

16. Ostfrieslandlauf 1997

20.05. bis 06.06.1997

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	9,40km	11,05km	12,75km	11,90km	10,80km						
1	Heidergott	Enno	Conc. Ihrhove	1971	1997	00:34:21	00:29:52	00:35:16	00:41:11	00:38:49	00:37:37	03:37:06	00:32:33	26	M20	1	6
2	Steinke	Peter	SV Warsingsfehn	1970	1997	00:35:53	00:31:08	00:36:20	00:43:38	00:40:48	00:37:37	03:45:24	00:33:48	27	M20	2	6
3	Metzler	Hans-Joachim	Germania Leer	1973	1997	00:36:11	00:31:01	00:36:25	00:44:07	00:41:54	00:37:37	03:47:15	00:34:04	24	M20	3	6
4	Bonk	Michael	Germania Leer	1971	1997	00:37:07	00:32:04	00:38:01	00:44:58	00:42:18	00:38:38	03:53:06	00:34:57	26	M20	4	6
5	Ludwig	Reinhard	LG Ostfriesland	1959	1997	00:37:02	00:32:05	00:38:19	00:45:15	00:41:59	00:38:40	03:53:20	00:34:59	38	M30	1	6
6	Jürens	Harry	TuS Pewsum	1957	1997	00:38:12	00:32:31	00:38:24	00:45:25	00:42:16	00:38:32	03:55:20	00:35:17	40	M40	1	6
7	Ibeling	Fred	LG Ostfriesland	1966	1997	00:38:14	00:32:17	00:38:48	00:45:45	00:42:08	00:39:15	03:56:27	00:35:27	31	M30	2	6
8	Oldigs	Beene	Conc. Ihrhove	1961	1997	00:37:47	00:32:52	00:38:59	00:45:13	00:42:46	00:39:23	03:57:00	00:35:32	36	M30	3	6
9	Franken	Stephan	BW Borssum	1970	1997	00:37:44	00:33:19	00:38:44	00:46:10	00:42:39	00:38:47	03:57:23	00:35:35	27	M20	5	6
10	Trebesch	Wolfgang	MTV Aurich	1957	1997	00:37:45	00:33:13	00:38:51	00:46:29	00:43:58	00:39:42	03:59:58	00:35:59	40	M40	2	6
11	Woltermann	Jan	Schloothuis Leer	1978	1997	00:37:55	00:33:00	00:40:45	00:46:33	00:42:59	00:38:52	04:00:04	00:36:00	19	MU20	1	6
12	Waschkau	Jan	Germania Leer	1977	1997	00:39:47	00:34:12	00:39:28	00:47:52	00:45:24	00:41:02	04:07:45	00:37:09	20	M20	6	6
13	Beyer	Walter	Germania Leer	1958	1997	00:40:02	00:34:17	00:40:33	00:48:00	00:44:29	00:40:32	04:07:53	00:37:10	39	M30	4	6
14	Beitelmann	Alwin	LG Ostfriesland	1980	1997	00:40:11	00:34:18	00:40:45	00:49:44	00:44:53	00:42:17	04:12:08	00:37:48	17	MU20	2	6
15	Ufkes	Frank	SFL Bremerhaven	1966	1997	00:40:56	00:33:59	00:40:54	00:49:09	00:45:45	00:42:14	04:12:57	00:37:55	31	M50	1	6
16	Müller	Stephan	Schlooth. Leer	1978	1997	00:40:07	00:35:29	00:42:38	00:48:26	00:45:39	00:41:33	04:13:52	00:38:04	19	MU20	3	6
17	Peters	Carsten	BW Borssum	1961	1997	00:40:23	00:34:51	00:41:30	00:49:24	00:46:26	00:42:13	04:14:47	00:38:12	36	M30	5	6
18	Lübben	Uwe	LT Schaffh. Wald	1967	1997	00:40:51	00:35:22	00:41:41	00:50:02	00:45:33	00:42:05	04:15:34	00:38:19	30	M30	6	6
19	Laade	Carsten	Emder LG	1968	1997	00:41:21	00:34:49	00:42:34	00:49:18	00:46:42	00:44:20	04:19:04	00:38:50	29	M20	7	6
20	Gastmann	Richard	Jümme	1961	1997	00:42:02	00:35:22	00:42:23	00:50:23	00:46:51	00:42:36	04:19:37	00:38:55	36	M30	7	6
21	Rieken	Helmut	Ihlower Loopers	1962	1997	00:41:37	00:35:41	00:42:14	00:50:09	00:46:57	00:43:15	04:19:53	00:38:58	35	M30	8	6
22	Taube	Ralf	DLRG Leer	1969	1997	00:37:22	00:33:25	00:39:13	00:46:56	00:44:25	00:59:16	04:20:37	00:39:04	28	M20	8	6
23	Ludwig	Helmut	LG Ostfriesland	1958	1997	00:41:50	00:36:26	00:42:46	00:50:18	00:47:15	00:42:50	04:21:25	00:39:12	39	M30	9	6
24	Kruse	Stefan	TV Bunde	1980	1997	00:43:13	00:36:09	00:42:36	00:50:42	00:47:15	00:42:39	04:22:34	00:39:22	17	MU20	4	6
25	Nessen	Norbert	LG Ostfriesland	1964	1997	00:42:41	00:36:00	00:42:39	00:50:29	00:47:50	00:43:18	04:22:57	00:39:25	33	M30	10	6
26	Mauson	Heinz	Fehntjer Lauftreff	1960	1997	00:41:55	00:36:28	00:42:45	00:50:46	00:48:09	00:43:14	04:23:17	00:39:28	37	M30	11	6
27	Wilbers	Wilhelm	LT Ochtersum	1962	1997	00:43:15	00:36:03	00:42:38	00:50:33	00:47:19	00:43:50	04:23:38	00:39:32	35	M30	12	6
28	Müller	Christian	Schlooth. Leer	1979	1997	00:42:45	00:36:41	00:43:18	00:50:20	00:47:18	00:43:20	04:23:42	00:39:32	18	MU20	5	6
29	Siebelts	Arnd	TV Norden	1967	1997	00:42:30	00:36:30	00:42:43	00:51:24	00:47:42	00:43:51	04:24:40	00:39:41	30	M30	13	6
30	Redenius	Folkert	Conc. Ihrhove	1957	1997	00:42:06	00:36:37	00:43:26	00:51:11	00:48:36	00:44:28	04:26:24	00:39:56	40	M40	3	6
31	Güldener	Gerrit	Egels	1959	1997	00:42:19	00:36:23	00:42:54	00:52:35	00:48:09	00:44:15	04:26:35	00:39:58	38	M30	14	6
32	Trauernicht	Heinz	Polizei Leer	1965	1997	00:42:46	00:37:15	00:43:41	00:51:43	00:48:54	00:44:31	04:28:50	00:40:18	32	M20	9	6
33	Eden	Kurt	TV Norden	1958	1997	00:43:38	00:36:47	00:43:11	00:52:31	00:50:15	00:44:23	04:30:45	00:40:36	39	M30	15	6
34	Houtrow	Enno	Neptun Emden	1977	1997	00:44:05	00:37:59	00:44:12	00:51:40	00:48:23	00:44:26	04:30:45	00:40:36	20	M20	10	6
35	Sappl	Günther	Germania Leer	1945	1997	00:43:01	00:38:14	00:44:30	00:52:18	00:48:45	00:43:59	04:30:47	00:40:36	52	M50	2	6
36	Heibült	Christian	SV Holland	1940	1997	00:43:28	00:37:41	00:45:22	00:51:47	00:48:58	00:44:04	04:31:20	00:40:41	57	M50	3	6
37	Bilski	Peter	Germania Leer	1953	1997	00:45:11	00:36:55	00:44:06	00:52:11	00:49:18	00:44:19	04:32:00	00:40:47	44	M40	4	6
38	Gastmann	Wilfried	Fehntjer LT	1956	1997	00:44:06	00:37:02	00:44:15	00:52:40	00:49:15	00:44:59	04:32:17	00:40:49	41	M40	5	6
39	Berka	Frank	TuS Aurich-Ost	1970	1997	00:43:54	00:37:31	00:44:25	00:52:13	00:49:21	00:45:54	04:33:18	00:40:58	27	M20	11	6
40	Oppenborn	Stefan	Fehntjer Lauftreff	1978	1997	00:43:45	00:36:39	00:43:32	00:55:07	00:50:38	00:46:17	04:35:58	00:41:22	19	MU20	6	6
41	Raveling	Hartmut	LT Schaffh. Wald	1969	1997	00:45:09	00:37:33	00:44:50	00:53:43	00:49:19	00:45:33	04:36:07	00:41:24	28	M20	12	6
42	Beyer	Claudia	Conc. Ihrhove	1961	1997	00:44:08	00:37:51	00:44:27	00:53:01	00:50:10	00:46:42	04:36:19	00:41:26	36	W30	1	6
