

18. Ostfrieslandlauf 1999

25.05. bis 11.06.1998

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1		Lauf 2		Lauf 3		Lauf 4		Lauf 5		Lauf 6		Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	10,20km	11,05km	12,75km	11,90km	10,80km	67,50km											
1	Steinke	Peter	LG Ihr-W'fehn	1970	1999	00:36:11	00:33:41	00:36:53	00:42:37	00:41:02	00:37:49	03:48:13	00:33:49	29	M20	1	6						
2	Mühlenbrock	Wilfried	LG Ostfriesland	1975	1999	00:36:18	00:34:55	00:36:34	00:42:44	00:41:03	00:37:43	03:49:17	00:33:58	24	M20	2	6						
3	Hörnemann	Lutz	LG Ostfriesland	1962	1999	00:37:16	00:34:57	00:37:51	00:44:02	00:41:17	00:38:33	03:53:56	00:34:39	37	M30	1	6						
4	Bickel	Torsten	Conc. Ihrhove	1964	1999	00:37:07	00:34:57	00:37:57	00:44:16	00:41:26	00:38:43	03:54:26	00:34:44	35	M30	2	6						
5	Jürrens	Harry	Emd.-Harsweg	1957	1999	00:37:24	00:35:49	00:38:48	00:44:50	00:42:27	00:38:47	03:58:05	00:35:16	42	M40	1	6						
6	Trebesch	Wolfgang	MTV Aurich	1958	1999	00:38:14	00:36:21	00:38:59	00:45:34	00:42:33	00:38:49	04:00:30	00:35:38	41	M40	2	6						
7	Speckmann	Karl-Heinz	MTV Aurich	1958	1999	00:38:21	00:36:31	00:39:20	00:45:34	00:42:33	00:38:51	04:01:10	00:35:44	41	M40	3	6						
8	Ludwig	Reinhard	LG Ostfriesland	1959	1999	00:38:38	00:37:03	00:39:03	00:45:39	00:42:53	00:38:38	04:01:54	00:35:50	40	M40	4	6						
9	Tjarks	Eduard	LG Ostfriesland	1954	1999	00:39:43	00:37:18	00:39:52	00:47:02	00:43:54	00:40:51	04:08:40	00:36:50	45	M40	5	6						
10	Oldigs	Beene	Team Dt. Post	1961	1999	00:40:11	00:37:36	00:39:49	00:46:58	00:44:19	00:41:01	04:09:54	00:37:01	38	M30	3	6						
11	Mouson	Heinz	Fehntjer LT	1960	1999	00:40:09	00:37:36	00:40:06	00:48:00	00:44:48	00:41:01	04:11:40	00:37:17	39	M30	4	6						
12	Beyer	Walter	Germania Leer	1958	1999	00:40:24	00:38:32	00:41:12	00:47:58	00:44:50	00:41:21	04:14:17	00:37:40	41	M40	6	6						
13	Christians	Borchard	LG Ostfriesland	1958	1999	00:40:55	00:38:44	00:41:59	00:48:15	00:45:07	00:40:51	04:15:51	00:37:54	41	M40	7	6						
14	Oppenborn	Stefan	Fehntjer LT	1978	1999	00:40:35	00:39:08	00:41:43	00:48:34	00:45:18	00:41:27	04:16:45	00:38:02	21	M20	3	6						
15	Lübben	Uwe	SC Dunum	1967	1999	00:40:47	00:39:23	00:41:55	00:48:39	00:45:19	00:41:48	04:17:51	00:38:12	32	M30	5	6						
16	Koenen	Hermann	Germ. Leer	1950	1999	00:41:39	00:39:11	00:41:46	00:49:01	00:45:49	00:42:14	04:19:40	00:38:28	49	M40	8	6						
17	Waschkau	Jan	Germ. Leer	1977	1999	00:44:46	00:40:55	00:42:48	00:47:55	00:44:02	00:39:19	04:19:45	00:38:29	22	M20	4	6						
18	Schütte	Maik	Wiesmoor	1971	1999	00:41:58	00:40:26	00:41:52	00:49:30	00:46:44	00:41:58	04:22:28	00:38:53	28	M20	5	6						
19	Hofmann	Fred	BW Weener	1966	1999	00:42:00	00:39:23	00:41:56	00:48:47	00:46:21	00:44:24	04:22:51	00:38:56	33	M30	6	6						
20	Bach	Henning	LG Ihr-W'fehn	1980	1999	00:42:17	00:39:44	00:42:50	00:50:11	00:47:11	00:43:05	04:25:18	00:39:18	19	MU20	1	6						
21	Lammers	Holger	TG Wiesmoor	1982	1999	00:43:09	00:39:50	00:43:02	00:50:04	00:48:43	00:42:43	04:27:31	00:39:38	17	MU20	2	6						
22	de Freese	Frank	LG Ihr-W'fehn	1982	1999	00:44:01	00:39:51	00:44:01	00:50:33	00:47:14	00:42:17	04:27:57	00:39:42	17	MU20	3	6						
23	Becker	Axel	ELG Emden	1960	1999	00:42:12	00:40:15	00:43:57	00:50:55	00:47:38	00:43:16	04:28:13	00:39:44	39	M30	7	6						
24	Voogd	Stefan	VfB Uplengen	1974	1999	00:42:47	00:40:29	00:43:21	00:51:07	00:47:24	00:43:17	04:28:25	00:39:46	25	M20	6	6						
25	Siebelts	Arnd	TV Norden	1967	1999	00:43:16	00:40:37	00:43:16	00:50:59	00:47:18	00:43:17	04:28:43	00:39:49	32	M30	8	6						
26	Schlaack	Andreas	LT Schaffh-W.	1970	1999	00:43:45	00:41:17	00:43:18	00:50:06	00:47:19	00:42:58	04:28:43	00:39:49	29	M20	7	6						
27	Albers	Jens	Werkst.f.Beh.	1976	1999	00:43:08	00:40:32	00:43:22	00:51:00	00:47:34	00:43:17	04:28:53	00:39:50	23	M20	8	6						
28	Trauernicht	Heinz	Polizei Leer	1965	1999	00:43:28	00:40:39	00:43:35	00:51:29	00:47:47	00:43:12	04:30:10	00:40:01	34	M30	9	6						
29	Bartkowski	Holger	Aurich	1958	1999	00:43:36	00:40:28	00:43:50	00:51:57	00:47:49	00:43:03	04:30:43	00:40:06	41	M40	9	6						
30	Park	Harm	TuS Weene	1953	1999	00:43:35	00:41:08	00:44:14	00:51:52	00:48:32	00:43:59	04:33:20	00:40:30	46	M40	10	6						
31	Lengert	Johann	Moordorf	1966	1999	00:44:46	00:41:20	00:43:56	00:51:57	00:47:32	00:44:05	04:33:36	00:40:32	33	M30	10	6						
32	Schlachter	Henri	Vo-Raiba Wee	1961	1999	00:43:52	00:41:38	00:45:11	00:52:43	00:47:47	00:43:13	04:34:24	00:40:39	38	M30	11	6						
33	Gumbrecht-V.	Dagmar	IGS Aurich	1957	1999	00:44:16	00:41:05	00:44:03	00:52:01	00:49:29	00:44:16	04:35:10	00:40:46	42	W40	1	6						
34	Sappl	Günther	Germ. Leer	1945	1999	00:43:49	00:41:47	00:44:54	00:51:40	00:48:37	00:44:27	04:35:14	00:40:47	54	M50	1	6						
35	Warnecke	Dirk	TSV Wolfshg.	1969	1999	00:44:22	00:42:44	00:43:44	00:52:50	00:48:15	00:43:25	04:35:20	00:40:47	30	M30	12	6						
36	Welzel	Wolfgang	Fehntjer LT	1962	1999	00:44:03	00:41:10	00:44:35	00:52:40	00:48:55	00:44:07	04:35:30	00:40:49	37	M30	13	6						
37	Beyer	Claudia	Conc. Ihrhove	1961	1999	00:43:11	00:41:03	00:43:58	00:51:58	00:49:25	00:46:03	04:35:38	00:40:50	38	W30	1	6						
38	Hesse	Axel	Team Dt. Post	1969	1999	00:44:31	00:42:32	00:43:43	00:52:22	00:48:36	00:44:00	04:35:44	00:40:51	30	M30	14	6						
39	Hinrichs	Enno	TuS Aurich-O.	1961	1999	00:44:08	00:42:02	00:44:42	00:52:42	00:49:03	00:44:15	04:36:52	00:41:01	38	M30	15	6						
40	Wilbers	Wilhelm	Ochtersum	1962	1999	00:45:31	00:42:20	00:44:53	00:51:59	00:48:04	00:44:55	04:37:42	00:41:08	37	M30	16	6						
41	Löwe	Alexander	MTV Aurich	1982	1999	00:44:07	00:42:12	00:45:38	00:51:45	00:49:37	00:44:40	04:37:59	00:41:11	17	MU20	4	6						
42	Loger	Gerhard	Die Bären, OL	1959	1999	00:44:42	00:42:39	00:45:06	00:52:14	00:49:09	00:44:40	04:38:30	00:41:16	40	M40	11	6						
43	Schoone	Helmut	LG Uplengen	1956	1999	00:43:57	00:42:38	00:45:17	00:53:25	00:48:23	00:45:10	04:38:50	00:41:19	43	M40	12	6						
44	Veith	Manfred	TuS Aurich-O.	1956	1999	00:44:08	00:42:03	00:45:33	00:53:03	00:49:42	00:44:37	04:39:06	00:41:21	43	M40	13	6						
45	Jung	Lutz	SV Fres. Ihren	1960	1999	00:45:34	00:41:59	00:44:50	00:53:20	00:49:24	00:44:19	04:39:26	00:41:24	39	M30	17	6						
46	Fischer	Helmut	For. Logabirum	1971	1999	00:44:44	00:42:17	00:45:20	00:52:54	00:49:35	00:45:28	04:40:18	00:41:32	28	M20	9	6						
47	Harbers	Manfred	Logabirum	1969	1999	00:44:40	00:42:58	00:46:01	00:52:38	00:49:31	00:44:34	04:40:22	00:41:32	30	M30	18	6						
48	Böhmer	Johann	TC Esens	1953	1999	00:44:23	00:42:44	00:45:19	00:53:21	00:50:04	00:44:36	04:40:27	00:41:33	46	M40	14	6						
49	Sörensen	Mark	SpVG Aurich	1981	1999	00:45:29	00:42:31	00:45:13	00:53:30	00:49:47	00:44:14	04:40:44	00:41:35	18	MU20	5	6						
50	Goudschaal	Ude	TV Bunde	1955	1999	00:44:54	00:42:31	00:45:32	00:53:02	00:50:03	00:45:24	04:41:26	00:41:42	44	M40	15	6						
51	Wijnen	Dirk	TB Twixlum	1982	1999	00:47:15	00:42:34	00:45:02	00:53:12	00:49:57	00:43:26	04:41:26	00:41:42	17	MU20	6	6						
52	Jürrens	Inga	SV Emden -Harsweg	1982	1999	00:45:38	00:42:30	00:45:02	00:53:51	00:50:00	00:45:29	04:42:30	00:41:51	17	WU20	1	6						
53	Busker	Nils	TuS Aurich-O.	1981	1999	00:49:10	00:42:49	00:45:15	00:52:08	00:48:17	00:45:14	04:42:53	00:41:55	18	MU20	7	6						
54	Bruns	Dieter	PSV Aurich-W.	1965	1999	00:47:24	00:43:42	00:46:21	00:53:24	00:48:26	00:44:12	04:43:29	00:42:00	34	M30	19	6						
55	Reiter	Johann	SV Holtland	1955	1999	00:46:30	00:42:48	00:45:38	00:54:36	00:49:33	00:45:05	04:44:10	00:42:06	44	M40	16	6						
56	Steinke	Hilde	C. Neermoor	1945	1999	00:44:52	00:42:57	00:45:42	00:54:39	00:50:18	00:45:57	04:44:25	00:42:08	54	W50	1	6						
57	Heibült	Christian	SV Holtland	1940	1999	00:45:26	00:42:52	00:46:15	00:54:18	00:50:02	00:45:35	04:44:28	00:42:09	59	M50	2	6						
58	Janssen	Hero	Aurich	1965	1999	00:45:57	00:42:45	00:47:07	00:54:16	00:49:18	00:45:31	04:44:54	00:42:12	34	M30	20	6						
59	Drost	Fritz	MTV Wittmund	1943	1999	00:45:48	00:42:48	00:45:35	00:54:15	00:50:34	00:45:57	04:44:57	00:42:13	56	M50	3	6						
60	Tietjendiers	Sascha	KJT Leer	1981	1999	00:46:45	00:44:26	00:45:29	00:53:45	00:49:57	00:44:47	04:45:09	00:42:15	18	MU20	8	6						
61	Damm	Remmer	Conc. Ihrhove	1951	1999	00:44:47	00:42:46	00:46:13	00:56:13	00:50:20	00:45:16	04:45:35	00:42:19	48	M40	17	6						
62	Tuitjer	Berthold	Matadors EMD	1969	1999	00:45:42	00:43:02	00:46:06	00:53:37	00:50:58	00:46:10	04:45:35	00:42:19	30	M30	21	6						
63	Siemens	Karl	MTV Wittmund	1951	1999	00:44:12	00:43:05	00:47:02	00:54:32	00:51:04	00:45:43	04:45:38	00:42:19	48	M40	18	6						
64	Meyer	Stephan	LG Uplengen	1976	1999	00:45:35	00:43:37	00:46:00	00:54:14	00:50:32	00:45:41	04:45:39	00:42:19	23	M20	10	6						
65	de Buhr	Harald	Polizei Leer	1962	1999	00:45:25	00:43:27	00:47:02	00:54:08	00:50:10	00:45:33	04:45:45	00:42:20	37	M30	22	6						
66	Pen																						

