:43	5:02:43	0:43:41	19	MU20	11	6
134	Jörg-Hendrik	Eilers	Moormerland	1957	2007	00:47:20	00:46:23	00:48:15	01:00:13	00:52:08	00:48:43	5:03:02	0:43:44	50	M50	8	6
135	Ingo	Renken	Spielmannzug Marx	1967	2007	00:47:17	00:46:23	00:48:43	00:59:47	00:51:56	00:49:02	5:03:08	0:43:45	40	M40	58	6
136	Matthias	Bergmann	SV Georgsheil	1966	2007	00:47:52	00:46:53	00:48:09	00:59:33	00:51:20	00:49:28	5:03:15	0:43:46	41	M40	59	6
137	Gottfried	Beekhuis															

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km	km 69,30	10km				
143	Richard	Saathoff	TG Wiesmoor	1963	2007	00:48:11	00:46:45	00:48:20	00:59:41	00:52:12	00:49:09	5:04:18	0:43:55	44	M40	61	6
144	Hinrich	Ernst	Fortuna Logabirum	1955	2007	00:48:30	00:46:28	00:47:57	01:00:27	00:51:49	00:49:41	5:04:52	0:44:00	52	M50	11	6
145	Aike	Garlichs	Moormerland	1987	2007	00:49:54	00:46:38	00:48:57	01:00:11	00:51:26	00:47:48	5:04:54	0:44:00	20	M20	16	6
146	Hauke	Hedemann	Möbel Buss	1992	2007	00:47:45	00:45:42	00:47:52	01:00:36	00:53:21	00:50:26	5:05:42	0:44:07	15	MU20	12	6
147	Tobias	Penning	Zwei glorreiche Halunke	1991	2007	00:47:56	00:47:38	00:49:59	01:00:06	00:50:28	00:49:56	5:06:03	0:44:10	16	MU20	13	6
148	Hartmut	Götz	SV Spetzerfehn	1972	2007	00:49:17	00:46:42	00:47:56	01:03:04	00:50:43	00:48:37	5:06:19	0:44:12	35	M30	43	6
149	Helmut	Ludwig	LG Ostfriesland	1958	2007	00:47:27	00:45:49	00:48:52	01:00:15	00:54:01	00:50:06	5:06:30	0:44:14	49	M40	62	6
150	Jörg	Frerichs	Watt' n Loopers SV Dor	1969	2007	00:48:50	00:45:32	00:48:36	01:02:31	00:51:54	00:49:07	5:06:30	0:44:14	38	M30	44	6
151	Hartmut	Streng	BSV Bingham	1965	2007	00:48:57	00:47:15	00:49:05	01:00:23	00:51:24	00:49:28	5:06:32	0:44:14	42	M40	63	6
152	Marco	Krey	Sparkasse LeerWittmun	1970	2007	00:50:08	00:48:17	00:48:18	00:59:31	00:51:59	00:48:30	5:06:43	0:44:16	37	M30	45	6
153	Onno	Fleißner	Ihlowerfehn	1979	2007	00:50:23	00:47:15	00:47:26	01:00:36	00:51:58	00:49:09	5:06:47	0:44:16	28	M20	17	6
154	Stefan	Wilken	Kung Fu Hesel	1989	2007	00:47:03	00:44:29	00:47:31	01:00:07	00:59:17	00:48:26	5:06:53	0:44:17	18	MU20	14	6
155	Fredy	Hedemann	Möbel Buss	1962	2007	00:48:14	00:46:38	00:47:53	01:00:24	00:53:22	00:50:26	5:06:57	0:44:18	45	M40	64	6
156	Astrid	Lübben	Möbel Buss	1971	2007	00:48:02	00:46:30	00:48:15	01:00:39	00:52:50	00:50:46	5:07:02	0:44:18	36	W30	2	6
157	Holger	Kleene	OBW Emden	1971	2007	00:48:55	00:46:55	00:49:03	01:00:54	00:52:16	00:49:29	5:07:32	0:44:23	36	M30	46	6
158	Hendrik	Hedemann	Möbel Buss	1987	2007	00:53:35	00:46:45	00:47:08	00:59:42	00:50:00	00:50:24	5:07:34	0:44:23	20	M20	18	6
159	Stephan	Voskuhl	Gymnasium Rhaderfeh	1991	2007	00:47:40	00:46:20	00:47:02	01:00:11	00:55:27	00:50:59	5:07:39	0:44:24	16	MU20	15	6
160	Klaus-Dieter	Mertins	OBW Emden	1956	2007	00:48:44	00:46:59	00:49:17	01:00:54	00:52:27	00:49:41	5:08:02	0:44:27	51	M50	12	6
161	Tammo Konstantin	Reinders	NIGE	1987	2007	00:48:09	00:47:23	00:49:33	01:01:15	00:52:36	00:49:09	5:08:05	0:44:27	20	M20	19	6
162	Aike	Holl	Potshausen	1991	2007	00:49:25	00:48:03	00:48:09	01:00:07	00:53:10	00:49:15	5:08:09	0:44:28	16	MU20	16	6
163	Fidi	Gerd	LT TuS Aurich-Ost	1967	2007	00:50:05	00:46:26	00:48:08	01:01:59	00:51:55	00:49:41	5:08:14	0:44:29	40	M40	65	6
164	Thomas	Janssen	SV Potshausen	1991	2007	00:49:25	00:48:10	00:48:08	01:00:07	00:53:11	00:49:22	5:08:23	0:44:30	16	MU20	17	6
165	Johann	Sandersfeld	LG Uplengen	1955	2007	00:48:43	00:47:32	00:48:48	01:00:30	00:53:06	00:50:09	5:08:48	0:44:34	52	M50	13	6
166	Hinrich	Saathoff	Fortuna Wirdum	1952	2007	00:49:40	00:47:36	00:49:09	01:00:23	00:52:35	00:49:44	5:09:07	0:44:36	55	M50	14	6
167	Jasmin	Schmidt	LT TuS Aurich-Ost	1991	2007	00:50:15	00:46:44	00:49:11	01:00:28	00:53:01	00:49:37	5:09:16	0:44:38	16	WU20	1	6
168	Karl-Heinz	Hartmann	Uggant-Schott	1960	2007	00:50:40	00:47:26	00:49:08	00:59:33	00:53:18	00:49:23	5:09:28	0:44:39	47	M40	66	6
169	Holger	Aderhold	Wi sünd Holtriem	1970	2007	00:50:52	00:46:52	00:49:19	01:00:55	00:52:38	00:48:54	5:09:30	0:44:40	37	M30	47	6
170	Erwin	Janssen	SV Blomberg/Neuschod	1968	2007	00:49:24	00:47:15	00:48:35	01:01:06	00:53:13	00:50:04	5:09:37	0:44:41	39	M30	48	6
171	Rolf	Birkoben	TSV Riepe	1952	2007	00:48:45	00:47:07	00:48:44	01:01:39	00:53:33	00:50:01	5:09:49	0:44:42	55	M50	15	6
172	Roland	von Kentzinsky	TG Wiesmoor	1948	2007	00:49:03	00:47:13	00:49:37	01:00:41	00:53:11	00:50:12	5:09:57	0:44:44	59	M50	16	6
173	Gerold	Janssen	Wallinghausen	1966	2007	00:49:18	00:47:38	00:49:15	01:00:45	00:52:59	00:50:04	5:09:59	0:44:44	41	M40	67	6
174	Eric	Bootjer	RVB Uplengen	1966	2007	00:49:17	00:47:45	00:49:16	01:00:21	00:53:02	00:50:24	5:10:05	0:44:45	41	M40	68	6
175	Holger	Schachtschneider	TV Norden	1965	2007	00:48:59	00:46:58	00:49:08	01:00:38	00:53:29	00:50:59	5:10:11	0:44:46	42	M40	69	6
176	Manuel	Meyer	Haarstudio am Markt	1984	2007	00:49:38	00:47:03	00:51:06	01:00:28	00:52:08	00:49:54	5:10:17	0:44:46	23	M20	20	6
177	Andreas	Andresen	MTV Wittmund	1966	2007	00:47:59	00:47:00	00:49:34	01:02:16	00:53:01	00:51:03	5:10:53	0:44:52	41	M40	70	6
178	Wilhelm	Kruse	Bundespolizei Bunde	1966	2007	00:48:11	00:47:50	00:49:09	01:01:59	00:53:04	00:50:40	5:10:53	0:44:52	41	M40	71	6
179	Karin	Graf	Watt' n Loopers SV Dor	1969	2007	00:49:31	00:48:23	00:49:48	01:01:09	00:52:34	00:49:39	5:11:04	0:44:53	38	W30	3	6
180	Michael	Ahrendt	Watt' n Loopers SV Dor	1970	2007	00:50:13	00:46:58	00:49:56	01:01:45	00:52:24	00:49:50	5:11:06	0:44:54	37	M30	49	6
181	Jasper	Buss	SV Simonswolde/HTG I	1990	2007	00:51:55	00:45:55	00:48:24	01:00:27	00:52:25	00:52:07	5:11:13	0:44:55	17	MU20	18	6
182	Matthias	Adick	Auricher Taxen Zentrale	1962	2007	00:49:30	00:47:40	00:48:55	01:00:51	00:52:41	00:51:40	5:11:17	0:44:55	45	M40	72	6
183	Matthias	Wetzel	VfL Jheringsfehn	1970	2007	00:48:40	00:47:40	00:49:21	01:02:09	00:53:04	00:50:28	5:11:22	0:44:56	37	M30	50	6
184	Wilko	Herten	Neufirrel	1992	2007	00:49:46	00:48:41	00:50:31	01:00:47	00:52:25	00:49:34	5:11:44	0:44:59	15	MU20	19	6
185	Theodor	Grünefeld	Sparkasse LeerWittmun	1977	2007	00:51:55	00:46:48	00:48:08	01:01:54	00:53:38	00:49:32	5:11:55	0:45:01	30	M30	51	6
186	Mario	Reiners	Druckerei Meyer GmbH	1981	2007	00:51:13	00:46:44	00:49:02	01:00:37	00:53:54	00:50:33	5:12:03	0:45:02	26	M20	21	6
187	Anton	Apetz	TV Norden	1943	2007	00:49:25	00:47:54	00:48:59	01:01:35	00:53:42	00:50:33	5:12:08	0:45:02	64	M60	2	6
188	Steffen	Hillmer	Sparkasse LeerWittmun	1962	2007	00:49:14	00:47:24	00:49:42	01:02:31	00:53:44	00:49:40	5:12:15	0:45:03	45	M40	73	6
189	Manfred	Kramer	LG Werder-Ossis	1962	2007	00:48:12	00:47:45	00:49:29	01:01:58	00:53:56	00:51:00	5:12:20	0:45:04	45	M40	74	6
190	Marcus	Struckmeyer	Aurich	1970	2007	00:49:58	00:47:15	00:49:32	01:00:58	00:54:35	00:50:10	5:12:28	0:45:05	37	M30	52	6
191	Magnus	Kaun	MTV Aurich	1991	2007	00:48:12	00:44:54	00:56:37	00:59:22	00:51:50	00:51:41	5:12:36	0:45:06	16	MU20	20	6
192	Reinhard	Meyer	TuRa 07 Westrhaderfeh	1952	2007	00:50:31	00:47:27	00:49:44	01:01:30	00:53:04	00:50:49	5:13:05	0:45:11	55	M50	17	6
193	Lammers	Rolf	TG Wiesmoor	1962	2007	00:49:22	00:48:00	00:50:01	01:01:06	00:54:24	00:50:15	5:13:08	0:45:11	45	M40	75	6
194	Klaus	Feldmann	TSV Idafehn	1955	2007	00:48:44	00:47:56	00:50:05	01:02:42	00:54:03	00:49:48	5:13:18	0:45:13	52	M50	18	6
195	Klaus	Ricklefs	*Friedeburg	1957	2007	00:49:58	00:48:19	00:49:27	01:01:46	00:53:55	00:49:59	5:13:24	0:45:13	50	M50	19	6
196	Gerhold	Freeseemann	Ostrhaderfehn	1964	2007	00:49:05	00:48:43	00:49:46	01:01:33	00:53:47	00:51:25	5:14:19	0:45:21	43	M40	76	6
197	Detlef	Stanke	Westerstede	1954	2007	00:48:25	00:47:52	00:50:17	01:02:54	00:53:57	00:51:04	5:14:29	0:45:23	53	M50	20	6
198	Jürgen	Süßen	A 8 Life	1965	2007	00:50:03	00:48:00	00:50:18	01:02:42	00:53:48	00:50:09	5:15:00	0:45:27	42	M40	77	6
199	Siegfried	Sweers	Emden LG	1955	2007	00:50:52	00:48:21	00:49:49	01:02:24	00:53:23	00:50:16	5:15:05	0:45:28	52	M50	21	6
200	Peter	Streckel	TV Norden	1954	2007	00:48:24	00:48:07	00:50:04	01:04:09	00:53:55	00:50:27	5:15:06	0:45:28	53	M50	22	6
201	Steffen	Beckers	VfL Germania Leer	1990	2007	00:53:23	00:48:12	00:49:52	01:01:05	00:52:55	00:49:42	5:15:09	0:45:29	17	MU20	21	6
202	Gerold	Severiens	Fortuna Logabirum	1948	2007	00:51:19	00:47:49	00:49:33	01:01:28	00:53:31	00:51:31	5:15:11	0:45:29	59	M50	23	6
203	Rolf	Steinke	SV Warsingsfehn	1967	2007	00:49:29	00:48:20	00:50:06	01:02:40	00:54:10	00:50:40	5:15:25	0:45:31	40	M40	78	6
204	Jürgen	Dänekas	LG Uplengen	1958	2007	00:49:47	00:48:21	00:49:57	01:02:23	00:53:53	00:51:18	5:15:39	0:45:33	49	M40	79	6
205	Rüdiger	Seele	Aurich	1965	2007	00:50:45	00:48:11	00:49:30	01:01:11	00:53:36	00:52:28	5:15:41	0:45:33	42	M40	80	6
206	Hans-Jürgen	Gippert	TG Wiesmoor	1944	2007	00:49:50	00:48:30	00:50:24	01:01:50	00:54:17	00:51:02	5:15:53	0:45:35	63	M60	3	6
207	Mike	Rost	Polizei Insp. Whv-Friesl	1963	2007	00:48:47	00:48:31	00:50:39	01:02:35	00:5							

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km	km 69,30	10km				
214	Marco	Pechaczek	TG Wiesmoor	1974	2007	00:51:51	00:47:26	00:52:14	01:01:13	00:54:09	00:50:13	5:17:06	0:45:45	33	M30	54	6
215	Günter	Penning	Polizei Leer	1967	2007	00:49:18	00:48:25	00:49:55	01:04:11	00:53:57	00:51:30	5:17:16	0:45:47	40	M40	85	6
216	Andreas	Dirks	TV Marienhaf	1964	2007	00:51:26	00:48:28	00:50:23	01:01:57	00:54:07	00:51:06	5:17:27	0:45:48	43	M40	86	6
217	Friedhelm	Baumann	TSV Hesel	1960	2007	00:49:50	00:53:01	00:49:55	01:01:10	00:53:04	00:50:32	5:17:32	0:45:49	47	M40	87	6
218	Gerold	Meinen	BSC Burhufe	1963	2007	00:50:01	00:48:14	00:50:00	01:03:22	00:54:19	00:51:44	5:17:40	0:45:50	44	M40	88	6
219	Jürgen	Eilerts	SC Wiesens	1966	2007	00:49:11	00:48:29	00:50:38	01:03:05	00:55:02	00:51:23	5:17:48	0:45:52	41	M40	89	6
220	Meinhard	Harms	TSV Riepe	1950	2007	00:51:28	00:48:19	00:50:13	01:01:45	00:53:49	00:52:15	5:17:49	0:45:52	57	M50	25	6
221	David	Güttner	TG Wiesmoor	1980	2007	00:50:19	00:47:16	00:50:19	01:01:35	00:55:20	00:53:03	5:17:52	0:45:52	27	M20	22	6
222	Reenard	Lindena	BV Canhusen	1949	2007	00:50:47	00:47:43	00:51:17	01:02:38	00:54:35	00:51:18	5:18:18	0:45:56	58	M50	26	6
223	Johann	Lammers	SV Holtland	1963	2007	00:52:13	00:48:40	00:50:51	01:02:02	00:54:22	00:50:16	5:18:24	0:45:57	44	M40	90	6
224	Alfred	Fresemann	Moormerland	1967	2007	00:49:55	00:48:09	00:50:18	01:03:22	00:54:53	00:51:52	5:18:29	0:45:57	40	M40	91	6
225	Jürgen	Sporre	Loppersum	1955	2007	00:50:39	00:48:13	00:50:44	01:02:49	00:54:41	00:51:24	5:18:30	0:45:58	52	M50	27	6
226	Christina	Günzel	Druckerei Meyer GmbH	1970	2007	00:51:33	00:49:30	00:50:07	01:02:38	00:54:02	00:50:41	5:18:31	0:45:58	37	W30	4	6
227	Maggy	Kannegießer	Sparkasse LeerWittmun	1972	2007	00:50:26	00:48:18	00:50:17	01:03:15	00:54:54	00:51:24	5:18:34	0:45:58	35	W30	5	6
228	Uta	Diekmann	Ihrhove	1969	2007	00:49:58	00:48:35	00:50:46	01:02:43	00:54:25	00:52:07	5:18:34	0:45:58	38	W30	6	6
229	Mathias	Freese	TV Norden	1968	2007	00:50:48	00:49:04	00:50:21	01:03:06	00:54:00	00:51:18	5:18:37	0:45:59	39	M30	55	6
230	Stefan	Müller	NLWKN Leysiel	1961	2007	00:50:44	00:49:01	00:50:03	01:02:51	00:55:14	00:50:46	5:18:39	0:45:59	46	M40	92	6
231	Norbert	Freitag	MTV Aurich	1948	2007	00:49:43	00:49:01	00:51:44	01:02:53	00:54:35	00:51:23	5:19:19	0:46:05	59	M50	28	6
232	Rainer	Plotki	Möbel Buss	1960	2007	00:50:09	00:50:08	00:49:57	01:03:07	00:54:36	00:51:35	5:19:32	0:46:07	47	M40	93	6
233	Stefan	Bikker	Crocodies	1977	2007	00:50:28	00:48:35	00:51:36	01:02:02	00:54:41	00:52:22	5:19:44	0:46:08	30	M30	56	6
234	Hermann	Nagel	Concordia Neermoor	1956	2007	00:50:59	00:49:20	00:50:28	01:02:48	00:54:29	00:51:49	5:19:53	0:46:10	51	M50	29	6
235	Heinz	Schultz	VfR Heisfelde	1949	2007	00:49:32	00:48:45	00:51:48	01:02:29	00:56:10	00:51:18	5:20:02	0:46:11	58	M50	30	6
236	Günter	Müller	Aurich	1967	2007	00:50:35	00:49:06	00:51:25	01:02:14	00:55:21	00:51:26	5:20:07	0:46:12	40	M40	94	6
237	Gerd	Romaneeßen	Postbank Aurich	1963	2007	00:50:34	00:49:34	00:51:03	01:02:24	00:54:47	00:51:46	5:20:08	0:46:12	44	M40	95	6
238	Jens	Berghaus	LT TuS Aurich-Ost	1959	2007	00:50:06	00:49:13	00:50:33	01:03:09	00:54:53	00:52:16	5:20:10	0:46:12	48	M40	96	6
239	Claus	Dirksen	TuS Aurich-Ost	1956	2007	00:50:19	00:48:22	00:50:30	01:04:05	00:54:55	00:52:17	5:20:28	0:46:15	51	M50	31	6
240	Berthold	Strömer	LT TuS Aurich-Ost	1956	2007	00:50:51	00:49:13	00:50:27	01:02:53	00:55:14	00:51:52	5:20:30	0:46:15	51	M50	32	6
241	Harald	Hanken	Fun-Loopers	1965	2007	00:51:41	00:49:32	00:51:03	01:02:27	00:54:06	00:51:45	5:20:34	0:46:15	42	M40	97	6
242	Volker	Feldkamp	Schule am Deich	1960	2007	00:50:39	00:49:49	00:50:22	01:02:45	00:54:30	00:52:33	5:20:38	0:46:16	47	M40	98	6
243	Josef	Wolbers	Deutsche Rentenversich	1966	2007	00:51:44	00:49:20	00:50:55	01:03:58	00:54:00	00:50:58	5:20:55	0:46:18	41	M40	99	6
244	Tom	Bohmfalk	KSV Baltrum	1957	2007	00:50:31	00:49:08	00:50:57	01:02:52	00:54:56	00:52:45	5:21:09	0:46:21	50	M50	33	6
245	Hendrik	Scholtalbers	*Neukamperfehn	1959	2007	00:58:51	00:47:06	00:49:59	01:01:09	00:53:42	00:50:26	5:21:13	0:46:21	48	M40	100	6
246	Günther	Fischer	SuS Strackholt	1952	2007	00:50:41	00:49:11	00:51:12	01:02:53	00:55:04	00:52:19	5:21:20	0:46:22	55	M50	34	6
247	Johannes	Coordes	Königsspringer Völlen	1969	2007	00:49:53	00:49:21	00:50:23	01:03:23	00:56:31	00:51:58	5:21:29	0:46:23	38	M30	57	6
248	Ingo	Janßen	Fun-Loopers	1967	2007	00:51:20	00:49:31	00:50:59	01:04:02	00:54:37	00:51:06	5:21:35	0:46:24	40	M40	101	6
249	Wilhelm	Stöter	VfL Mullberg	1969	2007	00:52:42	00:49:22	00:51:04	01:02:35	00:54:08	00:51:45	5:21:36	0:46:24	38	M30	58	6
250	Dieter	Saathoff	TG Wiesmoor	1960	2007	00:49:47	00:48:07	00:49:59	01:03:08	00:55:01	00:55:36	5:21:38	0:46:25	47	M40	102	6
251	Elke	Gronewold	TV Norden	1967	2007	00:50:56	00:49:19	00:50:20	01:03:07	00:55:12	00:52:49	5:21:43	0:46:25	40	W40	3	6
252	Uwe	Ottjes	Möbel Buss	1966	2007	00:50:31	00:48:55	00:51:16	01:04:03	00:54:39	00:52:23	5:21:47	0:46:26	41	M40	103	6
253	Manfred	Ditzfeld	LT TuS Aurich-Ost	1964	2007	00:51:04	00:48:17	00:50:32	01:04:03	00:55:17	00:52:41	5:21:54	0:46:27	43	M40	104	6
254	Peter	Ferdinand	RVB Uplengen	1970	2007	00:51:19	00:50:02	00:51:34	01:02:28	00:54:18	00:52:20	5:22:01	0:46:28	37	M30	59	6
255	Ulrich	Kavelmann	OBW Emden	1955	2007	00:51:28	00:50:35	00:52:19	01:03:45	00:56:39	00:47:15	5:22:01	0:46:28	52	M50	35	6
256	Hans-Hermann	Joachim	Hesel	1950	2007	00:51:10	00:49:11	00:50:42	01:03:34	00:54:37	00:52:52	5:22:06	0:46:29	57	M50	36	6
257	Marco	Schopp	SC Hennen	1971	2007	00:52:59	00:49:16	00:49:44	01:04:07	00:54:30	00:51:40	5:22:16	0:46:30	36	M30	60	6
258	Helfried	Goetz	KBV Wiesedermeer	1971	2007	00:51:16	00:49:09	00:51:34	01:03:29	00:54:30	00:52:30	5:22:28	0:46:32	36	M30	61	6
259	Timo	Friedrichs	ELV Elektronik AG	1972	2007	00:50:52	00:49:47	00:50:36	01:03:32	00:55:49	00:51:56	5:22:32	0:46:32	35	M30	62	6
260	Friedhelm	Janssen	KBV Langefeld	1966	2007	00:53:02	00:49:37	00:50:57	01:02:10	00:55:14	00:51:32	5:22:32	0:46:32	41	M40	105	6
261	Phillip	Pielsticker	TUS Weene	1985	2007	00:51:45	00:49:31	00:51:22	01:05:34	00:53:15	00:51:22	5:22:49	0:46:35	22	M20	23	6
262	Johannes	Pruin	Flachsmeer	1962	2007	00:51:14	00:49:40	00:51:11	01:03:28	00:55:59	00:51:33	5:23:05	0:46:37	45	M40	106	6
263	Stefan	Peters	SV Ardorf	1987	2007	00:52:31	00:50:38	00:47:58	01:04:22	00:53:54	00:53:50	5:23:13	0:46:38	20	M20	24	6
264	Patrick	Dannemann	Großefehn	1989	2007	00:50:47	00:51:32	00:49:35	01:02:27	00:55:12	00:53:58	5:23:31	0:46:41	18	MU20	22	6
265	Thorsten	Frieden	BSC -Burhufe	1970	2007	00:51:32	00:49:33	00:51:30	01:04:01	00:55:20	00:51:41	5:23:37	0:46:42	37	M30	63	6
266	Thomas	Grimm	VFFL Berumbur	1961	2007	00:51:06	00:49:38	00:50:53	01:02:52	00:54:39	00:54:43	5:23:51	0:46:44	46	M40	107	6
267	Alfred	Scholz	SG Freepsum	1953	2007	00:50:20	00:48:54	00:51:31	01:03:39	00:56:32	00:52:59	5:23:55	0:46:44	54	M50	37	6
268	Frank	Ziegler	Team Deutsche Post	1967	2007	00:52:28	00:49:34	00:50:54	01:02:58	00:55:05	00:53:20	5:24:19	0:46:48	40	M40	108	6
269	Johann	Siefken	LT TuS Aurich-Ost	1944	2007	00:51:06	00:49:33	00:51:27	01:03:09	00:56:38	00:52:28	5:24:21	0:46:48	63	M60	4	6
270	Claas	Geiken	Zwei glorreiche Halunke	1989	2007	00:51:46	00:49:43	00:50:15	01:04:38	00:59:03	00:48:59	5:24:24	0:46:49	18	MU20	23	6
271	Peter	Scholle	ENERCON	1966	2007	00:54:08	00:49:31	00:51:13	01:03:53	00:54:47	00:51:10	5:24:42	0:46:51	41	M40	109	6
272	Marc	Ellinghaus	Blau Weiss Bümmersted	1979	2007	00:51:20	00:49:18	00:51:34	01:04:38	00:55:56	00:51:57	5:24:43	0:46:51	28	M20	25	6
273	Günter	Thiele	Rhauderfehn	1963	2007	00:53:02	00:47:23	00:50:53	01:05:19	00:56:14	00:51:53	5:24:44	0:46:52	44	M40	110	6
274	Antke	Watzema	Laufgruppe Ihrhove	1968	2007	00:50:11	00:49:33	00:51:21	01:04:26	00:57:18	00:51:59	5:24:48	0:46:52	39	W30	7	6
275	Siegfried	Weber	Möbel Buss	1962	2007	00:51:34	00:49:25	00:51:16	01:04:03	00:55:45	00:52:49	5:24:52	0:46:53	45	M40	111	6
276	Heiner	Griese	Osthauderfehn	1966	2007	00:52:14	00:49:04	00:51:08	01:04:30	00:55:08	00:52:52	5:24:56	0:46:53	41	M40	112	6
277	Christiano	Vollbrecht	Aurich	1987	2007	00:49:39	00:48:39	00:50:20	01:03:40	00:57:24	00:55:18	5:25:00	0:46:54	20	M20	26	6
278	Wessel	Gehiker	Loga	1956	2007	00:50:51	00:50:08	00:51:27	01:03:32	00:56:28	00:52:37	5:25:03	0:				