43	Goudschaal	Ude	LT Bunde	1955	1997	00:43:59	00:37:34	00:44:38	00:53:15	00:50:38	00:46:43	04:36:47	00:41:30	42	M40	6	6
44	Vry	Ralf	Fortuna Logabirum	1960	1997	00:44:40	00:38:38	00:44:39	00:54:05	00:49:42	00:45:17	04:37:01	00:41:32	37	M30	16	6
45	Ton	Edwin	TuS Aurich-Ost	1970	1997	00:45:53	00:37:57	00:44:20	00:53:37	00:50:43	00:45:34	04:38:04	00:41:41	27	M30	17	6
46	Rabe-Frädrieh	Günther	Germania Leer	1948	1997	00:44:19	00:38:39	00:45:26	00:53:41	00:50:53	00:46:02	04:39:00	00:41:50	49	M40	7	6
47	Loger	Gerhard	Germania Leer	1959	1997	00:45:14	00:38:53	00:46:02	00:53:53	00:49:37	00:45:31	04:39:10	00:41:51	38	M30	18	6
48	Staller	Wolfgang	Germania Leer	1947	1997	00:45:09	00:38:50	00:45:55	00:53:50	00:50:23	00:45:41	04:39:48	00:41:57	50	M50	4	6
49	Mansholt	Jann	SV Brinkum	1980	1997	00:46:40	00:37:27	00:46:16	00:54:24	00:49:24	00:45:53	04:40:04	00:41:59	17	MU20	7	6
50	Engels	Focke	TuS Aurich-Ost	1955	1997	00:45:05	00:38:13	00:46:00	00:54:16	00:50:39	00:46:20	04:40:33	00:42:04	42	M40	8	6
51	Albers	Jens	TuS Aurich-Ost	1975	1997	00:45:31	00:38:47	00:45:27	00:53:48	00:50:12	00:47:22	04:41:07	00:42:09	22	M20	13	6
52	Imhoff	Matthias	PSV Aurich-West	1959	1997	00:44:10	00:37:24	00:44:23	00:56:17	00:51:44	00:47:38	04:41:36	00:42:13	38	M30	19	6
53	Glaubitz	Herbert	TV Marienhaf	1952	1997	00:44:35	00:38:02	00:46:31	00:55:09	00:51:02	00:46:22	04:41:41	00:42:14	45	M40	9	6
54	Stecker	Bruno	Germania Leer	1950	1997	00:44:54	00:38:07	00:46:18	00:54:37	00:50:51	00:47:36	04:42:23	00:42:20	47	M40	10	6
55	Wijnen	Jacobus	TuS Pewsum	1949	1997	00:46:26	00:39:14	00:46:18	00:54:28	00:50:14	00:45:55	04:42:35	00:42:22	48	M40	11	6
56	Buss	Albrecht	TV Bunde	1957	1997	00:45:28	00:38:17	00:45:35	00:54:44	00:51:30	00:47:07	04:42:41	00:42:23	40	M40	12	6
57	Drost	Fritz	MTV Wittmund	1943	1997	00:45:16	00:38:55	00:46:19	00:55:53	00:50:24	00:45:57	04:42:44	00:42:23	54	M50	5	6
58	Schneider	Rüdiger	VfL Jheringsfehn	1962	1997	00:41:47	00:45:57	00:44:07	00:50:32	00:50:10	00:50:48	04:43:21	00:42:29	35	M30	20	6
59	Schmedding	Christoph	TuS Weene	1963	1997	00:45:18	00:38:56	00:46:25	00:55:27	00:50:48	00:47:04	04:43:58	00:42:34	34	M30	21	6
60	Buß	Hermann	TuS Aurich-Ost	1948	1997	00:45:44	00:39:09	00:46:33	00:54:37	00:51:20	00:46:43	04:44:06	00:42:36	49	M40	13	6
61	Nowak	Peter	TV Norden	1950	1997	00:44:59	00:38:56	00:46:54	00:53:45	00:51:53	00:47:40	04:44:07	00:42:36	47	M40	14	6
62	Gumbrecht-Vinke	Dagmar	IGS Aurich	1957	1997	00:45:55	00:38:56	00:46:35	00:55:31	00:51:13	00:46:03	04:44:13	00:42:37	40	W40	1	6
63	Illig	Reinhard	TuS Aurich-Ost	1942	1997	00:47:36	00:39:03	00:45:56	00:54:53	00:51:12	00:45:41	04:44:21	00:42:38	55	M50	6	6
64	Fischer	Helmut	Conc. Ihrhove	1971	1997	00:46:18	00:38:11	00:45:45	00:54:07	00:51:24	00:48:51	04:44:36	00:42:40	26	M20	14	6
65	Wilcke	Alexander	Leer	1951	1997	00:44:35	00:38:55	00:46:10	00:55:50	00:52:06	00:47:27	04:45:03	00:4				

16. Ostfrieslandlauf 1997

20.05. bis 06.06.1997

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	9,40km	11,05km	12,75km	11,90km	10,80km						
72	Schröder	Eckhard	Eddie Eagle	1960	1997	00:46:12	00:39:17	00:46:16	00:56:06	00:51:51	00:48:47	04:48:29	00:43:15	37	M30	22	6
73	Willems	Heye	Fortuna Logabirum	1953	1997	00:45:59	00:39:24	00:46:41	00:56:06	00:52:30	00:47:54	04:48:34	00:43:16	44	M40	19	6
74	Schmidt	Hinrich	IGS Aurich	1946	1997	00:46:00	00:40:06	00:47:06	00:55:55	00:52:24	00:47:10	04:48:41	00:43:17	51	M50	8	6
75	Weizel	Wolfgang	VFL Jheringsfehn	1962	1997	00:44:09	00:38:55	00:45:58	00:56:32	00:52:39	00:50:45	04:48:58	00:43:19	35	M30	23	6
76	Gawlick-Daniel	Jürgen	TuS Aurich-Ost	1958	1997	00:46:30	00:40:00	00:46:57	00:55:21	00:52:20	00:47:54	04:49:02	00:43:20	39	M30	24	6
77	Meyer	Albrecht	LG Uplengen	1955	1997	00:46:24	00:39:08	00:46:22	00:56:33	00:51:28	00:49:19	04:49:14	00:43:22	42	M40	20	6
78	Erdmann	Ihno	TV Norden	1952	1997	00:46:58	00:39:21	00:47:35	00:56:15	00:52:41	00:47:42	04:50:32	00:43:33	45	M40	21	6
79	Narr, Dr.	Werner	Germania Leer	1949	1997	00:46:38	00:39:48	00:47:29	00:55:48	00:52:40	00:48:15	04:50:38	00:43:34	48	M40	22	6
80	Hesse	Helmut	LG Ostfriesland	1946	1997	00:47:22	00:40:18	00:47:22	00:55:14	00:52:40	00:48:26	04:51:22	00:43:41	51	M50	9	6
81	Ensuleit	Udo	TC GW Leer	1948	1997	00:47:35	00:40:37	00:47:42	00:55:45	00:52:43	00:47:45	04:52:07	00:43:48	49	M40	23	6
82	Tammen	Kai	Hesel	1973	1997	00:47:00	00:39:15	00:47:09	00:57:11	00:51:25	00:50:20	04:52:20	00:43:50	24	M20	16	6
83	Christoffers	Dieter	TV Norden	1953	1997	00:46:57	00:39:21	00:47:35	00:56:15	00:53:12	00:49:10	04:52:30	00:43:51	44	M40	24	6
84	Eckhoff	Sven	SV Dornum	1979	1997	00:46:08	00:40:09	00:47:15	00:56:35	00:53:12	00:49:17	04:52:36	00:43:52	18	MU20	8	6
85	Wilken	Eric	Polizei Leer	1963	1997	00:46:31	00:39:37	00:47:21	00:56:20	00:53:13	00:49:58	04:53:00	00:43:56	34	M30	25	6
86	Hartmann	Günther	Fehntjer LT	1941	1997	00:47:43	00:40:39	00:47:47	00:56:08	00:52:46	00:48:01	04:53:04	00:43:56	56	M50	10	6
87	Stallmann	Tom	LML Moorwarf	1963	1997	00:47:16	00:40:38	00:48:04	00:56:34	00:52:45	00:48:05	04:53:22	00:43:59	34	M30	26	6
88	Hillbrands	Hillrich	TuS Collinghorst	1948	1997	00:46:44	00:40:26	00:47:08	00:56:37	00:52:56	00:49:35	04:53:26	00:44:00	49	M40	25	6
89	Keplin	Otto	VFL Jheringsfehn	1948	1997	00:47:12	00:40:04	00:47:33	00:57:14	00:53:24	00:48:35	04:54:02	00:44:05	49	M40	26	6
90	Feth	Claas	Schloothuis Leer	1977	1997	00:41:34	00:46:01	00:51:35	01:04:24	00:44:29	00:46:02	04:54:05	00:44:05	20	M20	17	6
91	Schonhofen	Carsten	PB Jümme	1976	1997	00:48:22	00:40:23	00:48:18	00:57:27	00:53:18	00:47:12	04:55:00	00:44:14	21	M20	18	6