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	10,20km	11,05km	12,75km	11,90km	10,80km						
72	Sandersfeld	Johann	LG Uplengen	1955	1999	00:46:12	00:43:49	00:46:56	00:54:55	00:50:43	00:45:49	04:48:24	00:42:44	44	M40	22	6
73	Ehmen	Martin	Warsingsfehn	1958	1999	00:47:11	00:43:30	00:46:49	00:54:28	00:50:40	00:45:55	04:48:33	00:42:45	41	M40	23	6
74	Lay	Jan	Fehntjer LT	1954	1999	00:46:33	00:43:30	00:46:37	00:54:54	00:51:13	00:46:07	04:48:54	00:42:48	45	M40	24	6
75	Carls	Christoph	TV Norden	1964	1999	00:46:34	00:43:47	00:46:26	00:55:32	00:50:46	00:46:23	04:49:28	00:42:53	35	M30	24	6
76	Sawatz	Gerda	Fehntjer LT	1956	1999	00:45:54	00:43:20	00:47:06	00:54:50	00:52:15	00:46:22	04:49:47	00:42:56	43	W40	2	6
77	Brunns	Bernd	WASPO Hesel	1961	1999	00:46:38	00:43:10	00:46:54	00:56:14	00:51:50	00:45:56	04:50:42	00:43:04	38	M30	25	6
78	Meyer	Rolf	SuS Strackholt	1969	1999	00:46:35	00:44:16	00:47:19	00:55:02	00:51:03	00:46:56	04:51:11	00:43:08	30	M30	26	6
79	Wittmann	Benjamin	SV Holtland	1981	1999	00:48:12	00:43:44	00:45:51	00:56:44	00:51:09	00:45:56	04:51:36	00:43:12	18	MU20	9	6
80	Keplin	Otto	VfL Jheringsf.	1948	1999	00:46:36	00:43:51	00:47:14	00:55:19	00:51:49	00:46:59	04:51:48	00:43:14	51	M50	5	6
81	Hillbrands	Johann	TuS Collinghorst	1954	1999	00:46:48	00:43:46	00:46:59	00:55:46	00:52:17	00:47:05	04:52:41	00:43:22	45	M40	25	6
82	Hinrichs	Johannes	MTV Wittmund	1952	1999	00:46:10	00:44:28	00:47:08	00:56:15	00:52:02	00:47:03	04:53:06	00:43:25	47	M40	26	6
83	Lalk	Meyel	Flachsmeer	1960	1999	00:47:18	00:44:59	00:48:07	00:55:29	00:51:01	00:46:42	04:53:36	00:43:30	39	M30	27	6
84	Rynas	Heinrich	Germ. Leer	1955	1999	00:46:50	00:44:52	00:47:22	00:56:08	00:51:22	00:47:07	04:53:41	00:43:31	44	M40	27	6
85	Schmidt	Rolf	Hennefer TV	1954	1999	00:46:45	00:44:35	00:47:43	00:55:53	00:52:01	00:47:16	04:54:13	00:43:35	45	M40	28	6
86	Wilken	Eric	Polizei Leer	1963	1999	00:46:37	00:44:31	00:47:46	00:55:48	00:51:58	00:47:48	04:54:28	00:43:37	36	M30	28	6
87	Jungenkrüger	Udo	Loquard	1964	1999	00:48:18	00:44:36	00:47:13	00:56:25	00:52:14	00:46:29	04:55:15	00:43:44	35	M30	29	6
88	Fleißner	Udo	PSV Aurich-West	1967	1999	00:46:22	00:44:41	00:47:40	00:57:53	00:51:59	00:46:50	04:55:25	00:43:46	32	M30	30	6
89	Tammerna	Gerhard	PSV Leer	1951	1999	00:48:36	00:44:38	00:47:10	00:56:27	00:52:04	00:46:43	04:55:38	00:43:48	48	M40	29	6
90	Hans	Friedrich	PSV Aurich	1952	1999	00:48:04	00:44:41	00:47:55	00:56:02	00:52:05	00:46:55	04:55:42	00:43:48	47	M40	30	6
91	Laaken	Sascha	Conc. Ihrhove	1972	1999	00:47:26	00:45:55	00:47:28	00:55:38	00:51:27	00:48:16	04:56:10	00:43:53	27	M20	12	6
92	Wiechmann	Steffen	Germ. Leer	1988	1999	00:47:43	00:45:22	00:51:47	00:54:21	00:51:22	00:45:51	04:56:26	00:43:55	11	MU20	10	6
93	Hollwege	Ralf	VfL Berumbur	1962	1999	00:47:17	00:45:08	00:47:58	00:56:38	00:52:07	00:47:48	04:56:56	00:43:59	37	M30	31	6
94	Förster	Manfred	MTV Ditzum	1961	1999	00:47:13	00:45:05	00:47:15	00:55:28	00:54:02	00:47:56	04:56:59	00:44:00	38	M30	32	6
95	Brandt	Harald	Team Dt. Post	1974	1999	00:48:21	00:47:59	00:47:41	00:54:29	00:52:06	00:46:37	04:57:13	00:44:02	25	M20	13	6
96	Wippich	Dirk	VfL Jheringsf.	1953	1999	00:47:38	00:44:55	00:48:27	00:57:10	00:52:04	00:47:03	04:57:17	00:44:03	46	M40	31	6
97	Schmidt	Hinrich	IGS Aurich	1946	1999	00:47:19	00:44:44	00:48:28	00:56:45	00:52:31	00:48:17	04:58:04	00:44:09	53	M50	6	6
98	Meyer	Albert	LG Uplengen	1953	1999	00:47:05	00:45:31	00:48:25	00:57:00	00:52:19	00:47:44	04:58:04	00:44:09	46	M40	32	6
99	Solgala	Tomasz	Leer	1979	1999	00:51:02	00:45:22	00:47:25	00:56:14	00:52:00	00:46:28	04:58:31	00:44:13	20	M20	14	6
100	Merl	Christian	Teut. Waltrop	1957	1999	00:45:28	00:44:18	00:45:44	00:54:13	00:58:08	00:50:43	04:58:34	00:44:14	42	M40	33	6
101	Eiben	Eibo	SC Dunum	1943	1999	00:47:20	00:45:50	00:48:25	00:57:14	00:52:16	00:47:29	04:58:34	00:44:14	56	M50	7	6
102	Schachtschn.	Holger	TV Norden	1965	1999	00:47:42	00:45:14	00:48:41	00:56:22	00:53:09	00:47:37	04:58:45	00:44:16	34	M30	33	6
103	Park	Stephan	Poghausen	1971	1999	00:46:50	00:45:43	00:50:00	00:56:54	00:52:43	00:47:06	04:59:16	00:44:20	28	M20	15	6
104	Berger	Holger	Team Dt. Post	1971	1999	00:48:35	00:46:08	00:48:47	00:56:00	00:52:30	00:47:16	04:59:16	00:44:20	28	M20	16	6
105	Hillbrands	Hillrich	TuS Collinghorst	1948	1999	00:49:08	00:45:32	00:48:12	00:56:19	00:52:35	00:47:40	04:59:26	00:44:22	51	M50	8	6
106	Grimm	Thomas	VfL Berumbur	1961	1999	00:47:46	00:45:49	00:49:09	00:56:46	00:52:29	00:47:28	04:59:27	00:44:22	38	M30	34	6
107	Taute	Heinz-E.	VfB Uplengen	1972	1999	00:48:47	00:45:44	00:49:56	00:57:06	00:50:42	00:47:20	04:59:35	00:44:23	27	M20	17	6
108	Baumann	Arno	MTV Aurich	1952	1999	00:48:56	00:44:47	00:48:28	00:57:07	00:53:18	00:47:23	04:59:59	00:44:27	47	M40	34	6
109	Narr	Werner	TC GW Leer	1949	1999	00:47:57	00:44:39	00:48:55	00:56:31	00:53:25	00:48:33	05:00:00	00:44:27	50	M50	9	6
110	Goudschaal	Joachim	TV Bunde	1983	1999	00:49:16	00:45:34	00:49:06	00:56:21	00:52:49	00:47:25	05:00:31	00:44:31	16	MU20	11	6
111	Schäfer	Rainer	Ki. u. Jg-Treff	1965	1999	00:48:28	00:46:02	00:49:19	00:57:01	00:52:42	00:47:21	05:00:53	00:44:35	34	M30	35	6
112	Töbelmann	Thorsten	TuS Augustfehn	1968	1999	00:48:03	00:45:25	00:48:08	00:56:07	00:55:07	00:48:15	05:01:05	00:44:36	31	M30	36	6
113	Bootjer	Eric	RVB Uplengen	1966	1999	00:50:10	00:45:52	00:48:11	00:57:18	00:52:03	00:47:35	05:01:09	00:44:37	33	M30	37	6
114	Ulbrich	Egon	Seefeld TV	1947	1999	00:47:30	00:45:47	00:49:27	00:57:22	00:53:03	00:48:40	05:01:49	00:44:43	52	M50	10	6
115	Willems	Heye	Fort. Logabirum	1953	1999	00:47:20	00:45:27	00:48:38	00:57:19	00:53:44	00:50:03	05:02:31	00:44:49	46	M40	35	6
116	Tel	Reinder	FTC Hollen	1969	1999	00:48:56	00:46:23	00:49:06	00:57:36	00:52:23	00:48:10	05:02:34	00:44:49	30	M30	38	6
117	Janßen	Ilka	Conc. Ihrhove	1976	1999	00:48:41	00:46:12	00:49:51	00:56:55	00:52:53	00:48:26	05:02:58	00:44:53	23	W20	1	6
118	Peter	Timo	IGS Aurich	1981	1999	00:51:37	00:46:47	00:48:23	00:56:44	00:52:18	00:47:24	05:03:13	00:44:55	18	MU20	12	6
119	Claaßen	Michael	Polizei Leer	1967	1999	00:47:52	00:45:26	00:49:25	00:58:28	00:53:38	00:48:24	05:03:13	00:44:55	32	M30	39	6
120	Töbelmann	Olaf	TuS Augustfehn	1971	1999	00:48:06	00:45:45	00:48:17	00:55:16	00:53:11	00:52:39	05:03:14	00:44:55	28	M20	18	6
121	Wilken	Gerhold	SV Holtland	1954	1999	00:48:18	00:46:36	00:48:50	00:58:07	00:53:45	00:47:50	05:03:26	00:44:57	45	M40	36	6
122	Odens	Ode	TV Norden	1935	1999	00:47:39	00:45:48	00:49:54	00:58:04	00:53:48	00:48:38	05:03:51	00:45:01	64	M60	1	6
123	Raveling	Hartmut	LT Schaffh. Wald	1969	1999	00:50:32	00:46:30	00:48:59	00:57:08	00:53:19	00:47:27	05:03:55	00:45:01	30	M30	40	6
124	Borcherding	Dirk	TG Ardorf	1960	1999	00:49:28	00:46:31	00:49:18	00:57:51	00:53:10	00:47:49	05:04:07	00:45:03	39	M30	41	6
125	Wittmann	Rolf-Peter	SV Brinkum	1957	1999	00:47:09	00:45:50	00:48:49	00:57:48	00:54:34	00:50:01	05:04:11	00:45:04	42	M40	37	6
126	Lübben	Astrid	SC Dunum	1971	1999	00:49:17	00:46:41	00:50:05	00:57:14	00:53:33	00:48:09	05:04:59	00:45:11	28	W20	2	6
127	Frey	Christian	Stern Völlfehn	1966	1999	00:50:33	00:46:21	00:48:35	00:58:21	00:53:04	00:48:07	05:05:01	00:45:11	33	M30	42	6
128	Baumann	Hermann	GW Firrel	1970	1999	00:48:40	00:47:16	00:50:02	00:57:37	00:53:15	00:48:28	05:05:18	00:45:14	29	M20	19	6
129	Bernhardt	Fritjof-Hans	Schortens	1937	1999	00:49:07	00:46:24	00:49:39	00:58:05	00:53:28	00:49:25	05:06:08	00:45:21	62	M60	2	6
130	Romaneeßen	Gerhard	Team Dt. Post	1963	1999	00:49:49	00:46:37	00:50:08	00:57:31	00:53:58	00:48:27	05:06:30	00:45:24	36	M30	43	6
131	Holle	Claus-Bernhard	Poseidon Leer	1957	1999	00:48:15	00:46:01	00:50:06	00:59:15	00:53:39	00:49:14	05:06:30	00:45:24	42	M40	38	6
132	Hildebrandt	Volkmar	TuS Weene	1955	1999	00:48:56	00:45:54	00:48:32	01:01:41	00:53:23	00:48:21	05:06:47	00:45:27	44	M40	39	6
133	Schröder, Dr.	Heiner	OZ-Team	1958	1999	00:49:53	00:47:03	00:49:53	00:58:01	00:53:15	00:48:46	05:06:51	00:45:28	41	M40	40	6
134	Janssen	Eilert	TV Marienhaf	1945	1999	00:48:42	00:46:28	00:49:30	00:58:31	00:53:57	00:50:11	05:07:19	00:45:32	54	M50	11	6
135	Brunns	Helmut	Fehntjer LT	1964	1999	00:52:09	00:46:29	00:49:41	00:56:58	00:53:32	00:48:30	05:07:19	00:45:32	35	M30	44	6
136	Limbeck	Volker	FTC Hollen	1965	1999	00:49:27	00:46:04	0									