## 26. Ostfrieslandlauf 2007

01.05. bis 18.05.2007

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
285	Alfred	Doden	Wi sünd Holtriem	1958	2007	00:50:34	00:49:48	00:51:11	01:04:34	00:56:55	00:52:52	5:25:54	0:47:02	49	M40	118	6
286	Manfred	Möhlmann	SC Wiesens	1964	2007	00:51:29	00:50:06	00:50:41	01:03:49	00:56:12	00:53:47	5:26:04	0:47:03	43	M40	119	6
287	Heinrich	Winter	LT TuS Aurich-Ost	1957	2007	00:53:09	00:49:35	00:50:52	01:04:09	00:56:07	00:52:18	5:26:10	0:47:04	50	M50	40	6
288	Erwin	Pals	TSV Riepe	1959	2007	00:52:24	00:48:20	00:51:20	01:04:29	00:54:52	00:54:47	5:26:12	0:47:04	48	M40	120	6
289	Günter	Jakobs	Wi sünd Holtriem	1968	2007	00:51:31	00:49:02	00:52:20	01:03:34	00:55:58	00:54:02	5:26:27	0:47:06	39	M30	64	6
290	Tim	Pretl	Wi sünd Holtriem	1978	2007	00:51:28	00:50:37	00:52:10	01:03:30	00:54:49	00:54:01	5:26:35	0:47:08	29	M20	27	6
291	Ralf	Sweers	Emden	1963	2007	00:51:01	00:48:41	00:53:25	01:03:45	00:55:24	00:54:22	5:26:38	0:47:08	44	M40	121	6
292	Hartmut	Raveling	LT Schafhauser Waid	1969	2007	00:52:32	00:50:16	00:50:45	01:04:24	00:55:19	00:53:33	5:26:49	0:47:10	38	M30	65	6
293	Hannes	Pott	VfL Germania Leer	1954	2007	00:52:21	00:49:38	00:52:09	01:03:48	00:56:20	00:52:36	5:26:52	0:47:10	53	M50	41	6
294	Erwin	Deutschmann	TSV Hesel	1966	2007	00:51:38	00:49:24	00:52:30	01:03:40	00:56:05	00:53:37	5:26:54	0:47:10	41	M40	122	6
295	Oskar	de Buhr	Leer	1951	2007	00:51:46	00:49:41	00:52:22	01:04:03	00:56:20	00:52:48	5:27:00	0:47:11	56	M50	42	6
296	Hans-Jürgen	Krems	BR. Ostfr. Küste	1959	2007	00:49:34	00:55:35	00:50:27	01:02:18	00:54:17	00:55:19	5:27:30	0:47:15	48	M40	123	6
297	Volkmar	Hildebrandt	TuS Weene e. V.	1955	2007	00:52:32	00:50:05	00:51:43	01:04:38	00:56:26	00:52:15	5:27:39	0:47:17	52	M50	43	6
298	Helmut	Tjards	LT TuS Aurich-Ost	1964	2007	00:52:44	00:50:21	00:51:51	01:04:28	00:55:49	00:52:30	5:27:43	0:47:17	43	M40	124	6
299	Friedrich	Ellerbroek	TV Norden	1958	2007	00:46:31	00:45:35	00:58:38	00:59:08	00:51:18	01:06:41	5:27:51	0:47:19	49	M40	125	6
300	Anne	Huisinga	TV Bunde	1967	2007	00:52:42	00:50:04	00:50:45	01:04:44	00:56:21	00:53:21	5:27:57	0:47:19	40	W40	4	6
301	Michael	Taaks	TV Moormerland	1978	2007	00:50:47	00:49:22	00:52:52	01:04:39	00:56:38	00:53:41	5:27:59	0:47:20	29	M20	28	6
302	Menno	Schmidt	Kickboxen-Bunde	1964	2007	00:53:05	00:49:46	00:52:18	01:04:02	00:56:36	00:52:26	5:28:13	0:47:22	43	M40	126	6
303	Achim	Beckers	Germania Leer	1959	2007	00:54:33	00:49:51	00:53:03	01:03:09	00:55:39	00:52:21	5:28:36	0:47:25	48	M40	127	6
304	Alwin	Reuß	Tischlerei Reuß	1967	2007	00:52:31	00:50:26	00:52:11	01:04:24	00:56:31	00:52:39	5:28:42	0:47:26	40	M40	128	6
305	Iris	Marschall	TV Norden	1966	2007	00:50:30	00:53:22	00:51:59	01:03:58	00:56:05	00:52:57	5:28:51	0:47:27	41	W40	5	6
306	Reiner	Heinks	TV Norden	1961	2007	00:52:29	00:50:35	00:52:47	01:04:42	00:56:19	00:52:11	5:29:03	0:47:29	46	M40	129	6
307	Thorsten	Feikes	EWE Wattloopers	1969	2007	00:51:33	00:49:57	00:52:06	01:04:54	00:56:41	00:53:56	5:29:07	0:47:29	38	M30	66	6
308	Jochen	Albers	Team Deutsche Post	1969	2007	00:52:30	00:51:02	00:51:54	01:04:58	00:55:55	00:52:59	5:29:18	0:47:31	38	M30	67	6
309	Bernd	Schmidtke	Esens	1959	2007	00:51:36	00:50:19	00:53:26	01:04:09	00:56:20	00:53:31	5:29:21	0:47:32	48	M40	130	6
310	Uwe	Vry	Wymeer	1982	2007	00:55:00	00:49:31	00:52:20	01:05:20	00:55:07	00:52:11	5:29:29	0:47:33	25	M20	29	6
311	Herma	Janßen-Frerichs	LT Schafhauser Waid	1964	2007	00:51:41	00:50:01	00:52:36	01:05:46	00:56:45	00:52:50	5:29:39	0:47:34	43	W40	6	6
312	Vogelsang	Christian	Aurich	1987	2007	00:55:46	00:49:03	00:51:06	01:05:23	00:56:12	00:52:25	5:29:55	0:47:36	20	M20	30	6
313	Hans-Bernd	Billker	Leer	1975	2007	00:51:39	00:50:21	00:52:57	01:06:07	00:56:33	00:52:35	5:30:12	0:47:39	32	M30	68	6
314	Lars	Wöllenstein	OBW Emden	1974	2007	00:51:48	00:52:07	00:52:15	01:05:56	00:56:21	00:52:03	5:30:30	0:47:41	33	M30	69	6
315	Richard	Köber	TV Norden	1966	2007	00:51:26	00:50:13	00:52:26	01:05:33	00:57:13	00:53:48	5:30:39	0:47:43	41	M40	131	6
316	Ludwig	Neeland	Leinerstift e. V.	1966	2007	00:51:52	00:51:34	00:51:49	01:04:29	00:57:48	00:53:17	5:30:49	0:47:44	41	M40	132	6
317	Wilhelm	Badberg	TG Wiesmoor	1944	2007	00:52:28	00:50:53	00:52:05	01:04:42	00:56:47	00:54:00	5:30:55	0:47:45	63	M60	5	6
318	Benjamin	Wolthuis	Ring Frei Leer	1981	2007	00:54:12	00:50:09	00:52:02	01:05:21	00:56:47	00:52:24	5:30:55	0:47:45	26	M20	31	6
319	Frauke	Bronn	Sparkasse LeerWittmun	1989	2007	00:51:36	00:50:15	00:53:03	01:04:40	00:56:26	00:55:03	5:31:03	0:47:46	18	WU20	2	6
320	Hilde	Steinke	SV Concordia Neermoo	1945	2007	00:51:56	00:50:34	00:52:45	01:06:04	00:56:34	00:53:16	5:31:09	0:47:47	62	W60	1	6
321	Thomas	Potritt	TV Norden	1971	2007	00:55:52	00:50:06	00:50:18	01:02:57	00:57:06	00:55:11	5:31:30	0:47:50	36	M30	70	6
322	Rolf	Meyer	Fortuna Logabirum	1969	2007	00:55:18	00:51:04	00:51:53	01:04:15	00:55:44	00:53:22	5:31:36	0:47:51	38	M30	71	6
323	Helmut	Fischer	FFF Berumerfehn 95	1964	2007	00:52:49	00:50:43	00:51:13	01:04:26	00:56:54	00:55:31	5:31:36	0:47:51	43	M40	133	6
324	Johann	Müller	LG Uplengen	1963	2007	00:51:53	00:49:51	00:52:49	01:06:12	00:56:59	00:53:52	5:31:36	0:47:51	44	M40	134	6
325	Helmut	Uphoff	RVB Uplengen	1964	2007	00:53:28	00:50:51	00:52:01	01:04:27	00:56:23	00:54:29	5:31:39	0:47:51	43	M40	135	6
326	Udo	Ensuleit	TC GW Leer	1950	2007	00:54:30	00:50:59	00:53:13	01:04:26	00:56:02	00:52:35	5:31:45	0:47:52	57	M50	44	6
327	Philipp	Olthoff	Volleyballverein Emden	1966	2007	00:52:34	00:50:48	00:51:23	01:06:32	00:56:38	00:53:56	5:31:51	0:47:53	41	M40	136	6
328	Wichert	Brüsehoff	TV Oldersum	1966	2007	00:54:35	00:51:38	00:52:04	01:04:20	00:56:18	00:53:01	5:31:56	0:47:54	41	M40	137	6
329	Tido	Schobert	TSV Riepe	1955	2007	00:52:21	00:50:04	00:51:50	01:05:35	00:57:22	00:54:46	5:31:58	0:47:54	52	M50	45	6
330	Dieke	Oltmanns	EC Hollen	1991	2007	00:50:39	00:49:02	00:53:20	01:07:02	00:57:38	00:54:20	5:32:01	0:47:55	16	MU20	24	6
331	Axel	Klömpges	Auricher Taxen Zentrale	1961	2007	00:54:33	00:50:05	00:51:24	01:04:03	00:57:12	00:54:45	5:32:02	0:47:55	46	M40	138	6
332	Jannette	Neemann	LT TuS Aurich-Ost	1967	2007	00:51:42	00:51:19	00:53:04	01:06:23	00:56:40	00:52:57	5:32:05	0:47:55	40	W40	7	6
333	Ralf	Hollwege	VfL Berumbur	1962	2007	00:51:03	00:50:24	00:52:59	01:05:58	00:57:01	00:54:49	5:32:14	0:47:56	45	M40	139	6
334	Fredo	Hayungs	LT TuS Aurich-Ost	1967	2007	00:54:12	00:50:47	00:52:29	01:05:55	00:56:05	00:53:00	5:32:28	0:47:58	40	M40	140	6
335	Thomas	Alfers	Backemoor	1971	2007	00:50:52	00:48:16	00:50:05	01:03:02	01:11:13	00:49:19	5:32:47	0:48:01	36	M30	72	6
336	Heidrun	Keiser	LG Uplengen	1957	2007	00:51:39	00:51:32	00:53:21	01:06:00	00:57:02	00:53:15	5:32:49	0:48:02	50	W50	1	6
337	Gerhard	Christoffers	Wiesens	1955	2007	00:52:14	00:50:45	00:52:23	01:06:04	00:56:00	00:55:28	5:32:54	0:48:02	52	M50	46	6
338	Heinz-Dieter	Seeberg	Südbrookmerland	1962	2007	00:52:38	00:50:40	00:53:18	01:05:10	00:56:57	00:54:13	5:32:56	0:48:03	45	M40	141	6
339	Hans-Peter	Bohlen	TG Wiesmoor	1966	2007	00:51:32	00:50:54	00:51:42	01:05:39	00:58:24	00:54:58	5:33:09	0:48:04	41	M40	142	6
340	Johann	Nörder	EWE Wattloopers	1961	2007	00:52:21	00:51:10	00:52:53	01:06:23	00:57:10	00:53:26	5:33:23	0:48:06	46	M40	143	6
341	Dirk	Borcherding	MTV Wittmund	1960	2007	00:52:45	00:50:48	00:53:20	01:05:56	00:57:06	00:53:33	5:33:28	0:48:07	47	M40	144	6
342	Stephan	Henninga	RVB Uplengen	1986	2007	00:53:48	00:49:34	00:52:26	01:07:39	00:57:32	00:52:33	5:33:32	0:48:08	21	M20	32	6
343	Mattes	Poyda	Aurich	1988	2007	00:55:43	00:51:18	00:52:11	01:04:18	00:57:37	00:52:32	5:33:39	0:48:09	19	MU20	25	6
344	Andreas	Ulrichs	Wi sünd Holtriem	1972	2007	00:57:32	00:57:41	00:53:12	01:01:48	00:53:39	00:49:49	5:33:41	0:48:09	35	M30	73	6
345	Elisabeth	Heien	TuS Esens	1958	2007	00:51:58	00:51:19	00:52:53	01:06:21	00:57:34	00:53:48	5:33:53	0:48:11	49	W40	8	6
346	Marion	Bakker	Emder LG	1962	2007	00:52:21	00:50:38	00:53:20	01:05:48	00:57:24	00:54:31	5:34:02	0:48:12	45	W40	9	6
347	Friedrich	Temme	Pewsumer Ossilooper	1968	2007	00:52:16	00:51:05	00:52:48	01:07:05	00:56:32	00:54:20	5:34:06	0:48:13	39	M30	74	6
348	Ewald	Meyer	LG Uplengen	1960	2007	00:50:57	00:51:56	00:52:46	01:06:57	00:57:28	00:54:14	5:34:18	0:48:14	47	M40	145	6
349	Werrt-Peter	Prikker	SV Holtland	1959	2007	00:53:25	00:50:37	00:52:38	01:05:28	00:57:24</							

## 26. Ostfrieslandlauf 2007

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
356	Ulla	Grafs	Wittmund Eggelingen	1965	2007	00:52:55	00:51:21	00:53:05	01:05:59	00:57:04	00:54:23	5:34:47	0:48:19	42	W40	10	6
357	Eckhard	Schröder	Emder Zeitung	1960	2007	00:53:05	00:50:26	00:53:07	01:06:45	00:57:27	00:54:00	5:34:50	0:48:19	47	M40	149	6
358	Coob	Buß	SV Eintracht Ihlow	1961	2007	00:54:03	00:51:18	00:53:08	01:05:42	00:56:55	00:53:55	5:35:01	0:48:21	46	M40	150	6
359	Brigitte	Langens	Utgest	1959	2007	00:55:39	00:51:00	00:52:55	01:06:15	00:56:09	00:53:04	5:35:02	0:48:21	48	W40	11	6
360	Friedemann	Hopf	Aurich	1959	2007	00:52:32	00:51:19	00:53:53	01:06:41	00:57:34	00:53:07	5:35:06	0:48:21	48	M40	151	6
361	Andreas	Eichner	Wittmund	1964	2007	00:53:17	00:50:41	00:53:16	01:06:29	00:57:38	00:53:47	5:35:08	0:48:22	43	M40	152	6
362	Frank	Wallenstein	Leer	1969	2007	00:54:21	00:50:37	00:52:38	01:06:17	00:57:09	00:54:19	5:35:21	0:48:23	38	M30	75	6
363	Günter	Wiegmann	ZGO	1960	2007	00:53:15	00:51:34	00:52:06	01:05:53	00:57:03	00:55:41	5:35:32	0:48:25	47	M40	153	6
364	Jörg	Buhr	MTV Wittmund	1963	2007	00:53:22	00:51:05	00:53:49	01:07:22	00:56:38	00:53:18	5:35:34	0:48:25	44	M40	154	6
365	Andreas	Heckhoff	VfL Germania Leer	1964	2007	00:53:33	00:51:26	00:53:33	01:05:36	00:56:50	00:54:37	5:35:35	0:48:25	43	M40	155	6
366	Jasmin	Middeke	Freiw. Feuerwehr Folmf	1988	2007	00:51:38	00:51:15	00:53:38	01:06:53	00:58:29	00:53:44	5:35:37	0:48:26	19	WU20	3	6
367	Friedrich-Karl	Pennig	TGG Leer	1948	2007	00:54:21	00:51:19	00:53:07	01:06:32	00:57:27	00:52:57	5:35:43	0:48:27	59	M50	50	6
368	Reiner	Schoon	SuS Strackholt	1964	2007	00:52:50	00:51:07	00:53:56	01:06:10	00:58:08	00:53:38	5:35:49	0:48:28	43	M40	156	6
369	Theo	Goldswear	LT VfB Rajen	1953	2007	00:53:50	00:50:42	00:54:02	01:07:06	00:56:47	00:53:35	5:36:02	0:48:29	54	M50	51	6
370	Maike	Gronewold	Aurich	1986	2007	00:52:36	00:51:36	00:54:27	01:06:15	00:57:48	00:53:21	5:36:03	0:48:30	21	W20	2	6
371	Jens	Mansholt	SV Nortmoor	1982	2007	00:51:30	00:50:54	00:53:09	01:07:50	00:57:41	00:55:07	5:36:11	0:48:31	25	M20	33	6
372	Alfred	Scheepker	TV Norden	1954	2007	00:51:32	00:52:06	00:55:53	01:07:16	00:56:43	00:52:45	5:36:15	0:48:31	53	M50	52	6
373	Jörg	Schmeding	Druckerei Meyer Aurich	1966	2007	00:53:43	00:51:38	00:53:40	01:06:12	00:57:52	00:53:11	5:36:16	0:48:31	41	M40	157	6
374	Marcel	Müller	NIGE	1987	2007	00:56:05	00:51:42	00:53:20	01:05:07	00:56:41	00:53:24	5:36:19	0:48:32	20	M20	34	6
375	Anja	Goos	Po. Chor. Wybelsum	1972	2007	00:52:23	00:51:27	00:53:11	01:06:19	00:59:20	00:53:39	5:36:19	0:48:32	35	W30	8	6
376	Jürgen	Schmidt	TuS Detern	1963	2007	00:55:23	00:46:22	00:55:39	01:06:43	00:59:04	00:53:09	5:36:20	0:48:32	44	M40	158	6
377	Peter	Wittenburg	OBW Emden	1949	2007	00:54:11	00:51:58	00:52:29	01:06:05	00:57:55	00:53:45	5:36:23	0:48:32	58	M50	53	6
378	Thomas	Knak	Watt' n Looper SV Dorn	1964	2007	00:54:25	00:50:56	00:53:06	01:05:45	00:58:57	00:53:26	5:36:35	0:48:34	43	M40	159	6
379	Horst	Willems	SV Jennelt/Uttum	1969	2007	00:55:30	00:50:37	00:52:47	01:07:05	00:56:30	00:54:11	5:36:40	0:48:35	38	M30	76	6
380	Ralph	Veldmann	Blau-Weiß Borssum	1963	2007	00:55:42	00:51:25	00:54:13	01:06:14	00:56:35	00:52:38	5:36:47	0:48:36	44	M40	160	6
381	Thomas	Safera	Aurich	1973	2007	00:55:30	00:50:47	00:52:48	01:07:04	00:56:31	00:54:08	5:36:48	0:48:36	34	M30	77	6
382	Volker	Lowin	LT TuS Aurich-Ost	1955	2007	00:52:52	00:51:10	00:52:54	01:04:35	00:57:10	00:58:20	5:37:01	0:48:38	52	M50	54	6
383	Bonno	Sjuts	TV Norden	1951	2007	00:52:15	00:51:00	00:53:22	01:07:24	00:57:58	00:55:11	5:37:10	0:48:39	56	M50	55	6
384	Dieter	Janssen	Wittmund	1955	2007	00:53:02	00:51:13	00:52:58	01:07:29	00:57:43	00:54:59	5:37:24	0:48:41	52	M50	56	6
385	Heiko	Peters	Möbel Buss	1964	2007	00:54:24	00:51:53	00:52:56	01:06:34	00:58:10	00:53:28	5:37:25	0:48:41	43	M40	161	6
386	Hendrik	Severiens	Fortuna Logabirum	1982	2007	00:59:28	00:50:36	00:52:19	01:05:27	00:55:08	00:54:29	5:37:27	0:48:42	25	M20	35	6
387	Udo	Reimers	LT "da geht was"	1971	2007	00:56:29	00:51:25	00:53:31	01:06:34	00:56:27	00:53:07	5:37:33	0:48:43	36	M30	78	6
388	Lutz	Günzel	Druckerei Meyer GmbH	1969	2007	00:54:30	00:52:06	00:53:40	01:06:24	00:57:52	00:53:12	5:37:44	0:48:44	38	M30	79	6
389	Anke	Schrader	Pestalozzischule Weene	1961	2007	00:51:30	00:52:22	00:54:38	01:07:13	00:58:14	00:53:55	5:37:52	0:48:45	46	W40	12	6
390	Torsten	Bleeker	Backemoor	1970	2007	00:52:43	00:51:26	00:52:42	01:08:01	00:57:47	00:55:13	5:37:52	0:48:45	37	M30	80	6
391	Eilert	Juilfs	SUS Strackholt	1945	2007	00:51:20	00:51:18	00:53:58	01:07:03	00:58:49	00:55:36	5:38:04	0:48:47	62	M60	7	6
392	Insa	Neumann	TV Bunde	1983	2007	00:52:59	00:52:02	00:53:55	01:05:50	00:57:49	00:55:31	5:38:06	0:48:47	24	W20	3	6
393	Tjark-Fokken	Emken	NIGE	1959	2007	00:53:45	00:51:56	00:53:48	01:06:27	00:57:42	00:54:31	5:38:09	0:48:48	48	M40	162	6
394	Martin	Werkmeister	Leer	1985	2007	00:54:05	00:51:09	00:54:25	01:08:15	00:56:43	00:53:40	5:38:17	0:48:49	22	M20	36	6
395	Marco	Fauerbach	Esens	1993	2007	00:59:39	00:50:44	00:53:34	01:04:37	00:57:14	00:52:49	5:38:37	0:48:52	14	MU20	26	6
396	Anja	Dekker	LT TuS Aurich-Ost	1971	2007	00:57:18	00:53:51	00:53:32	01:04:34	00:56:24	00:53:01	5:38:40	0:48:52	36	W30	9	6
397	Richard	Wagner	Kanalaratten LT Team Ih	1958	2007	00:54:01	00:52:24	00:54:05	01:06:17	00:57:49	00:54:16	5:38:52	0:48:54	49	M40	163	6
398	Gerrit	Müller	Möbel Buss	1961	2007	00:52:00	00:48:55	00:53:49	01:08:05	00:53:41	01:02:28	5:38:58	0:48:55	46	M40	164	6
399	Mario	Kohoutek	Aurich	1970	2007	00:54:21	00:50:04	00:53:23	01:08:02	00:58:04	00:55:11	5:39:05	0:48:56	37	M30	81	6
400	Thomas	Loegel	SV Wiesede	1965	2007	00:52:18	00:51:10	00:56:03	01:06:36	00:58:07	00:54:52	5:39:06	0:48:56	42	M40	165	6
401	Martin	Harms	OBW Emden	1979	2007	00:53:31	00:52:05	00:53:20	01:07:45	00:58:10	00:54:16	5:39:07	0:48:56	28	M20	37	6
402	Wilfried	Willms	KBV Langefeld	1961	2007	00:54:27	00:51:37	00:53:03	01:06:04	00:57:51	00:56:11	5:39:13	0:48:57	46	M40	166	6
403	Erwien	Meyer	LT TuS Aurich-Ost	1958	2007	00:58:29	00:52:51	00:51:57	01:05:43	00:56:47	00:53:40	5:39:27	0:48:59	49	M40	167	6
404	Wilhelm	Hartmann	Ostrhauderfehn	1969	2007	00:54:00	00:51:01	00:54:00	01:07:17	00:57:55	00:55:41	5:39:54	0:49:03	38	M30	82	6
405	Heinz	Rohden	Wi sünd Holtriem	1963	2007	00:54:22	00:51:13	00:54:03	01:07:12	00:57:40	00:55:30	5:40:00	0:49:04	44	M40	168	6
406	Thomas	Gruß	3./KdoSES Leer BW	1976	2007	00:55:15	00:52:54	00:54:13	01:06:22	00:57:25	00:53:55	5:40:04	0:49:04	31	M30	83	6
407	Ingrid	Folkerts	FTC Hollen	1966	2007	00:54:28	00:52:28	00:54:04	01:06:58	00:57:12	00:54:56	5:40:06	0:49:05	41	W40	13	6
408	Michael	Claußen	Polizei Leer	1961	2007	00:54:56	00:52:32	00:53:08	01:08:14	00:57:00	00:54:27	5:40:17	0:49:06	46	M40	169	6
409	Lukas	Mauch	Bremen	1985	2007	00:56:14	00:53:26	00:54:20	01:06:03	00:57:00	00:53:19	5:40:22	0:49:07	22	M20	38	6
410	Gerhard	Reuß	Aurich	1963	2007	00:56:56	00:52:14	00:54:12	01:04:56	00:59:02	00:53:16	5:40:36	0:49:09	44	M40	170	6
411	Michael	Benken	Leer	1991	2007	00:57:06	00:52:14	00:53:05	01:07:51	00:56:36	00:53:51	5:40:43	0:49:10	16	MU20	27	6
412	Karl	Tjardes	MTV Wittmund	1944	2007	00:53:43	00:53:08	00:54:13	01:06:52	00:57:44	00:55:11	5:40:51	0:49:11	63	M60	8	6
413	Bettina	Pilney	SV Ems Jemgum	1962	2007	00:54:19	00:52:34	00:53:48	01:07:31	00:58:13	00:54:30	5:40:55	0:49:12	45	W40	14	6
414	Sascha	Reinders	Moormerland	1977	2007	00:54:37	00:53:03	00:53:51	01:06:48	00:58:04	00:54:33	5:40:56	0:49:12	30	M30	84	6
415	Achim	Seidler	Nordwest-Blumen Wies	1973	2007	00:56:57	00:51:12	00:52:57	01:06:37	00:57:45	00:55:32	5:41:00	0:49:12	34	M30	85	6
416	Imke	Janssen	LT TuS Aurich-Ost	1976	2007	00:54:24	00:52:31	00:53:42	01:07:12	00:58:17	00:54:59	5:41:05	0:49:13	31	W30	10	6
417	Jens	Beekmann	DLRG Weener	1988	2007	00:56:04	00:51:59	00:53:18	01:07:13	00:56:43	00:55:49	5:41:06	0:49:13	19	MU20	28	6
418	Benjamin	Keil	Uliricium Aurich	1991	2007	00:58:25	00:52:28	00:52:53	01:06:17	00:57:43	00:53:24	5:41:10	0:49:14	16	MU20	29	6
419	Klaus	Freese	LT TuS Aurich-Ost	1969	2007	00:54:36	00:52:02	00:52:49	01:08:20	00:58:16	00:55:16	5:41:19	0:49:15	38	M30	86	6
420	Helmut	Bruns	TuS Eintracht Hinte	1951	2007	00:54:23	00:52:20	00:53:54	01:07:29	00:57:59	00:55:14	5:41:19	0:49				