92	Seele	Rüdiger	PSV Aurich	1965	1997	00:47:21	00:40:30	00:47:06	00:55:30	00:52:13	00:52:20	04:55:00	00:44:14	32	M30	27	6
93	Stautmeister	Heike	Germania Leer	1962	1997	00:46:32	00:39:41	00:48:15	00:57:34	00:53:27	00:49:50	04:55:19	00:44:17	35	W30	2	6
94	Kock	Jans	SV Holtland	1931	1997	00:46:51	00:39:41	00:48:09	00:57:38	00:53:29	00:49:53	04:55:41	00:44:20	66	M60	1	6
95	Hoffmann	Johannes	Leer	1954	1997	00:47:30	00:40:05	00:48:33	00:57:50	00:53:49	00:48:03	04:55:50	00:44:21	43	M40	27	6
96	Füllenbach	Heinz-Gerhard	Polizei Leer	1949	1997	00:47:11	00:40:44	00:47:30	00:57:19	00:54:17	00:49:13	04:56:14	00:44:25	48	M40	28	6
97	Giertz	Mario	Emden	1970	1997	00:47:34	00:40:17	00:48:13	00:57:40	00:52:58	00:49:52	04:56:34	00:44:28	27	M20	19	6
98	Schiling	Theodor	Sillenstede	1963	1997	00:47:28	00:40:13	00:48:35	00:57:20	00:53:58	00:49:03	04:56:37	00:44:28	34	M30	28	6
99	Müller	Rainer	TV Friedeburg	1942	1997	00:47:06	00:41:00	00:48:44	00:57:18	00:53:15	00:49:14	04:56:37	00:44:28	55	M50	11	6
100	Löwe	Alexander	MTV Aurich	1982	1997	00:46:59	00:39:50	00:48:17	00:57:03	00:55:24	00:49:04	04:56:37	00:44:28	15	MU20	9	6
101	Trauernicht	Manfred	Remels	1970	1997	00:48:45	00:40:45	00:48:13	00:57:31	00:53:22	00:48:07	04:56:43	00:44:29	27	M20	20	6
102	Wijnen	Piet	TuS Pewsum	1981	1997	00:43:51	00:37:11	00:44:28	00:57:24	01:04:18	00:49:45	04:56:57	00:44:31	16	MU20	10	6
103	Sandersfeld	Johann	LG Uplengen	1955	1997	00:47:56	00:40:48	00:47:47	00:57:28	00:53:37	00:49:28	04:57:04	00:44:32	42	M40	29	6
104	Wilken	Gerhold	SV Holtland	1954	1997	00:47:31	00:40:45	00:47:57	00:58:31	00:53:47	00:49:05	04:57:36	00:44:37	43	M40	30	6
105	Müller	Johannes	TV Norden	1954	1997	00:47:46	00:41:20	00:47:52	00:57:21	00:54:08	00:49:11	04:57:38	00:44:37	43	M40	31	6
106	Severiens	Gerold	Fortuna Logabirum	1948	1997	00:47:04	00:40:19	00:47:34	00:57:42	00:54:07	00:50:58	04:57:44	00:44:38	49	M40	32	6
107	Mütz	Arnold	Concor. Ihrhove	1952	1997	00:48:37	00:40:44	00:49:14	00:56:31	00:52:37	00:50:23	04:58:06	00:44:42	45	M40	33	6
108	van der Huir	Werner	GW Leer	1948	1997	00:47:14	00:40:07	00:47:39	00:58:01	00:54:21	00:51:17	04:58:39	00:44:47	49	M40	34	6
109	Fleßner	Udo	Aurich	1967	1997	00:47:41	00:42:00	00:50:27	00:56:41	00:54:09	00:47:56	04:58:54	00:44:49	30	M30	29	6
110	Kloß	Timo	KBV Fulkum	1982	1997	00:48:15	00:40:48	00:48:25	00:57:38	00:54:13	00:49:39	04:58:58	00:44:49	15	MU20	11	6
111	Meyer	Rolf	FT Spetzerfehn	1969	1997	00:48:05	00:40:43	00:47:41	00:58:46	00:53:06	00:51:02	04:59:23	00:44:53	28	M20	21	6
112	Dänekas	Stephan	Leer	1970	1997	00:47:26	00:40:33	00:48:47	00:59:29	00:55:01	00:48:23	04:59:39	00:44:56	27	M20	22	6
113	Lübben	Astrid	LT Schaffhs. Wald	1971	1997	00:48:47	00:40:48	00:48:50	00:57:34	00:53:45	00:50:09	04:59:53	00:44:58	26	W20	1	6
114	Grüßing	Johann	LG Uplengen	1958	1997	00:48:51	00:41:57	00:48:10	00:57:32	00:53:30	00:50:01	05:00:01	00:44:59	39	M30	30	6
115	Vehnekamp	Werner	TV Friedeburg	1958	1997	00:50:49	00:42:15	00:48:20	00:57:08	00:53:03	00:49:11	05:00:46	00:45:06	39	M30	31	6
116	Odens	Ode	TV Norden	1935	1997	00:48:40	00:41:22	00:48:37	00:57:46	00:54:12	00:50:16	05:00:53	00:45:07	62	M60	2	6
117	Pott	Johannes	Germania Leer	1954	1997	00:46:40	00:40:28	00:48:37	00:58:24	00:55:48	00:51:06	05:01:03	00:45:08	43	M40	35	6
118	Duis	Hermann	LG Uplengen	1947	1997	00:48:07	00:41:02	00:48:18	01:00:22	00:53:39	00:49:48	05:01:16	00:45:10	50	M50	12	6
119	Rose	Udo	Hesel	1964	1997	00:50:03	00:41:11	00:49:01	00:57:38	00:53:48	00:49:38	05:01:19	00:45:10	33	M30	32	6
120	Goldenstein	Alwin	Polizei Aurich	1951	1997	00:48:00	00:41:24	00:50:13	00:57:59	00:53:44	00:50:10	05:01:30	00:45:12	46	M40	36	6
121	Wachtendorf	Christian	SV Wittmund	1979	1997	00:49:19	00:41:52	00:48:14	00:57:33	00:54:27	00:50:14	05:01:39	00:45:13	18	MU20	12	6
122	Janssen	Johann	TV Friedeburg	1957	1997	00:47:29	00:39:52	00:48:31	01:00:30	00:55:29	00:50:04	05:01:55	00:45:16	40	M40	37	6
123	Tjardes	Karl	MTV Wittmund	1944	1997	00:49:04	00:41:27	00:49:41	00:58:11	00:54:32	00:49:37	05:02:32	00:45:21	53	M50	13	6
124	Heeren	Reinhard	Fehntjer LT	1948	1997	00:48:09	00:40:47	00:48:39	00:58:09	00:56:51	00:50:06	05:02:41	00:45:23	49	M40	38	6
125	Tadema	Joachim	Fehntjer LT	1965	1997	00:48:56	00:42:03	00:49:35	00:58:09	00:53:31	00:50:34	05:02:48	00:45:24	32	M30	33	6
126	Wykhoff	Hans-Tidde	B P Jümme	1954	1997	00:49:02	00:41:14	00:48:36	00:58:27	00:54:30	00:51:28	05:03:17	00:45:28	43	M40	39	6
127	Harms	Johann	TV Norden	1942	1997	00:51:29	00:42:27	00:49:59	00:57:56	00:53:45	00:48:30	05:04:06	00:45:36	55	M50	14	6
128	Mennen	Harm	TuS Aurich-Ost	1946	1997	00:48:33	00:42:26	00:50:18	00:59:26	00:54:16	00:49:30	05:04:29	00:45:39	51	M50	15	6
129	Bernhardt	Fritjof-Hans	Schortens	1937	1997	00:49:30	00:42:15	00:49:32	00:58:20	00:54:28	00:50:28	05:04:33	00:45:40	60	M60	3	6
130	Machhaus	Siegfried	TuS Glarum	1934	1997	00:48:28	00:41:54	00:50:07	00:58:02	00:55:13	00:50:51	05:04:35	00:45:40	63	M60	4	6
131	Baumann	Arno	MTV Aurich	1952	1997	00:48:46	00:41:52	00:50:12	00:58:29	00:54:42	00:50:54	05:04:55	00:45:43	45	M40	40	6
132	Ulbrich	Egon	Seefelder TV	1947	1997	00:49:38	00:41:23	00:50:55	00:58:55	00:54:54	00:49:47	05:05:32	00:45:48	50	M30	34	6
133	Lender	Maike	Germania Leer	1970	1997	00:47:09	00:40:52	00:49:52	01:00:31	00:55:19	00:51:59	05:05:42	00:45:50	27	W20	2	6
134	Ihlow	Werner	TV Norden	1945	1997	00:49:03	00:42:13	00:50:00	00:58:56	00:55:11	00:51:24	05:06:47	00:46:00	52	M50	16	6