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	10,20km	11,05km	12,75km	11,90km	10,80km						
143	Wittenburg	Peter	ELG Emden	1949	1999	00:49:09	00:46:40	00:50:10	00:58:42	00:54:13	00:49:56	05:08:50	00:45:45	50	M50	13	6
144	Wübena	Hermann	TV Norden	1949	1999	00:48:51	00:46:35	00:50:04	00:58:49	00:54:25	00:50:16	05:09:00	00:45:47	50	M50	14	6
145	Meyer	Stephan	TuS Middels	1972	1999	00:51:04	00:48:26	00:48:57	00:59:39	00:52:12	00:49:13	05:09:31	00:45:51	27	M20	21	6
146	Janßen	Ludwig	TSV Holtrop	1956	1999	00:49:32	00:46:55	00:49:51	00:58:29	00:54:30	00:50:29	05:09:46	00:45:53	43	M40	42	6
147	Behrends	Behrend	PSV Aurich	1951	1999	00:48:32	00:46:15	00:53:17	00:59:10	00:54:11	00:48:31	05:09:56	00:45:55	48	M40	43	6
148	Walter	Frido	BV Pfalzdorf	1964	1999	00:50:05	00:47:30	00:51:17	00:58:51	00:54:06	00:48:37	05:10:26	00:45:59	35	M30	48	6
149	Helms	Harald	Triangel	1949	1999	00:49:22	00:52:16	00:49:29	00:57:17	00:53:42	00:48:23	05:10:29	00:46:00	50	M50	15	6
150	Tjardes	Karl	Wittmund	1944	1999	00:48:48	00:46:25	00:49:26	01:00:19	00:55:47	00:49:45	05:10:30	00:46:00	55	M50	16	6
151	Henkel	Dieter	BV Pfalzdorf	1970	1999	00:50:06	00:47:29	00:51:21	00:58:50	00:54:08	00:48:41	05:10:35	00:46:01	29	M20	22	6
152	Illig	Reinhard	Werkst.f.Beh.	1942	1999	00:50:17	00:46:32	00:50:07	00:59:02	00:55:09	00:49:38	05:10:45	00:46:02	57	M50	17	6
153	Busker	Traute	TuS Aurich-O.	1953	1999	00:49:59	00:47:48	00:49:57	00:58:42	00:55:13	00:50:04	05:11:43	00:46:11	46	W40	3	6
154	Thomsen	Volker	MTV Wittmund	1950	1999	00:49:44	00:47:15	00:49:58	00:59:54	00:55:00	00:50:14	05:12:05	00:46:14	49	M40	44	6
155	Eilers	Bernhard	Werkst.f.Beh.	1958	1999	00:52:06	00:47:56	00:51:41	00:58:43	00:53:17	00:48:22	05:12:05	00:46:14	41	M40	45	6
156	Voss	Heinz	TV Marienhaf	1961	1999	00:49:43	00:46:30	00:52:00	00:58:32	00:54:38	00:50:54	05:12:17	00:46:16	38	M30	49	6
157	Ernst	Hinrich	Germ. Leer	1955	1999	00:48:38	00:46:53	00:52:03	00:59:48	00:55:44	00:49:23	05:12:29	00:46:18	44	M40	46	6
158	Englisch	Stefan	KJT Leer	1984	1999	00:50:42	00:47:05	00:50:37	00:59:16	00:55:57	00:48:58	05:12:35	00:46:19	15	MU20	14	6
159	Ricklefs	Klaus	SC Wiesens	1957	1999	00:45:25	00:48:37	00:51:43	01:00:13	00:55:59	00:50:42	05:12:39	00:46:19	42	M40	47	6
160	Helms	Folkert	Triangel	1983	1999	00:49:21	00:52:13	00:49:28	00:57:16	00:56:42	00:48:01	05:13:01	00:46:22	16	MU20	15	6
161	Lehmann	Ewald	TuS Aurich-Ost	1954	1999	00:50:44	00:47:47	00:50:47	00:58:40	00:55:36	00:49:58	05:13:32	00:46:27	45	M40	48	6
162	Hoffmann	Johannes	BW Weener	1954	1999	00:51:17	00:47:26	00:50:55	00:59:25	00:55:08	00:49:26	05:13:37	00:46:28	45	M40	49	6
163	Kloß	Margret	SC Dunum	1958	1999	00:49:42	00:47:03	00:51:03	00:59:18	00:56:13	00:50:18	05:13:37	00:46:28	41	W40	4	6
164	Abt	Paul	ELG Emden	1955	1999	00:50:25	00:47:42	00:50:56	00:59:53	00:54:41	00:50:15	05:13:52	00:46:30	44	M40	50	6
165	van Lessen	Meiko	Team Dt. Post	1961	1999	00:49:18	00:48:14	00:50:10	01:02:10	00:54:44	00:49:24	05:14:00	00:46:31	38	M30	50	6
166	Sollermann	Peter	Team Dt. Post	1954	1999	00:49:23	00:47:31	00:50:32	00:59:08	00:55:26	00:52:03	05:14:03	00:46:32	45	M40	51	6
167	Matzk	Karin	MTV Aurich	1951	1999	00:50:08	00:47:30	00:50:34	00:59:00	00:56:29	00:50:48	05:14:29	00:46:35	48	W40	5	6
168	Bruns	Helmut	Osterhusen	1951	1999	00:50:18	00:47:35	00:50:44	00:59:13	00:55:37	00:51:19	05:14:46	00:46:38	48	M40	52	6
169	Müller	Gerold	SV Georgsheil	1952	1999	00:50:15	00:47:51	00:50:49	01:00:30	00:55:42	00:50:04	05:15:11	00:46:42	47	M40	53	6
170	Mittmann	Michael	OZ-Team	1952	1999	00:49:20	00:48:00	00:52:13	01:00:34	00:54:21	00:50:46	05:15:14	00:46:42	47	M40	54	6
171	Müller	Johannes	TV Norden	1954	1999	00:50:07	00:47:33	00:50:51	01:00:06	00:55:24	00:51:14	05:15:15	00:46:42	45	M40	55	6
172	Püschel	Werner	Post SV Leer	1951	1999	00:52:25	00:47:36	00:50:38	00:59:10	00:55:08	00:50:19	05:15:16	00:46:42	48	M40	56	6
173	Lambertus	Joachim	Werkst.f.Beh.	1956	1999	00:50:24	00:48:59	00:50:31	01:00:00	00:55:38	00:49:54	05:15:26	00:46:44	43	M40	57	6
174	Seele	Rüdiger	PSV Aurich	1965	1999	00:49:35	00:47:33	00:52:30	00:59:14	00:56:24	00:50:13	05:15:29	00:46:44	34	M30	51	6
175	Janssen	Heinrich	TuS Aurich-Ost	1934	1999	00:49:47	00:47:57	00:50:36	01:00:02	00:56:02	00:51:13	05:15:37	00:46:45	65	M60	3	6
176	Rudisile	Udo	Veenhusen	1969	1999	00:55:05	00:51:35	00:49:55	01:00:07	00:53:01	00:46:17	05:16:00	00:46:49	30	M30	52	6
177	Hofmann	Jakobus	BW Weener	1954	1999	00:49:50	00:48:35	00:51:49	01:00:26	00:55:46	00:49:53	05:16:19	00:46:52	45	M40	58	6
178	Becker	Klaus-Dieter	TuS Aurich-Ost	1947	1999	00:50:01	00:47:32	00:51:33	00:59:51	00:55:22	00:52:19	05:16:38	00:46:55	52	M50	18	6
179	Ihlow	Werner	TV Norden	1945	1999	00:50:08	00:47:45	00:52:02	00:59:37	00:56:07	00:51:07	05:16:46	00:46:56	54	M50	19	6
180	Grüßing	Johann	LG Uplengen	1958	1999	00:50:09	00:49:01	00:51:24	01:00:37	00:55:19	00:50:16	05:16:46	00:46:56	41	M40	59	6
181	Knipper	Wilfried		1969	1999	00:49:41	00:49:05	00:51:07	01:00:32	00:55:02	00:51:27	05:16:54	00:46:57	30	M30	53	6
182	Ringena	Marion	ELG Emden	1959	1999	00:50:31	00:48:12	00:51:40	01:00:21	00:55:53	00:50:36	05:17:13	00:47:00	40	W40	6	6
183	Zirkel	Marco	HFC Heidmühle	1980	1999	00:49:55	00:47:17	00:54:06	01:00:33	00:55:31	00:50:07	05:17:29	00:47:02	19	MU20	16	6
184	Füllenbach	Heinz-Gerhard	Polizei Leer	1949	1999	00:50:27	00:47:28	00:51:59	01:00:41	00:56:30	00:50:28	05:17:33	00:47:03	50	M50	20	6
185	Mennen	Harm	TuS Aurich-Ost	1946	1999	00:51:28	00:47:08	00:50:43	01:01:53	00:55:48	00:50:44	05:17:44	00:47:04	53	M50	21	6
186	Wienekamp	Birgit	TuS Aurich-O.	1957	1999	00:50:52	00:47:32	00:51:19	01:00:20	00:56:43	00:51:22	05:18:08	00:47:08	42	W40	7	6
187	Harms	Bernd	Team Dt. Post	1953	1999	00:54:39	00:48:51	00:51:48	00:58:57	00:55:27	00:48:36	05:18:18	00:47:09	46	M40	60	6
188	Sanders	Johannes	Spiekerooger SV	1959	1999	00:52:17	00:48:04	00:51:00	00:59:46	00:56:18	00:51:05	05:18:30	00:47:11	40	M40	61	6
189	Schmidt	Christiane	Germ. Leer	1959	1999	00:50:13	00:49:22	00:52:01	00:59:49	00:55:42	00:51:28	05:18:35	00:47:12	40	W40	8	6
190	Englisch	Peter	KJT Leer	1954	1999	00:50:37	00:49:05	00:51:51	00:59:52	00:56:41	00:50:34	05:18:40	00:47:13	45	M40	62	6
191	Sieling	Heiko	MTV Wittmund	1967	1999	00:51:22	00:49:00	00:52:04	01:00:01	00:56:03	00:50:10	05:18:40	00:47:13	32	M30	54	6
192	van Loh	Wilfried	MTV Ditzum	1958	1999	00:50:24	00:47:50	00:51:53	01:01:43	00:55:32	00:51:49	05:19:11	00:47:17	41	M40	63	6
193	Hetzke	Helga	TV Norden	1964	1999	00:50:30	00:48:39	00:51:26	01:00:14	00:56:54	00:51:46	05:19:29	00:47:20	35	M30	55	6
194	Patzwald	Christian	SC Dunum	1985	1999	00:52:01	00:48:38	00:52:51	00:58:56	00:57:15	00:49:57	05:19:38	00:47:21	14	MU20	17	6
195	Hegenbart	Andreas	Aurich	1967	1999	00:51:35	00:48:10	00:53:07	01:01:17	00:55:29	00:50:20	05:19:58	00:47:24	32	M30	56	6
196	Fröhling	Erwin	SV Holtland	1948	1999	00:46:24	00:43:59	00:48:00	01:12:22	01:01:00	00:48:32	05:20:17	00:47:27	51	M50	22	6
197	Beckers	Achim	Germ. Leer	1953	1999	00:53:41	00:48:58	00:52:53	01:00:42	00:54:51	00:49:27	05:20:32	00:47:29	46	M40	64	6
198	Kollenbroich	Bernd	MTV Wittmund	1953	1999	00:47:36	00:45:46	00:47:28	00:57:49	01:04:59	00:57:12	05:20:50	00:47:32	46	M40	65	6
199	Schoon	Heike	LG Uplengen	1972	1999	00:50:58	00:48:03	00:51:46	01:01:40	00:56:46	00:51:58	05:21:11	00:47:35	27	W20	3	6
200	Wiegmann	Günter	OZ-Team	1960	1999	00:49:46	00:48:54	00:53:25	01:01:56	00:57:23	00:50:00	05:21:24	00:47:37	39	M30	57	6
201	Sinnen	Volkmar	SV Holtland	1966	1999	00:51:35	00:49:07	00:51:55	01:01:45	00:56:01	00:51:01	05:21:24	00:47:37	33	M30	58	6
202	Feldmann	Ralph	Leer	1968	1999	00:51:58	00:48:55	00:51:57	01:00:31	00:56:16	00:51:48	05:21:25	00:47:37	31	M30	59	6
203	Schneider	Sigrid	LG Wilhelmsh.	1962	1999	00:50:53	00:48:23	00:52:33	01:00:21	00:57:10	00:52:05	05:21:25	00:47:37	37	W30	2	6
204	Graf	Karin	Dornum	1969	1999	00:51:46	00:50:33	00:51:23	01:01:26	00:56:14	00:50:33	05:21:55	00:47:41	30	W30	3	6
205	Schildwächter	Ralph	Conc. Aurich	1958	1999	00:51:55	00:48:52	00:51:45	01:01:32	00:55:33	00:52:20	05:21:57	00:47:42	41	M40	66	6
206	Geuken	Alfred	TuS Aurich-O.	1953	1999	00:53:20	00:50:00	00:51:52	01:01:28	00:56:21	00:50:12	05:22:13	00:47:44	46	M40	67	6
207	Pennig	Benjamin	VfR Heisfelde	1982	1999	00:5											

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	10,20km	11,05km	12,75km	11,90km	10,80km						
214	Meiborg	Alfred	OZ-Team	1955	1999	00:51:56	00:49:03	00:52:20	01:01:51	00:56:28	00:53:04	05:24:42	00:48:06	44	M40	69	6
215	Pals	Günter	Emder LG	1941	1999	00:52:03	00:49:41	00:52:05	01:01:10	00:58:24	00:52:00	05:25:23	00:48:12	58	M50	25	6
216	Rynas	Sebastian	Germ. Leer	1983	1999	00:50:34	00:49:21	00:52:18	01:02:48	01:01:11	00:49:30	05:25:42	00:48:15	16	MU20	19	6
217	Hüls	Bernhard	Walle	1951	1999	00:53:49	00:50:23	00:51:50	00:59:55	00:56:28	00:53:27	05:25:52	00:48:17	48	M40	70	6
218	tom Dieck	Erich	KJT Leer	1954	1999	00:52:00	00:50:07	00:52:12	01:01:51	00:57:00	00:52:42	05:25:52	00:48:17	45	M40	71	6
219	Goźawski	Michael	TV Norden	1960	1999	00:51:49	00:49:18	00:53:10	01:01:57	00:58:11	00:51:36	05:26:01	00:48:18	39	M30	62	6
220	Baumann	Friedhelm	SV Stikelkamp	1960	1999	00:51:54	00:49:27	00:51:37	01:03:28	00:59:00	00:50:59	05:26:25	00:48:21	39	M30	63	6
221	Weets	Joachim	SC Dunum	1960	1999	00:50:39	00:50:01	00:51:44	01:03:20	00:58:14	00:52:29	05:26:27	00:48:22	39	M30	64	6
222	Böttger	Rolf	MTV Wittmund	1969	1999	00:51:52	00:50:29	00:53:05	01:01:47	00:57:36	00:52:07	05:26:56	00:48:26	30	M30	65	6
223	Vehnekamp	Werner	TV Friedeburg	1958	1999	00:49:38	00:46:55	00:49:50	00:59:17	01:02:45	00:58:58	05:27:23	00:48:30	41	M40	71	6
224	Krahn	Ihno	KJT Leer	1985	1999	00:52:06	00:50:06	00:54:53	01:02:04	00:58:11	00:50:21	05:27:41	00:48:33	14	MU20	20	6
225	König	Dieter	ELG Emden	1939	1999	00:53:22	00:49:10	00:51:11	01:00:57	00:58:35	00:54:29	05:27:44	00:48:33	60	M60	4	6
226	Greulich	Thomas	MTV Aurich	1960	1999	00:54:56	00:51:03	00:53:46	00:57:51	00:58:06	00:52:27	05:28:09	00:48:37	39	M30	66	6
227	Wulff	Detlef	KJT Leer	1969	1999	00:53:02	00:52:05	00:53:34	01:02:24	00:56:40	00:50:50	05:28:35	00:48:41	30	M30	67	6
228	Lammers	Udo	Fehntjer LT	1953	1999	00:51:39	00:49:54	00:53:51	01:01:23	00:58:29	00:53:20	05:28:36	00:48:41	46	M40	72	6
229	Wahlich	Peter	Aurich	1957	1999	00:52:26	00:49:58	00:54:12	01:02:01	00:57:59	00:52:18	05:28:54	00:48:44	42	M40	73	6
230	Boumann	Uwe	TV Marienhaf	1944	1999	00:53:00	00:51:17	00:54:00	01:01:07	00:56:39	00:53:12	05:29:15	00:48:47	55	M50	26	6
231	Kuiper	Hardwig	WASPO Hesel	1958	1999	00:50:23	00:48:25	00:51:56	01:05:18	00:59:09	00:54:06	05:29:17	00:48:47	41	M40	74	6
232	Neumann	Eckhard	FT Spetzerfehn	1953	1999	00:52:37	00:49:46	00:54:12	01:01:33	00:58:12	00:53:17	05:29:37	00:48:50	46	M40	75	6
233	Tillmann	Burkhard	SC Dunum	1952	1999	00:51:38	00:50:04	00:53:53	01:03:30	00:57:11	00:53:24	05:29:40	00:48:50	47	M40	76	6
234	Grampes	Hans	MTV Wittmund	1965	1999	00:52:35	00:49:25	00:53:11	01:02:39	00:57:58	00:53:56	05:29:44	00:48:51	34	M30	68	6
235	Ramaker	Harald	Fehntjer LT	1963	1999	00:54:14	00:50:18	00:53:29	01:02:38	00:57:47	00:51:39	05:30:05	00:48:54	36	M30	69	6
236	Happach	Heiko	SC Dunum	1957	1999	00:52:35	00:52:21	00:53:26	01:04:06	00:58:03	00:49:46	05:30:17	00:48:56	42	M40	77	6
237	Hilger	Patricia	TV Norden	1963	1999	00:52:00	00:49:56	00:53:47	01:03:03	00:58:32	00:53:02	05:30:20	00:48:56	36	W30	4	6
238	Beheshy	Hussein	Timmel	1954	1999	00:52:08	00:49:15	00:53:25	01:05:45	00:58:22	00:51:37	05:30:32	00:48:58	45	M40	78	6
239	Ulrichs	Harm	TV Marienhaf	1930	1999	00:52:21	00:50:27	00:53:37	01:02:54	00:58:51	00:53:10	05:31:20	00:49:05	69	M60	5	6
240	Gerken	Theo	Team Dt. Post	1944	1999	00:52:44	00:50:47	00:52:49	01:01:24	00:56:51	00:57:05	05:31:40	00:49:08	55	M50	27	6
241	Romaneefßen	Heinz	LG Ostfriesland	1966	1999	00:54:11	00:51:06	00:54:21	01:03:08	00:56:56	00:51:59	05:31:41	00:49:08	33	M30	70	6
242	Ihnen	Joachim	SC Wiesens	1960	1999	00:52:41	00:50:14	00:54:27	01:03:22	00:58:16	00:52:43	05:31:43	00:49:09	39	M30	71	6
243	Fischer	Jochen	TV Marienhaf	1967	1999	00:55:00	01:03:29	00:50:00	00:58:24	00:55:18	00:49:33	05:31:44	00:49:09	32	M30	72	6
244	Campen	Monika	Team Dt. Post	1971	1999	00:52:12	00:49:05	00:55:40	01:03:40	00:58:37	00:52:43	05:31:57	00:49:11	28	W20	4	6
245	Janssen	Gerold	Augustfehn	1966	1999	00:53:22	00:50:37	00:53:39	01:03:34	00:58:31	00:52:15	05:31:58	00:49:11	33	M30	73	6
246	Stolle	Diedrich	TSV Langeoog	1971	1999	00:53:38	00:53:59	00:52:59	01:02:03	00:57:30	00:52:06	05:32:15	00:49:13	28	M20	24	6
247	Pohl	Eberhard	TV Norden	1947	1999	00:58:16	00:51:08	00:53:07	01:01:08	00:56:47	00:51:56	05:32:22	00:49:14	52	M50	28	6
248	Schewiolo	Axel	TV Norden	1938	1999	00:51:06	00:51:07	00:53:49	01:04:37	00:58:42	00:53:03	05:32:24	00:49:15	61	M60	6	6
249	Springhorn	Jens	Leer	1939	1999	00:52:47	00:50:21	00:54:58	01:03:02	00:58:18	00:53:00	05:32:26	00:49:15	60	M60	7	6
250	Venhoff	Jürgen	Leer	1947	1999	00:54:28	00:50:43	00:54:03	01:02:58	00:58:22	00:52:01	05:32:35	00:49:16	52	M50	29	6
251	Broek	Manfred	Conc. Ihrhove	1949	1999	00:53:00	00:50:00	00:54:35	01:03:28	00:58:39	00:52:57	05:32:39	00:49:17	50	M50	30	6
252	Dreesmann	Siemen	SV Jemgum	1939	1999	00:52:52	00:50:26	00:53:30	01:05:14	00:59:22	00:52:56	05:34:20	00:49:32	60	M60	8	6
253	Fischer	Werner	Polizei Leer	1939	1999	00:54:04	00:50:40	00:53:20	01:03:29	00:59:27	00:53:28	05:34:28	00:49:33	60	M60	9	6
254	Köster	Karl	TV Norden	1940	1999	00:52:13	00:50:49	00:54:49	01:03:51	00:59:45	00:53:42	05:35:09	00:49:39	59	M50	31	6
255	Kroh-Lammers	Erika	Fehntjer LT	1952	1999	00:53:18	00:50:25	00:54:31	01:03:24	00:59:11	00:54:25	05:35:14	00:49:40	47	W40	9	6
256	Piela	Joachim	IGS Aurich	1951	1999	00:53:40	00:50:42	00:54:45	01:03:49	00:59:12	00:53:25	05:35:33	00:49:43	48	M40	79	6
257	Noah	Holger	MTV Aurich	1954	1999	00:54:27	00:51:05	00:53:43	01:04:00	00:59:10	00:53:34	05:35:59	00:49:47	45	M40	80	6
258	Rinschede	Klaus	Norddeich	1958	1999	00:54:54	00:51:30	00:53:35	01:02:56	01:00:12	00:53:14	05:36:21	00:49:50	41	M40	81	6
259	Hoegen	Franz	OZ-Team	1942	1999	00:52:50	00:50:38	00:54:39	01:05:22	01:00:26	00:52:52	05:36:47	00:49:54	57	M50	32	6
260	Gieseler	Thomas	TuS Aurich-Ost	1969	1999	00:54:29	00:51:22	00:55:28	01:03:10	00:59:33	00:52:45	05:36:47	00:49:54	30	M30	74	6
261	Hommers	Gabi	Fort. Logabirum	1962	1999	00:53:04	00:51:05	00:54:25	01:03:52	00:59:57	00:54:27	05:36:50	00:49:54	37	W30	5	6
262	Wittmann	Stefan	SV Brinkum	1985	1999	00:55:41	00:53:30	00:55:23	01:01:31	00:58:25	00:52:40	05:37:10	00:49:57	14	MU20	21	6
263	Voß	Wiard	TuS Detern	1952	1999	00:53:49	00:50:16	00:56:30	01:03:27	00:58:39	00:54:31	05:37:12	00:49:57	47	M40	82	6
264	Holthuis	Jann	Warsingsfehn	1964	1999	00:55:21	00:50:38	00:55:54	01:02:45	00:59:19	00:53:15	05:37:12	00:49:57	35	M30	75	6
265	Schmidt	Günter	LG Uplengen	1959	1999	00:53:39	00:51:15	00:54:29	01:04:51	00:59:25	00:53:40	05:37:19	00:49:58	40	M40	83	6
266	Fleißner	Karl-Heinz	SC Wiesens	1964	1999	00:54:43	00:50:54	00:54:44	01:04:23	00:58:47	00:54:09	05:37:40	00:50:01	35	M30	76	6
267	Sauerbrey	Bernd	TV Friedeburg	1950	1999	00:54:28	00:47:28	00:55:54	01:05:51	00:59:46	00:54:25	05:37:52	00:50:03	49	M40	84	6
268	Schröder	Axel		1961	1999	00:55:31	00:52:35	00:53:53	01:04:21	00:59:24	00:52:37	05:38:21	00:50:08	38	M30	77	6
269	Albers	Jörg-Henry	LG Ihr-Warsf.	1965	1999	00:56:59	00:53:32	00:54:42	01:04:45	00:57:27	00:51:01	05:38:26	00:50:08	34	M30	78	6
270	Seybold, Dr.	Jörg	BSG Leer	1949	1999	00:53:14	00:52:02	00:54:39	01:04:03	00:59:48	00:55:02	05:38:48	00:50:12	50	M50	33	6
271	Ellee	Dirk	TC GW Leer	1948	1999	00:54:20	00:50:30	00:53:50	01:03:17	00:58:26	00:58:43	05:39:06	00:50:14	51	M50	34	6
272	Bartsch	Christoph	TV Norden	1960	1999	00:54:24	00:51:57	00:54:19	01:04:10	00:59:30	00:54:59	05:39:19	00:50:16	39	M30	79	6
273	Eißler	Esther	Fehntjer LT		1999	00:55:04	00:51:36	00:54:31	01:07:35	00:59:14	00:52:09	05:40:09	00:50:24		W		6
274	Müller	Thorsten	SC Dunum	1969	1999	00:53:37	00:55:10	00:55:55	01:03:46	00:59:00	00:53:01	05:40:29	00:50:27	30	M30	80	6
275	Meyerhoff	Martin	Aurich	1949	1999	00:54:15	00:51:16	00:55:18	01:05:18	01:00:13	00:54:16	05:40:36	00:50:28	50	M50	35	6
276	Haacke	Ria	Poseidon Leer		1999	00:54:07	00:50:11	00:54:56	01:06:03	01:00:45	00:55:07	05:41:09	00:50:32		W		6
277	Robbe	Johann	MTV Ditzum	1967	1999	00:54:02	00:52:25	00:54:59	01:05:26	01:01:52	00:52:35	05:41:19	00:50:34	32	M30	81	6
278	Reinke	Andreas	Leer	1957	1999	00:56:15	00:52:11	00:55:44	01:04:13	00:59:12	00:53:4						