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
427	Christa	Tjards	KSV Baltrum	1953	2007	00:55:37	00:51:44	00:54:04	01:07:20	00:58:48	00:54:14	5:41:47	0:49:19	54	W50	2	6
428	Markus	Schoon	Rhauderfehn	1979	2007	00:52:08	00:52:03	00:54:04	01:08:16	00:59:00	00:56:22	5:41:53	0:49:20	28	M20	39	6
429	Jan	Hosberg	NIGE	1988	2007	00:59:17	00:52:25	00:52:25	01:05:09	00:56:51	00:55:48	5:41:55	0:49:20	19	MU20	32	6
430	Bodo	Brouwer	DPI AG	1971	2007	00:54:48	00:52:14	00:54:36	01:06:34	00:58:18	00:55:28	5:41:58	0:49:21	36	M30	88	6
431	Maike	Lettau	Watt' n Loopers SV Dor	1964	2007	00:53:51	00:52:13	00:54:11	01:07:28	00:59:06	00:55:12	5:42:01	0:49:21	43	W40	15	6
432	Nils	Friedrichs	Aurich	1970	2007	00:54:25	00:52:06	00:55:02	01:06:35	00:59:13	00:54:54	5:42:15	0:49:23	37	M30	89	6
433	Georg	Jürrens	Spvgg Upleward	1952	2007	00:53:15	00:51:41	00:55:26	01:07:27	00:59:01	00:55:34	5:42:24	0:49:25	55	M50	59	6
434	Otto	Lüpkes	LT TuS Aurich-Ost	1958	2007	00:55:57	00:53:08	00:54:29	01:06:31	00:57:41	00:54:43	5:42:29	0:49:25	49	M40	172	6
435	Johann	Doden	BSV Kickers Emden	1959	2007	00:57:09	00:52:04	00:53:27	01:06:44	00:57:37	00:55:34	5:42:35	0:49:26	48	M40	173	6
436	Andreas	Blaurock	OBW Emden	1968	2007	00:56:18	00:53:11	00:53:47	01:06:20	00:58:00	00:55:05	5:42:41	0:49:27	39	M30	90	6
437	Fred	Hoppen	Watt' n Looper SV Dorn	1963	2007	00:53:54	00:52:28	00:54:08	01:07:10	00:58:51	00:56:11	5:42:42	0:49:27	44	M40	174	6
438	Inge	Schoon	TG Wiesmoor	1966	2007	00:54:13	00:52:59	00:55:01	01:07:10	00:58:19	00:55:28	5:43:10	0:49:31	41	W40	16	6
439	Holger	Meyer	Südbrookmerland	1987	2007	00:57:55	00:52:46	00:53:13	01:06:29	00:57:24	00:55:40	5:43:27	0:49:34	20	M20	40	6
440	Reinhard	Oltmanns	Warsingsfehn	1964	2007	00:56:34	00:50:44	00:55:53	01:08:02	00:57:59	00:54:24	5:43:36	0:49:35	43	M40	175	6
441	Jörg	Heine	ZGO	1965	2007	00:53:13	00:52:17	00:53:11	01:07:11	00:57:54	01:00:04	5:43:50	0:49:37	42	M40	176	6
442	Dietmar	Kluin	Leinerstift e. V.	1962	2007	00:54:39	00:52:53	00:54:26	01:06:58	00:58:37	00:56:24	5:43:57	0:49:38	45	M40	177	6
443	Heiner	Dr. Hirthe	LT "da geht was"	1956	2007	00:57:02	00:52:07	00:55:28	01:06:09	00:58:10	00:55:02	5:43:58	0:49:38	51	M50	60	6
444	Jannik	Pleis	Moorloopers	1994	2007	00:55:18	00:51:16	00:55:31	01:06:41	00:59:00	00:56:15	5:44:01	0:49:38	13	MU20	33	6
445	Georg - Ihno	Baumann	WT Loppersum	1961	2007	00:54:40	00:52:28	00:54:01	01:07:01	00:58:39	00:57:22	5:44:11	0:49:40	46	M40	178	6
446	Drees	Janssen	LT TuS Aurich-Ost	1962	2007	00:55:10	00:52:07	00:52:59	01:08:23	00:59:52	00:55:47	5:44:18	0:49:41	45	M40	179	6
447	Ralf	Keiser	Leer	1966	2007	00:54:26	00:52:10	00:53:50	01:07:28	00:59:05	00:57:34	5:44:33	0:49:43	41	M40	180	6
448	Jörg	Daro	EWE Wattloopers	1962	2007	00:54:08	00:53:10	00:54:49	01:07:00	00:58:07	00:57:19	5:44:33	0:49:43	45	M40	181	6
449	Klaas	Soeken	Timmel	1991	2007	00:57:04	00:48:24	00:52:17	01:08:52	01:01:16	00:56:41	5:44:34	0:49:43	16	MU20	34	6
450	Manfred	Gerdas	Uplengen	1964	2007	01:00:15	00:52:28	00:53:22	01:06:35	00:58:26	00:53:36	5:44:42	0:49:44	43	M40	182	6
451	Wolfgang	Barfknecht	Dornum	1957	2007	00:57:09	00:52:15	00:54:32	01:07:20	00:57:40	00:56:13	5:45:09	0:49:48	50	M50	61	6
452	Joerg	Hero	Rhauderfehn	1969	2007	00:55:49	00:51:37	00:55:42	01:08:56	00:58:54	00:54:14	5:45:12	0:49:49	38	M30	91	6
453	Jürgen	Stürmer	*Lensahn	1948	2007	00:53:37	00:53:00	00:54:38	01:08:06	01:00:13	00:55:42	5:45:16	0:49:49	59	M50	62	6
454	Gregor	Pleis	Moorloopers	1965	2007	00:55:23	00:53:17	00:55:33	01:06:34	00:58:18	00:56:18	5:45:23	0:49:50	42	M40	183	6
455	Hans-Joachim	Hoffmann	LT TuS Aurich-Ost	1948	2007	00:55:46	00:53:07	00:54:59	01:07:19	00:58:49	00:55:26	5:45:26	0:49:51	59	M50	63	6
456	Hermann	Hildebrand	Polizei Aurich	1959	2007	00:58:34	00:51:46	00:53:27	01:07:17	00:59:02	00:55:42	5:45:48	0:49:54	48	M40	184	6
457	Dieter	Meints	Bundesspolizei Bunde	1966	2007	00:53:56	00:51:29	00:53:45	01:05:56	01:00:58	00:59:48	5:45:52	0:49:55	41	M40	185	6
458	Horst-Dieter	Ahrenholtz	LT Moormerland	1965	2007	00:53:30	00:51:38	00:55:07	01:08:13	01:01:28	00:56:14	5:46:10	0:49:57	42	M40	186	6
459	Heinz	Bakker	Backemoor	1956	2007	00:54:22	00:53:19	00:54:54	01:08:55	00:59:28	00:55:23	5:46:21	0:49:59	51	M50	64	6
460	Michael	Goldenstein	BV Victorbur	1970	2007	00:56:00	00:53:26	00:54:17	01:08:04	00:58:18	00:56:18	5:46:23	0:49:59	37	M30	92	6
461	Wolfgang	Friedrich	Leinerstift e. V.	1963	2007	00:57:16	00:53:05	00:54:02	01:07:27	00:58:33	00:56:00	5:46:23	0:49:59	44	M40	187	6
462	Heinz-Udo	Lammers	Fortuna Veenhusen	1953	2007	00:54:16	00:52:46	00:54:52	01:08:30	00:59:22	00:56:46	5:46:32	0:50:00	54	M50	65	6
463	Heinz-Nanno	Betten	Hollen	1971	2007	00:55:53	00:53:35	00:54:56	01:08:56	00:58:52	00:54:23	5:46:35	0:50:01	36	M30	93	6
464	Gesa	Freudenberg	Ihlowerfehn	1982	2007	00:58:01	00:51:34	00:55:41	01:07:49	00:58:12	00:55:27	5:46:44	0:50:02	25	W20	4	6
465	Wilfried	Janssen	WSV Harle	1961	2007	00:56:47	00:54:02	00:55:47	01:07:03	00:58:07	00:55:01	5:46:47	0:50:02	46	M40	188	6
466	Gerhold	Wilken	Sparkasse LeerWittmun	1954	2007	00:53:30	00:52:31	00:55:02	01:11:26	00:57:58	00:56:31	5:46:58	0:50:04	53	M50	66	6
467	Detlef	Folkerts	Großefehn	1961	2007	00:52:52	00:52:37	00:53:12	01:08:34	00:57:57	01:01:46	5:46:58	0:50:04	46	M40	189	6
468	Dominic	Weber	BSV Wiegoldsbur	1981	2007	00:58:18	00:48:30	00:57:20	01:07:23	01:00:06	00:55:22	5:46:59	0:50:04	26	M20	41	6
469	Theo	Ulrichs	Ogenbargen	1950	2007	00:54:49	00:53:07	00:54:17	01:08:50	01:00:32	00:55:28	5:47:03	0:50:05	57	M50	67	6
470	Josef	Baalmann	LT TuS Aurich-Ost	1961	2007	00:57:46	00:53:44	00:54:27	01:07:58	00:58:04	00:55:20	5:47:19	0:50:07	46	M40	190	6
471	Heye	Goos	Sportfreunde Larrelt	1960	2007	00:59:55	00:54:15	00:54:00	01:06:03	00:57:09	00:56:07	5:47:29	0:50:09	47	M40	191	6
472	Sonja	Süßen	LT TuS Aurich-Ost	1978	2007	00:56:44	00:52:59	00:54:59	01:07:54	00:59:08	00:56:00	5:47:44	0:50:11	29	W20	5	6
473	Heinz-Friedrich	Schüler	MTV Wittmund	1956	2007	00:54:30	00:54:50	00:56:04	01:08:23	00:59:13	00:54:44	5:47:44	0:50:11	51	M50	68	6
474	Manfred	Eisenhauer	Wi sünd Holtrien	1966	2007	00:57:05	00:53:53	00:55:16	01:06:42	00:59:01	00:55:54	5:47:51	0:50:12	41	M40	192	6
475	Armin	Göring	Emder Zeitung	1956	2007	00:53:52	00:52:36	00:54:52	01:10:21	00:59:32	00:56:50	5:48:03	0:50:13	51	M50	69	6
476	Wilhelm	Rieken	Sparkasse LeerWittmun	1962	2007	00:54:58	00:52:45	00:54:52	01:07:28	00:59:18	00:58:46	5:48:07	0:50:14	45	M40	193	6
477	Hannes	Betten	SV Holte	1989	2007	00:58:48	00:52:20	00:53:43	01:07:28	01:00:00	00:55:51	5:48:10	0:50:14	18	MU20	35	6
478	Henning	Janssen	WSV Harle	1993	2007	00:56:48	00:53:28	00:55:49	01:10:02	00:57:41	00:54:26	5:48:14	0:50:15	14	MU20	36	6
479	Helge	Heibült	Uplengen	1977	2007	00:57:17	00:54:36	00:55:14	01:07:13	00:58:01	00:55:59	5:48:20	0:50:16	30	M30	94	6
480	Nils	Christians	H+R Schule Westerholt	1993	2007	00:59:29	00:54:10	00:53:43	01:10:05	00:56:58	00:53:58	5:48:23	0:50:16	14	MU20	37	6
481	Werner	Möhlmann	CVJM Neermoor	1964	2007	00:57:00	00:53:13	00:54:25	01:07:37	00:59:26	00:56:43	5:48:24	0:50:16	43	M40	194	6
482	Manfred	Wendeling	LT TuS Aurich-Ost	1955	2007	00:57:03	00:53:24	00:54:00	01:08:29	00:58:42	00:56:47	5:48:25	0:50:17	52	M50	70	6
483	Alexander	Windt	TuS Esens	1992	2007	00:56:48	00:53:47	00:55:49	01:10:02	00:57:41	00:54:27	5:48:34	0:50:18	15	MU20	38	6
484	Patricia	Hilger	TV Norden	1963	2007	00:54:14	00:53:52	00:55:39	01:09:16	00:59:22	00:56:15	5:48:38	0:50:18	44	W40	17	6
485	Jan	Heinemeier	LG Aurich	1967	2007	00:56:03	00:53:48	00:55:33	01:08:20	00:59:30	00:55:35	5:48:49	0:50:20	40	M40	195	6
486	Christian	Bauch	Emder Zeitung	1969	2007	00:54:16	00:52:56	00:55:48	01:10:21	00:59:25	00:56:06	5:48:52	0:50:20	38	M30	95	6
487	Friedrich	Hamm	Möbel Buss	1963	2007	00:54:30	00:51:38	00:55:37	01:10:13	00:59:26	00:57:28	5:48:52	0:50:20	44	M40	196	6
488	Katrin	Schilz	Holtgast	1971	2007	00:56:35	00:54:21	00:55:26	01:07:48	00:59:47	00:55:00	5:48:57	0:50:21	36	W30	12	6
489	Berend	Dr. Heikens	TG Detern	1966	2007	00:56:16	00:52:27	00:54:14	01:07:39	01:02:34	00:55:59	5:49:09	0:50:23	41	M40	197	6
490	Johanna	Wolken	TG Wiesmoor	1984	2007	00:57:27	00:54:36	00:55:33	01:08:08	00:58:23	00:55:28	5:49:35	0:50:27	23	W20	6	6
491	Rainer	Müller	TV Friedeburg	1942	2007	00:56:00	00:53:36	00:55:28	01:08:04	01:00:							

## 26. Ostfrieslandlauf 2007

01.05. bis 18.05.2007

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
498	Frank	Großmann	RVB Uplengen	1974	2007	00:54:30	00:52:39	00:56:44	01:09:03	01:00:27	00:56:31	5:49:54	0:50:29	33	M30	97	6
499	Jens	Hüttinga	Wymeer	1968	2007	00:54:57	00:53:51	00:56:22	01:02:02	01:03:12	00:59:41	5:50:05	0:50:31	39	M30	98	6
500	Karl-Heinz	Benner	Ihlow	1954	2007	00:54:20	00:53:16	00:56:07	01:08:28	01:00:32	00:57:23	5:50:06	0:50:31	53	M50	71	6
501	Karin	Schmidt	LT TuS Aurich-Ost	1960	2007	00:54:53	00:53:55	00:55:47	01:08:29	00:59:44	00:57:25	5:50:13	0:50:32	47	W40	18	6
502	Uwe	Holst	LT TuS Aurich-Ost	1959	2007	00:58:30	00:52:52	00:54:45	01:08:53	00:59:18	00:56:08	5:50:26	0:50:34	48	M40	201	6
503	Heiko	Schuster	Leer	1968	2007	00:56:02	00:56:12	00:55:04	01:08:51	00:58:37	00:55:42	5:50:28	0:50:34	39	M30	99	6
504	Marietta	Kramer	OBW Emden	1979	2007	00:55:55	00:56:52	00:55:21	01:10:22	00:57:51	00:54:09	5:50:30	0:50:35	28	W20	7	6
505	Malte	Brummer	Gymnasium Rhaderfeld	1991	2007	00:51:07	00:54:45	00:53:35	01:16:19	00:59:11	00:55:52	5:50:49	0:50:37	16	MU20	40	6
506	Heike	Lüpkens	LT TuS Aurich-Ost	1963	2007	00:56:39	00:54:12	00:55:15	01:08:09	01:00:25	00:56:12	5:50:52	0:50:38	44	W40	19	6
507	Michael	Sommer	Stadt Emden	1982	2007	00:58:20	00:53:41	00:56:47	01:09:26	00:57:51	00:54:49	5:50:54	0:50:38	25	M20	42	6
508	Christina	Gerken	TV Norden	1969	2007	00:56:06	00:55:31	00:54:36	01:08:34	01:00:02	00:56:11	5:51:00	0:50:39	38	W30	13	6
509	Helge	Fürst	Werkstätten für Behinderte	1968	2007	01:01:23	00:54:35	00:54:41	01:07:55	00:56:59	00:55:28	5:51:01	0:50:39	39	M30	100	6
510	Michael	Honccek	TSV Riepe	1971	2007	00:55:16	00:52:46	00:55:05	01:10:52	01:00:28	00:56:58	5:51:25	0:50:43	36	M30	101	6
511	Kai	Tammen	Fortuna Veenhusen	1963	2007	00:55:18	00:53:55	00:54:57	01:08:47	00:59:47	00:58:55	5:51:39	0:50:45	44	M40	202	6
512	Karen	Löhn	Moormerland	1963	2007	00:55:49	00:54:09	00:58:06	01:08:07	00:59:52	00:55:55	5:51:58	0:50:47	44	W40	20	6
513	Jan	Heinks	H+R Schule Westerholt	1992	2007	00:58:24	00:51:20	00:52:52	01:06:17	00:57:30	01:05:55	5:52:18	0:50:50	15	MU20	41	6
514	Hinrich	Siebels	TRHS Aurich	1961	2007	00:55:56	00:55:06	00:55:07	01:08:12	00:59:35	00:58:25	5:52:21	0:50:51	46	M40	203	6
515	Gudrun	Sauer-Ufkes	die Praxis Aurich	1965	2007	00:55:28	00:54:26	00:55:30	01:09:34	01:00:27	00:57:00	5:52:25	0:50:51	42	W40	21	6
516	Anna	Lücke	SuS Timmel	1982	2007	00:57:18	00:54:42	00:56:40	01:10:18	00:59:45	00:53:51	5:52:34	0:50:53	25	W20	8	6
517	Matthijs	van Rossum	Westoverledingen	1962	2007	00:57:57	00:53:43	00:56:42	01:09:50	00:58:58	00:55:36	5:52:46	0:50:54	45	M40	204	6
518	Volker	Griesheimer	Norden	1961	2007	00:56:32	00:53:51	00:56:20	01:09:48	01:00:47	00:55:34	5:52:52	0:50:55	46	M40	205	6
519	Enno	Wolckenhaar	TC GW Leer	1938	2007	00:56:59	00:54:15	00:57:07	01:11:08	00:58:30	00:54:53	5:52:52	0:50:55	69	M60	10	6
520	Temmo	Dreesmann	VG Veenhusen-Warsing	1961	2007	00:54:31	00:53:18	00:56:23	01:10:20	01:01:16	00:57:05	5:52:53	0:50:55	46	M40	206	6
521	Heinrich	Martens	Stedesdorf	1963	2007	01:01:35	00:52:38	00:56:10	01:08:25	00:58:51	00:55:15	5:52:54	0:50:55	44	M40	207	6
522	Fred	Kuhlmann	Emdener Zeitung	1960	2007	00:53:48	00:52:36	00:56:02	01:11:24	01:00:12	00:59:24	5:53:26	0:51:00	47	M40	208	6
523	Adrian	Epple	Teletta Groß Gymnasium	1987	2007	00:55:23	00:54:08	00:55:12	01:09:31	01:00:18	00:58:55	5:53:27	0:51:00	20	M20	43	6
524	Mareke	Janßen	KBV Langefeld	1965	2007	00:54:50	00:53:25	00:55:08	01:08:40	01:02:01	00:59:25	5:53:29	0:51:00	42	W40	22	6
525	Stefan	Schewiola	LT TuS Aurich-Ost	1966	2007	00:55:35	00:54:16	00:55:13	01:10:20	01:00:52	00:57:21	5:53:37	0:51:02	41	M40	209	6
526	Jakobus	Willms	LT TuS Aurich-Ost	1940	2007	00:57:12	00:54:12	00:56:07	01:09:32	01:00:15	00:56:29	5:53:47	0:51:03	67	M60	11	6
527	Rainer	Broß	Moormerland	1969	2007	01:01:43	00:54:22	00:55:01	01:10:00	00:57:17	00:55:27	5:53:50	0:51:03	38	M30	102	6
528	Robert	Neumann	Wittmund	1982	2007	00:59:02	00:53:01	00:54:42	01:08:53	01:00:11	00:58:06	5:53:55	0:51:04	25	M20	44	6
529	Wolfgang	Sattler	Leer	1947	2007	00:56:19	00:53:22	00:56:49	01:10:37	00:59:59	00:56:51	5:53:57	0:51:05	60	M60	12	6
530	Andrej	Veenhuis	Concordia Ihrhove	1985	2007	00:57:05	00:53:19	00:54:20	01:07:35	01:05:56	00:55:43	5:53:58	0:51:05	22	M20	45	6
531	Regina	Zeiler	Südbrookmerland	1957	2007	00:55:05	00:53:50	00:56:43	01:10:15	01:01:13	00:56:58	5:54:04	0:51:06	50	W50	3	6
532	Berend	Habben	Wybelsum	1960	2007	00:59:36	00:59:23	00:54:46	01:05:27	00:58:06	00:56:59	5:54:17	0:51:07	47	M40	210	6
533	Timo	Wilts	RVB Uplengen	1986	2007	00:55:54	00:54:36	00:55:34	01:11:47	00:58:44	00:57:44	5:54:19	0:51:08	21	M20	46	6
534	Steffen	Friedrichs	Haarstudio an Markt	1986	2007	00:55:52	00:54:38	00:55:35	01:11:48	00:58:45	00:57:44	5:54:22	0:51:08	21	M20	47	6
535	Karin	Meints	SuS Stackhoit	1962	2007	00:56:07	00:54:24	00:55:55	01:10:12	01:00:52	00:57:01	5:54:31	0:51:09	45	W40	23	6
536	Manfred	Bode	Leer	1961	2007	01:00:40	00:56:09	00:55:58	01:09:29	00:58:07	00:54:11	5:54:34	0:51:10	46	M40	211	6
537	Peter	Ansheit	Logabirum	1965	2007	00:59:49	00:55:01	00:54:44	01:09:43	00:59:12	00:56:06	5:54:35	0:51:10	42	M40	212	6
538	Thomas	Schmidt	MTV Aurich	1963	2007	00:56:27	00:54:26	00:56:40	01:10:32	00:59:50	00:56:43	5:54:38	0:51:10	44	M40	213	6
539	Mark	Großmann	Druckerei Meyer GmbH	1979	2007	00:56:02	00:55:12	00:57:07	01:09:02	01:01:28	00:56:33	5:55:24	0:51:17	28	M20	48	6
540	Hans-Wilhelm	Sleuer	Polizei Leer	1943	2007	00:57:11	00:54:57	00:55:40	01:09:07	01:00:00	00:58:31	5:55:26	0:51:17	64	M60	13	6
541	Tanja	Heilemann	TAO Schule	1972	2007	00:57:12	00:57:03	00:56:03	01:08:26	01:00:03	00:56:42	5:55:29	0:51:18	35	W30	14	6
542	Gerhard	Dreesmann	DLRG OG BW Leer	1958	2007	00:56:09	00:54:55	00:54:33	01:08:14	00:58:17	01:03:34	5:55:42	0:51:20	49	M40	214	6
543	Wolfgang	König	Stedesdorf	1954	2007	00:56:30	00:55:19	00:55:57	01:11:17	01:00:26	00:56:16	5:55:45	0:51:20	53	M50	72	6
544	Sven	Wirmann	Nordwest-Blumen Wies	1984	2007	01:00:19	00:55:21	00:54:37	01:08:59	00:59:00	00:57:31	5:55:47	0:51:20	23	M20	49	6
545	Paul	Lindemann	TV Norden	1939	2007	00:56:10	00:54:23	00:57:22	01:09:29	01:01:07	00:57:28	5:55:59	0:51:22	68	M60	14	6
546	Thomas	Bohlen	Ihlow	1974	2007	00:58:14	00:55:33	00:55:40	01:10:08	00:59:16	00:57:13	5:56:04	0:51:23	33	M30	103	6
547	Meike	Flügge	VFL Germania Leer	1966	2007	00:57:55	00:55:22	00:56:00	01:08:55	01:00:09	00:57:46	5:56:07	0:51:23	41	W40	24	6
548	Bernhard	Reiners	TUS Victorbur	1968	2007	00:55:52	00:54:16	00:55:56	01:10:38	01:01:01	00:58:34	5:56:17	0:51:25	39	M30	104	6
549	Thomas	Bolte	EWE Wattloopers	1965	2007	00:59:20	00:54:31	00:55:28	01:10:35	01:00:07	00:56:19	5:56:20	0:51:25	42	M40	215	6
550	Manfred	Wollermann	MTV Wittmund	1942	2007	00:56:00	00:54:36	00:56:39	01:09:43	01:01:15	00:58:07	5:56:20	0:51:25	65	M60	15	6
551	Matthias	Frikke	Leer	1979	2007	01:00:07	00:54:46	00:55:47	01:09:56	00:59:36	00:56:14	5:56:26	0:51:26	28	M20	50	6
552	Jens	Iken	Wittmund	1969	2007	00:56:19	00:54:01	00:57:20	01:10:40	01:00:40	00:57:29	5:56:29	0:51:26	38	M30	105	6
553	Silke	Klüver, Dr.Klüver	Emden LG	1963	2007	00:56:29	00:55:23	00:56:28	01:10:10	01:00:53	00:57:07	5:56:30	0:51:27	44	W40	25	6
554	Silke	Zalesky	TSV Hesel	1975	2007	00:55:27	00:54:28	00:56:32	01:11:07	01:01:01	00:57:58	5:56:33	0:51:27	32	W30	15	6
555	Gerhard	Eden	Sparkasse Leer/Wittmun	1948	2007	00:57:08	00:55:14	00:55:52	01:10:11	01:01:03	00:57:32	5:57:00	0:51:31	59	M50	73	6
556	Joachim	Ludwigs	Emden	1969	2007	00:58:42	00:54:01	00:56:57	01:10:48	00:59:51	00:56:48	5:57:07	0:51:32	38	M30	106	6
557	Hermann Georg	Reil	Apen	1950	2007	00:55:55	00:53:47	00:58:02	01:11:22	01:01:10	00:56:54	5:57:10	0:51:32	57	M50	74	6
558	Heiko	Eilers	www.FMSO.de	1969	2007	00:59:58	00:54:18	00:55:54	01:09:01	01:00:41	00:57:23	5:57:15	0:51:33	38	M30	107	6
559	Tole	Krull	KBV Langenfeld	1958	2007	00:55:52	00:54:01	00:56:28	01:09:59	01:02:03	00:58:55	5:57:18	0:51:34	49	M40	216	6
560	Manfred	Hellmers	Uplengen	1967	2007	00:58:26	00:56:18	00:56:17	01:09:55	00:59:57	00:56:34	5:57:27	0:51:35	40	M40	217	6
561	Günter	Meyer	EWE Wattloopers	1965	2007	00:55:49	00:54:42	00:55:45	01:11:35	01:02:12	00:57:26	5:57:29	0:51:35	42	M40	218	6
562	Lina	Heckhoff	VfL Germania Leer	1990	2007	00:59:19	00:54:21	00:56:50	01:10:21	00:59:28	00:57:25	5:57:44					