135	Groen	Albert	TuS Aurich-Ost	1956	1997	00:49:17	00:41:29	00:49:21	00:59:34	00:55:58	00:51:33	05:07:12	00:46:03	41	M40	41	6
136	Plesse	Thomas	Warsingsfehn	1966	1997	00:49:48	00:41:07	00:48:42	00:58:38								

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	9,40km	11,05km	12,75km	11,90km	10,80km						
143	Schwarz	Harry	PSV Aurich-West	1953	1997	00:50:32	00:43:13	00:50:11	00:59:13	00:56:24	00:50:54	05:10:27	00:46:33	44	M40	44	6
144	Romaneßeßen	Gerhard	LG Ostfriesland	1963	1997	00:52:08	00:44:25	00:51:08	00:58:59	00:54:39	00:49:40	05:10:59	00:46:37	34	M30	36	6
145	Köneke	Heiner	Schloothuis Leer	1952	1997	00:53:20	00:42:39	00:49:36	00:59:28	00:54:57	00:51:06	05:11:06	00:46:39	45	M40	45	6
146	de Buhr	Oskar	Germania Leer	1951	1997	00:49:43	00:43:01	00:51:58	00:59:34	00:55:50	00:51:04	05:11:10	00:46:39	46	M40	46	6
147	Woltermann	Hannelore	TuS Weener	1955	1997	00:49:49	00:42:39	00:50:32	01:00:28	00:55:48	00:52:02	05:11:18	00:46:40	42	W40	2	6
148	Kloß	Margret	KBV Fulcum	1958	1997	00:50:06	00:42:51	00:50:31	01:01:08	00:56:28	00:51:07	05:12:11	00:46:48	39	W30	3	6
149	Fischer	Werner	Polizei Leer	1939	1997	00:51:18	00:43:22	00:50:53	01:00:39	00:55:52	00:52:03	05:14:07	00:47:06	58	M50	17	6
150	Kollenbroich	Bernd	MTV Wittmund	1953	1997	00:52:21	00:44:02	00:50:25	01:00:19	00:55:55	00:51:48	05:14:50	00:47:12	44	M40	47	6
151	Park	Harm	TuS Weene	1953	1997	00:52:23	00:43:29	00:50:54	01:01:04	00:56:43	00:50:29	05:15:02	00:47:14	44	M40	48	6
152	Jakobs	Friedhelm	Kommune 12	1963	1997	00:50:38	00:42:37	00:51:15	01:01:59	00:57:36	00:51:15	05:15:20	00:47:17	34	M30	37	6
153	Dreesmann	Gerhard	DLRG Leer	1958	1997	00:50:21	00:43:27	00:51:29	01:00:33	00:57:19	00:52:17	05:15:26	00:47:17	39	M30	38	6
154	Ollthoff	Philipp	VV Emden	1966	1997	00:50:17	00:42:08	00:50:49	01:01:11	00:56:27	00:54:37	05:15:29	00:47:18	31	M30	39	6
155	Janssen	Ludwig	TSV Holtrop	1956	1997	00:50:51	00:43:34	00:51:19	01:00:37	00:56:37	00:52:48	05:15:46	00:47:20	41	M40	49	6
156	Nieberg	Alfons	TC Esens	1950	1997	00:50:18	00:43:14	00:52:59	01:00:36	00:55:51	00:52:57	05:15:55	00:47:22	47	M40	50	6
157	Nowak	Magdalena	TV Norden	1951	1997	00:51:08	00:42:49	00:52:42	01:00:34	00:56:48	00:52:01	05:16:02	00:47:23	46	W40	3	6
158	Bültena	Wiard	Aurich	1958	1997	00:52:11	00:42:28	00:51:59	01:01:16	00:56:40	00:52:04	05:16:38	00:47:28	39	M30	40	6
159	Baumann	Arnold	Fehntjer LT		1997	00:51:55	00:44:05	00:46:51	01:02:57	00:58:24	00:52:41	05:16:53	00:47:31		M		6
160	Wübbena	Hermann	TV Norden	1949	1997	00:51:08	00:43:28	00:52:41	01:00:31	00:56:47	00:53:05	05:17:40	00:47:38	48	M40	51	6
161	Englisch	Peter	KJT Leer	1954	1997	00:50:19	00:42:53	00:52:01	01:01:20	00:55:31	00:55:58	05:18:02	00:47:41	43	M40	52	6
162	Geuken	Alfred	TV Aurich-Ost	1953	1997	00:50:46	00:43:13	00:51:03	01:01:41	00:58:07	00:53:26	05:18:16	00:47:43	44	M40	53	6
163	Hegemann	Ludwig	Leer	1956	1997	00:51:24	00:44:40	00:50:06	01:03:05	00:56:35	00:52:26	05:18:16	00:47:43	41	M40	54	6
164	Grimm	Thomas	VFL Berumbur	1961	1997	00:49:23	00:42:33	00:51:53	01:02:29	00:58:09	00:53:56	05:18:23	00:47:44	36	M30	41	6
165	Scheepker	Alfred	TV Norden	1954	1997	00:49:28	00:41:26	00:49:50	01:02:18	01:01:32	00:53:54	05:18:28	00:47:45	43	M40	55	6
166	Schoormann	Willem	Wymeer	1944	1997	00:50:25	00:42:41	00:52:27	01:00:40	00:58:37	00:53:53	05:18:43	00:47:47	53	M50	18	6
167	Behrends	Emil	PA Leer	1941	1997	00:51:15	00:43:32	00:51:56	01:02:03	00:57:41	00:52:57	05:19:24	00:47:53	56	M50	19	6
168	Janßen	Ilka	SV Holtland	1976	1997	00:51:11	00:43:35	00:51:56	01:01:50	00:58:15	00:52:59	05:19:46	00:47:56	21	W20	3	6
169	Wijnen	Dirk	TuS Pewsum	1982	1997	00:54:47	00:45:04	00:47:46	01:03:53	00:52:31	00:55:50	05:19:51	00:47:57	15	MU20	15	6
170	Janssen	Berend	TuS Aurich-Ost	1944	1997	00:52:53	00:43:38	00:51:40	01:02:04	00:57:36	00:52:08	05:19:59	00:47:58	53	M50	20	6
171	Berghaus	Wilfried	Germania Leer	1953	1997	00:50:23	00:42:47	00:51:16	01:05:01	00:57:49	00:52:56	05:20:12	00:48:00	44	M40	56	6
172	Matzk	Karin	MTV Aurich	1951	1997	00:51:13	00:43:39	00:52:28	01:01:50	00:58:16	00:52:59	05:20:25	00:48:02	46	W40	4	6
173	Schwicola	Axel	TV Norden	1938	1997	00:50:34	00:43:57	00:52:18	01:01:13	00:59:07	00:53:28	05:20:37	00:48:04	59	M50	21	6
174	Englisch	Christian	KJT Leer	1981	1997	00:50:36	00:42:55	00:53:59	01:01:10	00:58:50	00:53:12	05:20:42	00:48:05	16	MU20	16	6
175	Meyer	Wolfgang	Emder LG	1963	1997	00:52:00	00:44:54	00:51:12	01:03:50	00:56:33	00:52:15	05:20:44	00:48:05	34	M30	42	6
176	Goeman	Ude	SV Wallinghausen	1969	1997	00:51:57	00:42:21	00:55:41	01:01:27	00:58:08	00:51:41	05:21:15	00:48:10	28	M20	24	6
177	Benthien	Uwe	TuS Aurich-Ost	1945	1997	00:51:22	00:44:06	00:51:23	01:01:54	00:58:49	00:53:50	05:21:24	00:48:11	52	M50	22	6
178	Ostendorp	Meinhard	SV Jemgum	1958	1997	00:54:17	00:44:17	00:51:54	01:02:08	00:56:31	00:52:50	05:21:57	00:48:16	39	M30	43	6
179	Mittmann	Michael	OZ Team Leer	1952	1997	00:51:29	00:43:38	00:52:58	01:03:42	00:56:49	00:54:14	05:22:50	00:48:24	45	M40	57	6
180	Förster	Manfred	KJT Leer	1961	1997	00:50:33	00:43:37	00:52:41	01:03:23	00:58:03	00:54:43	05:23:00	00:48:26	36	M30	44	6
181	Broek	Manfred	Conc. Ihrhove	1949	1997	00:52:47	00:44:22	00:52:17	01:02:24	00:58:31	00:53:48	05:24:09	00:48:36	48	M40	58	6
182	Tomdiek	Erich	KJT Leer	1954	1997	00:54:38	00:43:38	00:52:13	01:02:45	00:57:44	00:53:27	05:24:25	00:48:38	43	M20	25	6
183	Sonnenberg	Horst	TuS Weener	1963	1997	00:52:58	00:44:14	00:51:58	01:02:27	00:58:23	00:54:33	05:24:33	00:48:39	34	M30	45	6