18. Ostfrieslandlauf 1999

25.05. bis 11.06.1998

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt	Alter	AK	Platz	Etappen
						10,80km	10,20km	11,05km	12,75km	11,90km	10,80km	67,50km	10km				
285	Sweers	Olaf	SV Wittmund	1968	1999	00:55:11	00:54:24	00:54:38	01:04:14	00:59:38	00:54:14	05:42:19	00:50:43	31	M30	83	6
286	Eisenhauer	Elke	TuS Esens	1977	1999	00:54:58	00:56:37	00:54:32	01:02:30	00:59:37	00:54:13	05:42:27	00:50:44	22	W20	5	6
287	Heidelberg	Hans Georg	Team Dt. Post	1966	1999	00:52:42	00:52:46	00:57:49	01:05:48	00:59:07	00:54:42	05:42:54	00:50:48	33	M30	84	6
288	Weinberg	Rita	SC Dunum	1967	1999	00:55:10	00:52:46	00:56:24	01:05:27	01:00:06	00:53:30	05:43:23	00:50:52	32	W30	6	6
289	Täte	Wilhelm	Team Dt. Post	1955	1999	00:56:04	00:53:07	00:55:13	01:05:43	00:59:50	00:53:43	05:43:40	00:50:55	44	M40	87	6
290	Dirks	Heike	Germ. Leer	1963	1999	00:57:16	00:52:57	00:55:39	01:03:51	00:59:35	00:54:41	05:43:59	00:50:58	36	W30	7	6
291	Sleur	Hans-Wilhelm	Polizei Leer	1943	1999	00:53:51	00:52:08	00:55:59	01:05:42	01:01:15	00:55:07	05:44:02	00:50:58	56	M50	37	6
292	Blank	Wilhelm	TuS Aurich-Ost	1949	1999	00:55:35	00:52:32	00:56:03	01:04:28	01:00:05	00:55:20	05:44:03	00:50:58	50	M50	38	6
293	Vogel	Günther	IGS Aurich	1948	1999	00:55:01	00:52:34	00:55:24	01:05:07	01:00:37	00:55:42	05:44:25	00:51:01	51	M50	39	6
294	Wilken	Egon	MTV Jever	1941	1999	00:53:59	00:52:12	00:55:32	01:06:20	01:01:49	00:54:35	05:44:27	00:51:02	58	M50	40	6
295	Andresen	Annechien	TuS Aurich-Ost	1949	1999	00:54:59	00:53:10	00:55:14	01:06:16	01:00:08	00:54:53	05:44:40	00:51:04	50	W50	2	6
296	Lender	Walter	Weener	1942	1999	00:54:45	00:53:28	00:56:02	01:05:59	00:59:51	00:54:55	05:45:00	00:51:07	57	M50	41	6
297	Fokken	Harald	TuS Weener	1942	1999	00:53:47	00:52:51	00:55:57	01:06:29	01:00:58	00:55:12	05:45:14	00:51:09	57	M50	42	6
298	Meyer	Erwien	TuS Aurich-O.	1958	1999	00:56:35	00:54:26	00:56:00	01:04:22	00:59:47	00:54:45	05:45:55	00:51:15	41	M40	88	6
299	Meyerhoff	Peter	MTV Aurich	1947	1999	00:55:19	00:52:40	00:55:36	01:06:55	01:00:44	00:54:58	05:46:12	00:51:17	52	M50	43	6
300	Reents	Peter	Team Dt. Post	1945	1999	00:55:00	00:53:16	00:56:16	01:06:35	01:00:28	00:54:56	05:46:31	00:51:20	54	M50	44	6
301	Pagel	Jens	LG Uplengen	1963	1999	00:55:39	00:52:58	00:56:47	01:05:32	01:00:52	00:54:52	05:46:40	00:51:21	36	M30	85	6
302	Meyer	Wilhelm	Weener	1945	1999	00:55:57	00:53:51	00:56:13	01:05:51	01:00:34	00:54:30	05:46:56	00:51:24	54	M50	45	6
303	Bolhuis	Wilhelm	TV Norden	1943	1999	00:52:23	00:52:44	00:56:34	01:06:20	01:02:52	00:56:04	05:46:57	00:51:24	56	M50	46	6
304	Lengert	Reemt	Neu-Barstede	1957	1999	00:55:36	00:53:19	00:56:37	01:05:53	01:00:50	00:54:44	05:46:59	00:51:24	42	M40	89	6
305	Stöter	Frank	Hesel	1960	1999	00:55:23	00:53:59	00:56:58	01:06:04	01:00:38	00:54:05	05:47:07	00:51:25	39	M30	86	6
306	Pajewski	Elke	TuS Aurich-O.	1955	1999	00:55:06	00:52:30	00:55:58	01:06:02	01:01:25	00:56:15	05:47:16	00:51:27	44	W40	11	6
307	Franzen	Wilfried	Stapelmoor	1945	1999	00:52:10	00:52:03	00:57:25	01:07:17	01:02:13	00:56:13	05:47:21	00:51:28	54	M50	47	6
308	Klempin	Gertrud	SV Holtland	1955	1999	00:55:37	00:52:54	00:58:36	01:05:01	01:00:18	00:55:01	05:47:27	00:51:28	44	W40	12	6
309	Stammwitz	Ekkehard	VfR Heisfelde	1945	1999	00:57:49	00:52:51	00:56:46	01:04:13	01:01:16	00:54:37	05:47:32	00:51:29	54	M50	48	6
310	Eisenhauer	Annelore	SC Dunum	1955	1999	00:55:42	00:53:13	00:56:35	01:05:58	01:00:53	00:55:15	05:47:36	00:51:30	44	W40	13	6
311	Kollenbroich	Gertrud	MTV Wittmund	1951	1999	00:55:43	00:53:09	00:56:04	01:05:50	01:00:40	00:56:24	05:47:50	00:51:32	48	W40	14	6
312	Fricke	Michael	V. Flachsmeer	1981	1999	00:56:19	00:54:09	00:56:19	01:04:35	01:01:01	00:55:33	05:47:56	00:51:33	18	MU20	22	6
313	Krause	Margret	SC Dunum	1947	1999	00:55:33	00:54:14	00:56:16	01:06:41	01:00:52	00:55:02	05:48:38	00:51:39	52	W50	3	6
314	Meinders	Johann	SC Dunum	1948	1999	00:55:29	00:53:35	00:57:12	01:06:33	01:00:50	00:55:04	05:48:43	00:51:40	51	M50	49	6
315	Brink	Heinz	Weener	1953	1999	00:54:46	00:54:07	00:56:26	01:07:43	01:00:59	00:54:57	05:48:58	00:51:42	46	M40	90	6
316	Obst	Dieter	Uplengen	1953	1999	00:57:10	00:53:33	00:56:39	01:06:06	01:01:12	00:55:54	05:50:34	00:51:56	46	M40	91	6
317	Reiners	Erhard	TV Norden	1958	1999	00:55:45	00:53:49	00:57:05	01:07:13	01:02:07	00:54:50	05:50:49	00:51:58	41	M40	92	6
318	Niebel	Werner	MTV Norden	1941	1999	00:56:38	00:53:36	00:56:37	01:05:56	01:02:07	00:56:23	05:51:17	00:52:03	58	M50	50	6
319	Janssen	Focko	IGS Aurich	1949	1999	00:55:57	00:53:11	00:57:58	01:06:15	01:02:00	00:56:02	05:51:23	00:52:03	50	M50	51	6
320	Willerts	Elfriede	LG Wilhelmsh.	1936	1999	00:55:18	00:52:27	00:57:20	01:07:26	01:03:44	00:56:06	05:52:21	00:52:12	63	W60	1	6
321	Gerjets	Erhard	PSV Aurich-West	1958	1999	00:57:23	00:54:10	00:56:52	01:07:23	01:02:02	00:55:26	05:53:16	00:52:20	41	M40	93	6
322	Asche	Hiide	TG Wiesmoor	1948	1999	00:55:47	00:52:55	00:56:53	01:08:20	01:02:44	00:56:53	05:53:32	00:52:23	51	W50	4	6
323	Janssen	Brigit	Conc. Ihrhove	1971	1999	00:57:56	00:53:47	00:56:01	01:05:47	01:02:39	00:57:32	05:53:42	00:52:24	28	W20	6	6
324	Rohlfes	Friedhelm	Wittmund	1945	1999	00:58:58	00:53:12	00:57:29	01:05:21	01:02:30	00:57:11	05:54:41	00:52:33	54	M50	52	6
325	Pennig	Nicolas	VfR Heisfelde	1979	1999	00:57:02	00:54:53	00:57:27	01:06:58	01:02:18	00:56:16	05:54:54	00:52:35	20	M20	26	6
326	Peters	Gerda	Westerholt	1959	1999	00:57:01	00:52:56	00:58:22	01:07:43	01:03:19	00:56:34	05:55:55	00:52:44	40	W40	15	6
327	Schieferstein	Ulrich	Germ. Leer	1954	1999	00:58:24	00:55:07	00:59:49	01:07:20	01:02:19	00:55:04	05:58:03	00:53:03	45	M40	94	6
328	Poppen	Karl	TG Wiesmoor	1947	1999	00:58:08	00:54:46	00:59:42	01:08:20	01:01:49	00:55:30	05:58:15	00:53:04	52	M50	53	6
329	Junkmann	Janna	Ulricianum Aur.	1981	1999	00:58:27	00:54:54	00:57:28	01:08:11	01:02:20	00:57:03	05:58:23	00:53:06	18	WU20	2	6
330	Schwedler	Helga	TV Friedeburg	1939	1999	00:59:43	00:54:07	00:58:17	01:08:09	01:02:17	00:55:55	05:58:28	00:53:06	60	W60	2	6
331	Kuiper	Bettina	SV Holtland	1957	1999	00:56:06	00:54:14	00:58:57	01:08:04	01:03:56	00:57:34	05:58:51	00:53:10	42	W40	16	6
332	Holtz-Vryze	Anneliese	SV Holtland	1959	1999	00:56:05	00:54:18	00:58:57	01:08:04	01:03:57	00:57:34	05:58:55	00:53:10	40	W40	17	6
333	Vogelsang	Steffen	Esens		1999	00:57:12	00:55:28	01:00:39	01:07:37	01:01:55	00:56:09	05:59:00	00:53:11		M		6
334	Boumann	Klara	TV Marienhaf	1945	1999	00:56:20	00:54:45	00:58:23	01:08:10	01:03:40	00:57:49	05:59:07	00:53:12	54	W50	5	6
335	Tegtmeier	Frank	Werkst.f.Beh.	1973	1999	00:59:04	00:55:35	00:57:23	01:10:33	01:00:00	00:56:50	05:59:25	00:53:15	26	M20	27	6
336	Haida	Gisela	SC Dunum	1948	1999	00:55:44	01:01:31	00:57:22	01:07:25	01:01:48	00:55:40	05:59:30	00:53:16	51	W50	6	6
337	Frerichs	Rieke	SuS Strackholt	1948	1999	00:57:26	00:55:03	00:57:21	01:09:16	01:02:48	00:57:46	05:59:40	00:53:17	51	M50	54	6
338	Eiben	Hinrich	Aurich	1948	1999	00:59:55	00:54:49	00:58:32	01:07:31	01:02:43	00:56:18	05:59:48	00:53:18	51	M50	55	6
339	Sparinga	Claas	Simonswolde	1988	1999	00:54:26	00:54:36	00:58:44	01:04:50	01:08:53	00:58:37	06:00:06	00:53:21	11	MU20	23	6
340	Kleipa	Rotraud	MTV Wittmund	1944	1999	00:56:00	00:54:19	00:58:20	01:07:58	01:04:22	00:59:32	06:00:31	00:53:25	55	W50	7	6
341	Loers	Helmut	DAK Leer	1952	1999	00:59:53	00:55:23	00:59:48	01:07:19	01:02:16	00:56:11	06:00:50	00:53:27	47	M40	95	6
342	Goudschaal	Inga	TV Bunde	1983	1999	00:59:14	00:56:56	00:57:45	01:08:18	01:04:20	00:57:20	06:02:13	00:53:40	16	WU20	3	6
343	Rosenbohm	Harm	IGS Aurich-W.	1948	1999	00:57:43	00:54:43	00:58:46	01:10:08	01:03:15	00:57:43	06:02:18	00:53:40	51	M50	56	6
344	Oelscher	Heinz	TuS Detern	1954	1999	01:00:08	00:55:57	00:59:49	01:07:21	01:02:18	00:57:30	06:03:03	00:53:47	45	M40	96	6
345	Dressler	Hans-Joachim	SC Dunum	1949	1999	00:54:41	00:56:10	00:58:38	01:06:51	01:05:31	01:02:09	06:04:00	00:53:56	50	M50	57	6
346	Junkmann	Hans-Wilhelm	Wiesens	1951	1999	00:58:28	00:55:55	00:59:20	01:10:03	01:03:28	00:58:01	06:05:15	00:54:07	48	M40	97	6
347	Huisinga	Anne	LT Bunde	1967	1999	00:57:49	00:54:51	00:58:26	01:09:51	01:04:47	00:59:45	06:05:29	00:54:09	32	W30	8	6
348	Braams	Herma	SC Dunum	1956	1999	00:57:39	00:55:45	00:59:29	01:09:57	01:04:26	00:58:31	06:05:47	00:54:11	43	W40	18	6
349	Braams	Wilhelm	SC Dunum	1956	1999	00:57:40											