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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
569	Johann	Heien	TuS Esens	1953	2007	00:56:51	00:55:07	00:57:31	01:10:59	01:00:43	00:57:38	5:58:49	0:51:47	54	M50	76	6
570	Alfred	Tjarks	EWE Wattl Loopers	1959	2007	00:55:55	00:55:08	00:56:31	01:11:42	01:02:47	00:56:50	5:58:53	0:51:47	48	M40	221	6
571	Gerhard	Oltmanns	EC Hollen	1964	2007	00:58:26	00:55:09	00:55:51	01:11:19	01:00:09	00:58:04	5:58:58	0:51:48	43	M40	222	6
572	Gerd	Trauernicht	Aurich	1958	2007	00:57:15	00:55:19	00:57:00	01:09:48	01:01:17	00:58:20	5:58:59	0:51:48	49	M40	223	6
573	Joachim	Scherf	Team Deutsche Post	1964	2007	00:57:28	00:54:44	00:57:04	01:09:59	01:01:41	00:58:17	5:59:13	0:51:50	43	M40	224	6
574	Rainer	Ebel	LT TuS Aurich-Ost	1962	2007	00:56:51	00:54:20	00:57:49	01:10:57	01:01:56	00:57:28	5:59:21	0:51:51	45	M40	225	6
575	Reinhold	Daniels	LT TuS Aurich-Ost	1957	2007	00:59:50	00:54:51	00:56:16	01:09:44	01:01:10	00:57:49	5:59:40	0:51:54	50	M50	77	6
576	Alma	Tunder	SC Wiesens	1957	2007	00:56:23	00:55:40	00:58:03	01:12:35	01:00:42	00:56:17	5:59:40	0:51:54	50	W50	4	6
577	Siegfried	Frikke	TuS Holthusen	1953	2007	01:00:33	00:54:59	00:55:57	01:10:51	00:59:54	00:57:49	6:00:03	0:51:57	54	M50	78	6
578	Wiard	Meyer	SV Potshausen	1962	2007	00:57:51	00:56:54	00:55:43	01:11:18	01:01:24	00:57:00	6:00:10	0:51:58	45	M40	226	6
579	Thomas	Janßen	RVB Uplengen	1981	2007	00:56:00	00:53:58	00:56:42	01:10:19	01:05:02	00:58:12	6:00:13	0:51:59	26	M20	51	6
580	Ingo	Franke	SV Ochtersum	1985	2007	01:02:25	00:55:57	00:57:29	01:10:44	00:57:54	00:55:59	6:00:28	0:52:01	22	M20	52	6
581	Ewald	Schröder	LT TuS Aurich-Ost	1964	2007	00:57:50	00:54:34	00:56:05	01:11:22	01:00:54	00:59:45	6:00:30	0:52:01	43	M40	227	6
582	Wilfried	Koplin	Nortmoor	1963	2007	01:01:52	00:53:43	00:55:21	01:09:42	01:01:19	00:58:41	6:00:38	0:52:02	44	M40	228	6
583	Kai	Denker	VfL Jheringsfehn	1965	2007	00:58:34	00:55:03	00:57:14	01:11:29	01:00:26	00:58:01	6:00:47	0:52:04	42	M40	229	6
584	Wilfried	Meyer	SV Stikelkamp AH	1966	2007	00:58:09	00:55:21	00:56:57	01:11:19	01:01:44	00:57:19	6:00:49	0:52:04	41	M40	230	6
585	Helga	von Heimbürg	TG Wiesmoor	1966	2007	00:57:56	00:55:08	00:56:59	01:10:32	01:01:50	00:58:26	6:00:51	0:52:04	41	W40	27	6
586	Ralf	Baumann	Leer	1979	2007	00:58:43	00:56:09	00:56:50	01:10:40	01:00:39	00:57:51	6:00:52	0:52:04	28	M20	53	6
587	Hiltrud	Poththast	HC Moormerland	1972	2007	00:57:12	00:55:14	00:58:04	01:12:41	01:00:56	00:56:48	6:00:55	0:52:05	35	W30	16	6
588	Rita	Weinberg	LT Schafhauser Wald	1967	2007	00:56:06	00:54:59	00:57:12	01:11:58	01:02:38	00:58:07	6:01:00	0:52:06	40	W40	28	6
589	Bernd	Schindler	TV Oldersum	1968	2007	00:57:43	00:54:51	00:56:28	01:12:12	01:02:01	00:57:47	6:01:02	0:52:06	39	M30	109	6
590	Karl-Heinz	Schmidt	LT TuS Aurich-Ost	1957	2007	00:57:13	00:55:15	00:57:18	01:10:00	01:02:24	00:59:09	6:01:19	0:52:08	50	M50	79	6
591	Manfred	Alberts	TV-Marienhäfe	1959	2007	00:56:50	00:53:28	00:56:22	01:13:16	01:02:17	00:59:07	6:01:20	0:52:08	48	M40	231	6
592	Werner	Stienen	Druckerei Meyer GmbH	1953	2007	00:57:44	00:55:30	00:56:20	01:10:57	01:01:38	00:59:20	6:01:29	0:52:10	54	M50	80	6
593	Werner	Müller	EWE Wattloopers	1965	2007	00:57:53	00:55:55	00:56:42	01:11:52	01:01:39	00:57:39	6:01:40	0:52:11	42	M40	232	6
594	Monika	Friesenborg	Stadt Emden	1969	2007	00:58:33	00:54:42	00:58:43	01:11:36	01:00:35	00:57:33	6:01:42	0:52:12	38	W30	17	6
595	Johann	Schröder	TuS Holthusen	1953	2007	00:58:44	00:54:41	00:57:20	01:10:40	01:01:27	00:58:56	6:01:48	0:52:12	54	M50	81	6
596	Holger	Stumm	Simonswolde	1971	2007	00:56:08	00:54:59	00:56:06	01:11:57	01:03:15	00:59:27	6:01:52	0:52:13	36	M30	110	6
597	Harm	Fürst	TUS Victorbur	1959	2007	00:56:16	00:54:59	00:57:20	01:12:11	01:02:49	00:58:29	6:02:04	0:52:15	48	M40	233	6
598	Gerold	Janssen	TV Norden	1953	2007	00:57:13	00:55:32	00:56:50	01:10:55	01:02:35	00:59:03	6:02:08	0:52:15	54	M50	82	6
599	Edeltraud	Mumme	TV Norden	1953	2007	00:58:04	00:55:33	00:57:02	01:11:03	01:03:13	00:57:14	6:02:09	0:52:15	54	W50	5	6
600	Bernd	Streppel	Watt'n Loopers SV Dorr	1941	2007	00:57:43	00:55:16	00:56:28	01:10:39	01:02:27	00:59:37	6:02:10	0:52:16	66	M60	16	6
601	Jost	van Züren	BBS I Emden	1987	2007	00:52:35	01:09:24	00:54:49	01:07:02	01:03:36	00:55:01	6:02:27	0:52:18	20	M20	54	6
602	Hans-Günter	Schoneboom	Emder LG	1966	2007	00:57:20	00:56:14	00:56:55	01:11:00	01:01:56	00:59:27	6:02:52	0:52:22	41	M40	234	6
603	Antje	Meyer	LG Uplengen	1956	2007	00:56:47	00:55:32	00:57:26	01:12:18	01:01:52	00:59:01	6:02:56	0:52:22	51	W50	6	6
604	Carsten	Strasser	Schwerinsdorf	1968	2007	01:00:41	00:53:53	00:56:16	01:14:22	00:59:57	00:57:57	6:03:06	0:52:24	39	M30	111	6
605	Ulrich	Linser	MTV Wittmund	1954	2007	00:58:09	00:55:46	00:57:35	01:11:13	01:02:14	00:58:26	6:03:23	0:52:26	53	M50	83	6
606	Brigitte	Diekmann	SV Holtland	1960	2007	00:57:39	00:56:46	00:57:40	01:11:15	01:01:58	00:58:10	6:03:28	0:52:27	47	W40	29	6
607	Harm	Severiens	Bundeswehr Weener	1956	2007	00:57:02	00:54:33	00:56:59	01:12:54	01:02:25	00:59:44	6:03:37	0:52:28	51	M50	84	6
608	Gerd Jelto	Severiens	Weener	1993	2007	00:57:02	00:54:33	00:56:59	01:12:54	01:02:25	00:59:44	6:03:37	0:52:28	14	MU20	42	6
609	Rolf	Dreesman	Nendorp	1972	2007	00:56:46	00:55:02	00:55:54	01:12:18	01:02:53	01:00:50	6:03:43	0:52:29	35	M30	112	6
610	Uwe	Marschall	TV Norden	1958	2007	00:59:48	00:56:17	00:57:31	01:11:02	01:00:22	00:58:45	6:03:45	0:52:29	49	M40	235	6
611	Christiane	Stanzel	TV Norden	1968	2007	00:59:48	00:56:18	00:57:31	01:11:02	01:00:22	00:58:45	6:03:46	0:52:29	39	W30	18	6
612	Hartmut	Schmidt	tbd Radsport-Team Wie	1962	2007	00:58:02	00:56:07	00:57:01	01:10:52	01:01:10	01:00:52	6:04:04	0:52:32	45	M40	236	6
613	Werner	Schröter	Hockey Club Moormerla	1943	2007	00:57:44	00:55:14	00:58:58	01:13:07	01:01:59	00:57:11	6:04:13	0:52:33	64	M60	17	6
614	Rolf	Böttger	Sparkasse LeerWittmun	1969	2007	00:57:48	00:56:30	00:57:36	01:11:11	01:02:00	00:59:25	6:04:30	0:52:36	38	M30	114	6
615	Dirk	Gruben	SV Potshausen	1971	2007	00:59:13	00:55:42	00:57:50	01:11:12	01:01:39	00:58:54	6:04:30	0:52:36	36	M30	113	6
616	Ria	Nitschke	Freibad Leer	1963	2007	00:58:14	00:55:13	00:57:53	01:12:22	01:02:30	00:58:36	6:04:48	0:52:38	44	W40	30	6
617	Aljet	Grönefeld	Emder LG	1961	2007	00:58:45	00:55:17	00:55:53	01:12:13	01:01:51	01:00:56	6:04:55	0:52:39	46	M40	237	6
618	Gerd	Peeken	TuS Esens	1973	2007	00:57:40	00:56:12	00:58:34	01:11:43	01:01:50	00:59:04	6:05:03	0:52:41	34	M30	115	6
619	Harald	Budde	TG Wiesmoor	1958	2007	00:58:40	00:55:30	00:57:33	01:12:37	01:02:22	00:58:24	6:05:06	0:52:41	49	M40	238	6
620	Uwe	Feldmann	VfL Berumbur	1967	2007	00:56:05	00:54:40	00:57:12	01:11:05	01:02:41	01:03:33	6:05:16	0:52:42	40	M40	239	6
621	Monika	Loers	Nordwest-Blumen Wies	1975	2007	00:58:57	00:55:50	00:56:30	01:10:41	01:02:32	01:00:47	6:05:17	0:52:43	32	W30	19	6
622	Andre'	Peters	H+R Schule Westerholt	1993	2007	01:02:06	00:57:06	00:56:35	01:12:17	01:01:03	00:56:16	6:05:23	0:52:43	14	MU20	43	6
623	Dirk	Beening	Vermessungsbüro Beer	1964	2007	01:00:01	00:56:22	00:56:52	01:10:35	01:01:44	00:59:51	6:05:25	0:52:44	43	M40	240	6
624	Cordula	Schmid	Realschule Aurich	1975	2007	01:01:39	00:55:48	00:57:40	01:11:30	01:01:32	00:57:26	6:05:35	0:52:45	32	W30	20	6
625	Wolfgang	Wöhrlé	MTV Wittmund	1944	2007	00:56:03	00:55:13	00:57:31	01:09:40	01:01:56	01:05:16	6:05:39	0:52:46	63	M60	18	6
626	Leni	Kistemaker	TuS Eintracht Hinte	1955	2007	00:57:58	00:54:37	00:57:58	01:13:10	01:02:55	00:59:01	6:05:39	0:52:46	52	W50	7	6
627	Christian	Dr.Thielke	Frisia Loga	1945	2007	01:00:30	00:55:14	00:58:14	01:11:49	01:03:30	00:56:28	6:05:45	0:52:47	62	M60	19	6
628	Helmut	Ruh	TC Wittmund	1951	2007	00:59:19	00:56:35	00:57:59	01:11:29	01:02:11	00:58:17	6:05:50	0:52:47	56	M50	85	6
629	Dennis	Rodenbäck	Esens	1984	2007	01:01:24	00:57:30	00:56:30	01:12:10	01:01:24	00:56:56	6:05:54	0:52:48	23	M20	55	6
630	Roswitha	Klaaßen	Pewsumer Ossiloopers	1958	2007	00:57:58	00:56:48	00:58:21	01:11:41	01:01:32	00:59:38	6:05:58	0:52:49	49	W40	31	6
631	Annette	Detmers	TSV Holtrop	1961	2007	00:58:07	00:56:40	00:58:22	01:11:05	01:02:03	00:59:45	6:06:02	0:52:49	46	W40	32	6
632	Frauke	Reimers	LT "da geht was"	1973	2007	00:58:46	00:55:08	00:57:32	01:12:22	01:03:17	00:59:05	6:06:10	0:52:50	34	W30	21	6
633	Rainer	Wiechmann	Germania Leer	1958	2007	00:57:32	00:56:40	00:58:37	01:14:19								

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
640	Andreas	Kruse	LT TuS Aurich-Ost	1958	2007	01:01:15	00:56:52	00:58:18	01:11:48	01:02:09	00:56:55	6:07:17	0:53:00	49	M40	246	6
641	Bodo	von Preyss	Faultierfreunde	1939	2007	01:01:28	00:55:27	00:57:40	01:12:06	01:02:29	00:58:14	6:07:24	0:53:01	68	M60	20	6
642	Gerd	Franken	LT TuS Aurich-Ost	1963	2007	00:58:46	00:55:20	00:58:02	01:11:41	01:03:04	01:00:36	6:07:29	0:53:02	44	M40	247	6
643	Jörg	Wübbenhorst	Aurich	1955	2007	00:58:27	00:56:20	00:57:26	01:11:30	01:02:37	01:01:11	6:07:31	0:53:02	52	M50	86	6
644	Sabine	Fecht	Neukamperfehn	1966	2007	00:59:02	00:56:02	00:59:08	01:13:21	01:02:25	00:57:54	6:07:52	0:53:05	41	W40	33	6
645	Karin	Ulferts	Aurich-Haxtum	1970	2007	00:57:58	00:56:44	00:57:56	01:14:09	01:02:44	00:58:24	6:07:55	0:53:05	37	W30	23	6
646	Gerold	Trauernicht	LT TuS Aurich-Ost	1962	2007	01:02:32	00:56:28	00:57:17	01:11:46	01:01:51	00:58:11	6:08:05	0:53:07	45	M40	248	6
647	Heiner	Schmidt	VfL Jheringsfehn	1973	2007	01:01:36	00:56:04	00:59:28	01:10:54	01:02:05	00:58:06	6:08:13	0:53:08	34	M30	117	6
648	Brigitte	Wiegmann	Nortmoor	1968	2007	00:59:26	00:57:18	00:58:43	01:12:32	01:01:52	00:58:24	6:08:15	0:53:08	39	W30	24	6
649	Jan	Busch	SV Holtland	1948	2007	01:00:35	00:55:43	00:58:24	01:13:07	01:01:46	00:58:42	6:08:17	0:53:09	59	M50	87	6
650	Hartmut	Penning	DRK Ortsverein Holtland	1951	2007	01:00:10	00:55:36	00:58:12	01:12:41	01:02:17	00:59:37	6:08:33	0:53:11	56	M50	88	6
651	Rolf-Dieter	Vennen	EWE Wattloopers	1962	2007	00:55:56	00:52:59	01:01:52	01:14:24	01:03:37	00:59:48	6:08:36	0:53:11	45	M40	249	6
652	Günter	Zierleyn	Leer	1951	2007	00:58:52	00:56:04	00:58:14	01:12:04	01:03:16	01:00:15	6:08:45	0:53:13	56	M50	89	6
653	Rudi	Brasch	RSV Uplengen	1961	2007	01:01:32	00:56:13	00:57:15	01:13:30	01:02:02	00:58:19	6:08:51	0:53:14	46	M40	250	6
654	Hildegard	Bockhorst	SV Scharrel	1961	2007	00:57:22	00:55:52	01:00:56	01:13:17	01:02:35	00:59:15	6:09:17	0:53:17	46	W40	34	6
655	Annegret	Borgmann	VfL Germania Leer	1954	2007	00:58:37	00:55:55	00:57:59	01:12:11	01:03:13	01:01:29	6:09:24	0:53:18	53	W50	8	6
656	Martin	Müller	Crocodiles Ihlow	1966	2007	01:01:05	00:57:08	00:58:04	01:15:00	01:01:04	00:57:29	6:09:50	0:53:22	41	M40	251	6
657	Walter	Uphoff	TuS Middels	1960	2007	00:59:48	00:55:52	00:56:48	01:12:06	01:03:46	01:01:52	6:10:12	0:53:25	47	M40	252	6
658	Hermann	Groenhagen	Sparkasse LeerWittmund	1974	2007	00:59:37	00:55:27	00:57:42	01:14:27	01:03:32	00:59:41	6:10:26	0:53:27	33	M30	118	6
659	Kim	Lenz	Emden	1981	2007	01:02:33	00:57:40	00:58:05	01:11:56	01:01:18	00:58:56	6:10:28	0:53:28	26	W20	9	6
660	Gilda	Janosch	SuS Strackholt	1969	2007	01:02:29	00:56:35	00:57:56	01:11:37	01:02:47	00:59:06	6:10:30	0:53:28	38	W30	25	6
661	Heike	Hertzer-Peters	Emder LG	1957	2007	00:59:22	00:55:43	00:57:59	01:14:06	01:03:17	01:00:03	6:10:30	0:53:28	50	W50	9	6
662	Detlef	Densow	LT TuS Aurich-Ost	1965	2007	00:59:09	00:55:34	00:58:24	01:13:22	01:03:22	01:00:42	6:10:33	0:53:28	42	M40	253	6
663	Michael	Weiß	LT TuS Aurich-Ost	1963	2007	00:58:56	00:57:27	00:59:12	01:13:42	01:02:55	00:58:22	6:10:34	0:53:28	44	M40	254	6
664	Mariechen	Emken	MTV Wittmund	1954	2007	00:57:23	00:56:34	00:58:44	01:13:33	01:04:00	01:00:21	6:10:35	0:53:29	53	W50	10	6
665	Marion	Geiken	LT TuS Aurich-Ost	1966	2007	00:58:54	00:55:55	00:58:20	01:12:44	01:02:58	01:01:46	6:10:37	0:53:29	41	W40	35	6
666	Julia	Severiens	Fortuna Logabirum	1985	2007	00:59:44	00:56:02	00:58:25	01:12:46	01:02:31	01:01:10	6:10:38	0:53:29	22	W20	10	6
667	Christoph	Caspers	Großfehn	1980	2007	01:01:18	00:59:32	00:58:30	01:11:16	01:01:33	00:58:30	6:10:39	0:53:29	27	M20	56	6
668	Helmut	Schiller	Leer	1966	2007	01:01:05	00:57:31	00:58:08	01:12:26	01:02:46	00:58:50	6:10:46	0:53:30	41	M40	255	6
669	Joachim	Neugebauer	TV Norden	1958	2007	00:52:29	00:52:59	00:54:28	01:22:19	01:11:05	00:57:46	6:11:06	0:53:33	49	M40	256	6
670	Horst	Wienrank	Watt' n Loopers SV Dor	1960	2007	00:57:38	00:56:04	00:58:58	01:11:20	01:03:01	01:04:06	6:11:07	0:53:33	47	M40	257	6
671	Jana	Brinkmann	Concordia Ihrhove	1988	2007	00:58:51	00:56:47	00:58:05	01:13:27	01:03:24	01:00:37	6:11:11	0:53:34	19	MU20	44	6
672	Helmut	Ackmann	LT TuS Aurich-Ost	1954	2007	00:58:21	00:57:05	00:59:01	01:13:57	01:03:24	00:59:34	6:11:22	0:53:35	53	M50	90	6
673	Kerstin	Schmidt	Fortuna Logabirum	1965	2007	00:59:55	00:57:34	00:58:35	01:12:38	01:03:09	00:59:47	6:11:38	0:53:38	42	W40	36	6
674	Michael	Gorzawski	TV Norden	1961	2007	01:02:02	00:56:24	00:59:22	01:12:08	01:02:52	00:58:59	6:11:47	0:53:39	46	M40	258	6
675	Johann	Marks	EWE Wattloopers	1958	2007	00:59:38	00:56:04	00:58:55	01:13:35	01:03:27	01:00:13	6:11:52	0:53:40	49	M40	259	6
676	Eckhard	Neumann	FT-Spetzerfehn	1953	2007	01:00:09	00:57:16	00:58:37	01:13:21	01:02:48	00:59:44	6:11:55	0:53:40	54	M50	91	6
677	Eugen	Dziarnowski	Polizei Aurich	1958	2007	01:01:49	00:57:20	00:57:52	01:11:59	01:03:13	00:59:43	6:11:56	0:53:40	49	M40	260	6
678	Dietrich	Steinke	SV Concordia Neermoo	1941	2007	00:57:27	00:56:56	00:58:17	01:14:13	01:03:44	01:01:23	6:12:00	0:53:41	66	M60	21	6
679	Holger	Siepert	MTV Wittmund	1952	2007	01:00:24	00:57:50	00:57:59	01:13:23	01:03:25	00:59:26	6:12:27	0:53:45	55	M50	92	6
680	Manfred	Böde	Emder LG	1962	2007	01:01:29	00:56:53	00:58:40	01:13:59	01:02:52	00:58:52	6:12:45	0:53:47	45	M40	261	6
681	Britta	Zielke	Nordwest-Blumen Wies	1976	2007	01:01:17	00:57:20	00:59:00	01:12:25	01:04:11	00:58:41	6:12:54	0:53:49	31	W30	26	6
682	Ulrike	Schürmann	FC Oldersum	1962	2007	00:59:38	00:56:30	00:58:42	01:15:13	01:03:39	00:59:37	6:13:19	0:53:52	45	W40	37	6
683	Hermann	Wilts	TV Norden	1946	2007	00:58:18	00:57:32	00:58:30	01:14:16	01:04:51	01:00:01	6:13:28	0:53:53	61	M60	22	6
684	Gerhard	Sassen	EWE Wattloopers	1955	2007	01:02:07	00:58:18	00:58:37	01:13:26	01:02:36	00:58:34	6:13:38	0:53:55	52	M50	93	6
685	Marcel	Ebbelaar	Crocodiles Ihlowerfehn	1963	2007	01:01:17	00:57:16	00:58:28	01:13:30	01:03:12	00:59:56	6:13:39	0:53:55	44	M40	262	6
686	Lydia	Schmidt	SV Holtland	1963	2007	00:57:43	00:56:47	01:00:42	01:13:50	01:03:53	01:01:02	6:13:57	0:53:58	44	W40	38	6
687	Joachim	Piela	IGS Aurich-West	1951	2007	00:59:04	00:57:37	00:58:45	01:13:21	01:03:59	01:01:19	6:14:05	0:53:59	56	M50	94	6
688	Melanie	Beutter	Polizei Leer	1975	2007	00:59:21	00:57:20	00:59:33	01:13:52	01:03:45	01:00:36	6:14:27	0:54:02	32	W30	27	6
689	Carina	Schönherr	NIGE	1989	2007	01:02:17	00:57:34	00:59:21	01:12:20	01:03:03	00:59:52	6:14:27	0:54:02	18	WU20	7	6
690	Gerda	Peters	Wi sünd Holtriem	1959	2007	00:59:54	00:57:15	00:59:24	01:13:22	01:04:10	01:00:36	6:14:41	0:54:04	48	W40	39	6
691	Bianca	Oltmanns	Warsingsfehn	1991	2007	01:03:52	00:58:44	01:00:30	01:11:44	01:01:04	00:58:52	6:14:46	0:54:05	16	WU20	8	6
692	Jochen	Ahrends	OLB Westerholt	1963	2007	01:00:08	00:56:21	00:56:58	01:15:29	01:04:46	01:01:07	6:14:49	0:54:05	44	M40	263	6
693	Sabine	Mansholt	Remels	1971	2007	01:00:41	00:57:59	00:59:53	01:13:27	01:03:53	00:59:03	6:14:56	0:54:06	36	W30	28	6
694	Uwe	Ludtke	Esens	1965	2007	01:01:50	00:57:21	00:59:02	01:13:04	01:03:23	01:00:25	6:15:05	0:54:07	42	M40	264	6
695	Andreas	Kohl	TV Norden	1975	2007	00:56:03	00:54:05	00:54:12	01:14:37	01:11:04	01:05:21	6:15:22	0:54:10	32	M30	119	6
696	Thomas	Frieling	Leer	1968	2007	01:01:11	00:56:33	01:00:34	01:13:27	01:02:51	01:00:55	6:15:31	0:54:11	39	M30	120	6
697	Holger	Müller	Nordwest-Blumen Wies	1971	2007	01:06:06	00:57:01	00:57:54	01:14:00	01:02:03	00:58:35	6:15:39	0:54:12	36	M30	121	6
698	Wolfgang	Schröder	Nordwest-Blumen Wies	1968	2007	01:06:05	00:57:01	00:57:55	01:14:00	01:02:03	00:58:35	6:15:39	0:54:12	39	M30	122	6
699	Dorothea	Heldt	MTV Wittmund	1992	2007	01:02:27	00:58:56	01:03:19	01:13:21	01:01:28	00:56:37	6:16:08	0:54:17	15	WU20	9	6
700	Annette	Schulten-Seiger	Osteel	1961	2007	00:59:23	00:58:37	00:59:24	01:14:00	01:04:07	01:00:40	6:16:11	0:54:17	46	W40	40	6
701	Gabriel	Fabbi	Möbel Buss	1968	2007	01:00:54	00:58:36	00:58:29	01:14:49	01:03:23	01:00:12	6:16:23	0:54:19	39	M30	123	6
702	Uschi	Klimaschka-Behre	MTV Aurich	1957	2007	00:58:34	00:57:16	00:58:45	01:15:58	01:04:55	01:01:02	6:16:30	0:54:20	50	W50	11	6
703	Jan	Meinders	Wittmund	1964	2007	00:59:58	00:56:40	00:59:39	01:16:45	01:04:04	00:59:25	6:16:31	0:54:20	43	M40	265	6
704	Rita	Stoyke	Elisabethfehn	1969	2007	01:00:05	00:58:42	00:59:36	01:								

## 26. Ostfrieslandlauf 2007

01.05. bis 18.05.2007

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
711	Anja	Ahrendt	Watt'n Loopers SV Dorn	1968	2007	00:57:45	00:57:58	01:01:26	01:16:29	01:03:56	00:59:35	6:17:09	0:54:25	39	W30	30	6
712	Kai	Webel	NIGE	1989	2007	01:00:57	00:56:10	00:59:10	01:16:43	01:03:36	01:00:35	6:17:11	0:54:26	18	MU20	45	6
713	Stefan	Behrends	Holland-Nücke	1971	2007	01:01:57	00:57:49	00:59:50	01:13:25	01:04:05	01:00:06	6:17:12	0:54:26	36	M30	126	6
714	Maria	Beelmann-Kaiser	LT TuS Aurich-Ost	1955	2007	00:58:52	00:59:31	01:00:17	01:13:59	01:04:40	01:00:09	6:17:28	0:54:28	52	W50	13	6
715	Werner	Krull	Kanalratten LT Team Ih	1966	2007	00:59:10	00:54:33	00:56:07	01:12:39	01:07:11	01:07:57	6:17:37	0:54:29	41	M40	267	6
716	Thorsten	Habicht	SV Eintracht Ihlow	1959	2007	01:00:25	00:58:10	00:59:17	01:13:55	01:04:26	01:01:27	6:17:40	0:54:30	48	M40	268	6
717	Gisela	Fisser	TV Norden	1965	2007	00:58:48	00:57:51	00:59:23	01:14:28	01:05:55	01:01:16	6:17:41	0:54:30	42	W40	42	6
718	Wilhelm	Bolhuis	TV Norden	1943	2007	00:58:55	00:58:13	00:59:36	01:14:38	01:05:21	01:01:02	6:17:45	0:54:31	64	M60	23	6
719	Martina	Janssen	LT TuS Aurich-Ost	1964	2007	01:01:53	00:57:41	00:59:04	01:15:13	01:03:54	01:00:09	6:17:54	0:54:32	43	W40	43	6
720	Britta	Wyrembek	Aurich-Wiesens	1970	2007	01:01:17	00:58:52	01:00:34	01:14:18	01:04:00	00:59:01	6:18:02	0:54:33	37	W30	31	6
721	Henning	Hülshof	TuRa 07 Westrauderfer	1965	2007	00:58:22	01:10:22	00:58:05	01:11:34	01:01:36	00:58:05	6:18:04	0:54:33	42	M40	269	6
722	Kerstin	Dorenbusch	LT TuS Aurich-Ost	1974	2007	01:02:29	00:59:40	00:59:26	01:13:56	01:02:42	00:59:55	6:18:08	0:54:34	33	W30	32	6
723	Gertrud	Aden	SV Großefehn	1959	2007	01:00:57	00:56:51	00:59:45	01:14:25	01:05:04	01:01:07	6:18:09	0:54:34	48	W40	44	6
724	Friedrich	Folkerts	Hollen	1965	2007	00:59:53	00:57:13	00:59:12	01:15:58	01:05:16	01:00:49	6:18:21	0:54:36	42	M40	270	6
725	Elisabeth	Bohlen	Victorbur	1961	2007	00:59:54	00:57:57	00:59:22	01:14:32	01:04:44	01:02:00	6:18:29	0:54:37	46	W40	45	6
726	Uwe	Schwarz	Fun-Loopers	1963	2007	01:01:42	00:56:50	01:00:00	01:17:16	01:04:02	00:58:44	6:18:34	0:54:38	44	M40	271	6
727	Susann	Brende	H+R Schule Westerholt	1993	2007	01:04:33	00:57:23	00:59:25	01:12:14	01:04:59	01:00:16	6:18:50	0:54:40	14	WU20	10	6
728	Jürgen	Otto	VFFL Berumbur	1964	2007	00:59:51	00:57:43	00:58:20	01:16:03	01:04:45	01:02:13	6:18:55	0:54:41	43	M40	272	6
729	Uwe	Benthien	LT TuS Aurich-Ost	1945	2007	01:02:27	00:59:26	00:58:42	01:13:11	01:05:58	00:59:19	6:19:03	0:54:42	62	M60	24	6
730	Peter	Sollermann	Pewsumer Ossiloopers	1954	2007	00:59:33	00:57:59	00:59:44	01:16:37	01:03:27	01:01:55	6:19:15	0:54:44	53	M50	96	6
731	Marion	Unger	LT TuS Aurich-Ost	1970	2007	00:59:42	00:57:00	01:01:48	01:14:56	01:06:08	00:59:47	6:19:21	0:54:44	37	W30	33	6
732	Edith	Lienemann	Kanalratten LT Team Ih	1963	2007	00:59:17	00:56:41	00:58:38	01:16:26	01:05:10	01:03:19	6:19:31	0:54:46	44	W40	46	6
733	Gerrit	Hoppmann	LG Ihrhove	1963	2007	00:58:49	00:59:43	01:00:45	01:15:32	01:04:23	01:00:35	6:19:47	0:54:48	44	M40	273	6
734	Heide	Billker	Watt'n Looper Sv Dorn	1961	2007	01:01:53	00:58:07	00:59:56	01:13:44	01:05:00	01:01:10	6:19:50	0:54:49	46	W40	47	6
735	Martin	Schiemann-Lillie	LT TuS Aurich-Ost	1955	2007	00:57:44	00:56:33	00:58:33	01:17:45	01:06:32	01:02:51	6:19:58	0:54:50	52	M50	97	6
736	Horst	Franke	SV Ochtersum	1958	2007	00:59:16	00:58:51	01:02:57	01:13:23	01:04:47	01:01:03	6:20:17	0:54:52	49	M40	274	6
737	Sonka	Kretzmer	Oldenburg	1983	2007	01:01:23	00:57:01	01:00:27	01:14:32	01:05:20	01:01:56	6:20:39	0:54:56	24	W20	11	6
738	Milena	Wübbenhorst	Oldenburg	1983	2007	01:01:23	00:57:02	01:00:27	01:14:32	01:05:20	01:01:56	6:20:40	0:54:56	24	W20	12	6
739	Alexander	Klein	H+R Schule Westerholt	1969	2007	01:03:08	00:59:03	01:01:17	01:14:00	01:03:40	00:59:47	6:20:55	0:54:58	38	M30	127	6
740	Gerd-Arnold	Ubben	Emdener Zeitung	1950	2007	01:01:17	00:58:39	00:59:11	01:13:48	01:04:59	01:03:19	6:21:13	0:55:01	57	M50	98	6
741	Olaf	Sweers	SV Wittmund	1968	2007	00:59:58	00:58:08	00:58:17	01:17:15	01:06:05	01:01:46	6:21:29	0:55:03	39	M30	128	6
742	Jann	Heyen	TV Norden	1941	2007	00:58:47	00:59:02	01:00:32	01:14:54	01:05:59	01:02:23	6:21:37	0:55:04	66	M60	25	6
743	Karl-Heinz	Ahrens	Leer	1964	2007	01:02:18	01:00:33	00:59:29	01:15:28	01:04:04	00:59:52	6:21:44	0:55:05	43	M40	275	6
744	Jens-Peter	Wolters	Aktiva GmbH Wolters &	1960	2007	01:02:53	00:59:45	00:59:14	01:17:06	01:02:38	01:00:14	6:21:50	0:55:06	47	M40	276	6
745	Hartmut	Nitka	Team Deutsche Post	1972	2007	01:03:03	00:58:08	01:00:47	01:14:45	01:04:12	01:01:06	6:22:01	0:55:08	35	M30	129	6
746	Alfred	Tränapp	TV Norden	1941	2007	00:59:38	00:57:53	01:00:20	01:15:14	01:06:17	01:02:40	6:22:02	0:55:08	66	M60	26	6
747	Angela	Peters	LT TuS Aurich-Ost	1965	2007	01:01:37	00:57:37	00:59:51	01:15:11	01:05:53	01:01:56	6:22:05	0:55:08	42	W40	48	6
748	Ute	Determann	LT TuS Aurich-Ost	1961	2007	01:01:19	00:59:00	01:01:57	01:13:22	01:06:38	00:59:56	6:22:12	0:55:09	46	W40	49	6
749	Kerstin	Oltrop	Leer	1977	2007	01:01:56	01:00:29	01:00:03	01:13:48	01:03:51	01:02:31	6:22:38	0:55:13	30	W30	34	6
750	Karin	Voss	LT TuS Aurich-Ost	1961	2007	00:59:59	00:59:11	01:00:12	01:15:28	01:06:00	01:01:55	6:22:45	0:55:14	46	W40	50	6
751	Rüdiger	Weißsohn	JVA Emden	1956	2007	01:01:16	00:58:24	01:00:18	01:16:49	01:04:36	01:01:24	6:22:47	0:55:14	51	M50	99	6
752	Rolf	Goudschaal	Remels	1950	2007	01:02:38	00:59:18	01:00:01	01:14:55	01:05:00	01:01:33	6:23:25	0:55:20	57	M50	100	6
753	Stefan	Wirdemann	Team Deutsche Post	1972	2007	01:00:08	00:57:19	01:03:19	01:16:14	01:05:52	01:00:39	6:23:31	0:55:20	35	M30	130	6
754	Herma	Braams	Utgast	1956	2007	01:01:30	00:58:57	01:00:50	01:15:31	01:05:18	01:01:25	6:23:31	0:55:20	51	W50	14	6
755	Willi	Schulte	Barßel	1941	2007	01:01:25	00:57:45	01:01:15	01:16:46	01:05:47	01:00:35	6:23:33	0:55:21	66	M60	27	6
756	Katrin	Bußmann	LT Ihrhove	1990	2007	01:02:48	01:00:06	01:00:38	01:15:21	01:04:15	01:00:38	6:23:46	0:55:23	17	WU20	11	6
757	Katharina	Kok	Team Deutsche Post	1983	2007	01:00:25	00:57:19	01:03:20	01:16:15	01:05:53	01:00:39	6:23:51	0:55:23	24	W20	13	6
758	Claudia	Behnke	SV Wiesmoor	1974	2007	01:00:27	00:59:07	01:01:21	01:15:52	01:05:39	01:01:32	6:23:58	0:55:24	33	W30	35	6
759	Timo	Wellmer	Sparkasse LeerWittmun	1979	2007	01:02:51	00:58:15	01:00:59	01:14:29	01:06:07	01:01:31	6:24:12	0:55:26	28	M20	57	6
760	Dietmar	Schultz	Team Deutsche Post	1965	2007	01:00:40	00:58:05	01:03:06	01:18:27	01:04:09	01:00:06	6:24:33	0:55:29	42	M40	277	6
761	Hanna	Ottersberg	Möbel Buss	1973	2007	01:00:22	00:58:47	01:00:20	01:16:27	01:05:22	01:03:19	6:24:37	0:55:30	34	W30	36	6
762	Bianca	Bernhard	Leer	1967	2007	01:02:36	00:59:19	01:02:02	01:15:24	01:05:11	01:00:23	6:24:55	0:55:33	40	W40	51	6
763	Marc	Hohmann	Leinerstift e.V.	1977	2007	01:02:17	00:59:04	01:01:37	01:15:55	01:05:16	01:00:47	6:24:56	0:55:33	30	M30	131	6
764	Sandra	Hehlmann	LT TuS Aurich-Ost	1976	2007	01:02:26	00:59:09	00:59:47	01:15:31	01:06:01	01:02:03	6:24:57	0:55:33	31	W30	37	6
765	Wolfgang	Girts	LT TuS Aurich-Ost	1952	2007	01:02:54	00:58:52	01:01:51	01:16:39	01:04:42	01:00:19	6:25:17	0:55:36	55	M50	101	6
766	Imke	Buss	SV Brinkum	1978	2007	01:01:11	00:58:18	01:00:36	01:15:42	01:06:20	01:03:12	6:25:19	0:55:36	29	W20	14	6
767	Astrid	Kampen	Team Deutsche Post	1970	2007	01:00:49	00:59:21	01:02:03	01:16:06	01:07:21	00:59:55	6:25:35	0:55:38	37	W30	38	6
768	Siegfried	Dannecker	TV Marienhäfe	1949	2007	01:01:15	00:58:45	01:00:33	01:16:53	01:05:38	01:02:40	6:25:44	0:55:40	58	M50	102	6
769	Edith	Akkermann	Concordia Ihrhove	1953	2007	01:00:29	00:59:36	01:02:19	01:16:49	01:05:52	01:00:40	6:25:45	0:55:40	54	W50	15	6
770	Elisabeth	Eisenhauer	TuS Esens	1949	2007	01:01:37	00:59:20	01:01:09	01:15:48	01:05:51	01:02:17	6:26:02	0:55:42	58	W50	16	6
771	Annamarie	Saathoff	TuS Esens	1951	2007	01:01:38	00:59:21	01:01:09	01:15:48	01:05:51	01:02:18	6:26:05	0:55:43	56	W50	17	6
772	Elke	Dannecker	TV Marienhäfe	1983	2007	01:00:53	00:58:11	01:00:17	01:17:12	01:05:41	01:03:54	6:26:08	0:55:43	24	W20	15	6
773	Cornelia	Bode	Leer	1962	2007	01:03:39	00:59:27	01:01:03	01:15:35	01:05:13	01:01:19	6:26:16	0:55:44	45	W40	52	6
774	Uwe	Boden	ZGO	1965	2007	01:05:59	00:59:34	01:00:58	01:14:39	01:04:34	01:00:49	6:26:33	0:55:47	42	M40	278	6
775	Elke	Schulte	Oldenburg	1965	2007	00:59:19	00:58:39	01:01:03									