184	Ramaker	Harald	Fehntjer LT	1963	1997	00:52:04	00:43:41	00:51:28	01:03:54	00:59:00	00:54:29	05:24:36	00:48:40	34	M30	46	6
185	Ensuleit	Jan-Udo	TC GW Leer	1980	1997	00:50:46	00:42:43	00:51:17	01:01:07	00:59:14	00:59:43	05:24:50	00:48:42	17	MU20	17	6
186	Lienemann	Eckhard	TV Friedeburg	1950	1997	00:51:19	00:43:45	00:52:29	01:03:51	00:59:00	00:54:30	05:24:54	00:48:43	47	M40	59	6
187	Walther	Mike	TuS Sandhorst	1981	1997	01:01:06	00:43:09	00:51:26	01:02:55	00:55:46	00:50:49	05:25:11	00:48:45	16	MU20	18	6
188	Hiestermann	Ulf	TuS Collinghorst	1968	1997	00:52:41	00:45:53	00:52:12	01:03:00	00:58:14	00:53:37	05:25:37	00:48:49	29	M20	26	6
189	Mönkemeyer	Maikel	TuS Sandhorst	1981	1997	00:55:31	00:44:31	00:51:37	01:05:13	00:56:40	00:52:39	05:26:11	00:48:54	16	MU20	19	6
190	Fleßner	Karl-Heinz	LG Ostfriesland	1964	1997	00:54:19	00:45:05	00:54:44	01:01:14	00:57:52	00:53:02	05:26:16	00:48:55	33	M30	47	6
191	Bulicke	Reinhard	Emder LG	1949	1997	00:52:22	00:45:39	00:52:22	01:03:03	00:59:16	00:53:49	05:26:31	00:48:57	48	M40	60	6
192	Dreesmann	Siemen	SV Jemgum	1939	1997	00:52:46	00:44:15	00:54:04	01:02:06	00:59:03	00:54:55	05:27:09	00:49:03	58	M50	23	6
193	Herger	Richard	TuS Glarum	1931	1997	00:53:27	00:46:04	00:53:24	01:03:36	00:58:09	00:52:45	05:27:25	00:49:05	66	M60	5	6
194	Krieger	Giesela	Fehntjer LT	1949	1997	00:52:32	00:44:28	00:53:56	01:03:11	00:58:49	00:54:53	05:27:49	00:49:09	48	W40	5	6
195	Janssen	Günther	TuS Aurich-Ost	1943	1997	00:51:26	00:44:40	00:54:48	01:03:44	00:59:27	00:54:02	05:28:07	00:49:12	54	M50	24	6
196	Sawatz	Gerda	Fehntjer LT	1956	1997	00:51:30	00:44:12	00:53:31	01:04:28	00:59:49	00:54:45	05:28:15	00:49:13	41	W40	6	6
197	Sauerbrey	Bernd	TV Friedeburg	1950	1997	00:52:07	00:45:04	00:53:37	01:03:53	00:58:25	00:55:26	05:28:32	00:49:15	47	M40	61	6
198	Homann	Friedhelm	BW Filsum	1966	1997	00:51:50	00:46:16	00:51:21	01:03:38	01:00:34	00:54:59	05:28:38	00:49:16	31	M30	48	6
199	Fokken	Harald	TuS Weener	1942	1997	00:52:58	00:44:49	00:53:42	01:03:28	00:58:34	00:55:41	05:29:12	00:49:21	55	M50	25	6
200	Keiser	Heidrun	LG Uplengen	1957	1997	00:52:18	00:44:53	00:54:24	01:03:05	01:00:14	00:54:32	05:29:26	00:49:23	40	W40	7	6
201	Hollwege	Ralf	VFL Berumbur	1962	1997	00:53:42	00:44:51	00:54:12	01:02:28	01:00:45	00:54:07	05:30:05	00:49:29	35	M30	49	6
202	Niebel	Werner	TV Norden	1941	1997	00:53:18	00:46:02	00:53:48	01:02:26	00:59:08	00:55:32	05:30:14	00:49:31	56	M50	26	6
203	Schachner	Bruno	Germania Leer	1952	1997	00:53:11	00:45:27	00:53:48	01:04:03	00:59:33	00:54:54	05:30:56	00:49:37	45	M40	62	6
204	Nitters	Klaus	SV Jemgum	1940	1997	00:56:17	00:45:42	00:54:42	01:02:23	00:59:15	00:55:00	05:33:19	00:49:58	57	M50	27	6
205	Hommers	Gaby	SV Jemgum	1962	1997	00:53:45	00:45:22	00:54:47	01:04:06	00:59:38	00:56:24	05:34:02	00:50:05	35	W30	4	6
206	Janssen	Helga	Aurich	1950	1997	00:53:20	00:45:28	00:54:06	01:04:49	01:00:51	00:55:55	05:34:29	00:50:09	47	W40	8	6
207	Janssen	Eilert	TV Marienhaf	1945	1997	00:54:50											

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	9,40km	11,05km	12,75km	11,90km	10,80km						
214	Jaster	Siegfried	GW Leer	1950	1997	00:55:53	00:45:30	00:57:03	01:03:58	00:58:15	00:56:30	05:37:09	00:50:33	47	M40	65	6
215	Jürrens	Frank	TuS Pewsum	1981	1997	00:54:47	00:45:51	00:54:13	01:05:01	01:00:48	00:57:06	05:37:46	00:50:38	16	MU20	21	6
216	Kroh-Lammers	Erika	Fehntjer LT	1952	1997	00:54:18	00:45:29	00:54:44	01:04:55	01:01:33	00:56:53	05:37:52	00:50:39	45	W40	9	6
217	Willems	Michael	Fortuna Logabirum	1973	1997	00:54:41	00:46:31	00:54:07	01:09:07	01:00:16	00:53:24	05:38:06	00:50:41	24	M20	27	6
218	Wieke	Chrsitian	TuS Sandhorst	1982	1997	00:57:13	00:44:36	00:54:19	01:02:35	01:03:49	00:55:50	05:38:22	00:50:44	15	MU20	22	6
219	Goudschaal	Arno	Bunde	1980	1997	00:54:12	00:46:50	00:54:55	01:06:19	01:00:46	00:55:53	05:38:55	00:50:49	17	MU20	23	6
220	Lammers	Udo	Fehntjer LT	1953	1997	00:59:07	00:43:43	00:51:46	01:00:58	00:57:39	01:06:14	05:39:27	00:50:54	44	M40	66	6
221	Wehuis	Dieter	MTV Aurich	1972	1997	00:55:12	00:46:20	00:58:05	01:04:24	01:00:05	00:55:37	05:39:43	00:50:56	25	M20	28	6
222	Gorzawski	Michael	TV Norden	1960	1997	00:54:47	00:46:42	00:55:15	01:05:49	00:59:43	00:57:41	05:39:57	00:50:58	37	M30	52	6
223	Evers	Gerhard	TV Marienhaf	1952	1997	00:54:51	00:46:45	00:54:52	01:06:12	01:02:03	00:55:44	05:40:27	00:51:03	45	M40	67	6
224	Elias	Johann	Teutonia Stapelmoor	1951	1997	00:53:40	00:45:46	00:54:44	01:06:16	01:01:59	00:58:13	05:40:38	00:51:04	46	M40	68	6
225	Lender	Walter	TuS Weener	1942	1997	00:54:00	00:45:40	00:53:49	01:04:58	01:02:29	01:00:08	05:41:04	00:51:08	55	M50	30	6
226	Flessner	Elke	Schloothuis Leer	1964	1997	00:53:44	00:46:48	00:55:15	01:06:11	01:01:42	00:57:52	05:41:32	00:51:12	33	W30	5	6
227	Wilke	Heinz	TuS Glarum	1934	1997	00:56:05	00:46:57	00:55:20	01:06:32	01:02:05	00:55:28	05:42:27	00:51:21	63	M60	6	6
228	Boehnke	Rolf	Germania Leer	1952	1997	00:54:12	00:46:59	00:54:55	01:06:20	01:01:18	00:58:53	05:42:37	00:51:22	45	M40	69	6
229	Krüger	Richard	Moormerland	1946	1997	00:55:16	00:46:04	00:58:05	01:06:47	00:59:54	00:56:40	05:42:46	00:51:23	51	M50	31	6
230	Steenhoff	Heiner	Germ. Holterfehn	1960	1997	00:55:54	00:46:38	00:55:06	01:07:20	01:01:00	00:56:56	05:42:54	00:51:25	37	M30	53	6
231	Krüsmann	Enno	TSV Holtrop	1957	1997	00:59:02	00:47:41	00:55:38	01:03:39	01:01:43	00:55:21	05:43:04	00:51:26	40	M40	70	6
232	Schoon	Reinhard	RVB Uplengen	1946	1997	00:58:17	00:47:54	00:54:36	01:05:17	01:00:57	00:56:21	05:43:22	00:51:29	51	M50	32	6