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	10,20km	11,05km	12,75km	11,90km	10,80km						
356	Gerdes	Hinrich	Aurich	1942	1999	00:59:29	00:55:10	00:59:44	01:10:19	01:05:12	00:58:30	06:08:24	00:54:35	57	M50	60	6
357	Hillen	Albert	TV Norden	1956	1999	01:04:14	00:58:08	00:58:18	01:08:31	01:02:46	00:57:17	06:09:14	00:54:42	43	M40	100	6
358	Grumme	Günter	Aurich	1948	1999	01:00:37	00:56:02	00:59:31	01:10:20	01:05:24	00:57:29	06:09:23	00:54:43	51	M50	61	6
359	Janssen	Erik	Team Dt. Post	1971	1999	00:59:21	00:56:13	01:00:44	01:11:10	01:04:32	00:57:28	06:09:28	00:54:44	28	M20	28	6
360	Böhnke	Rolf	Germ. Leer	1952	1999	00:59:14	00:56:33	00:57:24	01:11:38	01:04:56	00:59:47	06:09:32	00:54:45	47	M40	101	6
361	Klasen	Georg	SV Petkum	1954	1999	00:59:17	00:56:27	01:00:18	01:11:00	01:03:31	00:59:03	06:09:36	00:54:45	45	M40	102	6
362	Wiechmann	Rainer	Germ. Leer	1958	1999	01:01:22	00:58:34	01:00:07	01:08:06	01:04:16	00:57:15	06:09:40	00:54:46	41	M40	103	6
363	Winzenborg	Johann	TV Bunde	1951	1999	00:59:02	00:55:25	00:59:26	01:10:30	01:06:03	00:59:55	06:10:21	00:54:52	48	M40	104	6
364	Janssen	Günther	Team Dt. Post	1943	1999	00:59:21	00:56:13	01:00:45	01:11:10	01:05:07	00:57:47	06:10:23	00:54:52	56	M50	62	6
365	Osten	Luise	Auich	1951	1999	01:00:09	00:56:59	00:59:42	01:10:40	01:04:48	00:58:46	06:11:04	00:54:58	48	W40	19	6
366	Klaaßen	Sonja	PSV Aurich	1963	1999	00:59:23	00:56:30	01:00:17	01:09:37	01:04:44	01:00:35	06:11:06	00:54:59	36	W30	10	6
367	Menzel	Annette	Fort. Logabirum	1968	1999	00:58:26	00:57:03	01:00:52	01:11:36	01:05:10	00:58:06	06:11:13	00:55:00	31	W30	11	6
368	Mütz	Etta-Maria	Conc. Ihrhove	1974	1999	00:58:57	00:56:14	01:00:31	01:10:54	01:05:52	00:58:52	06:11:20	00:55:01	25	W20	7	6
369	Aue	Reinhard	FTC Hollen	1947	1999	00:58:39	00:56:37	00:59:02	01:12:15	01:05:26	01:00:12	06:12:11	00:55:08	52	M50	63	6
370	Rabenberg	Dora	LT Bunde	1952	1999	00:59:18	00:56:49	01:00:31	01:11:02	01:04:51	00:59:53	06:12:24	00:55:10	47	W40	20	6
371	Janssen	Helmut	SV Blomberg	1950	1999	00:59:14	00:56:55	01:00:14	01:10:00	01:05:45	01:00:18	06:12:26	00:55:11	49	M40	105	6
372	van Garrel	Wolfgang	Judo Heisfelde	1952	1999	01:00:11	00:57:31	01:00:54	01:10:05	01:04:49	00:59:24	06:12:54	00:55:15	47	M40	106	6
373	Seybold	Nele	PSV Leer	1981	1999	01:00:20	00:56:22	00:59:27	01:09:59	01:07:14	00:59:57	06:13:19	00:55:18	18	MU20	24	6
374	Moosler	Horst	Germ. Leer	1937	1999	00:59:20	00:56:42	01:01:40	01:10:57	01:05:46	00:59:43	06:14:08	00:55:26	62	M60	12	6
375	König	Heinfried	LT Aurich	1950	1999	01:00:07	00:57:40	00:59:10	01:11:07	01:07:04	00:59:07	06:14:15	00:55:27	49	M40	107	6
376	Dreger	Irene	SV Holtland	1939	1999	00:59:35	00:57:29	01:01:35	01:11:27	01:05:15	00:59:13	06:14:34	00:55:29	60	W60	3	6
377	Meyer	Holger	LG Uplengen	1967	1999	00:59:30	01:00:19	01:01:13	01:11:21	01:04:35	00:57:44	06:14:42	00:55:31	32	M30	88	6
378	Keßler	Bernhard	SK Aurich	1949	1999	01:01:35	00:57:01	01:02:38	01:13:25	01:03:50	00:56:49	06:15:18	00:55:36	50	M50	64	6
379	Sjuts	Heiko	TV Norden	1971	1999	01:00:07	00:58:31	01:03:30	01:10:02	01:05:00	00:58:18	06:15:28	00:55:37	28	M20	29	6
380	Tirrel	Tomma	SV Holtland	1960	1999	01:00:41	00:58:17	01:01:39	01:11:20	01:05:05	00:58:54	06:15:56	00:55:42	39	W30	12	6
381	Heise	Gertraud	TV Norden	1953	1999	00:59:23	00:57:45	01:01:39	01:11:41	01:05:41	01:00:05	06:16:14	00:55:44	46	W40	21	6
382	Janßen	Christa	SV Holtland	1943	1999	01:00:43	00:58:17	00:59:57	01:12:11	01:05:13	01:00:03	06:16:24	00:55:46	56	W50	8	6
383	Sauer	Gerhard	MTV Aurich	1934	1999	01:00:29	00:56:39	01:01:36	01:12:01	01:05:58	01:00:00	06:16:43	00:55:49	65	M60	13	6
384	Freese	Dieter	Fehntjer LT	1956	1999	01:00:24	00:57:44	01:01:23	01:12:22	01:06:20	00:59:30	06:17:43	00:55:57	43	M40	108	6
385	Patzwald	Margret	SC Dunum	1958	1999	00:59:05	00:58:22	01:01:51	01:11:54	01:07:00	00:59:33	06:17:45	00:55:58	41	W40	22	6
386	Steenhoff	Heiner	Germ. Holterf.	1960	1999	01:02:56	00:58:02	01:03:59	01:10:35	01:04:45	00:57:49	06:18:06	00:56:01	39	M30	89	6
387	Meyer	Antje	LG Uplengen	1956	1999	01:00:31	00:59:07	00:59:51	01:12:03	01:06:39	01:00:00	06:18:11	00:56:02	43	W40	23	6
388	Heinsohn	Peter	TV Norden	1958	1999	01:00:43	01:00:19	01:01:41	01:11:15	01:05:25	00:58:53	06:18:16	00:56:02	41	M40	109	6
389	Fitzner	Adele	TuS Aurich-Ost	1949	1999	01:00:13	00:57:51	01:01:47	01:11:38	01:06:24	01:00:27	06:18:20	00:56:03	50	W50	9	6
390	Fitzner	Günther	Team Dt. Post	1948	1999	01:00:13	00:57:53	01:01:47	01:11:38	01:06:24	01:00:27	06:18:22	00:56:03	51	M50	65	6
391	Mülder	Daniela	TC Aurich-W.	1968	1999	01:00:27	00:58:26	01:00:03	01:14:35	01:06:16	00:59:56	06:19:43	00:56:15	31	W30	13	6
392	Eisenhauer	Elisabeth	TuS Esens	1949	1999	01:00:02	00:58:41	01:01:54	01:11:59	01:07:57	01:00:03	06:20:36	00:56:23	50	W50	10	6
393	Winkler	Silke	Fr. Brauh. Jev.	1964	1999	01:01:30	00:58:46	01:02:42	01:11:27	01:06:55	00:59:20	06:20:40	00:56:24	35	W30	14	6
394	Saathoff	Annemarie	TuS Esens	1951	1999	01:00:03	00:58:40	01:01:56	01:11:58	01:07:58	01:00:07	06:20:42	00:56:24	48	W40	24	6
395	Niens	Peter	SV Holtland	1949	1999	01:00:59	00:57:37	01:02:52	01:13:10	01:06:53	00:59:14	06:20:45	00:56:24	50	M50	66	6
396	Freyland	Max	TuS Aurich-O.	1939	1999	01:01:18	00:57:08	01:01:37	01:12:05	01:07:21	01:01:32	06:21:01	00:56:27	60	M60	14	6
397	Wodak	Reinhard	TV Leer	1950	1999	01:06:54	00:58:53	01:00:09	01:10:05	01:05:47	00:59:24	06:21:12	00:56:28	49	M40	110	6
398	Eilers	Tim	TV Norden	1987	1999	01:01:57	00:58:17	01:02:41	01:11:52	01:07:17	00:59:08	06:21:12	00:56:28	12	MU20	25	6
399	Eilers	Joachim	TV Norden	1954	1999	01:01:58	00:58:18	01:02:44	01:11:52	01:07:18	00:59:10	06:21:20	00:56:30	45	M40	111	6
400	Adebahr	Doris	KJT Leer	1964	1999	01:02:31	00:58:42	01:01:56	01:11:53	01:07:10	00:59:42	06:21:54	00:56:35	35	W30	15	6
401	Lamping	Christina	TV Norden	1957	1999	01:02:47	00:58:44	01:03:36	01:11:59	01:06:25	00:59:48	06:23:19	00:56:47	42	W40	25	6
402	Arends	Helga	SC Dunum	1962	1999	01:01:08	00:58:38	01:02:16	01:12:32	01:08:27	01:01:07	06:24:08	00:56:55	37	W30	16	6
403	Janßen	Angelika	SC Dunum	1963	1999	01:01:10	00:58:35	01:02:17	01:12:32	01:08:28	01:01:07	06:24:09	00:56:55	36	W30	17	6
404	Ausländer	Harald	Fort. Logabirum	1963	1999	01:02:55	01:00:50	01:01:48	01:12:59	01:06:35	01:00:07	06:25:14	00:57:04	36	M30	90	6
405	Janßen	Hans-Ludwig	MTV Wittmund	1954	1999	01:04:17	00:54:19	01:06:04	01:13:01	01:07:08	01:01:08	06:25:57	00:57:11	45	M40	112	6
406	Neumann	Hans	TuS Esens	1935	1999	01:01:29	00:58:36	01:02:04	01:13:15	01:08:24	01:02:27	06:26:15	00:57:13	64	M60	15	6
407	Mumme	Edeltraud	TV Norden	1953	1999	01:02:01	00:59:49	01:04:04	01:13:16	01:07:26	01:00:29	06:27:05	00:57:21	46	W40	26	6
408	Eilers	Elisabeth	TV Norden	1958	1999	01:02:02	00:59:49	01:04:04	01:13:15	01:07:26	01:00:51	06:27:27	00:57:24	41	W40	27	6
409	Theusen	Gesine	Aurich	1974	1999	01:02:20	00:59:54	01:03:03	01:14:29	01:07:54	01:00:09	06:27:49	00:57:27	25	W20	8	6
410	Bode	Erhard	Emden	1939	1999	01:02:12	00:58:36	01:06:09	01:13:54	01:06:59	01:00:29	06:28:19	00:57:32	60	M60	16	6
411	Englisch	Christian	KJT Leer	1982	1999	01:05:12	00:58:54	01:01:03	01:11:54	01:10:37	01:00:54	06:28:34	00:57:34	17	MU20	26	6
412	Janssen	Annika	SV Blomberg	1984	1999	01:00:39	00:58:33	01:03:50	01:15:01	01:09:36	01:01:10	06:28:49	00:57:36	15	WU20	4	6
413	Krauß-Boesel	Ute	Aurich	1955	1999	01:06:45	01:02:36	01:03:52	01:12:01	01:04:56	00:59:14	06:29:24	00:57:41	44	W40	28	6
414	Meyer	Herta	TV Norden	1949	1999	01:02:02	01:00:03	01:04:05	01:14:27	01:08:29	01:01:57	06:31:03	00:57:56	50	W50	11	6
415	Tjarks	Heike	MTV Aurich	1981	1999	01:01:59	01:00:19	01:03:43	01:14:46	01:09:33	01:01:12	06:31:32	00:58:00	18	WU20	5	6
416	Bolinus	Edith	Fehntjer LT	1956	1999	01:02:16	00:59:27	01:04:21	01:16:08	01:08:02	01:01:47	06:32:01	00:58:05	43	W40	29	6
417	Ohlrich	Helga	Fehntjer LT	1947	1999	01:02:16	00:59:29	01:04:21	01:16:08	01:08:03	01:01:47	06:32:04	00:58:05	52	W50	12	6
418	Prikker	Weert-Peter	VHS Laufen	1959	1999	01:02:33	01:00:40	01:02:59	01:16:40	01:08:38	01:00:42	06:32:12	00:58:06	40	M40	113	6
419	Timm	Hermann	IGS Aurich	1944	1999	01:03:23	00:59:14	01:04:24	01:14:33	01:09:29	01:01:23	06:32:26	00:58:08	55	M50	67	6
420	Severiens	Henni	Fort. Logabirum	1954	1999	01:02:07	01:00:23	01:02:50	01:14:20	01:10:02	01:03:02	06:32:44					