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
782	Dieter	August	SuS Timmel	1960	2007	01:01:28	00:59:24	01:00:30	01:16:32	01:05:11	01:04:04	6:27:09	0:55:52	47	M40	280	6
783	Waltraud	Tannen	MTV Wittmund	1962	2007	01:01:06	00:59:47	01:02:05	01:15:10	01:06:33	01:02:49	6:27:30	0:55:55	45	W40	55	6
784	Valentina	Ott	LT TuS Aurich-Ost	1973	2007	01:05:51	01:04:30	01:05:42	01:22:33	00:56:03	00:53:00	6:27:39	0:55:56	34	W30	40	6
785	Renate	de Buhr	TuRa 07 Westhauderfe	1955	2007	01:01:02	00:58:45	01:01:00	01:16:16	01:06:37	01:04:11	6:27:51	0:55:58	52	W50	18	6
786	Saskia	Bakker	MTV Ditzum	1992	2007	00:59:33	00:57:09	00:58:55	01:24:02	01:06:11	01:02:01	6:27:51	0:55:58	15	WU20	12	6
787	Heinrich	van Lengen	SUS Strackholt	1940	2007	01:01:32	00:59:56	01:00:42	01:15:45	01:06:52	01:03:18	6:28:05	0:56:00	67	M60	28	6
788	Werner	Ihlow	TV Norden	1945	2007	00:59:42	00:58:12	01:00:59	01:18:27	01:07:46	01:03:23	6:28:29	0:56:03	62	M60	29	6
789	Harald	Trauernicht	Praxis für Naturheilkund	1969	2007	01:02:45	00:59:43	00:59:57	01:16:27	01:06:57	01:02:43	6:28:32	0:56:04	38	M30	133	6
790	Irmhild	Meyer	TuRa 07 Westhauderfe	1954	2007	01:03:04	00:58:53	01:00:26	01:18:19	01:05:57	01:02:07	6:28:46	0:56:06	53	W50	19	6
791	Wolfgang	Dannecker	FIB	1973	2007	01:03:55	01:00:01	01:00:12	01:14:44	01:06:42	01:03:14	6:28:48	0:56:06	34	M30	134	6
792	Markus	Ripken	FKK Hage	1981	2007	01:07:28	01:00:47	01:00:39	01:14:22	01:04:28	01:01:07	6:28:51	0:56:07	26	M20	58	6
793	Remmer	Sassen	SV Werdum	1977	2007	01:00:57	00:58:19	01:01:01	01:18:19	01:08:32	01:01:51	6:28:59	0:56:08	30	M30	135	6
794	Daniela	Förster-Riemann	EWE Wattloopers	1967	2007	01:01:50	00:58:48	01:01:25	01:16:11	01:07:56	01:02:58	6:29:08	0:56:09	40	W40	56	6
795	Lothar	Pupkes	VTB Triathlon Varel	1951	2007	00:55:56	00:54:39	00:56:50	01:12:38	01:20:05	01:09:02	6:29:10	0:56:09	56	M50	104	6
796	Christina	Stoye-Grunau	Terres des Hommes	1957	2007	01:02:13	01:00:25	01:01:16	01:15:44	01:06:34	01:03:03	6:29:15	0:56:10	50	W50	20	6
797	Elke	Osterhagen	Holthusen	1976	2007	01:00:48	01:00:17	01:02:55	01:17:59	01:07:15	01:00:10	6:29:24	0:56:11	31	W30	41	6
798	Kerstin	Alexy	VfB Uplengen	1971	2007	01:04:21	00:58:59	01:00:04	01:15:32	01:06:29	01:04:29	6:29:54	0:56:16	36	W30	42	6
799	Regina	Stark	Weener	1963	2007	01:02:55	00:59:01	01:02:41	01:17:43	01:06:22	01:01:30	6:30:12	0:56:18	44	W40	57	6
800	Gerd	Janssen	Bundespolizei Oldenbur	1953	2007	01:03:41	01:00:17	01:01:37	01:16:52	01:05:57	01:01:50	6:30:14	0:56:19	54	M50	106	6
801	Ewald	Lehmann	Jeans Janssen Aurich	1954	2007	01:03:40	01:00:17	01:01:37	01:16:52	01:05:58	01:01:50	6:30:14	0:56:19	53	M50	105	6
802	Ludwig	Hinrichs	Möbel Buss	1959	2007	01:00:25	00:58:04	01:02:14	01:18:09	01:06:51	01:05:33	6:31:16	0:56:28	48	M40	281	6
803	Heike	Lübben	Kanalratten LT Team Ih	1968	2007	01:02:47	00:59:06	01:00:55	01:17:58	01:07:44	01:03:12	6:31:42	0:56:31	39	W30	43	6
804	Andrea	Scheffler	LT TuS Aurich-Ost	1966	2007	01:02:45	00:59:51	01:02:30	01:18:06	01:06:30	01:02:00	6:31:42	0:56:31	41	W40	58	6
805	Dietmar	Rudnick	Onno Crämer HG	1965	2007	01:03:27	00:58:02	01:02:33	01:17:25	01:06:57	01:03:37	6:32:01	0:56:34	42	M40	282	6
806	Georg	Buss	LG Brise	1957	2007	01:08:02	01:00:22	01:00:00	01:13:53	01:07:34	01:02:34	6:32:25	0:56:38	50	M50	107	6
807	Hildegard	Niemeyer	Emder LG	1950	2007	01:03:25	00:59:37	01:02:53	01:16:34	01:06:58	01:03:10	6:32:37	0:56:39	57	W50	21	6
808	Cornelius	Berning	Leinerstift e. V.	1963	2007	01:08:30	00:59:26	01:01:52	01:16:50	01:06:02	01:00:08	6:32:48	0:56:41	44	M40	283	6
809	Lisa	Hoyer	NIGE	1987	2007	01:01:41	01:00:08	01:01:28	01:15:32	01:09:36	01:04:40	6:33:05	0:56:43	20	W20	17	6
810	Mira	Hinrichs	LT TuS Aurich-Ost	1981	2007	01:03:04	00:58:36	01:00:29	01:22:59	01:05:15	01:02:51	6:33:14	0:56:45	26	W20	18	6
811	Erika	Adelmund	Emder LG	1959	2007	01:03:20	01:00:31	01:01:34	01:16:42	01:07:46	01:03:21	6:33:14	0:56:45	48	W40	59	6
812	Helmut	Hedemann	Wiesmoor	1955	2007	01:00:38	00:59:20	01:02:39	01:14:48	01:05:16	01:10:40	6:33:21	0:56:46	52	M50	108	6
813	Hermann	Oltmanns	Sparkasse LeerWittmun	1964	2007	01:04:10	00:59:25	01:01:30	01:17:28	01:06:31	01:04:18	6:33:22	0:56:46	43	M40	284	6
814	Dagmar	Akkermann	NIGE	1988	2007	01:03:02	01:00:32	01:01:04	01:19:22	01:07:06	01:02:16	6:33:22	0:56:46	19	WU20	13	6
815	Edith	Fellensiek	LT TuS Aurich-Ost	1960	2007	01:01:53	01:00:30	01:03:01	01:17:26	01:07:04	01:03:32	6:33:26	0:56:46	47	W40	60	6
816	Gisela	Heynen	Strücklingen	1962	2007	01:03:55	00:59:39	01:01:15	01:18:20	01:06:33	01:04:04	6:33:46	0:56:49	45	W40	61	6
817	Rainer	Broszeit	SV Holland	1979	2007	01:03:47	01:01:13	01:06:39	01:16:19	01:04:44	01:01:05	6:33:47	0:56:49	28	M20	59	6
818	Doris	Rieken	LT TuS Aurich-Ost	1961	2007	01:03:05	01:00:47	01:02:29	01:18:06	01:06:34	01:02:54	6:33:55	0:56:51	46	W40	62	6
819	Bernhard	Mäcken	Großefehn	1966	2007	01:08:08	01:02:09	01:02:32	01:15:35	01:04:59	01:00:47	6:34:10	0:56:53	41	M40	285	6
820	Thea	Agena-Schoon	SuS Strackholt	1962	2007	01:02:59	00:59:31	01:02:31	01:16:59	01:07:55	01:04:22	6:34:17	0:56:54	45	W40	63	6
821	Saskia	Kowalk	3./KdoSES Leer BW	1974	2007	01:03:35	01:02:02	01:02:33	01:17:27	01:06:55	01:01:46	6:34:18	0:56:54	33	W30	44	6
822	Rieke	Frerichs	SuS Strackholt	1948	2007	01:04:04	00:59:35	01:01:16	01:15:40	01:06:51	01:06:57	6:34:23	0:56:55	59	M50	109	6
823	Ellen	Buurman	Aurich	1948	2007	01:03:33	01:00:36	01:02:32	01:17:28	01:06:56	01:03:18	6:34:23	0:56:55	59	W50	22	6
824	Helga	Schmidt	SV Hage-Rietwurms	1965	2007	01:01:46	00:59:02	01:01:36	01:17:41	01:09:56	01:04:31	6:34:32	0:56:56	42	W40	64	6
825	Mario	Eilers	RVB Uplengen	1974	2007	01:02:18	00:59:59	01:01:29	01:17:49	01:06:00	01:07:11	6:34:46	0:56:58	33	M30	136	6
826	Udo	Mintken	Wittmund	1969	2007	01:04:09	00:59:32	01:00:44	01:19:30	01:08:47	01:02:04	6:34:46	0:56:58	38	M30	137	6
827	Sonja	Klaaßen	LT TuS Aurich-Ost	1963	2007	01:02:21	01:00:29	01:03:22	01:18:38	01:07:12	01:03:05	6:35:07	0:57:01	44	W40	65	6
828	Wilhelm	Duden	MTV Wittmund	1940	2007	01:03:18	01:00:12	01:02:41	01:18:41	01:06:59	01:03:30	6:35:21	0:57:03	67	M60	30	6
829	Heiko	Heyen	Großefehn	1957	2007	01:03:13	01:00:09	01:00:53	01:18:42	01:09:01	01:04:59	6:36:57	0:57:17	50	M50	110	6
830	Udo	Kalkwarf	LG Ostfriesland	1971	2007	01:04:21	00:59:52	01:02:55	01:17:24	01:07:48	01:04:51	6:37:11	0:57:19	36	M30	138	6
831	Jan	Steffens	H+R Schule Westerholt	1957	2007	01:04:08	00:59:53	01:02:16	01:17:48	01:07:46	01:05:28	6:37:19	0:57:20	50	M50	111	6
832	Giesela	Schulz	Aktiva GmbH Wolters &	1977	2007	01:03:09	01:01:21	01:02:16	01:19:17	01:08:24	01:03:00	6:37:27	0:57:21	30	W30	45	6
833	Mike	Bents	Wi sünd Holtriem	1968	2007	01:04:52	01:00:28	01:02:13	01:17:30	01:07:33	01:04:59	6:37:35	0:57:22	39	M30	139	6
834	Claudia	Kerl	Wi sünd Holtriem	1978	2007	01:04:53	01:00:28	01:02:14	01:17:31	01:07:34	01:04:59	6:37:39	0:57:23	29	W20	19	6
835	Otto	Harms	LT VfB Rajen	1946	2007	01:04:45	01:00:24	01:03:12	01:17:57	01:07:43	01:03:49	6:37:50	0:57:24	61	M60	31	6
836	Margret	Schoon	TG Wiesmoor	1963	2007	01:03:49	01:00:06	01:02:55	01:18:23	01:08:10	01:04:29	6:37:52	0:57:25	44	W40	66	6
837	Jan-Heye	a Campo	Harswegs Schnecke	1964	2007	01:04:03	01:00:09	01:03:17	01:19:17	01:07:56	01:03:24	6:38:06	0:57:27	43	M40	286	6
838	Birgit	Keck	Münkeboe	1967	2007	01:04:22	01:00:59	01:02:51	01:17:24	01:07:48	01:04:53	6:38:17	0:57:28	40	W40	67	6
839	Günther	Schmidt	SV Holland	1956	2007	01:01:48	00:58:40	01:04:03	01:20:47	01:06:52	01:06:10	6:38:20	0:57:29	51	M50	112	6
840	Thomas	Rull	ZGO	1978	2007	01:04:28	01:00:55	01:03:30	01:17:28	01:07:50	01:04:19	6:38:30	0:57:30	29	M20	60	6
841	Theda	Freitag	LT TuS Aurich-Ost	1951	2007	01:02:35	01:00:33	01:03:59	01:18:42	01:08:38	01:04:08	6:38:35	0:57:31	56	W50	23	6
842	Corinna	Dege	NIGE	1988	2007	01:02:48	01:00:12	01:01:27	01:18:40	01:09:27	01:06:27	6:39:01	0:57:35	19	WU20	14	6
843	Regine	Hein	Watt' n Loopers SV Dor	1966	2007	01:03:04	01:02:11	01:03:52	01:17:10	01:09:55	01:02:56	6:39:08	0:57:36	41	W40	68	6
844	Carola	Fiegel	Studio Larisca	1964	2007	01:04:47	01:02:01	01:03:31	01:20:18	01:06:39	01:02:50	6:40:06	0:57:44	43	W40	69	6
845	Heide	Broer	Fortuna Wurdum	1957	2007	01:04:45	01:01:24	01:04:05	01:18:55	01:06:47	01:04:14	6:40:10	0:57:45	50	W50	24	6
846	Maike	Zimmermann	Rhauderfehn	1980	2007	01:04:13	01:00:										

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
853	Viola	Brahms	Studio Larisca	1981	2007	01:04:44	01:02:50	01:03:31	01:20:18	01:06:40	01:02:44	6:40:47	0:57:50	26	W20	20	6
854	Andrea	Rabenstein	Wi sünd Holtriem	1979	2007	01:05:21	01:01:25	01:02:46	01:17:45	01:08:14	01:05:25	6:40:56	0:57:51	28	W20	21	6
855	Magret	Kloster	SV Ochtensum	1956	2007	01:03:32	01:02:16	01:01:39	01:20:30	01:08:36	01:04:26	6:40:59	0:57:52	51	W50	25	6
856	Jochen	Harms	SV Ochtensum	1981	2007	01:03:12	00:59:34	01:00:52	01:19:54	01:12:01	01:05:34	6:41:07	0:57:53	26	M20	62	6
857	Wolfgang	Hagena	Druckerei Meyer GmbH	1965	2007	01:05:41	01:03:40	01:01:51	01:19:44	01:06:01	01:04:11	6:41:08	0:57:53	42	M40	291	6
858	Maren	Dunker	TV Norden	1966	2007	01:02:52	01:00:57	01:04:13	01:20:16	01:08:58	01:03:55	6:41:11	0:57:53	41	W40	71	6
859	Karl-Heinz	Schmidt	TV Norden	1957	2007	01:02:53	01:00:57	01:04:13	01:20:16	01:08:59	01:03:56	6:41:14	0:57:54	50	M50	113	6
860	Karl	Habben	EWE Wattloopers	1948	2007	01:01:37	00:59:54	01:03:44	01:21:23	01:08:39	01:05:59	6:41:16	0:57:54	59	M50	114	6
861	Gunda	Heyen	Aurich	1967	2007	01:04:38	00:59:41	01:01:57	01:18:09	01:10:13	01:07:08	6:41:46	0:57:58	40	W40	72	6
862	Simone	Hildebrand	Emden	1981	2007	01:04:17	01:01:49	01:03:37	01:19:17	01:08:10	01:04:37	6:41:47	0:57:59	26	W20	22	6
863	Karl-Dieter	Haken	HAKA	1951	2007	01:07:24	01:01:03	01:04:19	01:16:46	01:07:35	01:04:52	6:41:59	0:58:00	56	M50	115	6
864	Axel	Schewiola	TV Norden	1938	2007	01:07:56	01:02:29	01:02:09	01:20:02	01:07:06	01:02:27	6:42:09	0:58:02	69	M60	32	6
865	Helmut	Falkenberg	TV Norden	1965	2007	01:05:36	01:02:42	01:02:16	01:17:27	01:07:34	01:06:35	6:42:10	0:58:02	42	M40	292	6
866	Hinrich	Möhlmann	LT TuS Aurich-Ost	1953	2007	01:03:51	01:00:43	01:01:43	01:19:48	01:08:00	01:08:12	6:42:17	0:58:03	54	M50	116	6
867	Günter	Fitzner	Team Deutsche Post	1948	2007	01:00:53	01:04:17	01:05:20	01:19:03	01:08:13	01:04:32	6:42:18	0:58:03	59	M50	117	6
868	Katharina	Fecht	VfB Uplengen	1989	2007	01:04:23	01:01:40	01:03:12	01:20:29	01:10:20	01:02:36	6:42:40	0:58:06	18	WU20	15	6
869	Heinrich	Kleen	Onno Crämer HG	1959	2007	01:05:26	01:01:46	01:02:46	01:19:16	01:08:07	01:05:31	6:42:52	0:58:08	48	M40	293	6
870	Lisa	Theermann	VG Veenhusen-Warsing	1980	2007	01:03:21	00:59:39	01:02:11	01:22:24	01:09:58	01:05:19	6:42:52	0:58:08	27	W20	23	6
871	Imke	Hoppen	TV Leer	1974	2007	01:03:42	01:02:29	01:04:44	01:20:58	01:08:55	01:02:05	6:42:53	0:58:08	33	W30	47	6
872	Helmut	Schulten	Osteel	1958	2007	01:04:41	01:02:20	01:04:42	01:19:28	01:07:41	01:04:03	6:42:55	0:58:08	49	M40	294	6
873	Heino	Heynen	Strücklingen	1964	2007	01:03:55	01:01:10	01:02:05	01:21:58	01:09:00	01:04:50	6:42:58	0:58:09	43	M40	295	6
874	Jens	Sick	JVA Emden	1965	2007	01:03:41	01:00:52	01:04:15	01:20:43	01:07:49	01:05:40	6:43:00	0:58:09	42	M40	296	6
875	Gerold	Müller	Südbrookmerland	1953	2007	01:04:35	01:02:35	01:04:17	01:20:23	01:08:21	01:02:52	6:43:03	0:58:10	54	M50	118	6
876	Barbara	Müller	Südbrookmerland	1953	2007	01:04:36	01:02:35	01:04:18	01:20:22	01:08:21	01:02:51	6:43:03	0:58:10	54	W50	26	6
877	Wolfgang	Düselder	Sparkasse LeerWittmund	1968	2007	01:03:18	01:00:39	01:02:59	01:19:49	01:11:01	01:05:31	6:43:17	0:58:12	39	M30	140	6
878	Heidi	Boelsen	Moormerland	1975	2007	01:06:47	01:01:02	01:04:47	01:19:50	01:07:18	01:03:37	6:43:21	0:58:12	32	W30	48	6
879	Sabine	Kula	Möbel Buss	1978	2007	01:02:30	01:01:05	01:03:54	01:20:34	01:09:02	01:06:36	6:43:41	0:58:15	29	W20	24	6
880	Herta	Meyer	TV Norden	1949	2007	01:03:58	01:01:33	01:03:05	01:19:37	01:09:36	01:06:06	6:43:55	0:58:17	58	W50	27	6
881	Christa	Spinneker	TV Norden	1948	2007	01:03:58	01:01:34	01:03:05	01:19:38	01:09:36	01:06:06	6:43:57	0:58:17	59	W50	28	6
882	Jörg	Janssen	LG Ostfriesland	1967	2007	01:02:28	01:03:29	01:05:04	01:20:09	01:06:37	01:06:26	6:44:13	0:58:20	40	M40	297	6
883	Tim	Webel	NIGE	1987	2007	01:00:56	00:56:15	01:08:05	01:21:14	01:14:37	01:03:13	6:44:20	0:58:21	20	M20	63	6
884	Yvonne	Flick	NIGE	1989	2007	01:03:41	01:04:28	01:03:25	01:20:06	01:09:02	01:03:45	6:44:27	0:58:22	18	WU20	16	6
885	Beate	Reiter	Neukamperfehn	1966	2007	01:03:35	01:01:06	01:04:19	01:21:04	01:09:14	01:05:36	6:44:54	0:58:26	41	W40	73	6
886	Ingrid	Hilbrands	Hilbrands Heizung+San	1959	2007	01:05:37	00:57:34	01:04:39	01:21:29	01:10:11	01:05:37	6:45:07	0:58:28	48	W40	74	6
887	Gerlind	Mengers	TuRa 07 Westrauderfer	1967	2007	01:04:04	01:02:10	01:03:45	01:20:11	01:09:21	01:05:47	6:45:18	0:58:29	40	W40	75	6
888	Christa	Janßen	SV Brinkum	1943	2007	01:03:28	01:02:27	01:04:52	01:19:09	01:09:38	01:05:57	6:45:31	0:58:31	64	W60	2	6
889	Helga	Middelborg	LT SV Ems Jemgum	1952	2007	01:04:33	01:02:16	01:05:15	01:20:31	01:08:36	01:04:31	6:45:42	0:58:33	55	W50	29	6
890	Wolfgang	Schmidtke	Leer-Loga	1953	2007	01:07:44	01:03:55	01:03:20	01:19:03	01:04:47	01:07:09	6:45:58	0:58:35	54	M50	119	6
891	Horst	Brechtters	Emder LG	1933	2007	01:05:07	01:02:09	01:03:40	01:21:19	01:08:32	01:05:13	6:46:00	0:58:35	74	M70	1	6
892	Conny	Warfsmann	TV Norden	1967	2007	01:04:43	01:02:31	01:05:45	01:19:23	01:08:45	01:05:02	6:46:09	0:58:36	40	W40	76	6
893	Hilrich	Röttmann	Leer-Loga	1961	2007	01:05:02	01:02:04	01:04:16	01:18:57	01:09:55	01:06:21	6:46:35	0:58:40	46	M40	298	6
894	Anne	Zierleyn	Leer	1951	2007	01:03:55	01:02:31	01:03:55	01:20:46	01:10:21	01:05:33	6:47:01	0:58:44	56	W50	30	6
895	Heike	Kleen	Möbel Buss	1977	2007	01:04:53	01:02:36	01:05:14	01:20:30	01:08:35	01:05:14	6:47:02	0:58:44	30	W30	49	6
896	Berthold	Lübben	LT TuS Aurich-Ost	1962	2007	01:06:20	01:03:00	01:04:35	01:19:46	01:09:01	01:04:43	6:47:25	0:58:47	45	M40	299	6
897	Jochen	Klunder	Ostgroßfehn	1967	2007	01:05:02	01:02:57	01:03:14	01:20:02	01:10:03	01:06:25	6:47:43	0:58:50	40	M40	300	6
898	Volker	Jöchner-van Dyke	OBW Emden	1963	2007	01:03:36	01:02:43	01:05:43	01:20:41	01:10:09	01:05:22	6:48:14	0:58:54	44	M40	301	6
899	Helga	Steinmann	Frisia Loga	1960	2007	01:05:38	01:02:56	01:04:48	01:20:08	01:10:00	01:04:44	6:48:14	0:58:54	47	W40	77	6
900	Maria	Wilke-Regenberg	Emden	1958	2007	01:08:31	01:01:25	01:01:24	01:21:55	01:09:27	01:05:56	6:48:38	0:58:58	49	W40	78	6
901	Jutta	Christoffers	TG Wiesmoor	1961	2007	01:06:20	01:02:44	01:04:18	01:20:51	01:09:00	01:05:43	6:48:56	0:59:01	46	W40	79	6
902	Manfred	Gerdes	TuS Middels	1959	2007	01:04:25	01:02:32	01:03:35	01:19:41	01:09:57	01:08:49	6:48:59	0:59:01	48	M40	302	6
903	Erika	Hoofdman	TSV Riepe	1956	2007	01:05:23	01:03:10	01:04:21	01:20:33	01:09:40	01:05:54	6:49:01	0:59:01	51	W50	31	6
904	Marie	Focken	TSV Riepe	1954	2007	01:05:24	01:03:11	01:04:20	01:20:33	01:09:39	01:05:54	6:49:01	0:59:01	53	W50	32	6
905	Joop	Smit	Leinerstift e. V.	1962	2007	01:07:13	01:04:12	01:06:15	01:20:47	01:07:30	01:03:12	6:49:09	0:59:02	45	M40	303	6
906	Renate	Ukena	Emder LG	1955	2007	01:05:12	01:02:05	01:04:24	01:20:31	01:09:44	01:07:13	6:49:09	0:59:02	52	W50	33	6
907	Carolin	Schmedding	MTV Aurich	1994	2007	01:04:09	01:05:56	01:03:29	01:22:15	01:09:50	01:03:56	6:49:35	0:59:06	13	WU20	17	6
908	Margret	Wiltfang	ELG	1955	2007	01:05:12	01:02:05	01:04:24	01:21:00	01:09:44	01:07:12	6:49:37	0:59:06	52	W50	34	6
909	Wilma	Haseborg	Watt' n Loopers SV Dor	1961	2007	01:06:32	01:03:48	01:04:16	01:19:31	01:10:11	01:05:31	6:49:49	0:59:08	46	W40	80	6
910	Hinrich	Röben	LT TuS Aurich-Ost	1956	2007	01:03:53	01:03:32	01:06:23	01:20:34	01:09:49	01:05:44	6:49:55	0:59:09	51	M50	120	6
911	Marlies	de Vries	LT TuS Aurich-Ost	1991	2007	01:03:36	01:01:22	01:06:53	01:19:00	01:12:15	01:07:26	6:50:32	0:59:14	16	WU20	18	6
912	Gabriele	Fahrig	OBW Emden	1956	2007	01:05:14	01:02:20	01:06:04	01:21:00	01:09:43	01:06:23	6:50:44	0:59:16	51	W50	35	6
913	Karola	Janssen	LG Ostfriesland	1970	2007	01:06:15	01:03:28	01:05:03	01:20:42	01:09:28	01:06:27	6:51:23	0:59:22	37	W30	50	6
914	Martin	Schürmann	Poseidon Leer	1960	2007	01:05:57	01:03:45	01:06:04	01:20:53	01:09:21	01:05:37	6:51:37	0:59:24	47	M40	304	6
915	Jochen	Feeken	Halbmond	1990	2007	01:11:38	01:08:35	01:04:54	01:18:42	01:08:55	00:59:00	6:51:44	0:59:25	17	MU20	46	6
916	Elisabeth	Gronski	Team Deutsche Post	1961	2007	01:04:49	01:02:22	01:05:12	01:20:40	01:11:07	01:07:40	6:51:50	0:59:26	46	W40	81	6
917	Henni	Severiens	Fortuna Logabirum	1954	2007	01:06:59	01:03:41	01:04:55	01:20:15	01:10							