233	Blank	Wilhelm	TuS Aurich-Ost	1949	1997	00:56:08	00:47:15	00:55:39	01:06:18	01:02:33	00:56:01	05:43:54	00:51:34	48	M40	71	6
234	Rausch	Martin	Fortuna Wirdum	1965	1997	00:56:59	00:47:26	00:56:24	01:08:27	00:59:55	00:54:46	05:43:57	00:51:34	32	M30	54	6
235	Boumann	Klara	TV Marienhaf	1945	1997	00:55:23	00:46:58	00:55:20	01:06:31	01:02:17	00:57:53	05:44:22	00:51:38	52	W50	2	6
236	Witek	Claudia	TuS Aurich-Ost	1969	1997	00:56:17	00:46:50	00:55:19	01:06:30	01:02:07	00:57:54	05:44:57	00:51:43	28	W20	4	6
237	Schmidt	Peter	Oldenburg	1972	1997	00:55:14	00:46:20	00:57:56	01:10:03	01:00:15	00:55:25	05:45:13	00:51:45	25	M20	29	6
238	Schmidt	Christiane	Germania Leer	1959	1997	00:53:26	00:45:50	00:57:18	01:09:00	01:01:21	00:58:39	05:45:34	00:51:49	38	W30	6	6
239	Uphoff	Walter	TuS Middels	1960	1997	00:56:19	00:46:32	00:54:59	01:06:52	01:03:11	00:58:31	05:46:24	00:51:56	37	M30	55	6
240	Sauer	Gudrun	MTV Aurich	1965	1997	00:56:52	00:46:50	00:54:36	01:07:19	01:01:48	00:59:39	05:47:04	00:52:02	32	W30	7	6
241	Gravemann	Klaus-Peter	Emder LG	1944	1997	00:55:52	00:47:02	00:55:40	01:07:35	01:02:26	00:58:35	05:47:10	00:52:03	53	M50	33	6
242	Peters	Gerda	TuS Aurich-Ost	1959	1997	00:56:23	00:46:50	00:56:51	01:06:51	01:02:19	00:58:10	05:47:24	00:52:05	38	W30	8	6
243	Bolhuis	Wilhelm	TV Marienhaf	1943	1997	00:58:10	00:47:02	00:55:47	01:05:45	01:03:47	00:57:04	05:47:35	00:52:07	54	M50	34	6
244	Piela	Joachim	IGS Aurich-West	1951	1997	00:56:21	00:46:47	00:56:01	01:08:18	01:02:14	00:57:58	05:47:39	00:52:07	46	M40	72	6
245	von Garrel	Wolfgang	Leer	1952	1997	00:55:55	00:47:23	00:57:02	01:07:31	01:02:40	00:58:06	05:48:37	00:52:16	45	M40	73	6
246	Walper	Gerhard	Warsingsfehn	1956	1997	00:57:27	00:46:03	00:58:05	01:06:44	01:01:58	00:59:17	05:49:34	00:52:25	41	M40	74	6
247	de Buhr	Heinz	Siebestock	1959	1997	00:56:01	00:47:54	00:55:35	01:10:28	01:01:50	00:57:55	05:49:43	00:52:26	38	M30	56	6
248	Roden	Björn	SV Dornum	1980	1997	01:05:00	00:44:32	00:57:08	01:03:40	01:01:25	00:58:13	05:49:58	00:52:28	17	MU20	24	6
249	Steinke	Diedrich	Conc. Neermoor	1941	1997	00:54:02	00:47:12	00:57:22	01:09:09	01:05:20	00:56:57	05:50:02	00:52:29	56	M50	35	6
250	Franzen	Wilfried	Teutonia Stapelmoor	1945	1997	00:56:20	00:47:41	00:56:10	01:08:13	01:04:53	00:57:32	05:50:49	00:52:36	52	M50	36	6
251	Cavigelli-Br.	Kirsten	Germania Leer	1953	1997	00:55:57	00:48:23	00:57:02	01:07:47	01:02:40	00:59:11	05:51:00	00:52:37	44	W40	10	6
252	Frerichs	Thomas	Fehntjer LT	1966	1997	00:57:35	00:47:36	00:56:14	01:08:49	01:03:08	00:57:57	05:51:19	00:52:40	31	M30	57	6
253	Gerdes	Peter	TV Friedeburg	1954	1997	00:54:15	00:48:04	00:55:37	01:10:14	01:03:13	01:00:01	05:51:24	00:52:41	43	M40	75	6
254	Eisenhauer	Elke	TuS Esens	1977	1997	00:57:07	00:48:20	00:55:56	01:07:01	01:05:55	00:57:35	05:51:54	00:52:46	20	W20	5	6
255	Moosler	Horst	Germania Leer	1937	1997	00:57:13	00:48:34	00:57:19	01:07:30	01:02:06	00:59:53	05:52:35	00:52:52	60	M60	7	6
256	Zanter	Holger	Fresena Ihren		1997	00:57:17	00:46:47	00:54:56	01:09:14	01:04:16	01:00:06	05:52:36	00:52:52		M		6
257	Rietz	Albrecht	TGG Leer	1954	1997	00:57:19	00:47:11	00:56:09	01:09:31	01:03:32	00:59:51	05:53:33	00:53:00	43	M40	76	6
258	Nagel	Johannes	TV Bunde	1981	1997	00:59:05	00:48:08	00:56:07	01:08:20	01:03:28	00:58:25	05:53:33	00:53:00	16	MU20	25	6
259	Freitag	Norbert	MTV Aurich	1948	1997	00:57:16	00:44:40	00:56:35	01:08:25	01:07:07	00:59:47	05:53:50	00:53:03	49	M40	77	6
260	Menzel, Dr.	Dorothe	LT Schaff. Wald	1956	1997	00:57:33	00:48:20	00:57:20	01:08:29	01:04:05	00:58:41	05:54:28	00:53:09	41	W40	11	6
261	Kruse	Jacob	Frisia Emden	1946	1997	00:58:05	00:47:40	01:00:04	01:10:25	00:58:23	00:59:52	05:54:29	00:53:09	51	M50	37	6
262	Reents	Peter	LT Schaff. Wald	1945	1997	00:57:03	00:48:35	00:58:16	01:08:47	01:03:38	00:58:14	05:54:33	00:53:09	52	M50	38	6
263	Iken	Johannes	GL Blomberg	1951	1997	00:57:02	00:48:09	00:57:55	01:08:21	01:03:30	00:59:47	05:54:44	00:53:11	46	M40	78	6
264	Pagel	Jens-Dieter	LG Uplengen	1963	1997	00:57:31	00:47:59	00:57:14	01:08:46	01:03:53	00:59:42	05:55:05	00:53:14	34	M30	58	6
265	Krause	Margret	LT Schaffh. Wald	1947	1997	00:57:04	00:48:35	00:58:22	01:08:53	01:03:58	00:58:42	05:55:34	00:53:19	50	W50	3	6
266	Schmeier	Lutz	Polizei Aurich	1956	1997	00:56:34	00:47:30	00:55:46	01:06:29	01:04:02	01:06:09	05:56:30	00:53:27	41	M40	79	6
267	Winzenborg	Johann	TV Bunde	1951	1997	00:57:33	00:48:41	00:56:45	01:08:55	01:05:10	01:00:12	05:57:16	00:53:34	46	M40	80	6
268	Sweers	Olaf	SV Wittmund	1968	1997	00:57:07	00:47:57	00:55:56	01:13:22	01:03:20	01:00:33	05:58:15	00:53:43	29	M20	30	6
269	Krebs	Wiebke	LG Ostfriesland	1952	1997	00:56:48	00:49:23	00:58:08	01:11:31	01:04:51	00:58:11	05:58:52	00:53:48	45	W40	12	6
270	Fath	Wolfgang	Hesel	1942	1997	00:59:24	00:48:17	00:57:39	01:09:22	01:04:04	01:00:15	05:59:01	00:53:50	55	M50	39	6
271	Janssen	Frank	TuS Pewsum	1966	1997	00:57:40	00:48:32	00:59:37	01:09:46	01:01:13	01:02:26	05:59:14	00:53:51	31	M30	59	6
272	Krahn	Gudrun	KiJu Treff Leer	1958	1997	00:57:12	00:48:50	00:58:33	01:09:55	01:05:05	01:00:02	05:59:37	00:53:55	39	W30	9	6
273	Lehmann	Michael	TuS Weener	1962	1997	00:58:05	00:47:39	00:58:38	01:10:02	01:04:49	01:00:51	06:00:04	00:53:59	35	M30	60	6
274	Witte	Bruni	Aurich	1944	1997	00:58:39	00:49:35	00:58:24	01:06:58	01:07:04	00:59:49	06:00:29	00:54:03	53	W50	4	6
275	Theusen	Gesine	LT Aurich-Ost	1974	1997	00:55:34	00:46:56	00:58:57	01:07:36	01:08:51	01:02:40	06:00:34	00:54:03	23	W20	6	6