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	10,20km	11,05km	12,75km	11,90km	10,80km						
427	Heeren	Johann	Team Dt. Post	1954	1999	01:03:43	00:59:01	01:04:01	01:15:34	01:09:25	01:03:50	06:35:34	00:58:36	45	M40	114	6
428	Doden	Heike	ELG Emden	1956	1999	01:02:29	00:59:26	01:03:35	01:14:43	01:09:19	01:06:32	06:36:04	00:58:41	43	W40	36	6
429	Rogge	Gertrud	SuS Strackho.	1955	1999	01:03:44	01:00:36	01:03:15	01:15:53	01:09:10	01:03:49	06:36:27	00:58:44	44	W40	37	6
430	Stamer	Etta	Post SV Leer	1956	1999	01:02:17	01:01:35	01:04:07	01:16:27	01:12:00	01:02:13	06:38:39	00:59:04	43	W40	38	6
431	Nobel	Monika	TV Leer	1949	1999	01:02:52	01:01:17	01:04:42	01:14:41	01:10:56	01:04:21	06:38:49	00:59:05	50	W50	13	6
432	Buurmann	Ellen	TuS Aurich-Ost	1948	1999	01:03:14	01:00:07	01:05:14	01:15:45	01:10:49	01:03:42	06:38:51	00:59:05	51	W50	14	6
433	Nobel	Reiner	TV Leer	1951	1999	01:02:53	01:01:17	01:04:42	01:14:42	01:10:57	01:04:21	06:38:52	00:59:05	48	M40	115	6
434	Harders	Jane	VHS Laufen	1962	1999	01:10:15	01:01:28	01:02:40	01:15:32	01:07:09	01:02:16	06:39:20	00:59:10	37	W30	18	6
435	Scharfenberg	Irene	MTV Wittmund	1950	1999	01:04:26	01:01:30	01:04:55	01:14:49	01:10:48	01:03:10	06:39:38	00:59:12	49	W40	39	6
436	Remmers	Grietje	TV Friedeburg	1952	1999	01:03:26	00:59:57	01:04:44	01:16:42	01:10:09	01:04:51	06:39:49	00:59:14	47	W40	40	6
437	Kreitz	Erika	Aurich	1951	1999	01:05:15	01:01:44	01:03:54	01:14:31	01:09:24	01:05:19	06:40:07	00:59:17	48	W40	41	6
438	Freyland	Ursula	TuS Aurich-Ost	1953	1999	01:03:42	01:00:05	01:05:29	01:16:03	01:10:08	01:04:45	06:40:12	00:59:17	46	W40	42	6
439	Rieken	Ewald	MTV Jever	1945	1999	01:01:01	01:02:32	01:06:23	01:16:46	01:10:05	01:04:07	06:40:54	00:59:24	54	M50	69	6
440	Heikamp	Jost	RV Leer	1935	1999	01:06:59	01:02:08	01:05:36	01:15:36	01:09:16	01:02:08	06:41:43	00:59:31	64	M60	17	6
441	Gottschlich	Thomas	Moormerland	1950	1999	01:06:05	01:01:33	01:05:19	01:15:53	01:10:51	01:03:05	06:42:46	00:59:40	49	M40	116	6
442	Saathoff	Günther	TSV Hesel	1946	1999	01:02:30	01:00:46	01:05:47	01:17:32	01:11:47	01:04:28	06:42:50	00:59:41	53	M50	70	6
443	Salefski	Janna	SC Dunum	1982	1999	01:04:38	01:01:30	01:07:36	01:16:48	01:09:35	01:02:48	06:42:55	00:59:41	17	WU20	6	6
444	Reents	Marianne	SC Dunum	1946	1999	01:04:38	01:01:33	01:07:37	01:16:49	01:09:37	01:02:47	06:43:01	00:59:42	53	W50	15	6
445	Heyen	Anita	TV Norden	1946	1999	01:09:06	01:03:28	01:05:41	01:13:05	01:07:59	01:03:47	06:43:06	00:59:43	53	W50	16	6
446	Reinken	Karin	TuS Aurich-O.	1956	1999	01:06:56	01:00:05	01:05:27	01:16:01	01:10:58	01:03:44	06:43:11	00:59:44	43	W40	43	6
447	Graafls	Johannes	SV Stikelkamp	1936	1999	01:02:22	00:59:29	01:05:10	01:19:54	01:10:53	01:05:24	06:43:12	00:59:44	63	M60	18	6
448	Juilfs	Eilert	TuS Strackholt	1945	1999	01:03:45	01:00:36	01:03:15	01:19:26	01:13:28	01:03:49	06:44:19	00:59:54	54	M50	71	6
449	Boe	Marion	LT Schaffh-W.	1947	1999	01:05:06	01:00:48	01:05:43	01:16:41	01:11:53	01:04:58	06:45:09	01:00:01	52	W50	17	6
450	Klapproth	Elvira		1966	1999	01:10:15	01:02:25	01:04:54	01:16:00	01:09:09	01:02:37	06:45:20	01:00:03	33	W30	19	6
451	Meenken	Rolf	Werkst.f.Beh.	1958	1999	01:01:46	01:00:19	01:08:09	01:19:05	01:11:27	01:05:04	06:45:50	01:00:07	41	M40	117	6
452	Hillers	Klaus-Dieter	Polizei Leer	1962	1999	01:02:48	01:04:20	01:07:11	01:16:34	01:13:32	01:01:25	06:45:50	01:00:07	37	M30	91	6
453	Noah	Carin	MTV Aurich	1955	1999	01:06:44	01:03:25	01:07:51	01:16:02	01:10:07	01:02:23	06:46:32	01:00:14	44	W40	44	6
454	Steinke	Diedrich	Conc. Neermo.	1941	1999	01:05:26	01:00:44	01:09:20	01:17:43	01:10:49	01:03:19	06:47:21	01:00:21	58	M50	72	6
455	Benthien	Andrea	TuS Aurich-O.	1968	1999	01:02:55	01:00:04	01:08:27	01:18:54	01:12:21	01:04:59	06:47:40	01:00:24	31	W30	20	6
456	Ellee	Gisela	TC GW Leer	1950	1999	01:12:32	01:06:26	01:06:06	01:14:48	01:08:02	01:01:11	06:49:05	01:00:36	49	W40	45	6
457	Templin	Gisela	ELG Emden	1945	1999	01:06:57	01:02:08	01:06:03	01:17:50	01:10:59	01:05:35	06:49:32	01:00:40	54	W50	18	6
458	Buffen	Ferdinand	ELG Emden	1938	1999	01:05:00	00:59:00	01:08:54	01:18:49	01:12:17	01:07:01	06:51:01	01:00:53	61	M60	19	6
459	Harms	Erika	TV Norden	1942	1999	01:05:14	01:02:51	01:06:21	01:18:12	01:12:29	01:05:59	06:51:06	01:00:54	57	W50	19	6
460	Ihlow	Giseltraud	TV Norden	1949	1999	01:05:17	01:03:05	01:06:49	01:18:11	01:12:34	01:06:01	06:51:57	01:01:02	50	W50	20	6
461	Carstens	Annemarie	SC Dunum	1956	1999	01:04:56	01:01:49	01:07:45	01:19:51	01:12:36	01:05:03	06:52:00	01:01:02	43	W40	46	6
462	Oltmanns	Johanne	SV Stikelkamp	1941	1999	01:05:18	01:02:13	01:08:44	01:19:48	01:10:52	01:05:25	06:52:20	01:01:05	58	W50	21	6
463	Zeretke	Sabine	Leer	1956	1999	01:06:16	01:04:20	01:08:27	01:18:43	01:09:51	01:05:43	06:53:20	01:01:14	43	W40	47	6
464	Christians	Gerta	TV Norden	1953	1999	01:08:34	01:03:26	01:06:21	01:18:06	01:12:30	01:05:57	06:54:54	01:01:28	46	W40	48	6
465	Emkes	Erika	TV Norden	1957	1999	01:09:07	01:03:28	01:05:40	01:18:07	01:13:17	01:05:58	06:55:37	01:01:34	42	W40	49	6
466	Potzler	Helga	MTV Wittmund	1949	1999	01:07:33	01:04:17	01:06:01	01:18:15	01:13:30	01:06:49	06:56:25	01:01:41	50	W50	22	6
467	Hahn	Heidi	VHS Laufen	1963	1999	01:08:54	01:04:16	01:07:50	01:20:00	01:11:40	01:04:46	06:57:26	01:01:51	36	W30	21	6
468	Vossen	Gabi	TuS Aurich-Ost	1952	1999	01:07:28	01:03:19	01:08:18	01:18:50	01:13:07	01:06:42	06:57:44	01:01:53	47	W40	50	6
469	Zogall	Hans-Werner	IGS Aurich	1950	1999	01:06:51	01:04:18	01:08:21	01:18:39	01:13:23	01:06:45	06:58:17	01:01:58	49	M40	118	6
470	Peeken	Gerd	TuS Esens	1973	1999	01:08:43	01:05:16	01:09:02	01:18:32	01:12:20	01:04:36	06:58:29	01:02:00	26	M20	30	6
471	Battermann	Regina	Fehntjer LT	1951	1999	01:06:13	01:03:15	01:09:49	01:20:34	01:13:30	01:05:51	06:59:12	01:02:06	48	W40	51	6
472	Mayer	Detlef	Werkst.f.Beh.	1952	1999	01:08:27	01:04:33	01:09:22	01:19:10	01:12:45	01:04:59	06:59:16	01:02:07	47	M40	119	6
473	Brahms	Georg	Werkst.f.Beh.	1943	1999	01:08:29	01:04:33	01:09:25	01:19:10	01:12:46	01:05:00	06:59:23	01:02:08	56	M50	73	6
474	Stöver	Erika	TuS Aurich-O.	1946	1999	01:07:34	01:03:36	01:08:32	01:19:31	01:13:44	01:06:39	06:59:36	01:02:10	53	W50	23	6
475	Swalve-Borde.	Swana	Fort. Logabirum	1955	1999	01:07:51	01:05:37	01:08:27	01:18:51	01:13:48	01:06:40	07:01:14	01:02:24	44	W40	52	6
476	Campen	Wilhelm	SC Wiesens	1951	1999	01:08:05	01:03:15	01:06:36	01:22:35	01:13:50	01:06:57	07:01:18	01:02:25	48	M40	120	6
477	Hoogestraat	Meike	ELG Emden	1950	1999	01:07:56	01:05:04	01:08:40	01:20:00	01:13:37	01:06:58	07:02:15	01:02:33	49	W40	53	6
478	Oltmanns	Heike	ELG Emden	1958	1999	01:07:56	01:05:04	01:08:40	01:20:00	01:13:40	01:06:55	07:02:15	01:02:33	41	W40	54	6
479	Weermann	Heike	ELG Emden	1959	1999	01:07:56	01:05:04	01:08:40	01:20:00	01:13:40	01:06:55	07:02:15	01:02:33	40	W40	55	6
480	Teitge	Helga	ELG Emden	1959	1999	01:07:56	01:05:04	01:08:40	01:20:00	01:13:40	01:06:56	07:02:16	01:02:33	40	W40	56	6
481	Jürgens	Ursula	Hesel	1952	1999	01:07:38	01:03:20	01:09:14	01:20:44	01:14:59	01:06:59	07:02:54	01:02:39	47	W40	57	6
482	Eversmann	Nicola	Werkst.f.Beh.	1964	1999	01:05:21	01:04:49	01:08:26	01:22:22	01:14:28	01:08:31	07:03:57	01:02:48	35	W30	22	6
483	Groenewold	Doris	Detern-Valde	1970	1999	01:10:33	01:04:36	01:07:38	01:22:27	01:13:43	01:06:27	07:05:24	01:03:01	29	W20	9	6
484	Dirks	Helga	MTV Jever	1939	1999	01:07:40	01:05:01	01:09:12	01:19:31	01:15:35	01:08:34	07:05:33	01:03:03	60	W60	4	6
485	Stöhr	Daniela	VHS Laufen	1967	1999	01:10:33	01:05:10	01:08:23	01:22:10	01:14:21	01:06:27	07:07:04	01:03:16	32	W30	23	6
486	Tjarks	Gerhardine	LG Ostfriesland	1957	1999	01:08:27	01:07:56	01:10:39	01:20:44	01:15:47	01:07:57	07:11:30	01:03:56	42	W40	58	6
487	Weitz	Christel	VHS Laufen	1963	1999	01:10:23	01:04:45	01:12:05	01:21:52	01:14:59	01:08:03	07:12:07	01:04:01	36	W30	24	6
488	Schoon	Christel	Frisia Loga	1957	1999	01:10:04	01:05:56	01:12:05	01:21:54	01:15:07	01:08:03	07:13:09	01:04:10	42	W40	59	6
489	Peters	Hans-Jürgen	LT Bunde	1949	1999	01:10:41	01:05:49	01:11:22	01:22:07	01:15:01	01:08:29	07:13:29	01:04:13	50	M50	74	6
490	Frerichs	Gertrud	SuS Strackholt	1950	1999	01:11:56	01:07:04	01:09:26	01:22:38	01:15:53	01:08:48	07:15:45	01:04:33	49	W40	60	6

18. Ostfrieslandlauf 1999

25.05. bis 11.06.1998

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	10,20km	11,05km	12,75km	11,90km	10,80km						
498	Friesenborg	Thea	Komet Walle	1964	1999	01:15:10	01:09:16	01:10:39	01:20:44	01:15:48	01:09:31	07:21:08	01:05:21	35	W30	27	6
499	Janßen	Silvia	SV Holtland	1974	1999	01:11:20	01:05:56	01:12:39	01:23:08	01:17:10	01:11:04	07:21:17	01:05:23	25	W20	10	6
500	Vüst	Gertraud	Simonswolde	1962	1999	01:17:18	01:10:08	01:12:30	01:22:09	01:13:18	01:06:12	07:21:35	01:05:25	37	W30	28	6
501	Jungeblut	Christa	VHS Laufen	1938	1999	01:10:44	01:07:46	01:13:16	01:23:54	01:17:16	01:11:28	07:24:24	01:05:50	61	W60	5	6
502	König	Käthe	ELG Emden	1936	1999	01:11:58	01:09:37	01:13:02	01:22:44	01:17:15	01:12:52	07:27:28	01:06:17	63	W60	6	6
503	Albrecht	Renate	ELG Emden	1960	1999	01:11:57	01:08:06	01:13:34	01:25:17	01:18:31	01:12:49	07:30:14	01:06:42	39	W30	29	6
504	Fleißner	Foline	MTV Aurich	1946	1999	01:16:11	01:12:01	01:14:32	01:25:01	01:17:34	01:09:32	07:34:51	01:07:23	53	W50	24	6
505	Gießenberg	Doris	LT Aurich	1957	1999	01:16:44	01:12:01	01:12:57	01:25:06	01:18:07	01:11:25	07:36:20	01:07:36	42	W40	66	6
506	Bietz	Ingrid	VHS Laufen	1956	1999	01:32:27	01:20:41	01:27:37	01:35:34	01:24:56	01:11:29	08:32:44	01:15:58	43	W40	67	6
507	Schütz-Wiese	Edith		1938	1999	01:32:27	01:20:41	01:27:46	01:36:29	01:29:19	01:22:08	08:48:50	01:18:21	61	W60	7	6
508	Klasen	Sabine	VHS Laufen	1984	1999	01:32:27	01:29:37	01:32:15	01:49:34	01:44:00	01:34:55	09:42:48	01:26:20	15	WU20	7	6
509	Klasen	Ingrid	VHS Laufen	1956	1999	01:34:17	01:29:49	01:37:47	01:54:00	01:44:00	01:36:12	09:56:05	01:28:19	43	W40	68	6
510	Hecht	Jutta	Germania Leer	1928	1999	01:42:59	01:34:36	01:50:29	02:24:26	01:51:00	01:41:23	11:04:53	01:38:30	71	W70	1	6
	Stecker	Bruno	Germ. Leer	1950	1999	00:45:30	00:44:03	00:48:22	00:55:03	00:51:51		04:04:49		49	M40		5
	Janssen	Gerold	Großoldendorf	1967	1999	00:49:20	00:43:43	00:48:40	00:55:58	00:52:10		04:09:51		32	M30		5
	Lambertus	Hinders		1966	1999	00:48:20	00:45:30	00:49:20	00:57:06	00:52:11		04:12:27		33	M30		5
	Cramer	Ewert	Leer	1948	1999	00:48:46	00:47:16	00:50:35		00:55:35	00:50:32	04:12:44		51	M50		5
	Buss	Imme	SV Holtland	1948	1999	00:51:42	00:49:08	00:51:42		00:57:34	00:51:23	04:21:29		51	W50		5
	Lübekemann	Jens	Team Dt. Post	1958	1999	00:52:02	00:49:49	00:53:50	01:04:05		00:52:15	04:32:01		41	M40		5
	Linse	Carsten	SC Dunum	1985	1999	00:54:19	00:52:26	00:52:39	01:03:31		00:54:28	04:37:23		14	MU20		5
	Hattermann	Britta	Conc. Ihrhove	1976	1999	00:54:36	00:50:05	00:54:13	01:03:01	00:59:36		04:41:31		23	W20		5
	Schilling	Holger	RVB Uplengen	1969	1999	00:57:31	00:51:40	00:52:25	01:03:39	00:59:34		04:44:49		30	M30		5
	Steinmeyer	Fritz	Aurich	1948	1999	00:55:16	00:53:00	00:57:26		01:03:12	00:56:12	04:45:06		51	M50		5
	Freitag	Norbert	MTV Aurich	1948	1999	00:54:47	00:52:31	00:55:52	01:05:40	00:58:28		04:47:18		51	M50		5
	Stöhr	Johann	Leer	1966	1999		01:01:20	00:55:21	01:04:04	00:59:42	00:53:13	04:53:40		33	M30		5
	Grenzheuser	Gerd	Sfk Aurich	1955	1999	00:58:11	00:56:18		01:12:27	01:04:07	00:56:39	05:07:42		44	M40		5
	Voget	Antke	Aurich	1950	1999		00:57:59	01:00:45	01:10:12	01:04:00	00:56:52	05:09:48		49	W40		5
	Böhnke	Anke	Germ. Leer	1953	1999	00:59:14	00:56:33		01:11:38	01:04:53	00:59:47	05:12:05		46	W40		5
	Holthuis	Ulrike	Warsingsfehn	1967	1999	01:00:17	00:58:18	00:59:55	01:09:01	01:04:41		05:12:12		32	W30		5
	Plettke	Günther	BW Weener	1961	1999	01:00:04	00:56:55	01:02:47	01:11:19		01:02:03	05:13:08		38	M30		5
	Feldmann	Heinz	MTV Wittmund		1999	01:04:26	00:53:30	01:06:04		01:06:54	01:02:31	05:13:25			M		5
	Brunken	Heinz	LG Uplengen	1963	1999	01:00:30	00:57:36		01:13:00	01:06:05	00:59:50	05:17:01		36	M30		5
	Ubben	Marc	Esens	1977	1999		01:02:46	01:02:35	01:14:04	01:04:35	00:58:55	05:22:55		22	M20		5
	Hallensleben	Christian	TC Esens	1955	1999	01:02:36		01:05:44	01:15:23	01:11:00	01:04:22	05:39:05		44	M40		5
	Fischer	Irmgard	TV Norden	1952	1999	01:08:34	01:02:17	01:06:09	01:17:48	01:05:35	01:05:35	05:40:23		47	W40		5
	Lunz	Dieter	SC Dunum	1941	1999		01:03:13	01:07:51	01:17:22	01:13:43	01:07:28	05:49:37		58	M50		5
	Vry	Renate	Leer	1955	1999	01:08:25	01:05:19	01:11:22	01:19:46	01:05:12		05:50:04		44	W40		5
	Behrends	Karin	LG Ostfriesland	1946	1999	01:08:25	01:07:56	01:10:39		01:15:51	01:09:33	05:52:24		53	W50		5
	Just	Ute	Aurich	1952	1999	01:06:55		01:08:37	01:18:17	01:12:31	01:06:48	05:53:08		47	W40		5
	Lauterjung	Anita	ELG Emden	1946	1999	01:07:56	01:05:04	01:08:40	01:20:00	01:13:38		05:55:18		53	W50		5
	Penon	Sieglinde	Werkst.f.Beh.	1963	1999	01:08:44	01:05:56	01:09:22	01:22:40	01:14:28		06:01:10		36	W30		5
	Weers	Anne	SV Holtland	1954	1999	01:07:38		01:09:14	01:22:08	01:15:54	01:08:39	06:03:33		45	W40		5
	ter Harseborg	Ellen	VHS Laufen	1971	1999	01:32:27	01:20:41	01:14:37		01:29:19	01:22:08	06:59:12		28	W20		5
	Lammers	Joachim	TG Wiesmoor	1960	1999		00:39:52	00:43:03		00:48:44	00:39:48	02:51:27		39	M30		4
	Weinberg	Dieter	TuS Esens	1968	1999	00:43:05	00:41:32			00:47:55	00:43:02	02:55:34		31	M30		4
	Ibeling	Fred	LG Ostfriesland	1966	1999		00:36:31	00:44:02	00:52:07		00:45:44	02:58:24		33	M30		4
	Redenius	Folkert	Conc. Ihrhove	1957	1999	00:46:21	00:41:15	00:42:27	00:50:24			03:00:27		42	M40		4
	Steinke	Rolf	Warsingsfehn	1967	1999	00:44:02	00:41:43		00:53:51		00:46:03	03:05:39		32	M30		4
	Stahl-Tewes	Kirsten	Schule für Kbh.	1964	1999	00:47:34	00:46:33		00:56:48	00:52:45		03:23:40		35	W30		4
	Häfner	Michael	FTC Hollen	1961	1999	00:50:30	00:47:46			00:55:25	00:51:03	03:24:44		38	M30		4
	Wykhoff	Tidde	TuS Detern	1954	1999	00:51:50	00:49:17	00:51:18	00:59:46			03:32:11		45	M40		4
	Wienbeuker	Heinrich	LG Uplengen	1958	1999	00:49:48	00:49:33		01:02:37	00:55:40		03:37:38		41	M40		4
	Wenninga	Otto	Heidmühler FC	1936	1999	00:52:37	00:52:32			01:00:02	00:54:59	03:40:10		63	M60		4
	Wilken	Elke	SV Holtland	1950	1999	00:53:34	00:50:24	00:54:48	01:03:56			03:42:42		49	W40		4
	Steffens	Otto	MTV Aurich	1952	1999	00:55:25	00:51:08	00:53:30	01:02:45			03:42:48		47	M40		4
	Moldenhauer	Helmut	Wiesmoor	1950	1999	00:54:38	00:52:01	00:54:27	01:05:58			03:47:04		49	M40		4
	Schoon	Reinhard	RVB Uplengen	1946	1999	00:50:20		00:54:35	01:05:06	00:57:05		03:47:06		53	M50		4
	Schwitters	Mense	MTV Aurich	1948	1999		00:53:09	00:58:23		01:03:03	00:58:03	03:52:38		51	M50		4
	Emke	Dieter	Hesel	1958	1999	00:59:40	00:53:55			01:02:48	00:56:33	03:52:56		41	M40		4
	Heidergott	Andre	Ihrhove	1986	1999	00:58:59	00:50:50	01:03:31		00:59:55		03:53:15		13	MU20		4
	Kok	Helga	SV Holtland	1948	1999	00:55:38	00:53:22	00:59:24	01:07:01			03:55:25		51	W50		4
	Schmidt	Thomas	MTV Aurich	1963	1999		00:54:33		01:08:22	01:01:21	00:54:33	03:58:49		36	M30		4
	van Lengen	Heinrich	Strackholt	1940	1999	00:56:09		00:57:18	01:08:08	01:01:48		04:03:23		59	M50		4
	Glöckner	Beate	MTV Wittmund		1999	00:57:30	01:02:45	00:58:11	01:09:26			04:07:52			W		4
	Bogena	Joachim	Brinkum	1964	1999			01:01:47	01:10:34	01:02:43	00:53:15	04:08:19		35	M30		4
	Schwitters	Petra	MTV Aurich	1950	1999	01:01:50	00:58:12	01:00:52		01:08:20		04:09:14		49	W40		4
	Junkmann	Eva	Aurich	1984	1999			01:00:26	01:07:00	01:04:54	00:58:02	04:10:22		15	WU20		4
	Les	Hanne	Sfk Aurich	1952	1999		00:57:50	01:00:45	01:10:14	01:03:53		04:12:42		47	W40		4
	Wolkenhaar	Enno	TC Grün Weiß Leer	1938	1999			01:06:05	01:14:40	01:08:06	00:59:43	04:28:34		61	M60		4