## 26. Ostfrieslandlauf 2007

01.05. bis 18.05.2007

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
924	Heidi	Sollermann	Leer	1953	2007	01:05:16	01:03:16	01:05:37	01:21:10	01:11:06	01:07:27	6:53:52	0:59:43	54	W50	37	6
925	Jochen	Nölle	Töben+Partner	1976	2007	01:05:39	01:03:38	01:03:00	01:22:12	01:12:22	01:07:03	6:53:54	0:59:44	31	M30	142	6
926	Heidi	Kloppenburger	TuS Detern	1966	2007	01:03:46	01:04:13	01:05:08	01:23:56	01:10:35	01:06:52	6:54:30	0:59:49	41	W40	83	6
927	Bärbel	Neugebauer	TV Norden	1965	2007	01:06:29	01:02:08	01:06:28	01:22:18	01:10:55	01:06:40	6:54:58	0:59:53	42	W40	84	6
928	Stephan	Schulz	Loga	1983	2007	01:08:50	01:03:33	01:04:40	01:21:28	01:09:23	01:07:10	6:55:04	0:59:54	24	M20	64	6
929	Manfred	Middelborg	SV Ems Jemgum	1949	2007	01:03:44	01:03:10	01:04:34	01:20:58	01:13:38	01:09:02	6:55:06	0:59:54	58	M50	121	6
930	Sabine	Baumann	TG Wiesmoor	1971	2007	01:06:05	01:02:18	01:04:30	01:23:56	01:10:44	01:07:34	6:55:07	0:59:54	36	W30	51	6
931	Egon	Kunze	Eversmeer	1953	2007	01:08:39	01:01:58	01:06:02	01:24:26	01:09:34	01:04:53	6:55:32	0:59:58	54	M50	122	6
932	Christian	Frey	Loga	1982	2007	01:08:50	01:03:33	01:04:41	01:18:46	01:09:23	01:10:20	6:55:33	0:59:58	25	M20	65	6
933	Joachim	Beck	Crocodiles Ihlow	1961	2007	01:06:37	01:02:12	01:06:38	01:22:21	01:11:05	01:06:41	6:55:34	0:59:58	46	M40	308	6
934	Uwe	Remmers	Crocodiles Ihlow	1959	2007	01:06:37	01:02:12	01:06:38	01:22:22	01:11:05	01:06:41	6:55:35	0:59:58	48	M40	309	6
935	Enno	Poppen	Crocodiles Ihlow	1962	2007	01:06:37	01:02:13	01:06:39	01:22:22	01:11:05	01:06:42	6:55:38	0:59:59	45	M40	310	6
936	Karin	Buschmeier	VHS-Laufen	1971	2007	01:06:29	01:03:48	01:05:59	01:21:01	01:10:20	01:08:03	6:55:40	0:59:59	36	W30	52	6
937	Margret	Krause	LT Schafhauser Wald	1947	2007	01:06:09	01:02:21	01:05:46	01:22:28	01:12:28	01:07:06	6:56:18	1:00:04	60	W60	3	6
938	Anton	Gruben	TuRa 07 Westhauderfe	1942	2007	01:08:01	01:06:17	01:04:36	01:20:53	01:10:24	01:06:28	6:56:39	1:00:07	65	M60	33	6
939	Heinz	Janssen	Wittmund	1955	2007	01:07:52	01:02:58	01:05:27	01:20:46	01:12:43	01:06:55	6:56:41	1:00:08	52	M50	123	6
940	Susan	Schädler	Leer	1959	2007	01:04:15	01:05:05	01:06:26	01:22:36	01:11:26	01:06:56	6:56:44	1:00:08	48	W40	85	6
941	Moritz	Dirks	Fortuna Logabirum	1996	2007	01:05:12	01:04:06	01:02:32	01:28:58	01:07:54	01:08:08	6:56:50	1:00:09	11	MU20	47	6
942	Alide	Kahmann	Ihlow	1957	2007	01:07:38	01:04:38	01:05:29	01:21:07	01:10:56	01:07:02	6:56:50	1:00:09	50	W50	38	6
943	Maja	Dirks	Fortuna Logabirum	1993	2007	01:05:12	01:04:07	01:02:32	01:28:58	01:07:54	01:08:08	6:56:51	1:00:09	14	WU20	19	6
944	Okko	Dannecker	Leer	1984	2007	01:05:33	01:04:16	01:03:55	01:23:57	01:12:30	01:06:44	6:56:55	1:00:10	23	M20	66	6
945	Geda	Gruben	TuRa 07 Westhauderfe	1949	2007	01:05:35	01:03:49	01:06:36	01:21:56	01:11:20	01:07:47	6:57:03	1:00:11	58	W50	39	6
946	Lukas	Sonnenschein	SV Ochtersum	1993	2007	01:07:00	01:01:45	01:01:27	01:23:34	01:14:22	01:09:16	6:57:24	1:00:14	14	MU20	48	6
947	Margret	Patzwald	LT Schafhauser Wald	1958	2007	01:06:10	01:02:29	01:05:48	01:22:28	01:12:50	01:07:52	6:57:37	1:00:16	49	W40	86	6
948	Theresia	Jansen	ELV Elektronik AG	1971	2007	01:06:12	01:03:08	01:04:53	01:23:53	01:11:34	01:08:01	6:57:41	1:00:16	36	W30	53	6
949	Elke	Meiners	TuRa 07 Westhauderfe	1950	2007	01:05:31	01:04:00	01:05:48	01:23:45	01:11:20	01:07:45	6:58:09	1:00:20	57	W50	40	6
950	Frank	Dr. Polenz	MTV Aurich	1957	2007	01:06:07	01:05:46	01:06:29	01:25:03	01:10:35	01:04:32	6:58:32	1:00:24	50	M50	124	6
951	Dierka	Meyer	SV Potshausen	1994	2007	01:08:49	01:06:32	01:04:31	01:21:12	01:11:54	01:05:53	6:58:51	1:00:26	13	WU20	20	6
952	Wanda	Eilers	Watt' n Loopers SV Dor	1963	2007	01:07:17	01:04:43	01:06:25	01:24:19	01:10:59	01:05:25	6:59:08	1:00:29	44	W40	87	6
953	Christine	Ehmen	LT Schafhauser Wald	1978	2007	01:04:29	01:03:43	01:05:26	01:26:03	01:12:39	01:07:23	6:59:43	1:00:34	29	W20	25	6
954	Monika	Dam	Töben+Partner	1980	2007	01:05:41	01:02:51	01:04:24	01:23:26	01:13:11	01:11:38	7:01:11	1:00:47	27	W20	26	6
955	Lars	Hauke	Sparkasse LeerWittmun	1971	2007	01:12:24	01:07:04	01:06:27	01:20:02	01:08:50	01:06:27	7:01:14	1:00:47	36	M30	143	6
956	Johann	Harms	TV Norden	1941	2007	01:05:12	01:04:31	01:08:03	01:25:18	01:12:00	01:06:20	7:01:24	1:00:48	66	M60	34	6
957	Helke	Stürenburg-Kruse	SV Hage-Rietwurms	1961	2007	01:05:55	01:04:11	01:06:47	01:23:17	01:14:20	01:07:02	7:01:32	1:00:50	46	W40	88	6
958	Johann	Woltering	Fortuna Wirdum	1942	2007	01:06:07	01:03:01	01:07:52	01:24:21	01:12:07	01:08:18	7:01:46	1:00:52	65	M60	35	6
959	Elke	van Lessen	SV Poseidon Leer e. V.	1963	2007	01:04:56	01:02:57	01:05:29	01:24:43	01:12:35	01:11:27	7:02:07	1:00:55	44	W40	89	6
960	Elke	von Garrel	OBW Emden	1958	2007	01:09:45	01:04:44	01:05:39	01:23:30	01:10:41	01:07:51	7:02:10	1:00:55	49	W40	90	6
961	Anja	Hedemann	Möbel Buss	1964	2007	01:11:00	01:06:18	01:05:51	01:21:49	01:11:41	01:05:42	7:02:21	1:00:57	43	W40	91	6
962	Claudia	Brandau	Leer	1963	2007	01:07:10	01:02:11	01:05:46	01:19:43	01:14:01	01:13:33	7:02:24	1:00:57	44	W40	92	6
963	Günter	Janssen	MTV Aurich Tria	1943	2007	01:16:26	01:09:50	01:13:45	01:19:00	01:03:52	00:59:52	7:02:45	1:01:00	64	M60	36	6
964	Insa	Menninga-Soeken	Timmel	1963	2007	01:08:25	01:02:46	01:05:56	01:24:00	01:12:05	01:09:52	7:03:04	1:01:03	44	W40	93	6
965	Stephan	Meierholz	Esens	1965	2007	01:10:06	01:06:40	01:06:44	01:22:07	01:10:57	01:06:40	7:03:14	1:01:04	42	M40	311	6
966	Marion	Boe'	LT Schafhauser Wald	1947	2007	01:06:05	01:04:54	01:07:01	01:25:06	01:12:05	01:08:03	7:03:14	1:01:04	60	W60	4	6
967	Matina	de Riese	Filsum	1976	2007	01:09:10	01:05:51	01:06:28	01:24:53	01:11:12	01:05:57	7:03:31	1:01:07	31	W30	54	6
968	Marion	Rewerts	Aurich	1970	2007	01:12:02	01:06:28	01:06:11	01:22:59	01:09:11	01:06:50	7:03:41	1:01:08	37	W30	55	6
969	Carl-Anton	Knyphausen	Leer	1962	2007	00:50:03	00:50:32	01:14:34	01:34:44	01:20:15	01:13:49	7:03:57	1:01:11	45	M40	312	6
970	Thomas	Frerichs	Stadt Emden	1966	2007	01:06:19	01:04:06	01:07:19	01:24:20	01:13:25	01:09:16	7:04:45	1:01:17	41	M40	313	6
971	Heike	Baumann	NIGE	1987	2007	01:07:15	01:03:26	01:09:08	01:25:00	01:11:00	01:09:30	7:05:19	1:01:22	20	W20	27	6
972	Gunda	Schwegmann	www.urologie-leer.de	1961	2007	01:07:52	01:04:54	01:05:57	01:24:39	01:12:32	01:10:18	7:06:12	1:01:30	46	W40	94	6
973	Annchen	Post	Weener	1943	2007	01:06:43	01:04:42	01:08:15	01:25:00	01:12:48	01:08:51	7:06:19	1:01:31	64	W60	5	6
974	Susanne	Hiltmann	TC Aurich-West	1954	2007	01:08:46	01:07:24	01:07:42	01:23:35	01:10:48	01:08:06	7:06:21	1:01:31	53	W50	41	6
975	Foline	Groppler	Aurich	1963	2007	01:08:39	01:04:27	01:07:46	01:23:50	01:13:43	01:08:26	7:06:51	1:01:36	44	W40	95	6
976	Horst	Meene	Aurich	1958	2007	01:08:40	01:04:27	01:07:46	01:23:50	01:13:43	01:08:26	7:06:52	1:01:36	49	M40	314	6
977	Helga	Sluiter	Nordgeorgsfehn	1963	2007	01:07:35	01:05:14	01:07:47	01:24:43	01:13:22	01:08:20	7:07:01	1:01:37	44	W40	96	6
978	Marita	Boomgaarden	Pewsumer Ossilooopers	1965	2007	01:09:16	01:04:18	01:07:13	01:24:50	01:12:03	01:09:28	7:07:08	1:01:38	42	W40	97	6
979	Birgit	Krefter	Möbel Buss	1972	2007	01:09:20	01:05:25	01:06:30	01:22:52	01:12:13	01:10:59	7:07:19	1:01:40	35	W30	56	6
980	Hinrich	Thedinga	LT TuS Aurich-Ost	1955	2007	01:07:33	01:04:47	01:07:40	01:23:43	01:14:50	01:09:18	7:07:51	1:01:44	52	M50	125	6
981	Anne	Honefeld	Moorerland	1971	2007	01:09:21	01:05:51	01:07:53	01:24:08	01:13:04	01:08:07	7:08:24	1:01:49	36	W30	57	6
982	Margrita	Sobotka	Watt' n Loopers SV Dor	1961	2007	01:07:06	01:05:39	01:08:03	01:25:36	01:14:09	01:08:26	7:08:59	1:01:54	46	W40	98	6
983	Britta	Hülshof	TuRa 07 Westhauderfe	1969	2007	01:06:56	01:05:26	01:07:21	01:23:31	01:14:28	01:11:28	7:09:10	1:01:56	38	W30	58	6
984	Manuela	Jung	Möbel Buss	1972	2007	01:07:01	01:04:06	01:06:33	01:27:12	01:14:04	01:10:18	7:09:14	1:01:56	35	W30	59	6
985	Karin	Schröder	Leinerstift e. V.	1959	2007	01:10:15	01:07:24	01:09:02	01:24:39	01:10:48	01:07:37	7:09:45	1:02:01	48	W40	99	6
986	Wilfried	Gieseler	LT TuS Aurich-Ost	1961	2007	01:07:01	01:04:26	01:07:03	01:26:45	01:14:34	01:09:57	7:09:46	1:02:01	46	M40	315	6
987	Linda	Schulte	AOK	1970	2007	01:09:21	01:04:21	01:07:19	01:24:28	01:13:45	01:10:47	7:10:01	1:02:03	37	W30	60	6
988	Birgit	Olbrich	Leinerstift e. V.	1957	2007	01:10:15	01:05:51	01:07:25									

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01.05. bis 18.05.2007

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
995	Burghardt	Zirpins	OBW Emden	1957	2007	01:07:59	01:05:38	01:07:11	01:25:31	01:14:03	01:10:25	7:10:47	1:02:10	50	M50	126	6
996	Edda	Buß	Emder LG	1953	2007	01:09:15	01:05:33	01:07:28	01:24:50	01:13:01	01:10:42	7:10:49	1:02:10	54	W50	43	6
997	Astrid	Nophut	TV Friedeburg	1964	2007	01:08:44	01:04:46	01:07:46	01:29:53	01:12:15	01:07:43	7:11:07	1:02:13	43	W40	104	6
998	Jens	Blume	Kirche Mitte/Timmel	1968	2007	01:09:46	01:06:10	01:09:48	01:24:42	01:12:07	01:08:50	7:11:23	1:02:15	39	M30	145	6
999	Ewald	Cronshagen-Radt	Leinerstift e.V.	1961	2007	01:07:08	01:04:12	01:07:34	01:25:57	01:13:56	01:13:12	7:11:59	1:02:20	46	M40	316	6
1000	Margarethe	Koellmann	SC Wiesens	1955	2007	01:07:04	01:04:20	01:10:26	01:25:44	01:15:08	01:09:20	7:12:02	1:02:21	52	W50	44	6
1001	Jens	Ehlers	Sparkasse LeerWittmun	1965	2007	01:10:38	01:05:34	01:08:14	01:25:55	01:13:50	01:08:21	7:12:32	1:02:25	42	M40	317	6
1002	Friedchen	Ahrends	SV Blomberg-Neuschoc	1959	2007	01:07:17	01:09:41	01:09:00	01:25:31	01:13:17	01:07:50	7:12:36	1:02:25	48	W40	105	6
1003	Felicitas	Hecht	Aktiva GmbH Wolters &	1976	2007	01:09:38	01:05:19	01:08:30	01:28:25	01:12:03	01:09:01	7:12:56	1:02:28	31	W30	61	6
1004	Merle	Steinhauer	Aktiva GmbH Wolters &	1969	2007	01:09:38	01:05:19	01:08:31	01:28:25	01:12:03	01:09:00	7:12:56	1:02:28	38	W30	62	6
1005	Andrea	Weinstock	AOK Aurich	1980	2007	01:12:01	01:06:35	01:07:26	01:24:26	01:12:50	01:09:39	7:12:57	1:02:28	27	W20	28	6
1006	Monika	van Essen	SF Bengersiel	1976	2007	01:06:48	01:05:31	01:09:55	01:28:25	01:14:07	01:08:29	7:13:15	1:02:31	31	W30	63	6
1007	Erna	Emken	SF Bengersiel	1962	2007	01:06:47	01:05:32	01:09:55	01:28:25	01:14:07	01:08:29	7:13:15	1:02:31	45	W40	106	6
1008	Hans-Jürgen	Peters	Polizei Leer	1949	2007	01:08:06	01:06:16	01:07:58	01:25:47	01:14:06	01:11:14	7:13:27	1:02:33	58	M50	127	6
1009	Helmi	Thiele	Fortuna Wirdum	1952	2007	01:08:00	01:07:09	01:09:53	01:26:11	01:13:40	01:08:38	7:13:31	1:02:33	55	W50	45	6
1010	Hedwig	Steinbömer	LT TuS Aurich-Ost	1958	2007	01:09:05	01:05:39	01:07:54	01:26:02	01:15:01	01:09:51	7:13:32	1:02:34	49	W40	107	6
1011	Gitta	Nelz	Studio Larisca	1975	2007	01:05:29	01:07:10	01:08:12	01:26:14	01:15:12	01:11:25	7:13:42	1:02:35	32	W30	64	6
1012	Gisela	Heddinga	RV. ARGO	1957	2007	01:09:39	01:04:53	01:07:55	01:26:06	01:15:28	01:10:35	7:14:36	1:02:43	50	W50	46	6
1013	Gerda	Deker	Middels	1956	2007	01:08:13	01:05:45	01:08:27	01:26:27	01:14:32	01:11:17	7:14:41	1:02:43	51	W50	47	6
1014	Horst-Dieter	Wulf	Sparkasse LeerWittmun	1939	2007	01:09:37	01:07:32	01:08:26	01:26:42	01:12:51	01:09:43	7:14:51	1:02:45	68	M60	37	6
1015	Johannes	Janssen	Pewsumer Ossilooopers	1957	2007	01:08:04	01:04:08	01:10:19	01:29:05	01:14:34	01:08:42	7:14:52	1:02:45	50	M50	128	6
1016	Uda	Rieken	BV Vorwärts Plaggenbu	1967	2007	01:09:29	01:06:35	01:08:00	01:24:40	01:13:38	01:12:32	7:14:54	1:02:45	40	W40	108	6
1017	Petra	Helmerichs	Wiesmoor	1969	2007	01:08:13	01:06:20	01:09:40	01:25:10	01:15:45	01:09:52	7:15:00	1:02:46	38	W30	65	6
1018	Rotraut	Kleipa	MTV Wittmund	1943	2007	01:09:15	01:06:21	01:07:36	01:26:08	01:14:45	01:11:10	7:15:15	1:02:48	64	W60	7	6
1019	Antje	Schuirmann	LT TuS Aurich-Ost	1964	2007	01:08:33	01:02:53	01:09:02	01:25:41	01:15:02	01:15:08	7:16:19	1:02:58	43	W40	109	6
1020	Tomke	Janßen	NIGE	1989	2007	01:09:04	01:05:05	01:08:11	01:30:58	01:14:40	01:08:34	7:16:32	1:03:00	18	WU20	21	6
1021	Horst	Moosler	VfL Germania Leer	1937	2007	01:07:23	01:05:29	01:08:28	01:30:57	01:14:23	01:09:59	7:16:39	1:03:01	70	M70	3	6
1022	Käthe	König	Emder LG	1936	2007	01:06:59	01:07:06	01:08:57	01:27:35	01:15:02	01:11:09	7:16:48	1:03:02	71	W70	8	6
1023	Anita	Asche	TG Wiesmoor	1960	2007	01:10:37	01:07:04	01:08:56	01:26:20	01:14:35	01:09:49	7:17:21	1:03:07	47	W40	110	6
1024	Thea	Kleen	TG Wiesmoor	1967	2007	01:10:39	01:07:03	01:08:55	01:26:21	01:14:36	01:09:49	7:17:23	1:03:07	40	W40	111	6
1025	Ute	Just	LT TuS Aurich-Ost	1952	2007	01:09:16	01:06:26	01:09:22	01:24:52	01:15:47	01:11:44	7:17:27	1:03:07	55	W50	48	6
1026	Renate	Blom-Weerts	OBW Emden	1963	2007	01:12:18	01:07:58	01:07:40	01:26:06	01:13:46	01:10:29	7:18:17	1:03:15	44	W40	112	6
1027	Janina	Kampen	OBW Emden	1988	2007	01:11:59	01:07:39	01:07:13	01:25:49	01:13:35	01:12:35	7:18:50	1:03:19	19	WU20	22	6
1028	Willim	Janssen	Boßelverein Sandhorst	1950	2007	01:09:24	01:07:27	01:08:41	01:27:04	01:15:47	01:10:29	7:18:52	1:03:20	57	M50	129	6
1029	Johann	Rath	ELV Elektronik AG	1963	2007	01:08:01	01:07:53	01:06:16	01:27:24	01:15:58	01:13:40	7:19:12	1:03:23	44	M40	318	6
1030	Karin	Fellensick	BV Plaggenburg	1966	2007	01:09:37	01:07:00	01:08:28	01:26:06	01:15:29	01:12:32	7:19:12	1:03:23	41	W40	113	6
1031	Ulf	Hagena	Druckerei Meyer GmbH	1992	2007	01:07:47	01:03:39	01:06:59	01:25:16	01:12:27	01:13:27	7:19:25	1:03:24	15	MU20	49	6
1032	Giesela	Möhlmann	VfB Uplengen	1969	2007	01:09:50	01:08:30	01:08:32	01:25:37	01:15:28	01:12:12	7:20:09	1:03:31	38	W30	66	6
1033	Artur	Betten	SV Holte	1961	2007	01:10:19	01:07:39	01:07:43	01:28:31	01:14:47	01:12:45	7:21:44	1:03:45	46	M40	319	6
1034	Hartmut	Duis	Duis Immobilien	1968	2007	01:09:45	01:07:08	01:09:19	01:32:13	01:13:41	01:09:55	7:22:01	1:03:47	39	M30	146	6
1035	Ute	Duis	Duis Immobilien	1970	2007	01:09:45	01:07:08	01:09:19	01:32:13	01:13:42	01:09:55	7:22:02	1:03:47	37	W30	67	6
1036	Almuth	Weber-Beck	Emden	1954	2007	01:09:15	01:07:07	01:12:09	01:26:42	01:15:54	01:11:30	7:22:37	1:03:52	53	W50	49	6
1037	Wilma	Denker	VfL Jheringsfehn	1966	2007	01:10:22	01:07:07	01:10:28	01:26:05	01:16:06	01:13:34	7:23:42	1:04:02	41	W40	114	6
1038	Andrea	Foorden	Wiesmoor	1965	2007	01:10:44	01:08:44	01:09:18	01:26:15	01:17:09	01:11:53	7:24:03	1:04:05	42	W40	115	6
1039	Grete	Betten	SV Holte	1962	2007	01:10:01	01:08:31	01:09:23	01:28:44	01:16:10	01:12:48	7:25:37	1:04:18	45	W40	116	6
1040	Gaby	Horn-Wulfke	Emden	1955	2007	01:09:43	01:07:50	01:12:59	01:28:24	01:15:11	01:11:57	7:26:04	1:04:22	52	W50	50	6
1041	Bianca	Rosemann	OBW Emden	1983	2007	01:04:38	01:04:30	01:04:51	01:55:54	01:08:53	01:07:23	7:26:09	1:04:23	24	W20	29	6
1042	Johannes-Wilhelm	Zöller	Fortuna Veenhusen	1943	2007	01:10:10	01:10:43	01:10:20	01:28:33	01:16:03	01:10:53	7:26:42	1:04:28	64	M60	38	6
1043	Herta	de Buhr	Neuefehn	1960	2007	01:11:43	01:07:29	01:08:25	01:29:20	01:15:05	01:14:40	7:26:42	1:04:28	47	W40	117	6
1044	Helga	Potzler	MTV-Wittmund	1949	2007	01:10:46	01:07:01	01:11:16	01:28:51	01:17:49	01:11:10	7:26:53	1:04:29	58	W50	51	6
1045	Hans	Neumann	TuS Esens	1935	2007	01:11:29	01:08:38	01:11:02	01:28:19	01:16:01	01:12:24	7:27:53	1:04:38	72	M70	4	6
1046	Angelika	Janßen-Harms	Sport gegen Gewalt We	1959	2007	01:10:45	01:07:41	01:09:59	01:26:31	01:15:06	01:17:56	7:27:58	1:04:38	48	W40	118	6
1047	Simone	Bramer	VHS-Kurs	1996	2007	01:09:04	01:05:08	01:07:20	01:25:59	01:19:35	01:20:56	7:28:02	1:04:39	11	WU20	23	6
1048	Egbert	Bramer	VHS-Kurs	1965	2007	01:09:05	01:05:09	01:07:20	01:25:58	01:19:35	01:20:55	7:28:02	1:04:39	42	M40	320	6
1049	Angelika	Köster	Möbel Buss	1952	2007	01:09:54	01:08:07	01:12:07	01:28:56	01:17:11	01:12:45	7:29:00	1:04:47	55	W50	52	6
1050	Insa	Meinen	Möbel Buss	1955	2007	01:11:00	01:08:11	01:12:06	01:28:55	01:17:12	01:12:45	7:30:09	1:04:57	52	W50	53	6
1051	Melanie	Ulferts	LG Brise	1971	2007	01:12:56	01:08:01	01:11:01	01:28:00	01:17:37	01:13:19	7:30:54	1:05:04	36	W30	68	6
1052	Johann	Behrends			2007	01:13:30	01:12:35	01:12:40	01:32:16	01:13:00	01:07:00	7:31:01	1:05:05	M			6
1053	Esther	Gembbruch	Großfehn	1960	2007	01:10:19	01:08:56	01:09:56	01:31:33	01:18:02	01:12:34	7:31:20	1:05:08	47	W40	119	6
1054	Ulrike	Kettwig	Emden	1961	2007	01:10:55	01:07:31	01:10:52	01:28:22	01:18:29	01:15:46	7:31:55	1:05:13	46	W40	120	6
1055	Gerhardine	Basse	Aurich	1973	2007	01:19:21	01:17:25	01:06:10	01:28:54	01:12:44	01:07:53	7:32:27	1:05:17	34	W30	69	6
1056	Petra	Heyenga	F.N. Saul GmbH	1964	2007	01:11:00	01:08:01	01:12:19	01:29:12	01:18:54	01:13:17	7:32:43	1:05:20	43	W40	121	6
1057	Andrea	Helmers-Brouwer	DPI AG	1972	2007	01:15:08	01:09:11	01:12:54	01:31:40	01:14:13	01:10:13	7:33:19	1:05:25	35	W30	70	6
1058	Frank	Zacherl	Aurich	1966	2007	01:12:26	01:08:53	01:14:31	01:31:28	01:16:18	01:09:57	7:33:33	1:05:27	41	M40	321	6
1059	Mathilde	Georgs	Aurich	19													