276	Vinke	Hans-Georg	Aurich	1953	1997	00:58:54	00:49:16	00:59:50	01:09:28	01:05:07	00:58:47	06:01:22	00:54:11	44	M40	81	6
277	Schwedler	Helga	TV Friedeburg	1939	1997	00:58:10	00:49:54	00:59:16	01:10:36	01:04:33	00:59:09	06:01:38	00:54:13	58	W50	5	6
278	Sinnen	Volkmar	Fehntjer LT	1966	1997	01:											

16. Ostfrieslandlauf 1997

20.05. bis 06.06.1997

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	9,40km	11,05km	12,75km	11,90km	10,80km						
285	Emken	Mariechen	MTV Wittmund	1954	1997	00:59:43	00:49:50	00:59:55	01:10:11	01:06:18	01:00:36	06:06:33	00:54:57	43	W40	16	6
286	Boumann	Uwe	TV Marienhufe	1944	1997	00:52:49	00:44:54	00:58:06	01:18:20	01:11:29	01:02:15	06:07:53	00:55:09	53	M50	41	6
287	Schoon	Jochen	SV Großefehn	1963	1997	01:03:03	00:50:05	00:59:34	01:10:34	01:04:34	01:00:09	06:07:59	00:55:10	34	M30	62	6
288	Kleipa	Rotraut	MTV Wittmund	1943	1997	00:59:56	00:49:59	01:00:13	01:10:28	01:07:02	01:01:10	06:08:48	00:55:18	54	W50	6	6
289	Braams	Herma	LT Schaffh. Wald	1961	1997	01:00:02	00:50:48	00:59:18	01:11:13	01:06:50	01:00:52	06:09:03	00:55:20	36	W30	11	6
290	Braams	Wilhelm	LT Schaffh. Wald	1956	1997	01:00:07	00:50:49	00:59:18	01:11:14	01:06:50	01:00:53	06:09:11	00:55:21	41	M40	82	6
291	Kollenbroich	Gertrud	MTV Wittmund	1951	1997	01:01:30	00:52:03	01:00:39	01:10:33	01:04:33	01:00:10	06:09:28	00:55:24	46	W40	17	6
292	Eilers	Jakob	Emden	1941	1997	00:58:38	00:49:17	01:01:25	01:12:05	01:07:20	01:01:58	06:10:43	00:55:35	56	M50	42	6
293	Dirks	Heike	Germania Leer	1963	1997	00:58:39	00:49:13	01:00:16	01:14:34	01:06:54	01:01:45	06:11:21	00:55:40	34	W30	12	6
294	Theusen	Julia	TuS Aurich-Ost	1972	1997	00:59:42	00:49:17	01:01:25	01:12:03	01:07:20	01:01:57	06:11:44	00:55:44	25	W20	7	6
295	Campen	Monika	PSV Aurich-West	1971	1997	01:03:03	00:49:31	00:59:20	01:09:05	01:10:37	01:00:43	06:12:19	00:55:49	26	W20	8	6
296	Graalfs	Johannes	SV Stikkelkamp	1936	1997	01:01:01	00:50:30	00:59:04	01:12:40	01:06:47	01:03:12	06:13:14	00:55:57	61	M60	9	6
297	Paulat	Jens	PSV Aurich-West	1963	1997	01:03:03	00:49:31	00:59:20	01:09:03	01:11:39	01:00:44	06:13:20	00:55:58	34	M30		6
298	Backer	Bernhard	Leer	1951	1997	00:59:10	00:49:29	01:00:18	01:14:17	01:05:09	01:05:02	06:13:25	00:55:59	46	M40	83	6
299	Klaaßen	Sonja	Aurich	1963	1997	01:01:08	00:52:24	01:00:50	01:12:07	01:07:02	01:01:54	06:15:25	00:56:17	34	W30	13	6
300	Timm	Hermann	IGS Aurich	1944	1997	01:01:22	00:51:17	01:01:57	01:11:04	01:08:34	01:03:02	06:17:16	00:56:34	53	M40	84	6
301	Fröbel	Magdalene	TV Norden	1952	1997	01:04:38	00:51:56	01:00:14	01:11:21	01:07:46	01:01:30	06:17:25	00:56:35	45	W40	18	6
302	de Wall	Johann	Fehntjer LT	1934	1997	01:02:02	00:51:30	01:01:39	01:13:04	01:07:52	01:02:31	06:18:38	00:56:46	63	M60	10	6
303	Buchholz	Anette	Fortuna Logabirum	1968	1997	00:59:00	00:49:27	01:00:37	01:13:38	01:11:53	01:06:44	06:21:19	00:57:10	29	W20	9	6
304	Remmers	Grietje	TV Friedeburg	1952	1997	01:01:28	00:51:54	01:00:54	01:13:41	01:07:39	01:05:58	06:21:34	00:57:12	45	W40	19	6
305	Evers	Bernhard	MTV Wittmund	1951	1997	01:01:15	00:51:49	01:01:13	01:14:07	01:10:55	01:02:57	06:22:16	00:57:19	46	M40	85	6
306	Frerichs	Richard	Großefehn	1948	1997	00:59:57	00:50:45	01:00:25	01:13:24	01:11:21	01:06:31	06:22:23	00:57:20	49	M40	86	6
307	Beyrau	Werner	Aurich	1939	1997	01:02:03	00:55:59	01:04:39	01:11:51	01:08:54	01:00:39	06:24:05	00:57:35	58	M50	43	6
308	Hunfeld	Marion	MTV Aurich	1976	1997	00:59:36	00:50:08	01:00:17	01:15:00	01:10:28	01:09:27	06:24:56	00:57:43	21	W20	10	6
309	Kant	Andreas	VFL Jheringsfehn	1957	1997	01:04:23	00:51:25	01:01:35	01:13:12	01:10:33	01:05:03	06:26:11	00:57:54	40	M40	87	6
310	Huhne	Peter	TV Marienhufe	1948	1997	01:02:00	00:51:53	00:58:50	01:16:25	01:12:30	01:05:49	06:27:27	00:58:05	49	M40	88	6
311	Thiems	Ursula	SV Stikkelkamp	1953	1997	01:03:03	00:53:36	01:04:18	01:15:27	01:07:38	01:03:56	06:27:58	00:58:10	44	W40	20	6
312	Severiens	Henriette	Fortuna Logabirum	1954	1997	01:01:37	00:52:55	01:03:13	01:16:49	01:11:53	01:06:44	06:33:11	00:58:57	43	W40	21	6
313	Ryll	Hannelore	Fehntjer LT	1956	1997	01:04:20	00:52:37	01:03:52	01:15:13	01:11:43	01:06:15	06:34:00	00:59:04	41	W40	22	6
314	Gerken	Theo	VFB Mönkeboe	1944	1997	01:07:59	00:52:14	01:00:29	01:13:45	01:08:10	01:11:37	06:34:14	00:59:06	53	M50	44	6
315	Peeken	Gerd	SV Wittmund	1973	1997	01:04:39	00:54:37	01:03:44	01:16:19	01:09:58	01:05:48	06:35:05	00:59:14	24	M20	31	6
316	Bartels	Johanne	Germania Leer		1997	01:05:38	00:56:38	01:04:29	01:17:18	01:11:02	01:05:18	06:40:23	01:00:02		W		6
317	Lang	Helmut	Germania Leer	1966	1997	01:05:38	00:56:32	01:04:24	01:17:18	01:11:02	01:05:36	06:40:30	01:00:03	31	M30	63	6
318	Donadell	Hans	SV Warsingsfehn	1942	1997	01:04:39	00:55:03	01:05:50	01:17:45	01:11:43	01:07:20	06:42:20	01:00:19	55	M50	45	6
319	Peters	Ilse	VFL Jheringsfehn	1959	1997	01:04:40	00:55:47	01:07:39	01:17:19	01:12:27	01:07:21	06:45:13	01:00:45	38	W30	14	6
320	Janssen	Elke	MTV Wittmund	1955	1997	01:05:26	00:54:48	01:04:55	01:17:21	01:13:25	01:10:06	06:46:01	01:00:52	42	W40	23	6
321	Freyland Dr.	Max	TuS Aurich-Ost	1939	1997	01:04:58	01:04:38	01:04:18	01:16:51	01:10:00	01:06:49	06:47:34	01:01:06	58	M50	46	6
322	Peters	Hans-Jürgen	TV Bunde	1949	1997	01:07:11	00:55:53	01:04:04	01:17:45	01:12:37	01:10:05	06:47:35	01:01:06	48	M40	89	6
323	Romanowski	Barbara	LG Ostfriesland	1950	1997	01:03:23	00:54:57	01:06:54	01:18:30	01:14:36	01:09:36	06:47:56	01:01:10	47	W40	24	6
324	Freyland	Ursula	TuS Aurich-Ost	1953	1997	01:05:09	01:04:38	01:04:34	01:16:56	01:11:39	01:06:56	06:49:52	01:01:27	44	M50	46	6