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	10,20km	11,05km	12,75km	11,90km	10,80km						
	Donadell	Hans	FTC Hollen	1942	1999	01:07:01	01:02:06			01:13:58	01:07:31	04:30:36		57	M50		4
	Behrends	Heidrun	VHS Laufen	1963	1999	01:10:50	01:10:08	01:13:49		01:17:22		04:52:09		36	W30		4
	Bogena	Monika	VHS Laufen	1959	1999	01:10:50	01:10:08	01:13:49		01:17:22		04:52:09		40	W40		4
	Soerensen	Edelgard	Aurich	1947	1999			01:14:32	01:24:57	01:17:31	01:09:08	05:06:08		52	W50		4
	Rosin	Heide	Sfk Aurich	1957	1999	01:16:44	01:11:57		01:30:05	01:14:17		05:13:03		42	W40		4
	Lilienthal	Georg	OZ Team	1962	1999	00:44:27	00:42:44				00:45:25	02:12:36		37	M30		3
	Saathoff	Friedhelm	Fehntjer Lauftreff	1951	1999	00:40:38	00:51:12	00:44:15				02:16:05		48	M40		3
	Reisewitz	Karl-Heinz	LGO Ostfriesland	1951	1999			00:43:16	00:50:22		00:42:43	02:16:21		48	M40		3
	Orlik	Erich	SV Dornum	1966	1999		00:44:01	00:46:29	00:55:00			02:25:30		33	M30		3
	Hilmer	Christoph	TuS Hermannsburg	1974	1999			00:48:19	00:49:29	00:49:04		02:26:52		25	M20		3
	Zumken	Doris	LG Wilhelmshaven	1961	1999	00:50:55	00:48:17	00:52:34				02:31:46		38	W30		3
	Kalwas	Hans-Helmut	Leer	1953	1999	00:51:41	00:48:48				00:52:28	02:32:57		46	M40		3
	Woltermann	Hannelore	Germ. Leer	1953	1999	00:51:36	00:49:27				00:52:56	02:33:59		46	W40		3
	Siebels	Jens	Esens	1971	1999		00:45:31		00:54:47		00:54:11	02:34:29		28	M20		3
	Stöter	Jens	VFB Uplengen	1967	1999		00:48:01		01:01:41		00:50:48	02:40:30		32	M30		3
	Goemann	Ude	Aurich	1969	1999			00:49:45	00:57:58	00:55:41		02:43:24		30	M30		3
	Giesenberg	Siegfried	TV Marienhaf	1955	1999	00:53:30	00:51:19	01:01:08				02:45:57		44	M40		3
	Kroon	Sigrid	SV Holtland	1948	1999	00:53:13		00:54:19		00:59:54		02:47:26		51	W50		3
	Groen	Albert	TuS Aurich-Ost	1956	1999	00:56:37				00:58:41	00:54:49	02:50:07		43	M40		3
	Stegmann, Dr.	Carl-Ulfert	TV Norden	1940	1999	00:54:50		00:56:57		01:03:11		02:54:58		59	M50		3
	Lang	Helmut	Germ. Leer	1966	1999	00:59:46	00:53:26			01:03:48		02:57:00		33	M30		3
	Vinke	Hans-Georg	Aurich	1953	1999	00:53:30			01:06:50	00:59:32		02:59:52		46	M40		3
	Rogge	Dieter	SuS Strackholt	1953	1999		00:54:40		01:06:54	01:00:43		03:02:17		46	M40		3
	Ströver	Johann	Aurich	1953	1999	01:02:47	00:57:34	01:03:42				03:04:03		46	M40		3
	Rietz	Albrecht	TGG Leer	1954	1999		00:55:40		01:08:02	01:02:32		03:06:14		45	M40		3
	Apetz	Barbara	TV Norden	1949	1999	01:00:01		01:02:55		01:07:43		03:10:39		50	W50		3
	Mennen	Meike	TuS Aurich-Ost	1957	1999	01:02:54	01:00:06	01:07:46				03:10:46		42	W40		3
	Goldmann	Heidrun	Aurich	1962	1999		01:02:47	01:05:01			01:03:43	03:11:31		37	W30		3
	Hinrichs	Gerd	FC Heidmühle	1942	1999	01:06:01	01:02:04	01:05:54				03:13:59		57	M50		3
	Steffen-de Boer	Anne	ELG Emden	1942	1999	01:06:58	01:02:07	01:06:03				03:15:08		57	W50		3
	Voigt	Bettina	Wittmund	1958	1999	01:03:15		01:04:29		01:10:48		03:18:32		41	W40		3
	Heyenga	Manuela	SV Nortmoor		1999	01:05:39	01:04:03	01:10:00				03:19:42			W		3
	Janssen	Johannes	TuS Pewsum	1957	1999				01:14:23	01:06:40	01:00:26	03:21:29		42	M40		3
	Janz	Anita	LT Schaffh. Wald	1957	1999	01:05:21				01:12:42	01:04:58	03:23:01		42	W40		3
	Voss	Käthe	Emden LG	1954	1999				01:14:03	01:07:24	01:01:55	03:23:22		45	W40		3
	Menzel	Dorothee	LT Schaffh. Wald	1961	1999				01:15:00	01:09:07	01:01:08	03:25:15		38	W30		3
	Schrader	Anke	Leer	1961	1999	01:16:21	01:04:46				01:04:36	03:25:43		38	W30		3
	Sattler	Gerda	Frisia Loga	1949	1999	01:11:24	01:06:37		01:22:07			03:40:08		50	W50		3
	Mix	Petra	Frisia Loga	1970	1999	01:13:28	01:11:02		01:25:07			03:49:37		29	W20		3
	Frey	Thea	VHS Laufen	1959	1999	01:32:27	01:12:41	01:14:31				03:59:39		40	W40		3
	Harwaldt	Valentin	Emden LG	1977	1999		00:33:41				00:36:40	01:10:21		22	M20		2
	Tietz	Michael	LG Uplengen	1965	1999		00:42:54				00:45:55	01:28:49		34	M30		2
	Büürma	Conrad	Ditzumerverlaat	1972	1999		00:41:31		00:49:23			01:30:54		27	M20		2
	Lammers	Jürgen	TG Wiesmoor	1984	1999		00:45:32				00:47:22	01:32:54		15	MU20		2
	ter Fehr	Heino	Fehntjer Lauftreff		1999	00:48:05	00:46:27					01:34:32			M		2
	Bangert	Axel	TuS Esens	1973	1999					00:50:09	00:44:45	01:34:54		26	M20		2
	Gatter	Torsten	Ihlower Loopers	1965	1999		00:47:32				00:49:03	01:36:35		34	M30		2
	Ludwig	Helmut	LG Ostfriesland	1958	1999	00:42:06			00:54:41			01:36:47		41	M40		2
	Bienow	Ralf	Wuppertal	1966	1999				00:51:29	00:47:40		01:39:09		33	M30		2
	Weers	Daniel	VFB Uplengen	1976	1999			00:46:31	00:53:26			01:39:57		23	M20		2
	Plesse	Thomas	Warsingsfehn	1966	1999	00:51:31	00:48:48					01:40:19		33	M30		2
	Nitters	Klaus	SV Jemgum	1940	1999	00:51:41	00:48:44					01:40:25		59	M50		2
	Grünefeld	Alwin	Bundesw. Wiesmoor	1960	1999	00:51:32	00:49:12					01:40:44		39	M30		2
	Smidt	Eike	SV Warsingsfehn	1984	1999		00:48:02	00:52:48				01:40:50		15	MU20		2
	Behrends	Johann	FFF Berumerfehn	1955	1999	00:49:37	00:51:31					01:41:08		44	M40		2
	Beekhuis	Gottfried	Aurich	1954	1999					00:55:42	00:46:38	01:42:20		45	M40		2
	Bersdorf	Robert	Aurich		1999		00:49:36	00:52:58				01:42:34			M		2
	Klaasen	Peter	TuS Weener	1952	1999		00:49:53				00:52:41	01:42:34		47	M40		2
	Alts	Holger	VFFL Berumbur	1964	1999	00:54:13	00:48:31					01:42:44		35	M30		2
	Dreesemann	Gerhard	Rhauderfehn	1958	1999	00:52:30	00:50:24					01:42:54		41	M40		2
	Oltmanns	Melle	TV Greetesiel	1950	1999	00:53:17	00:50:25					01:43:42		49	M40		2
	von Cöln	Thilo	Leer	1958	1999	00:54:00	00:50:09					01:44:09		41	M40		2
	Rauert	Wilko	Con. Ihrhove	1980	1999			00:48:08		00:56:19		01:44:27		19	MU20		2
	Schröder	Werner	Tergast	1952	1999	00:54:28	00:50:23					01:44:51		47	M40		2
	Züll	Matthias	VFL Jheringsfehn	1973	1999	00:54:11	00:51:20					01:45:31		26	M20		2
	Poppen	Jann	TG Wiesmoor	1982	1999					00:55:56	00:49:54	01:45:50		17	MU20		2
	Teubner	Alfred	PSV Aurich-West	1955	1999		00:45:17		01:01:13			01:46:30		44	M40		2
	Soeken	Johann	SV Holtland	1953	1999	00:50:17				00:57:47		01:48:04		46	M40		2
	Wagner	Rainer	TG Wiesmoor	1962	1999		00:52:49				00:57:47	01:50:36		37	M30		2