## 26. Ostfrieslandlauf 2007

01.05. bis 18.05.2007

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
1066	Gertrud	Smit	Großefehn	1957	2007	01:14:51	01:10:50	01:12:15	01:31:56	01:18:36	01:13:51	7:42:19	1:06:43	50	W50	54	6
1067	Katrin	Evers	Leer	1976	2007	01:19:33	01:09:49	01:08:44	01:33:31	01:19:13	01:11:32	7:42:22	1:06:43	31	W30	73	6
1068	UP	Prins	ZGO	1964	2007	01:16:47	01:13:20	01:11:02	01:29:24	01:20:54	01:11:38	7:43:05	1:06:49	43	M40	322	6
1069	Astrid	Körlin	VHS Laufen	1976	2007	01:15:49	01:09:11	01:13:34	01:32:02	01:17:40	01:15:44	7:44:00	1:06:57	31	W30	74	6
1070	Günther	Saathoff	TSV Hesel	1946	2007	01:11:50	01:09:22	01:12:10	01:33:29	01:21:26	01:16:03	7:44:20	1:07:00	61	M60	40	6
1071	Manfred	Diener	SuS Stackholt	1949	2007	01:13:29	01:11:09	01:12:17	01:33:00	01:18:09	01:16:16	7:44:20	1:07:00	58	M50	130	6
1072	Kim	Twachtmann	Team Deutsche Post	1976	2007	01:16:40	01:09:28	01:13:57	01:29:23	01:20:53	01:14:57	7:45:18	1:07:09	31	W30	75	6
1073	Jürgen	Saathoff	LT Jeringsfehn	1938	2007	01:12:28	01:10:36	01:16:33	01:31:39	01:18:14	01:15:50	7:45:20	1:07:09	69	M60	41	6
1074	Andrea	Kurrelvink	VHS Laufen	1972	2007	01:17:09	01:09:21	01:13:35	01:32:03	01:17:40	01:15:43	7:45:31	1:07:10	35	W30	76	6
1075	Michael	de Vries	VHS Laufen	1972	2007	01:17:09	01:09:49	01:13:35	01:32:02	01:18:02	01:15:43	7:46:20	1:07:18	35	M30	147	6
1076	Klaus	Krummbein	Töben+Partner	1956	2007	01:14:15	01:08:27	01:15:55	01:30:53	01:19:54	01:17:33	7:46:57	1:07:23	51	M50	131	6
1077	Helga	Meyer	Potshausen	1963	2007	01:16:03	01:13:13	01:13:08	01:33:46	01:18:41	01:15:40	7:50:31	1:07:54	44	W40	124	6
1078	Thea	Baumann	Hesel	1958	2007	01:14:40	01:10:06	01:14:00	01:35:08	01:21:02	01:15:58	7:50:54	1:07:57	49	W40	125	6
1079	Ingeborg	Bruns	Detern/Neuburg	1962	2007	01:16:31	01:13:23	01:13:11	01:33:46	01:18:32	01:15:40	7:51:03	1:07:58	45	W40	126	6
1080	Anita	Madel	Töben+Partner	1979	2007	01:16:27	01:10:47	01:16:10	01:36:25	01:22:38	01:11:40	7:54:07	1:08:25	28	W20	30	6
1081	Anja	Köhler	Neuefehn	1966	2007	01:17:04	01:10:52	01:16:57	01:33:58	01:22:11	01:14:46	7:55:48	1:08:39	41	W40	127	6
1082	Ippe	Janssen	Jeans Janssen Aurich	1936	2007	01:15:11	01:14:41	01:15:30	01:35:59	01:20:15	01:14:54	7:56:30	1:08:46	71	M70	5	6
1083	Arnold	Schwegmann	www.urologie-leer.de	1962	2007	01:16:20	01:12:14	01:15:20	01:31:03	01:22:40	01:19:54	7:57:31	1:08:54	45	M40	323	6
1084	Rudolf	Schulze	Töben+Partner	1943	2007	01:16:24	01:10:40	01:16:07	01:36:26	01:22:38	01:15:42	7:57:57	1:08:58	64	M60	42	6
1085	Insa	Broß-Anscheit	Logabirum	1972	2007	01:17:35	01:12:32	01:16:05	01:34:05	01:22:08	01:15:44	7:58:09	1:09:00	35	W30	77	6
1086	Engeline	Robbe	MTV Ditzum	1971	2007	01:17:35	01:12:32	01:16:05	01:34:05	01:22:09	01:15:45	7:58:11	1:09:00	36	W30	78	6
1087	Tomma	Teyen	TUS Weener	1955	2007	01:14:42	01:11:55	01:14:37	01:36:30	01:23:40	01:17:01	7:58:25	1:09:02	52	W50	55	6
1088	Gabi	Oldinski	ZGO	1968	2007	01:15:00	01:13:20	01:14:42	01:33:13	01:20:47	01:21:33	7:58:35	1:09:04	39	W30	79	6
1089	Andreas	Arends	Looney Loopers	1966	2007	01:21:06	01:13:49	01:14:37	01:32:35	01:22:23	01:16:21	8:00:51	1:09:23	41	M40	324	6
1090	Katja	Renken	Töben+Partner	1984	2007	01:21:39	01:16:15	01:16:06	01:36:23	01:22:37	01:15:41	8:08:41	1:10:31	23	W20	31	6
1091	Claudia	Freese	Aktiva GmbH Wolters &	1967	2007	01:16:18	01:13:51	01:18:52	01:35:21	01:23:38	01:21:24	8:09:24	1:10:37	40	W40	128	6
1092	Claudia	Eden	NIGE	1988	2007	01:16:46	01:13:28	01:14:43	01:36:35	01:27:00	01:21:02	8:09:34	1:10:39	19	WU20	25	6
1093	Anja	Pülscher	www.urologie-leer.de	1967	2007	01:18:55	01:15:36	01:17:01	01:38:04	01:24:45	01:20:55	8:15:16	1:11:28	40	W40	129	6
1094	Motje	Köpsel	TG Wiesmoor	1957	2007	01:20:08	01:13:09	01:18:03	01:41:16	01:23:14	01:20:11	8:16:01	1:11:35	50	W50	56	6
1095	Barbara	Becker	WfBM-Aurich	1959	2007	01:18:34	01:16:33	01:15:47	01:39:08	01:27:10	01:21:09	8:18:21	1:11:55	48	W40	130	6
1096	Hildegard	Böhme	MTV Wittmund	1954	2007	01:22:07	01:18:41	01:19:12	01:41:31	01:22:12	01:17:56	8:21:39	1:12:23	53	W50	57	6
1097	Margret	Coordes	Rhauderfehn	1963	2007	01:20:49	01:19:19	01:21:27	01:42:16	01:24:59	01:20:51	8:29:41	1:13:33	44	W40	131	6
1098	Silke	Graß	Ihrhove	1969	2007	01:20:49	01:19:19	01:21:27	01:42:17	01:24:59	01:20:51	8:29:42	1:13:33	38	W30	80	6
1099	Sabine	Eilers	Wittmund	1973	2007	01:22:13	01:17:35	01:18:06	01:42:17	01:29:26	01:22:28	8:32:05	1:13:54	34	W30	81	6
1100	Karin	Petersitzke	LG Ihrhove	1959	2007	01:21:17	01:18:18	01:20:40	01:43:33	01:30:29	01:24:19	8:38:36	1:14:50	48	W40	132	6
1101	Alexander	Wiebel	Looney Loopers	1959	2007	01:25:38	01:19:11	01:19:57	01:44:24	01:30:25	01:27:32	8:47:07	1:16:04	48	M40	325	6
1102	Silke	Freese	Töben+Partner	1973	2007	01:21:40	01:19:53	01:23:16	01:45:15	01:32:55	01:29:11	8:52:10	1:16:48	34	W30	82	6
1103	Sigrid	de Vries	Leer	1964	2007	01:27:22	01:21:47	01:29:55	01:57:44	01:33:09	01:34:33	9:24:30	1:21:27	43	W40	133	6
	Markus	Gastmer	Aurich	1977	2007	00:54:17	00:49:53	00:51:34		00:55:35	00:52:34	2:39:43		30	M30		5
	Clemens	Köster	LT TuS Aurich-Ost	1973	2007	00:44:51	00:43:29	00:45:08	00:55:34	00:48:55		3:57:57		34	M30		5
	Andreas	Löloff	TV Norden	1957	2007	00:48:42	00:46:22	00:48:44	00:59:19	00:51:31		4:14:38		50	M50		5
	Lars	Schepker	Aurich	1980	2007	00:50:16	00:48:08	00:51:01	01:01:59	00:54:51		4:26:15		27	M20		5
	Renate	Hasseler	Raiba Moorerland	1970	2007	00:53:13	00:50:21	00:52:47	01:06:13	00:56:44		4:39:18		37	W30		5
	Ute	Theile	Ruder-Club Leer	1961	2007	00:53:11	00:51:42	00:55:27	01:10:00	00:59:51		4:50:11		46	W40		5
	Carsten	Oehmke	Rhauderfehn	1973	2007	01:00:06	00:55:55	00:57:30	01:10:14	00:59:11		5:02:56		34	M30		5
	Jans Uwe	Kock	Schwerinsdorf	1967	2007	01:01:50	00:58:56	01:00:05	01:15:33	01:06:25		5:22:49		40	M40		5
	Erich	Pruin	DLRG Leer	1964	2007	01:01:03	00:58:29	01:00:49	01:17:15	01:07:36		5:25:12		43	M40		5
	Daniela	Caspers	Watt' n Loopers SV Dor	1977	2007	01:01:04	00:59:17	01:00:37	01:22:42	01:07:50		5:31:30		30	W30		5
	Bianca	Pommer	Aktiva GmbH Wolters &	1971	2007	01:03:09	01:01:21	01:02:14	01:19:17	01:08:24		5:34:25		36	W30		5
	Menno	Lokers	Weener	1970	2007	01:09:27	01:03:13	01:02:34	01:18:34	01:05:55		5:39:43		37	M30		5
	Claudia	Tiede	VHS Laufen	1966	2007	01:11:44	01:06:19	01:05:30	01:21:55	01:10:27		5:55:55		41	W40		5
	Ute	Lindemann	VHS Laufen	1966	2007	01:10:46	01:08:58	01:12:30	01:31:03	01:18:15		6:21:32		41	W40		5
	Johann	Freese	TuS Esens	1939	2007		01:10:27	01:15:12	01:34:18	01:17:15	01:14:09	6:31:21		68	M60		5
	Bernd	Bruns	TSV Hesel	1961	2007	00:41:12	00:40:19	00:41:36	00:52:01			2:55:08		46	M40		4
	Sven	Weber	Gutenbergschule	1992	2007	01:01:03	00:54:55	00:59:23	00:00:00			2:55:21		15	MU20		4
	Michael	Jauken	Polizei Aurich	1968	2007	00:42:25	00:40:23	00:41:52	00:52:26			2:57:06		39	M30		4
	Gerd	Gerdas	Freiw. Feuerwehr Wallir	1963	2007	01:00:34	00:57:55	00:58:49	00:00:00			2:57:18		44	M40		4
	Hauke	Köller	TUS Weener	1990	2007	00:41:17	00:40:18	00:41:32	00:54:22			2:57:29		17	MU20		4
	Folker	Bohlen	Möbel Buss	1965	2007	00:43:07	00:42:18	00:43:58	00:54:56			3:04:19		42	M40		4
	Jens	Albers	TG Wiesmoor	1975	2007	00:43:33	00:42:08	00:43:40	00:55:29			3:04:50		32	M30		4
	Andrea	Manssen	Fortuna Logabirum	1983	2007	00:43:16	00:43:08	00:45:14	00:56:27			3:08:05		24	W20		4
	Elfriede	Glanzer	Wi sünd Holtriem	1961	2007	00:51:25	00:49:48	00:53:07	01:03:35			3:37:55		46	W40		4
	Guenther	Schoon	TG Wiesmoor	1950	2007	00:52:42	00:51:01	00:52:14	01:04:27			3:40:24		57	M50		4
	Timo	Habben	Aurich	1989	2007	00:52:33	00:50:29	00:53:10	01:06:29			3:42:41		18	MU20		4
	Timo	Müller	Möbel Buus	1992	2007	00:52:01	00:48:52	00:53:50	01:08:05			3:42:48		15	MU20		4
	Gerold	Brinkmann	Polizei Leer	1965	2007	00:51:18	00:49:05	01:01:49	01:04:11			3:46:23		42	M40		4
	Wolfgang	Heilemann	TuS Horsten	1957	2007	00:54:23	00:53:15	00:53:51	01:07:47			3:49:16		50	M50		4
	Reinhard	Schoon	RVB Uplengen	1946	2007	00:58:16	00:54:53	00:55:48	01:10:45			3:59:42		61	M60		4
	Silke	Hinrichs	LT TuS Aurich-Ost	1990	2007		00:56:08										



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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
	Klaus	Ebens	Bremen	1957	2007	00:59:09	00:55:17	00:57:49	01:12:58			4:05:13		50	M50		4
	Eimo	Habben	Aurich	1958	2007	00:57:53	00:55:17	00:57:27	01:16:30			4:07:07		49	M40		4
	Christoph	Göhler	Aurich	1939	2007	00:58:38	00:57:22	00:59:18	01:15:05			4:10:23		68	M60		4
	Elke	Heyen	Wi sünd Holtriem	1971	2007	00:59:47	00:58:50	00:59:15	01:14:10			4:12:02		36	W30		4
	Beate	Speckmann	LT TuS Aurich-Ost	1961	2007	01:01:18	00:59:49	01:01:58	01:13:22			4:16:27		46	W40		4
	Petra	Hölscher	Wi sünd Holtriem	1971	2007	01:03:09	00:58:49	00:59:38	01:16:11			4:17:47		36	W30		4
	Annelie	Janssen-Langwisch	Ki-Ga Noah	1962	2007	01:02:40	00:59:36	01:00:56	01:16:30			4:19:42		45	W40		4
	Gunda	Helmke	Aurich	1971	2007		01:02:02	01:03:45		01:08:38	01:05:43	4:20:08		36	W30		4
	Sandra	Boelsen	RVB Uplengen	1983	2007	01:02:37	01:00:08	01:00:31	01:17:10			4:20:26		24	W20		4
	Nathalie	Kluck	Leinerstift e. V.	1981	2007	01:05:10	01:00:20	01:02:10	01:15:04			4:22:44		26	W20		4
	Willi	Kloppenburg	TuS Detern	1965	2007	01:03:47	00:57:09	00:59:36	01:27:05			4:27:37		42	M40		4
	Peter	Niens	DEKRA	1949	2007	01:04:15	01:02:38	01:04:34	01:20:12			4:31:39		58	M50		4
	Stephanie	Brahms	Studio Larisca	1983	2007	01:05:00	01:06:16	01:05:20	01:20:35			4:37:11		24	W20		4
	Almuth	Buldt	LT Schafhauser Wald	1971	2007	01:04:08	01:03:25	01:05:30	01:25:29			4:38:32		36	W30		4
	Stephan	Bürkner	Aurich	1976	2007	01:03:33		01:03:47	01:20:57	01:10:43		4:39:00		31	M30		4
	Marta	Hepp	Ihlow	1958	2007			01:05:35	01:18:36	01:07:55	01:07:57	4:40:03		49	W40		4
	Stefan	Netz	Neukamperfehn	1968	2007			01:06:02	01:26:15	01:08:48	01:03:56	4:45:01		39	M30		4
	Frauke	Tillmann	Moormerland	1983	2007	01:10:38	01:07:40	01:09:58	01:26:29			4:54:45		24	W20		4
	Sonja	Strasser	Schwerinsdorf	1971	2007	01:15:04	01:11:38	01:18:12	01:41:46			5:26:40		36	W30		4
	Juliane	Mlynarski	Haarstudio am Markt	1984	2007	01:20:04	01:11:45	01:21:09	01:45:12			5:38:10		23	W20		4
	Werner	Böwe	Emden	1944	2007	01:06:54	01:07:51	01:09:30				1:09:30		63	M60		3
	Arno	Dreesmann	Nendorp	1976	2007	00:54:22		00:53:43		01:00:02		1:53:45		31	M30		3
	Manfred	Eden	TuS Eintracht Hinte	1945	2007	00:41:53	00:41:04	00:42:57				2:05:54		62	M60		3
	Christoph	Carls	TV Norden	1964	2007	00:43:05	00:41:46	00:44:24				2:09:15		43	M40		3
	Gerold	Jürrens	Töben+Partner	1969	2007		00:59:31	01:00:36		01:09:08		2:09:44		38	M30		3
	Ingrid	Santjer	Emden	1956	2007	01:08:31	01:01:25	00:00:00				2:09:56		51	W50		3
	Hans-Dieter	Aden	TuS Eintracht Hinte	1958	2007	00:45:11	00:44:00	00:45:54				2:15:05		49	M40		3
	Andreas	Nikoleit	TuS Eintracht Hinte	1950	2007	00:45:34	00:44:07	00:45:58				2:15:39		57	M50		3
	Remmer	Damm	Leer	1951	2007	01:08:52	01:08:18	00:00:00				2:17:10		56	M50		3
	Sönke	Biel	Sparkasse LeerWittmun	1985	2007	00:46:29	00:45:07	00:47:04				2:18:40		22	M20		3
	Dirk	Warnecke	ENOVA	1969	2007	00:47:58	00:44:58	00:46:38				2:19:34		38	M30		3
	Edgar	Backer	LG Ostfriesland	1965	2007	00:48:56	00:45:42	00:46:05				2:20:43		42	M40		3
	Mathias	Seewald	SV Petkum	1972	2007	00:47:24	00:45:17	00:48:03				2:20:44		35	M30		3
	Heinz-Uwe	Meyer	Auricher Taxen Zentrale	1964	2007	01:12:34	01:08:44	00:00:00				2:21:18		43	M40		3
	Bruno	Stecker	Fortuna Logabirum	1950	2007	00:47:54	00:47:25	00:49:14				2:24:33		57	M50		3
	Marei	Dunkel Dr.	Zahnarztpraxis Leer	1952	2007	01:10:53	01:13:59	00:00:00				2:24:52		55	W50		3
	Karl-Heinz	Schäfer	SC Wiesens	1958	2007	00:48:50	00:48:39	00:50:11				2:27:40		49	M40		3
	Heinz-E.	Prange	Terre des hommes	1961	2007	01:15:28	01:12:17	00:00:00				2:27:45		46	M40		3
	Heide	Löhdefink	Leer	1946	2007	01:17:14	01:14:06	00:00:00				2:31:20		61	W60		3
	Andrea	Thaden	www.urologie-leer.de	1987	2007	01:18:50	01:14:37	00:00:00				2:33:27		20	W20		3
	Martin	Meints	SV Ochtersum	1991	2007	00:48:23	00:47:35	00:57:32				2:33:30		16	MU20		3
	Carl-Anton	Knyphausen	Leer	1962	2007	00:50:03	00:50:32	00:53:05				2:33:40		45	M40		3
	Carsten	Kreienbrock	Leer	1968	2007	00:49:44	00:49:47	00:54:55				2:34:26		39	M30		3
	Michael	Dannecker	Emder LG	1970	2007	00:50:52	00:53:18	00:53:34				2:37:44		37	M30		3
	Jakobus	Hofmann	TuS Holthusen	1954	2007	00:53:32	00:51:39	00:53:59				2:39:10		53	M50		3
	Petra	Wist-Hamel	LT VfB Rajen	1969	2007	00:55:50	00:52:29	00:54:01				2:42:20		38	W30		3
	Arne	Beitelmann	Druckerei Meyer Team	1987	2007				01:02:36	00:54:03	00:46:04	2:42:43		20	MHK		3
	Oliver	Nowak	NIGE	1987	2007	00:57:02	00:54:22	00:55:54				2:47:18		20	M20		3
	Angelos	Diamantopoulos	ENOVA	1983	2007	00:57:58	00:55:19	00:59:03				2:52:20		24	M20		3
	Helga	Boden	Wi sünd Holtriem	1950	2007	00:58:16	00:56:52	00:58:45				2:53:53		57	W50		3
	Joschua	Schmidtke	Esens	1993	2007	00:59:42	01:01:05	00:54:20				2:55:07		14	MU20		3
	Katrin	Weber	Moormerland	1976	2007	01:00:32	00:58:02	01:00:04				2:58:38		31	W30		3
	Günter	Kambeck	Leer	1946	2007	01:03:55	00:57:00	00:59:02				2:59:57		61	M60		3
	Rainer	Aden	Berlin	1971	2007		00:58:49	00:56:04	01:08:46			3:03:39		36	M30		3
	Siebelt	Remmers	SV Ochtersum	1979	2007	01:04:16	01:00:30	01:00:10				3:04:56		28	M20		3
	Evervien	Lohmeyer	SV Frisia Brinkum	1958	2007			00:56:18	01:09:32	01:00:01		3:05:51		49	M40		3
	Lennart	Lammers	Warsingsfehn	1987	2007		00:55:43		01:13:17		00:59:05	3:08:05		20	MHK		3
	Anne	Galetzka	Fortuna Wirdum	1963	2007	01:04:45	01:01:21	01:04:05				3:10:11		44	W40		3
	Gerhard	Janssen	JVA Emden	1962	2007			00:56:43	01:16:48		00:57:26	3:10:57		45	M40		3
	Jörg	Vierkant	Leer	1967	2007	01:10:43	01:00:25	01:00:34				3:11:42		40	M40		3
	Martin	Gerdas	Großefehn	1973	2007	01:01:56			01:15:25	01:02:29		3:19:50		34	M30		3
	Ulla	Groeneveld	Kanalratten	1960	2007	01:09:34		01:05:35			01:07:56	3:23:05		47	W40		3
	Pia	Frings-Schmitz	Emden	1959	2007	01:07:56		01:04:40		01:11:08		3:23:44		48	W40		3
	Inge	Böwe	Emden	1945	2007	01:06:52	01:07:51	01:09:30				3:24:13		62	W60		3
	Angelika	Schmidt	Hesel	1961	2007		01:06:59	01:07:31			01:11:19	3:25:49		46	W40		3
	Ursula	Jürgens	Hesel	1952	2007	01:12:14	01:06:26	01:09:53				3:28:33		55	W50		3
	Andrea	Herschel	Töben+Partner	1978	2007	01:16:26	01:08:27	01:12:54				3:37:47		29	WHK		3
	Katharina	Wiedemann	Weener	1981	2007	01:15:02	01:11:22	01:18:50				3:45:14		26	W20		3
	Hans-Dieter	Kettwig	Spetzerfehn	1957	2007		00:58:21	00:58:14				0:58:14		50	M50		2

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
	Sebastian	Heibült	Selverde	1975	2007		00:58:02	00:59:35				0:59:35		32	M30		2
	Sigrid	Kroon	SV Nortmoor	1948	2007		01:02:26	01:05:00				1:05:00		59	W50		2
	Holger	Grigat	VfL Germania Leer	1973	2007	00:37:23	00:36:42					1:14:05		34	M30		2
	Jörn	Schmidt	DSC Oldenburg	1984	2007			00:38:04		00:42:33		1:20:37		23	MHK		2
	Peter	Steinke	TV Norden	1971	2007	00:37:00			00:46:47			1:23:47		36	M30		2
	Jan	Feth	Germania Leer	1976	2007		00:43:36				00:45:09	1:28:45		31	M30		2
	Harald	Watzema	DLRG Leer	1971	2007	00:44:32	00:44:24					1:28:56		36	M30		2
	Christoph	Kettwig	VfL Germania Leer	1988	2007	00:46:04	00:44:48					1:30:52		19	MU20		2
	Waltraud	Klostermann	TV Norden	1960	2007					00:47:05	00:44:22	1:31:27		47	W40		2
	Matthias	Krieg	SV Warsingsfehn	1992	2007	00:47:31					00:44:24	1:31:55		15	MU20		2
	Axel	Hesse	Team Deutsche Post	1969	2007	00:45:59	00:47:07					1:33:06		38	M30		2
	Heino	ter Fehr	TSV Hesel	1964	2007	00:46:31	00:47:08					1:33:39		43	M40		2
	Andreas	Faßhauer	LG Ostfriesland	1968	2007	00:43:11			00:52:00			1:35:11		39	M30		2
	Andreas	Kerker	Emdener Zeitung	1966	2007	00:48:00	00:47:46					1:35:46		41	M40		2
	Daniel	Radekopp	Vfll Berumbur	1987	2007	00:50:00	00:47:21					1:37:21		20	M20		2
	Herbert	Buß	NABU Moormerland	1983	2007	00:49:44	00:47:56					1:37:40		24	M20		2
	Heye	Willems	DEVK-Versicherung	1953	2007	00:49:44	00:49:48					1:39:32		54	M50		2
	Holger	Heymann	SV Blomberg-Neuschoc	1977	2007	00:50:54	00:49:22					1:40:16		30	M30		2
	Thorsten	Gastmann	Edeka Minden	1981	2007	00:51:15	00:50:01					1:41:16		26	MHK		2
	Stephan	Park	VfB Uplengen	1971	2007					00:52:35	00:49:05	1:41:40		36	M30		2
	Frank	Ufkes	Die Praxis Aurich	1966	2007				00:54:41		00:47:33	1:42:14		41	M40		2
	Ingo	Bruns	Möbel Buss	1975	2007	00:54:15	00:51:17					1:45:32		32	M30		2
	Christian	Lehmann	Aktiva	1985	2007					00:55:01	00:50:37	1:45:38		22	MHK		2
	Kira	Lammers	Germania Holterfehn	1990	2007	00:52:57	00:53:34					1:46:31		17	WU20		2
	Harald	Müller	FFW Schaippach	1978	2007			00:49:32	00:58:08			1:47:40		29	MHK		2
	Mimke	Bohlen	SuS Strackholt	1965	2007	00:55:32	00:53:06					1:48:38		42	M40		2
	Hermann	Penning	Raiba Moormerland	1969	2007	00:53:00	00:55:47					1:48:47		38	M30		2
	Karsten	Samuels	Aurich	1988	2007		00:53:25				00:55:47	1:49:12		19	MU20		2
	Helmut	Kohle	TuS Hinte	1953	2007					00:56:34	00:53:48	1:50:22		54	M50		2
	Andy	Strumpel	Team Therapie Merkt	1972	2007	00:54:34					00:56:55	1:51:29		35	M30		2
	Eva	Zapf	Oldenburg	1979	2007	00:55:25					00:56:57	1:52:22		28	WVK		2
	Thomas	von Halle	Pestalozzische Schule Weene	1963	2007	00:58:17	00:55:08					1:53:25		44	M40		2
	Hermann	Wübbena	TV Norden	1949	2007	00:57:24	00:56:02					1:53:26		58	M50		2
	Bernhard	Buss	Möbel Buss	1949	2007	00:57:31	00:56:40					1:54:11		58	M50		2
	Heiko	Janssen	MTV Aurich Tria	1962	2007				01:02:02		00:52:17	1:54:19		45	M40		2
	Stefan	Burlager	Schwerinsdorf	1984	2007		00:56:24				01:01:07	1:57:31		23	MHK		2
	Harald	Hogelücht	Musikschule Anja Arzbe	1964	2007	01:00:57	00:57:21					1:58:18		43	M40		2
	Helmuth	Brümmer	ENOVA	1958	2007	01:01:31	00:58:16					1:59:47		49	M40		2
	Friedhelm	Kruse	LG Ostfriesland	1956	2007				01:04:15		00:55:37	1:59:52		51	M50		2
	Bernhard	Herten	Neufirrel	1959	2007	01:00:34	00:59:39					2:00:13		48	M40		2
	Oswald	Tinnemeyer	TuRa Westrhauderfehn	1952	2007					01:02:00	00:59:36	2:01:36		55	M50		2
	Uwe	Tyman	LT TuS Aurich-Ost	1958	2007				01:14:00		00:49:06	2:03:06		49	M40		2
	Heinz-Artur	Schnau	RVB Uplengen	1959	2007	01:02:47	01:01:18					2:04:05		48	M40		2
	Detlef	Meyer	FC Oldersum	1959	2007	01:01:17					01:02:52	2:04:09		48	M40		2
	Manfred	Pollmann	TG Wiesmoor	1945	2007			01:02:57			01:02:24	2:05:21		62	M60		2
	Gudrun	Backer	TUS Victorbur	1967	2007	01:04:31	01:01:19					2:05:50		40	W40		2
	Julia	Menne	SV Hesel	1987	2007	01:03:42	01:03:11					2:06:53		20	WVK		2
	Sebastian	Arends	FC Oldersum	1981	2007			00:58:30	01:09:55			2:08:25		26	MHK		2
	Rita	Bruns	TSV Hesel	1963	2007			01:07:31			01:01:46	2:09:17		44	W40		2
	Günther	Vogel	TuS Aurich-Ost	1948	2007			00:58:50	01:11:06			2:09:56		59	M50		2
	Christine	Schmidt	MTV Aurich	1987	2007					01:07:10	01:04:57	2:12:07		20	WVK		2
	Katrin	Amelsberg	Emden	1960	2007	01:03:31				01:11:09		2:14:40		47	W40		2
	Alwin	Kloppenborg	Fortuna Logabirum	1960	2007				01:14:18		01:00:51	2:15:09		47	M40		2
	Heiko	Denekas	SV Schirumer Leegmoor	1983	2007				01:14:08	01:02:20		2:16:28		24	MHK		2
	Matthias	Park	TuS Weene	1984	2007				01:14:08	01:02:20		2:16:28		23	MHK		2
	Sonja	Becker	Hesel	1967	2007			01:07:31			01:11:19	2:18:50		40	W40		2
	Anja	Wessels-Hoppen	SV Dornum	1965	2007	01:10:42					01:09:13	2:19:55		42	W40		2
	Talea	Knaak	Watt' n Looper SV Dornum	1975	2007				01:16:46		01:07:44	2:24:30		32	W30		2
	Eike	Gellermann	Leer	1970	2007					01:14:20	01:11:35	2:25:55		37	W30		2
	Frauke	Tränapp	Möbel Buss	1965	2007			01:15:51			01:16:09	2:32:00		42	W40		2
	Karin	Kruse	Möbel Buss	1962	2007			01:15:51		01:17:15		2:33:06		45	W40		2
	Michael	Köhnke	Schortens	1959	2007	00:56:01					00:55:03			48	M40		2
	Wolfgang	Grotlüschen	Gorch Fock Marathon T	1966	2007		00:39:01					0:39:01		41	M40		1
	Max Philipp	Brinkmann	VfL Germania Leer	1988	2007			00:39:01				0:39:01		19	MU20		1
	Steffen	Wiechmann	Leer-Loga	1988	2007			00:39:45				0:39:45		19	MU20		1
	Wolfgang	Becker	TuS Esens	1970	2007			00:40:33				0:40:33		37	M30		1
	Anton	Sanders	LG Ostfriesland	1961	2007			00:40:49				0:40:49		46	M40		1
	Onno	Ringering	Ihlower Rennschnecker	1968	2007					00:43:10		0:43:10		39	M30		1
	Ralf	Taube	VfL Germania Leer	1969	2007					00:43:14		0:43:14		38	M30		1
	Jens-Peter	Grest	SV Warsingsfehn	1971	2007		00:43:57					0:43:57		36	M30		1

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
	Benjamin	Wirdemann	Esens	1983	2007						00:45:46	0:45:46		24	MHK		1
	Jochen	Grebe	Remels	1972	2007		00:45:52					0:45:52		35	M30		1
	Eduard	Tjarks	LG Ostfriesland	1954	2007			00:46:20				0:46:20		53	M50		1
	Johann	Jakobs	Moorerland	1964	2007		00:46:37					0:46:37		43	M40		1
	Burkhard	Voß	Westerstede	1966	2007	00:46:57						0:46:57		41	M40		1
	Tobias	Plötz	Leer	1975	2007		00:47:09					0:47:09		32	M30		1
	Marion	Stepanowicz	Gorch-Fock MarathonT	1958	2007		00:47:31					0:47:31		49	W40		1
	Heiko	Gerdes	Ruderverein Leer	1965	2007						00:47:33	0:47:33		42	M40		1
	Thomas	Pahlke	Fishtown Runners Bren	1974	2007						00:47:48	0:47:48		33	M30		1
	Thomas	Oltmann	Ostrhauderfehn	1974	2007						00:47:58	0:47:58		33	M30		1
	Uwe	Görtzen	Emder LG	1965	2007	00:48:06						0:48:06		42	M40		1
	Jens	Schlichting	MTV Aurich	1964	2007		00:48:17					0:48:17		43	M40		1
	Hans	Nassar	Aurich	1965	2007		00:48:18					0:48:18		42	M40		1
	Manuel	Meints	TuS Esens	1988	2007					00:48:36		0:48:36		19	MU20		1
	Wilfried	Berghaus	Leer	1953	2007	00:48:37						0:48:37		54	M50		1
	Eike	Heinen	Germania Holterfehn	1990	2007	00:48:37						0:48:37		17	MU20		1
	Karl	Siemens	MTV Wittmund	1951	2007			00:48:41				0:48:41		56	M50		1
	Wilfried	Mühlenbrook	LG Ostfriesland	1975	2007					00:48:57		0:48:57		32	M30		1
	Ingo	Beening	SV Stikelkamp	1970	2007			00:49:03				0:49:03		37	W30		1
	Frank	Wilken	Osnabrück	1980	2007		00:49:47					0:49:47		27	MHK		1
	Uwe	Lübber	Die Tresen	1972	2007						00:50:21	0:50:21		35	M30		1
	Philipp	Federkeil	SV Sprint Westoverledir	1956	2007	00:50:27						0:50:27		51	M50		1
	Karl-Jürgen	Prikker	Warsingsfehn	1964	2007		00:50:36					0:50:36		43	M40		1
	Steffen	Romaneeßen	SG Egels-Popens	1992	2007						00:51:16	0:51:16		15	MU20		1
	Thomas	Kalski	MTV Aurich	1971	2007	00:51:26						0:51:26		36	M30		1
	Rolf	Krämer	Leinerstift e. V.	1978	2007	00:51:43						0:51:43		29	M20		1
	Ingo	Mudder	HRS Moorhusen	1991	2007						00:51:46	0:51:46		16	MU20		1
	Andree	Bruns	Hesel	1980	2007		00:51:59					0:51:59		27	MHK		1
	Marco	Nörder	TuS Esens	1991	2007						00:52:01	0:52:01		16	MU20		1
	Heino	Krüger	Ihlow	1960	2007						00:52:15	0:52:15		47	M40		1
	Nils	Kahmann	TuS Esens	1991	2007						00:52:15	0:52:15		16	MU20		1
	Hayo	Gronewald	Großfehn	1981	2007			00:52:34				0:52:34		26	MHK		1
	Hanno	Ludwigs	LG Ostfriesland	1967	2007				00:52:46			0:52:46		40	M40		1
	Ralf	Dirks	SV Ochtersum	1993	2007		00:53:23					0:53:23		14	MU20		1
	Marco	Ture	Leer	1968	2007	00:53:38						0:53:38		39	M30		1
	Michael	Bockner	Gorch Fock Marathon T	1962	2007		00:53:51					0:53:51		45	M40		1
	Fred	Ibeling	LG Ostfriesland	1966	2007				00:54:13			0:54:13		41	M40		1
	Stefan	Jänicke	Leer	1973	2007	00:54:15						0:54:15		34	M30		1
	Benjamin	Seifert	ENERCON	1979	2007	00:54:17						0:54:17		28	M20		1
	Armin	Duin	SV Nortmoor	1976	2007	00:54:20						0:54:20		31	M30		1
	Heiko	Fleißner	TV Marienhafe	1968	2007				00:54:23			0:54:23		39	M30		1
	Claudia	Diederichs	Hannover	1977	2007						00:54:24	0:54:24		30	W30		1
	Thomas	Köhler	Brinkum	1982	2007	00:54:25						0:54:25		25	MHK		1
	Werner	Bauer	Edeweicht	1963	2007	00:54:33						0:54:33		44	M40		1
	Timo	Janssen	TSV Holtrop	1990	2007			00:54:37				0:54:37		17	MU20		1
	Wessel	Ommen	SV Holtland	1993	2007		00:55:01					0:55:01		14	MU20		1
	Christian	Keiser	SV Holtland	1993	2007		00:55:02					0:55:02		14	MU20		1
	Simon	Sühwold	Leer	1971	2007		00:55:14					0:55:14		36	M30		1
	Melanie	Eyhusen	Fortuna Logabirum	1975	2007	00:55:16						0:55:16		32	W30		1
	Jens	Grafenburg	Sparkasse LeerWittmur	1969	2007	00:55:17						0:55:17		38	M30		1
	Riewert	Foelckel	Postsportverein	1963	2007	00:55:18						0:55:18		44	M40		1
	Uwe	Meyer	LGO	1962	2007						00:55:32	0:55:32		45	M40		1
	Wolfgang	Pößiger	Deutsche Post	1948	2007			00:55:34				0:55:34		59	M50		1
	Thomas	Kutschker	Halle/ S.	1962	2007	00:55:50						0:55:50		45	M40		1
	Otto	Keplin	VfL Jheringsfehn	1948	2007						00:55:54	0:55:54		59	M50		1
	Ilka	Bonk	SV Nortmoor	1976	2007	00:55:54						0:55:54		31	W30		1
	Axel	Bunjes	Gymnasium Rhaudefeh	1960	2007	00:55:59						0:55:59		47	M40		1
	Alexander	Mayer	*Schloß-Holte	1985	2007						00:56:03	0:56:03		22	MHK		1
	Kai	Falkenthal	VSAW	1965	2007			00:56:25				0:56:25		42	M40		1
	Uwe	Meints	SV Wymeer-Boen	1982	2007	00:56:33						0:56:33		25	M20		1
	Pascal	Dirks	Leinerstift e.V.	1991	2007	00:56:34						0:56:34		16	MU20		1
	Dietmar	Janssen	LT TuS Aurich-Ost	1974	2007						00:56:44	0:56:44		33	M30		1
	Hilko	Samuels	Aurich	1994	2007		00:56:46					0:56:46		13	MU20		1
	Dirk	Limbeck	TG Wiesmoor	1961	2007						00:56:56	0:56:56		46	M40		1
	Tobias	Onneken	Timmel	1992	2007	00:57:04						0:57:04		15	MU20		1
	Ingo	Ludwigs	Moordorf	1976	2007				00:57:06			0:57:06		31	M30		1
	Meike	Weerts-Duin	SV Holtland	1976	2007		00:57:07					0:57:07		31	W30		1
	Martin	Baldus	Ostrhauderfehn	1964	2007	00:57:14						0:57:14		43	M40		1
	Monika	Foordern	Strackholt	1968	2007			00:57:14				0:57:14		39	W30		1
	Jan-Peer	Benstrup	LT Schafhauser Wald	1991	2007	00:57:15						0:57:15		16	MU20		1
	Ralf	Becker	Aurich	1973	2007						00:57:18	0:57:18		34	M30		1

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
	Christian	Hoffmann	Gorch-Fock Marathon-	1984	2007		00:57:18					0:57:18		23	MHK		1
	Fokko	de Boer	Bunde	1961	2007	00:57:22						0:57:22		46	M40		1
	Christian	Freericks	Wiesmoor	1987	2007			00:57:22				0:57:22		20	MHK		1
	Rudolf	Pulis	Fun-Loopers	1958	2007	00:57:23						0:57:23		49	M40		1
	Sonja	Kehmeier	Aurich	1976	2007	00:57:24						0:57:24		31	W30		1
	Holger	Meyer	Siemonswolde	1960	2007			00:57:32				0:57:32		47	M40		1
	Jens	Leuchten	Holtland	1969	2007	00:57:33						0:57:33		38	M30		1
	Wolfgang	Harms	Ihlow	1977	2007	00:57:36						0:57:36		30	M30		1
	Anja	de Witte	LT TuS Aurich Ost	1975	2007						00:57:45	0:57:45		32	W30		1
	Siegfried	Janßen	Südbrookmerland	1953	2007	00:57:53						0:57:53		54	M50		1
	Thilo	von Coelln	Aktiva GmbH	1958	2007			00:57:58				0:57:58		49	M40		1
	Andreas	Hinrichs	Möbel Buss	1985	2007						00:58:04	0:58:04		22	MHK		1
	Nils	Meinen	Spetzerfehn	1987	2007			00:58:07				0:58:07		20	MHK		1
	Jonas	Buja	SV Holtland	1992	2007		00:58:21					0:58:21		15	MU20		1
	Marianne	Loeschen	Holtrop	1960	2007	00:58:33						0:58:33		47	W40		1
	Günter	Saathoff-Kettwig	TSV Hesel	1956	2007						00:58:53	0:58:53		51	M50		1
	Christian	Dawid	Leer	1950	2007	00:59:09						0:59:09		57	M50		1
	Gerd	Over	Meppen	1953	2007					00:59:09		0:59:09		54	M50		1
	Klaus	Ebrecht	Esens	1961	2007						00:59:13	0:59:13		46	M40		1
	Focko	Penon	Aurich	1971	2007						00:59:28	0:59:28		36	M30		1
	Roswitha	Schön	Leer	1969	2007		00:59:39					0:59:39		38	W30		1
	Daniel	Caspers	Großefehn	1989	2007						00:59:47	0:59:47		18	MU20		1
	Jens	Lobinski	Großefehn	1979	2007			00:59:50				0:59:50		28	MHK		1
	Frank	Dirks	NIGE	1989	2007						00:59:53	0:59:53		18	MU20		1
	Jonas	Gruner	NIGE	1990	2007						01:00:00	1:00:00		17	MU20		1
	Bernd	Weihls	Watt'n Looper SV Dorn	1966	2007					01:00:12		1:00:12		41	M40		1
	Heinrich	Janssen	MTV Aurich Tria	1934	2007	01:00:16						1:00:16		73	M70		1
	Lars	Janssen	TuS Sandhorst	1981	2007						01:00:16	1:00:16		26	MHK		1
	Insa	Janssen	MTV Aurich	1975	2007	01:00:16						1:00:16		32	W30		1
	Daniela	Latendorf	Sparkasse Leer Wittmu	1985	2007	01:00:20						1:00:20		22	W20		1
	Siegfried	Janssen	LG Ostfriesland	1955	2007				01:00:25			1:00:25		52	M50		1
	Pascale	Prangenberg	*Aurich	1970	2007	01:00:28						1:00:28		37	M30		1
	Manuela	Kroon	SV Nortmoor	1975	2007		01:01:01					1:01:01		32	W30		1
	Helmut	Focken	Lehmwerder	1949	2007			01:01:04				1:01:04		58	M50		1
	Heiko	Wallenstein	Feuerwehr Sandhorst	1982	2007				01:01:16			1:01:16		25	MHK		1
	Johannes	Werkmeister	Leer	1957	2007	01:01:21						1:01:21		50	M50		1
	Torsten	Schacht	100 Marathon Club	1961	2007	01:01:23						1:01:23		46	M40		1
	Ralf	Elsner	TSV Hesel	1985	2007						01:01:31	1:01:31		22	MHK		1
	Michael	Ewen	TV Marienhafe	1976	2007				01:01:37			1:01:37		31	M30		1
	Alfons	Nieberg	LT Schafhauser Wald	1950	2007	01:01:40						1:01:40		57	M50		1
	Oliver	Neumann	BW Ramsloh	1988	2007		01:01:40					1:01:40		19	MU20		1
	Lars	Buck	NIGE	1989	2007						01:01:45	1:01:45		18	MU20		1
	Hendrik	Schuirmann	Fulkum	1989	2007						01:01:45	1:01:45		18	MU20		1
	Frieda	Brinkmann	Fortuna Logabirum	1960	2007						01:01:45	1:01:45		47	W40		1
	Detlef	Dekena	Emden	1971	2007	01:01:46						1:01:46		36	M30		1
	Anusch	Noll	NIGE	1988	2007						01:01:46	1:01:46		19	MU20		1
	Gretus	Hoofdman	TV Marienhafe	1963	2007				01:01:51			1:01:51		44	M40		1
	Lone	Pöhlmann	Leer	1968	2007	01:01:53						1:01:53		39	W30		1
	Anja	Groeneveld	Großefehn	1977	2007	01:01:55						1:01:55		30	W30		1
	Alois	Albers	ZGO	1957	2007	01:01:57						1:01:57		50	M50		1
	Tames	Neumann	TuS Esens	1995	2007						01:01:57	1:01:57		12	MU20		1
	Jan-Dirk	Eggers	DPI AG	1979	2007					01:02:04		1:02:04		28	MHK		1
	Bernd	Kramer	Aurich	1979	2007	01:02:04						1:02:04		28	MHK		1
	Ralf	Denkena	Emden	1969	2007	01:02:12						1:02:12		38	M30		1
	Berend	Janssen	Middels	1944	2007						01:02:16	1:02:16		63	M60		1
	Silvia	Lücht	RUF Hesel	1986	2007		01:02:16					1:02:16		21	WHK		1
	Gunda	Koch	Team Möbelhaus de Gr	1977	2007	01:02:18						1:02:18		30	W30		1
	Alste	Himpel	Dunum	1957	2007						01:02:21	1:02:21		50	W50		1
	Birgit	Goesmann	Holtland	1963	2007	01:02:22						1:02:22		44	W40		1
	Wiebke	Bruns	SV Holtland	1993	2007		01:02:33					1:02:33		14	WU20		1
	Karl	Schürmann	LG Ostfriesland	1972	2007				01:02:38			1:02:38		35	M30		1
	Lisa	Duin	SV Holtland	1991	2007		01:02:50					1:02:50		16	WU20		1
	Marie	Ubben	Edeka Nordwest	1958	2007	01:02:52						1:02:52		49	W40		1
	Lisa	Mansholt	Sus Timmel	1991	2007		01:02:59					1:02:59		16	WU20		1
	Sven	Heyenga	Veenhusen	1987	2007						01:03:03	1:03:03		20	MHK		1
	Olaf	Gerdes	TSV Riepe	1972	2007				01:03:11			1:03:11		35	M30		1
	Gerhard	Lingner	TuRa 07 Westrhauderfe	1952	2007						01:03:13	1:03:13		55	M50		1
	Gerd	Geiken	FFF Berumerfehn	1960	2007			01:03:14				1:03:14		47	M40		1
	Wolfgang	Wessels	FFF Berumerfehn	1967	2007			01:03:15				1:03:15		40	M40		1
	Ewald	Kalkwarf	Pewsumer Ossilooper	1964	2007	01:03:20						1:03:20		43	M40		1
	Annika	Schmedding	Druckerei Meyer, Aurich	1991	2007						01:03:34	1:03:34		16	WU20		1

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit km 69,30	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km						
	Lisa	Speckmann	Druckerei Meyer, Aurich	1990	2007						01:03:34	1:03:34		17	WU20		1
	Michael	Löwe	Freiw. Feuerwehr Folm	1960	2007	01:03:37						1:03:37		47	M40		1
	Sönke	Kempen	SV Potshausen	1995	2007						01:03:41	1:03:41		12	MU20		1
	Andreas	Hahn	Kiel	1964	2007			01:03:42				1:03:42		43	M40		1
	Rosie	Schön	Fortuna Logabirum	1969	2007						01:03:46	1:03:46		38	W30		1
	Claus	Becker	HRS Hesel	1949	2007						01:03:56	1:03:56		58	M50		1
	Fritz	Drost	MTV Wittmund	1943	2007	01:03:58						1:03:58		64	M60		1
	Thomas	Lange	Leer	1956	2007						01:04:08	1:04:08		51	M50		1
	Bernd	Feenders	TuS Ditzumerverlaat	1973	2007		01:04:10					1:04:10		34	M30		1
	Birgit	Schröder	Pewsum	1963	2007						01:04:21	1:04:21		44	W40		1
	Thomas	Teitge	Emden	1959	2007						01:04:22	1:04:22		48	M40		1
	Insa	Schipper	Leer	1968	2007						01:04:26	1:04:26		39	W30		1
	Ines	Kruse	Gymnastikstudio Larisc	1985	2007	01:04:45						1:04:45		22	WHK		1
	Eike	Henninga	TSV Holtrop	1991	2007			01:04:52				1:04:52		16	MU20		1
	Michael	Reichert	TSV Holtrop	1991	2007			01:04:52				1:04:52		16	MU20		1
	Helga	Buss	SV Stikelkamp	1962	2007		01:05:08					1:05:08		45	W40		1
	Meta	Samuels	Aurich	1964	2007		01:05:11					1:05:11		43	W40		1
	Helmut	Meyerhoff	LG Ostfriesland	1962	2007				01:05:22			1:05:22		45	M40		1
	Joachim	Meyer	LG Ostfriesland	1962	2007				01:05:23			1:05:23		45	M40		1
	Gerd	Heyse	Werder Ossies	1960	2007						01:05:24	1:05:24		47	M40		1
	Björn	Kaczmarek	NIGE	1990	2007						01:05:29	1:05:29		17	MU20		1
	Frank	Duhlies	TC Beluga	1960	2007				01:05:45			1:05:45		47	M40		1
	Heiko	Adams	Die Tresen	1972	2007						01:06:01	1:06:01		35	M30		1
	Janna	Speckmann	MTV Aurich	1990	2007						01:06:06	1:06:06		17	WU20		1
	Heidi	Wientjes	TuS Aurich-Ost	1968	2007						01:06:07	1:06:07		39	W30		1
	Wiebke	Wilberts	Aurich	1991	2007						01:06:08	1:06:08		16	WU20		1
	Ulrich	Grundhöfer	Haffkoog	1964	2007			01:06:11				1:06:11		43	M40		1
	Martina	Stecker	MTV Wittmund	1964	2007	01:06:14						1:06:14		43	W40		1
	Simon	Werkmeister	Leer	1990	2007						01:06:22	1:06:22		17	MU20		1
	Heike	Neumann	BW Ramsloh	1960	2007		01:06:34					1:06:34		47	W40		1
	Peter	Marx	Aurich	1957	2007						01:06:43	1:06:43		50	M50		1
	Beate	Tittil	Frankfurt	1960	2007						01:06:48	1:06:48		47	W40		1
	Lea	Höfner	Grunschule Dunum	1997	2007						01:07:00	1:07:00		10	WU20		1
	Arno	Höfner	Dunum	1967	2007						01:07:02	1:07:02		40	M40		1
	Rolf	Ubben	Feuerwehr Sandhorst	1974	2007				01:07:10			1:07:10		33	M30		1
	Veronique	Löschen	Kdo SES	1980	2007					01:07:10		1:07:10		27	WHK		1
	Jessica	Wirdemann	TuS Glanum	1987	2007					01:07:10		1:07:10		20	WHK		1
	Andrea	Voss-Hofmann	Wiefelstede	1967	2007					01:07:11		1:07:11		40	W40		1
	Thelke	Meyer	SV Potshausen	1992	2007	01:07:11						1:07:11		15	WU20		1
	Gaby	Wingerter-Wolters	Aktiva GmbH Wolters &	1962	2007	01:07:14						1:07:14		45	W40		1
	Jessica	Hoffmeister	SC Dunum	1991	2007				01:07:14			1:07:14		16	WU20		1
	Günter	Becker	Bad Zwischenahn	1957	2007			01:07:30				1:07:30		50	M50		1
	Hannelore	Immega	Werdum	1953	2007		01:07:35					1:07:35		54	W50		1
	Martin	Wildemann	Stedesdorf	1960	2007					01:07:42		1:07:42		47	M40		1
	Sandra	Hoffmann	Enercon	1979	2007	01:07:49						1:07:49		28	WHK		1
	Martin	Post	TSV Holtrop	1992	2007			01:08:03				1:08:03		15	MU20		1
	Anne	Behrends	Ostrhauderfehn	1963	2007	01:08:05						1:08:05		44	W40		1
	Jannik	Neumann	TuS Esens	1993	2007						01:08:33	1:08:33		14	MU20		1
	Annemarie	Carstens	LT Schafhauser Wald	1956	2007						01:08:35	1:08:35		51	W50		1
	Imke	Duin	SV Holtland	1993	2007		01:08:36					1:08:36		14	WU20		1
	Maike	Hinrichs	Holtrop	1990	2007			01:08:38				1:08:38		17	WU20		1
	Lisa	Tunder	Spetzerfehn	1991	2007			01:08:38				1:08:38		16	WU20		1
	Melanie	Möhlmeier	SV Tergast	1982	2007						01:08:39	1:08:39		25	WHK		1
	Marianne	Reents	LT Schafhauser Wald	1946	2007						01:08:40	1:08:40		61	W60		1
	Anja	de Buhr-Hanken	Fun-Loopers	1965	2007			01:08:54				1:08:54		42	W40		1
	Julia	Meyer	Fun-Looper	1967	2007			01:08:54				1:08:54		40	W40		1
	Heidi	Weintjes	TuS Aurich-Ost	1968	2007					01:09:13		1:09:13		39	W30		1
	Michael	Severiens-Klosse	LT Ihlow	1968	2007	01:09:34						1:09:34		39	M30		1
	Johann	Kramer	Moordorf	1952	2007						01:09:36	1:09:36		55	M50		1
	Ralf	Grünefeld	Spetzerfehn	1981	2007			01:09:43				1:09:43		26	MHK		1
	Ralf	Neumann	Esens	1958	2007						01:09:55	1:09:55		49	M40		1
	Ellen	Beekmann	Großefehn	1968	2007			01:10:40				1:10:40		39	W30		1
	Voline	Harms	Strackholt	1962	2007		01:10:46					1:10:46		45	W40		1
	Edith	Schoon	Wiesmoor	1954	2007	01:11:07						1:11:07		53	W50		1
	Gerda	Möhlmann	Aurich	1965	2007			01:11:36				1:11:36		42	W40		1
	Matthias	Krull	KBV Langefeld	1969	2007						01:11:57	1:11:57		38	M30		1
	Ewald	Mühlenbrook	Sparkasse Aurich-Nord	1963	2007				01:11:57			1:11:57		44	M40		1
	Thomas	Begemann	LG Leer	1982	2007						01:12:30	1:12:30		25	MHK		1
	Doreen	Brauner	LG Leer	1980	2007						01:12:30	1:12:30		27	WHK		1
	Christoph	Kutschker	Aurich	1988	2007				01:13:10			1:13:10		19	MU20		1
	Julia	Hemmers	Aurich	1987	2007				01:13:10			1:13:10		20	WHK		1

**26. Ostfrieslandlauf 2007**

01.05. bis 18.05.2007

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,70km	10,60km	11,20km	13,80km	11,80km	11,20km	km 69,30					
	Anne	Höfer	Emder LG	1961	2007		01:13:57					1:13:57		46	W40		1
	Meint	Eilers	LG Ostfriesland	1954	2007				01:14:19			1:14:19		53	M50		1
	Renate	Wichmann	SC Dunum	1979	2007					01:14:36		1:14:36		28	WHK		1
	Karin	Wiegmann	Gronau	1977	2007					01:14:36		1:14:36		30	W30		1
	Marion	Laue	LT TuS Aurich-Ost	1966	2007						01:14:39	1:14:39		41	W40		1
	Marlis	Tunder	13 Eichen Wiesens	1987	2007				01:14:41			1:14:41		20	WHK		1
	Maike	Akkermann	Moormerland	1983	2007						01:15:04	1:15:04		24	WHK		1
	Behrend	Dellwisch	SG Egels Popens	1993	2007				01:15:08			1:15:08		14	MU20		1
	Beate	Baumeister	Emden	1977	2007						01:15:23	1:15:23		30	W30		1
	Sabine	Haberecht	Emden	1959	2007						01:15:23	1:15:23		48	W40		1
	Hartmut	Krull	Aurich	1961	2007			01:15:24				1:15:24		46	M40		1
	Heike	Koplin	Leer	1971	2007			01:15:24				1:15:24		36	W30		1
	Margret	Kahmann	LG Ostfriesland	1958	2007					01:15:38		1:15:38		49	W40		1
	Gerhardine	Tjarks	LG Ostfriesland	1957	2007					01:15:38		1:15:38		50	W50		1
	Magnus	Müller	VFL Ockenhausen	1941	2007			01:15:57				1:15:57		66	M60		1
	Ulrike	Beekhuis	SV Domun Watt'nLoop	1954	2007						01:16:07	1:16:07		53	W50		1
	Hannelore	Focken	Lehmwerder	1953	2007			01:16:10				1:16:10		54	W50		1
	Philipp	Bunte	Aurich	1992	2007				01:16:45			1:16:45		15	MU20		1
	Konstantin	Stracke	MTV Aurich	1994	2007				01:16:46			1:16:46		13	MU20		1
	Melanie	Hinrichs	Möbel Buss	1985	2007						01:17:13	1:17:13		22	WHK		1
	Gerd	Siebels	Fortuna Logabirum	1953	2007				01:17:19			1:17:19		54	M50		1
	Stefan	Veith	TuS Middels	1985	2007				01:19:46			1:19:46		22	MHK		1
	Andreas	Stekker	TuS Middels	1982	2007				01:19:48			1:19:48		25	MHK		1
	Harry	Schön	Wiesmoor	1963	2007	01:19:58						1:19:58		44	M40		1
	Wiebke	Marx	Aurich	1993	2007						01:20:06	1:20:06		14	WU20		1
	Miachel	Neumann	Neubörger	1980	2007				01:20:35			1:20:35		27	MHK		1
	Gerrit	Herlyn	Flekkefjord Norwegen	1949	2007	01:21:20						1:21:20		58	M50		1
	Tanja	Saathoff	Ihlow	1976	2007	01:21:34						1:21:34		31	W30		1
	Klaus	Beyer	SV Holtland	1946	2007	01:22:11						1:22:11		61	M60		1
	Frank	Gerdes	Großefehn	1982	2007				01:22:13			1:22:13		25	MHK		1
	Gitta	Seifert	Plaggenburg	1967	2007					01:22:43		1:22:43		40	W40		1
	Jürgen	Peeken	Altfunnixiel	1953	2007				01:24:11			1:24:11		54	M50		1
	Walter	Volz	Leingristen	1940	2007				01:24:39			1:24:39		67	M60		1
	Gertrud	Haken	Weener	1951	2007	01:24:52						1:24:52		56	W50		1
	Erik	Antonzyk	Tannenhausen	1978	2007				01:30:52			1:30:52		29	MHK		1
	Silke	Schumann	www.urologie-leer.de	1986	2007	01:32:10						1:32:10		21	W20		1
	Inka	Onnecken	Leer	1981	2007	01:32:32						1:32:32		26	W20		1
	Renate	Vry	Fortuna Logabirum	1955	2007						01:34:35	1:34:35		52	W50		1
	Christine	Mayer	Schloß-Holte	1959	2007						01:36:09	1:36:09		48	W40		1
	Christian	Mütze	TSV Holtrop	1992	2007			04:51:59				4:51:59		15	MU20		1