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	10,20km	11,05km	12,75km	11,90km	10,80km	67,50km					
	Scholz	Detlef	NTV Norden	1963	1999				01:00:30		00:50:07	01:50:37		36	M30		2
	Hagedorn	Friedhelm	Firrel	1968	1999	00:58:48	00:52:03					01:50:51		31	M30		2
	Heinrich	Beate	Team Dt. Post	1967	1999	00:54:37		00:56:18				01:50:55		32	W30		2
	Michaelis	Bernhard	Leer	1955	1999	00:57:41	00:53:53					01:51:34		44	M40		2
	Kock-Michael	Ingrid	Leer	1959	1999	00:57:41	00:53:55					01:51:36		40	W40		2
	Ludwig	Gernot	LG Ostfriesland	1963	1999			00:51:19	01:01:01			01:52:20		36	M30		2
	Lilienthal	Jonas	Leer	1987	1999	00:56:20		00:56:23				01:52:43		12	MU20		2
	Wilken	Adolf	Hesel	1963	1999	00:59:40	00:54:09					01:53:49		36	M30		2
	Wilkens	Stefan	Remels	1964	1999					01:00:34	00:58:42	01:59:16		35	M30		2
	Kuhr	Jürgen	IGS Aurich	1942	1999	01:01:02	00:58:22					01:59:24		57	M50		2
	Mammen	Martin	Esens	1950	1999	01:01:47	00:57:46					01:59:33		49	M40		2
	Brechters	Horst	Emder LG	1933	1999					01:04:42	00:56:55	02:01:37		66	M60		2
	Wall de	Michael	TuS Aurich-Ost	1969	1999	00:59:38				01:03:20		02:02:58		30	M30		2
	Wittek	Claudia	TuS Aurich-Ost	1969	1999	00:59:39				01:03:28		02:03:07		30	W30		2
	Meyer	Hedy	Norder TV	1939	1999			01:02:06			01:03:09	02:05:15		60	W60		2
	Vry	Ralf	Fort. Logabirum	1960	1999			01:02:49	01:04:29			02:07:18		39	M30		2
	Heyen	Jann	TV Norden	1941	1999	01:01:13				01:07:42		02:08:55		58	M50		2
	Steingräber	Cordula	Moormerland	1962	1999	01:04:33		01:04:51				02:09:24		37	W30		2
	Wieghaus	Marlies	Aurich	1961	1999		01:04:26	01:05:18				02:09:44		38	W30		2
	Willms	Dieter	Wiesens		1999			01:03:37		01:07:08		02:10:45			M		2
	Tunder	Imke	SC Wiesens	1984	1999		01:01:14			01:10:14		02:11:28		15	WU20		2
	Janssen	Frieda	LT Schaffh. Wald	1963	1999					01:09:39	01:03:35	02:13:14		36	W30		2
	Mühlenbrock	Thomas	Moodorf	1971	1999					01:04:59	01:08:28	02:13:27		28	M20		2
	Venhoff	Angelika	Leer	1950	1999	01:12:32	01:08:12					02:20:44		49	W40		2
	Eden	Karin	TV Norden	1961	1999	01:08:21				01:12:36		02:20:57		38	W30		2
	Boesel	Peter	Aurich	1954	1999	01:12:02	01:08:58					02:21:00		45	M40		2
	Sap	Elke	VHS Laufen	1968	1999	01:10:40	01:10:52					02:21:32		31	W30		2
	Feldmann	Heike	LG Wilhelmshaven		1999	01:13:27	01:10:00					02:23:27			W		2
	Doden	Martha	VHS Laufen	1953	1999	01:18:30	01:12:18					02:30:48		46	W40		2
	Braukmann	Thomas	LG Kindelsberg	1966	1999						00:35:48	00:35:48		33	M30		1
	Heidergott	Enno	Con. Ihrhove	1971	1999			00:36:10				00:36:10		28	M20		1
	Grunewald	Marc	Germ. Leer	1979	1999	00:38:32						00:38:32		20	M20		1
	Keekstra	Hein	AV Horror Sneek	1970	1999			00:39:38				00:39:38		29	M20		1
	Franken	Stephan	BW Borssum	1970	1999	00:39:58						00:39:58		29	M20		1
	Ufkes	Frank	Triathlon Aurich	1966	1999		00:40:37					00:40:37		33	M30		1
	Tammen	Kai	Fehnter Lauftreff	1973	1999		00:41:27					00:41:27		26	M20		1
	Fleißner	Hermann	Team Dt. Post	1974	1999	00:42:35						00:42:35		25	M20		1
	Ludwigs	Hanno	LG Ostfriesland	1967	1999			00:43:04				00:43:04		32	M30		1
	Fisser	Manfred	Emder LG	1950	1999			00:43:15				00:43:15		49	M40		1
	Dietz	Ralf	Emder LG	1952	1999						00:44:29	00:44:29		47	M40		1
	Bergmann	Oliver	Triat. MTV Elmshorn	1967	1999				00:44:43			00:44:43		32	M30		1
	Christoph	Hilmer	TuS Hermannsburg	1974	1999	00:45:01						00:45:01		25	M20		1
	Matzk	Klaus	SpVgg. Aurich	1947	1999						00:45:03	00:45:03		52	M50		1
	Feeken	Gerd	OZ Team	1959	1999	00:45:50						00:45:50		40	M40		1
	Mennen	Arno	VFL Berumbur	1967	1999			00:46:12				00:46:12		32	M30		1
	Taube	Ralf	DLRG Leer	1969	1999				00:46:13			00:46:13		30	M30		1
	Grigat	Holger	SV Hage	1973	1999	00:46:47						00:46:47		26	M20		1
	Frühling	Uwe	SV Georgsheil	1969	1999	00:47:08						00:47:08		30	M30		1
	Sweers	Ralf	Emder LG	1963	1999	00:47:16						00:47:16		36	M30		1
	de Buhr	Oskar	Germ. Leer	1951	1999	00:47:44						00:47:44		48	M40		1
	Lüken	Richard	PSV Aurich-West	1967	1999				00:47:48			00:47:48		32	M30		1
	Willms	Stephan	Holtgast	1976	1999						00:48:00	00:48:00		23	M20		1
	Feldmann	Georg	BV Plaggenburg	1954	1999						00:48:02	00:48:02		45	M40		1
	Müller	Jörg	KBV Uтары	1970	1999			00:48:03				00:48:03		29	M20		1
	Kalshi	Thomas	Werkst.f.Beh.	1968	1999	00:48:04						00:48:04		31	M30		1
	Kirschke	Helmut	Emder LG	1953	1999						00:48:04	00:48:04		46	M40		1
	Niemann	Hauke	SV Warsingsfehn	1985	1999		00:48:32					00:48:32		14	MU20		1
	Stautmeister	Heike	Germ. Leer	1962	1999	00:48:40						00:48:40		37	W30		1
	Emkes	Norbert	TV Norden	1956	1999						00:49:10	00:49:10		43	M40		1
	Lauterjung	Kai	TuS Hinte	1980	1999				00:49:27			00:49:27		19	MU20		1
	Zimmermann	Klaus	Germ. Leer	1965	1999	00:49:34						00:49:34		34	M30		1
	Kruse	Bernd	SVS	1967	1999		00:49:35					00:49:35		32	M30		1
	Loers	Wilfried	BW Filsum	1959	1999		00:49:42					00:49:42		40	M40		1
	Weers	Michael	VFB Uplengen	1976	1999			00:49:55				00:49:55		23	M20		1
	Hollwege	Reiner	VFFL Berumbur	1967	1999					00:50:10		00:50:10		32	M30		1
	Heijen	Heiner	Germ. Leer		1999		00:50:23					00:50:23			M		1
	Behrendt	Ulrich	LG Ostfriesland	1951	1999				00:50:28			00:50:28		48	M40		1
	Klaus	Ralf	Hamburg	1952	1999						00:50:37	00:50:37		47	M40		1
	Osten	Roland	Aurich	1977	1999						00:50:47	00:50:47		22	M20		1
	Eden	Matthias	TuS Esens	1972	1999						00:50:54	00:50:54		27	M20		1

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	10,20km	11,05km	12,75km	11,90km	10,80km	67,50km					
	Thiemens	Uwe	Polizei Leer	1961	1999	00:50:56						00:50:56		38	M30		1
	Jünke	Silvia	LG Uplengen	1972	1999	00:50:57						00:50:57		27	W20		1
	Messow	Ole	LT Ennert-Bonn		1999			00:51:04				00:51:04			M		1
	Olberding	Siegfried	Wittmund	1965	1999						00:51:12	00:51:12		34	M30		1
	Hildebrandt	Thomas	Holtgast	1970	1999						00:51:19	00:51:19		29	M20		1
	Helmke	Peter	Aurich	1964	1999						00:51:42	00:51:42		35	M30		1
	Kerkhoff	Helmut	Emder LG	1948	1999					00:53:30		00:53:30		51	M		1
	Mohrherr	Tim	SV Nortmoor	1985	1999	00:53:38						00:53:38		14	MU20		1
	Voss	Hermann	Emder LG	1953	1999				00:53:43			00:53:43		46	M40		1
	Becken	Lars	Osteraccum	1977	1999						00:53:44	00:53:44		22	M20		1
	Goudschaal	Arno	Bunde	1980	1999	00:53:59						00:53:59		19	MU20		1
	Max	Stephan	SV Walle	1978	1999					00:54:03		00:54:03		21	M20		1
	Kohlbus	Maik	TG Wiesmoor	1975	1999						00:54:07	00:54:07		24	M20		1
	Kruse	Gerd	Wittmund		1999						00:54:11	00:54:11			M		1
	Hartema	Richard	LG Ditzum	1968	1999						00:54:23	00:54:23		31	M30		1
	Kiese	Kerstin	TuS Esens	1964	1999						00:54:24	00:54:24		35	W30		1
	Berenzen	Manfred	VFFL Mullberg	1961	1999						00:55:17	00:55:17		38	M30		1
	Hegemann	Ludwig	Leer	1957	1999	00:55:17						00:55:17		42	M40		1
	Bogena	Martin	Leer	1961	1999						00:55:27	00:55:27		38	M30		1
	Lindena	Uwe	Moordorf	1957	1999						00:55:35	00:55:35		42	M40		1
	Schmidt	Gernot	ELG Emden	1946	1999				00:56:05			00:56:05		53	M50		1
	Puse	Gerda	Wittmund	1963	1999						00:56:11	00:56:11		36	W30		1
	Meyer	Wolfgang	Leer	1970	1999					00:56:32		00:56:32		29	M20		1
	Peters	Fritz	ELG Emden	1953	1999				00:56:49			00:56:49		46	M40		1
	Gust	Detlef	LG Ostfriesland	1964	1999					00:57:00		00:57:00		35	M30		1
	Freese	Detlef	Gründeich	1970	1999						00:57:22	00:57:22		29	M20		1
	Schinnen	Johannes	SPVGG Sattelsdorf	1953	1999						00:57:23	00:57:23		46	M40		1
	Budde	Jörg	Fortuna Logabirum	1961	1999	00:57:26						00:57:26		38	M30		1
	Aden	Elvira	Ihlowerfehn	1966	1999	00:57:42						00:57:42		33	W30		1
	Gemler	Johann	Plaggenburg	1960	1999					00:57:47		00:57:47		39	M30		1
	Backer	Gabi	TV Marienhefe	1973	1999						00:57:50	00:57:50		26	W20		1
	Stürmer	Jürgen	BW Borssum	1948	1999	00:58:33						00:58:33		51	M50		1
	Heinemeier	Jan	Aurich		1999			00:58:41				00:58:41			M		1
	Schneider	Christine	Emder LG	1948	1999					00:58:47		00:58:47		51	W50		1
	Schüttendiebel	Ralf	RVB Uplengen	1975	1999				00:58:57			00:58:57		24	M20		1
	Saathoff-Kettwig	Günter	Hesel	1956	1999		00:59:38					00:59:38		43	M40		1
	Kalutza	Werner	MTV Aurich	1957	1999			00:59:39				00:59:39		42	M40		1
	Uphoff	Walter	TuS Middels	1960	1999						00:59:43	00:59:43		39	M30		1
	Schulz	Ernst	Germ. Leer	1916	1999						00:59:50	00:59:50		83	M80		1
	Janssen	Christian	Großefehn	1980	1999						00:59:52	00:59:52		19	MU20		1
	Voigt-Kunth	Ralf	BCS Burhufe		1999			00:59:57				00:59:57			M		1
	Schewiola	Stefan	TuS Aurich-Ost	1966	1999				00:59:58			00:59:58		33	M30		1
	Riekert	Thomas	Aurich	1971	1999			01:00:00				01:00:00		28	M20		1
	Siemer	Heinz-Werner	Papenburg	1960	1999						01:00:03	01:00:03		39	M30		1
	Behrends	Enno	LG Uplengen	1953	1999						01:00:10	01:00:10		46	M40		1
	Peters	Frank	Oldenburg	1974	1999						01:00:19	01:00:19		25	M20		1
	Kroon	Meino	Hesel	1960	1999	01:00:21						01:00:21		39	M30		1
	Mannott	Wilhelm	LT Schaffh. Wald	1934	1999						01:00:34	01:00:34		65	M60		1
	Brahms	Jan-Rainer	VFR Heisfeld	1970	1999	01:01:02						01:01:02		29	M20		1
	Hünding	Neele	Ihrhove	1986	1999	01:01:07						01:01:07		13	MU20		1
	Elsner	Ralf	Hesel	1985	1999		01:01:16					01:01:16		14	MU20		1
	Bilker-Lünemann	Frieda	Conc. Ihrhove	1961	1999						01:02:17	01:02:17		38	W30		1
	Krahn	Gudrun	KJT Leer	1958	1999	01:02:31						01:02:31		41	W40		1
	Severins	Gerold	Fortuna Logabirum	1948	1999						01:03:03	01:03:03		51	M50		1
	Ademund	Erika	Emder LG	1959	1999						01:03:18	01:03:18		40	W40		1
	Janssen-Gent	Uwe	Aurich	1954	1999					01:03:32		01:03:32		45	M40		1
	Jürgens	Philip	TSV Hesel	1980	1999					01:03:35		01:03:35		19	MU20		1
	Schoon	Jochen	TG Wiesmoor	1963	1999			01:03:44				01:03:44		36	M30		1
	Onken	Theodor	TSV Holtrop	1948	1999			01:04:25				01:04:25		51	M50		1
	Hunfeld	Marion	Oldenburg	1976	1999		01:04:31					01:04:31		23	W20		1
	Eißler	Ursula	Stuttgart	1976	1999				01:04:33			01:04:33		23	W20		1
	Penning	Christoph	Frisia Loga	1952	1999					01:04:37		01:04:37		47	M40		1
	Böcke	Udo	Wolfenbüttel	1948	1999		01:04:45					01:04:45		51	M50		1
	Schrader	Uta	Leer	1959	1999		01:04:46					01:04:46		40	W40		1
	Vries de	Wolfgang	Nüttermoor	1954	1999	01:05:07						01:05:07		45	M40		1
	Freyland	Matthias	Aurich	1974	1999				01:05:09			01:05:09		25	M20		1
	Gründer	Lutz	Hamburg	1961	1999						01:05:13	01:05:13		38	M30		1
	Redding	Herbert	Hesel	1961	1999	01:05:13						01:05:13		38	M30		1
	Trauernicht	Frauke	SV Wiesmoor	1965	1999						01:05:34	01:05:34		34	M30		1
	Buhr de	Jürgen	SV Wiesmoor	1963	1999						01:05:34	01:05:34		36	M30		1
	Oltmanns	Hedy	ELG Emden	1983	1999						01:06:57	01:06:57		16	WU20		1

18. Ostfrieslandlauf 1999

25.05. bis 11.06.1998

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	10,20km	11,05km	12,75km	11,90km	10,80km						
	Janßen	Elke	MTV Wittmund	1954	1999	01:07:34						01:07:34		45	W40		1
	Peters	Ilse	VFL Jheringsfehn	1959	1999	01:07:48						01:07:48		40	W40		1
	Boekhoff	Claudia	SV Warsingsfehn	1981	1999				01:07:56			01:07:56		18	WU20		1
	Gottschlich	Maike	SV Warsingsfehn	1981	1999				01:07:56			01:07:56		18	WU20		1
	Claaßen	Christa	Sandhorst	1960	1999						01:08:28	01:08:28		39	W30		1
	Tergast	Johann	Leer	1936	1999	01:08:29						01:08:29		63	M60		1
	Harms	Johann	NTV Norden	1941	1999				01:08:48			01:08:48		58	M50		1
	Willms	Günther	Großheide	1971	1999						01:09:08	01:09:08		28	M20		1
	Fellensiek	Wilfried	Plaggenburg	1963	1999				01:09:36			01:09:36		36	M30		1
	Mansholt	Derk	MTV Wittmund	1948	1999						01:10:43	01:10:43		51	M50		1
	Tunder	Marlies	SC Wiesens	1987	1999						01:11:45	01:11:45		12	WU20		1
	Ahrends	Peter	Emden	1966	1999					01:12:19		01:12:19		33	M30		1
	Ortgies	Klaus	Hesel	1965	1999					01:12:36		01:12:36		34	M30		1
	Harms	Manfred	Kirchdorf	1971	1999				01:12:42			01:12:42		28	M20		1
	Schneider	Rüdiger	VFL Jheringsfehn	1962	1999				01:12:43			01:12:43		37	M30		1
	Schneider	Ann-Cathrin	VFL Jheringsfehn	1985	1999				01:12:43			01:12:43		14	WU20		1
	Zeits	Helga	Heidmühler FC	1963	1999				01:13:04			01:13:04		36	W30		1
	Hinrichs	Timo	Papenburg	1980	1999					01:15:39		01:15:39		19	MU20		1
	Bünting	Anne	Middels	1957	1999					01:18:11		01:18:11		42	W40		1
	Decker	Gerda	Middels	1956	1999					01:18:11		01:18:11		43	W40		1
	Wilsdorf	Sandra	Leer	1968	1999					01:19:24		01:19:24		31	W30		1
	Dürr	Rudolf	FC Arnstein	1949	1999				01:20:41			01:20:41		50	M50		1
	Kunstreich	Edela	Wittmund	1965	1999	01:23:01						01:23:01		34	W30		1