325	Evers	Hannely	LT Schaffh. Wald	1950	1997	01:04:22	00:56:40	01:09:44	01:19:59	01:13:55	01:06:59	06:51:39	01:01:43	47	W40	25	6
326	Klünder	Manfred	Polizei Aurich	1938	1997	01:07:28	00:56:22	01:07:13	01:20:43	01:12:12	01:08:25	06:52:23	01:01:50	59	M60	11	6
327	Thielke Dr.	Christian	Frisia Loga	1945	1997	01:05:39	00:55:35	01:06:21	01:17:57	01:13:06	01:13:45	06:52:23	01:01:50	52	M50	47	6
328	Obst	Hiltrud	Remels	1954	1997	01:08:12	00:56:10	01:08:10	01:19:11	01:12:53	01:07:53	06:52:29	01:01:50	43	W40	26	6
329	Obst	Dieter	Uplengen	1953	1997	01:08:13	00:56:10	01:08:10	01:19:11	01:12:53	01:07:53	06:52:30	01:01:51	44	M40	90	6
330	Schulz	Jürgen	TuS Holtriem	1942	1997	01:07:14	00:56:46	01:06:38	01:16:50	01:13:57	01:13:25	06:54:50	01:02:12	55	M50	48	6
331	Penning	Christoph	Frisia Loga	1952	1997	01:07:08	00:56:30	01:06:23	01:17:58	01:14:00	01:13:45	06:55:44	01:02:20	45	M40	91	6
332	Kappmeier	Werner	Frisia Loga	1943	1997	01:07:02	00:56:30	01:06:38	01:18:50	01:13:58	01:13:32	06:56:30	01:02:27	54	M50	49	6
333	Neelen	Marie-Luise	Germania Leer	1938	1997	01:06:00	00:58:00	01:08:40	01:21:52	01:15:18	01:09:07	06:58:57	01:02:49	59	W50	7	6
334	Oltmanns	Johanne	SV Stikkelkamp	1941	1997	01:08:21	00:56:40	01:09:33	01:19:25	01:15:07	01:10:07	06:59:13	01:02:51	56	W50	8	6
335	Ihlow	Giseltraud	TV Norden	1949	1997	01:07:59	00:56:43	01:07:03	01:21:28	01:15:37	01:10:23	06:59:13	01:02:51	48	W40	27	6
336	Harms	Erika	TV Norden	1942	1997	01:08:11	00:56:46	01:07:03	01:21:28	01:15:37	01:10:27	06:59:32	01:02:54	55	W50	9	6
337	Zogall	Hans-Werner	IGS Aurich-West	1950	1997	01:07:24	00:58:16	01:08:56	01:21:21	01:14:41	01:09:11	06:59:49	01:02:56	47	M40	92	6
338	Tjarks	Gerhardine	LG Ostfriesland	1957	1997	01:07:13	00:57:27	01:12:34	01:21:30	01:15:06	01:10:15	07:04:05	01:03:35	40	W40	28	6
339	Behrends	Karin	LG Ostfriesland	1946	1997	01:07:14	00:57:30	01:12:34	01:21:30	01:15:07	01:10:21	07:04:16	01:03:36	51	W50	10	6
340	Vrcckovski	Sophie	SV Warsingsfehn	1953	1997	01:08:51	00:59:11	01:08:30	01:21:49	01:15:56	01:10:22	07:04:39	01:03:40	44	W40	29	6
341	Doden	Heike	Emder LG	1956	1997	01:07:16	00:57:23	01:12:30	01:26:07	01:15:37	01:11:59	07:10:52	01:04:36	41	W40	30	6
342	Knuth	Inge	Emder LG	1951	1997	01:07:21	00:57:23	01:12:30	01:25:33	01:16:41	01:11:28	07:10:56	01:04:36	46	W40	31	6
343	Ostermeyer	Ilse	Germania Leer	1939	1997	01:11:01	00:58:13	01:09:51	01:21:05	01:15:18	01:17:47	07:13:15	01:04:57	58	W50	11	6
344	Voss	Käthe	Emder LG	1954	1997	01:07:19	00:57:26	01:12:34	01:26:08	01:20:47	01:11:55	07:16:09	01:05:23	43	W40	32	6
345	Müller	Insa	Aurich	1969	1997	01:11:54	00:59:27	01:11:26	01:22:37	01:18:56	01:13:46	07:18:06	01:05:41	28	W20	11	6
346	Ninnemann	Dietmar	PSV Aurich-West	1964	1997	01:11:54	00:59:28	01:11:26	01:22:57	01:18:57	01:14:40	07:19:22	01:05:52	33	M30	64	6
347	Battermann	Regina	Fehntjer Lauftreff	1951	1997	01:08:25	00:58:46	01:11:24	01:27:58	01:19:44	01:16:20	07:22:37	01:06:22	46	W40	33	6
348	Olthoff	Else	Concordia Ihrhove	1923	1997	01:10:56	00:59:47	01:11:41	01:27:49	01:19:55	01:14:01	07:24:09	01:06:35	74	W70	1	6
349	Trettin-Kardelke	Elke	MTV Aurich														

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	9,40km	11,05km	12,75km	11,90km	10,80km						
	Wirtjes	Edzard	Schloothuis Leer	1958	1997	00:44:20	00:36:24	00:42:42	00:50:59	00:49:13		03:43:38		39	M30		5
	Loers	Wilfried	Filsum	1959	1997	00:48:20	00:40:47	00:49:32		00:43:45	00:50:06	03:52:30		38	M30		5
	Boeljes, Dr.	Uwe	TV Bunde	1947	1997	00:46:01	00:39:03	00:46:35		00:53:42	00:47:35	03:52:56		50	M50		5
	Ehrlich	Heinz	Emder LG	1961	1997	00:45:46	00:40:34	00:46:13	00:54:47		00:48:50	03:56:10		36	M30		5
	Pleiner	Jürgen	Leer	1952	1997	00:47:51	00:40:11	00:47:37	00:56:03		00:50:26	04:02:08		45	M40		5
	Damm	Remmer	Conc. Ihrhove	1951	1997	00:43:40	00:37:45	00:56:10	00:59:32	00:49:23		04:06:30		46	M40		5
	Rynas	Heinrich	Germania Leer	1955	1997	00:51:33	00:42:41	00:49:52		00:56:42	00:52:06	04:12:54		42	M40		5
	Eiben	Eibo	LT Schaffhausener-W.	1942	1997	00:53:55	00:44:13	00:50:33		00:55:09	00:50:15	04:14:05		55	M50		5
	Bünting	Uwe	LG Uplengen	1962	1997	00:49:06	00:42:11	00:49:48	00:58:09	00:55:12		04:14:26		35	M30		5
	Stammwitz	Ekkehard	Germania Leer	1945	1997	00:48:56		00:48:55	00:56:24	00:52:33	00:48:06	04:14:54		52	M50		5
	Reiners	Erhard	TV Norden	1958	1997	00:51:05	00:42:59	00:51:25	01:00:17		00:51:24	04:17:10		39	M30		5
	Böhmer	Johann	TC Esens	1953	1997	00:47:20		00:48:02	00:57:57	00:54:59	00:49:02	04:17:20		44	M40		5
	ter Fehr	Heino	VFL Jheringsfehn	1964	1997	00:54:34	00:42:54	00:50:20	00:59:01	00:55:10		04:21:59		33	M30		5
	Van der Huir	Marc	TC Grün Weiß Leer	1981	1997	00:51:54	00:43:51	00:55:03		00:59:00	00:55:04	04:24:52		16	MU20		5
	Böttger	Rolf	MTV Wittmund	1969	1997	00:53:28	00:44:47	00:55:37		00:57:38	00:53:48	04:25:18		28	M20		5
	Timm	Johannes	Aurich	1957	1997	00:52:12	00:42:52	00:50:34	01:03:12	00:58:42		04:27:32		40	M30		5
	Hinrichs	Johannes	MTV Wittmund	1952	1997	00:51:58	00:43:16		01:05:59	00:57:39	00:52:58	04:31:50		45	M40		5
	Janßen	Holger	SV Brinkum	1968	1997	00:52:20	00:43:47	00:53:14	01:04:00	01:04:55		04:38:16		29	M20		5
	Spanjer	Alfred	Fortuna Logabirum	1937	1997	00:56:44	00:48:47	00:54:22		01:03:57	00:59:20	04:43:10		60	M60		5
	Kroon	Sigrid	SV Holtland	1948	1997	00:53:28	00:47:00	00:55:53	01:07:21	01:02:08		04:45:50		49	W40		5
	Poppen	Karl	TG Wiesmoor	1947	1997	00:58:12	00:48:09	00:49:35	01:08:17	01:01:53		04:46:06		50	M50		5
	Seybold, Dr.	Jörg	BSG Leer	1949	1997	01:00:59	00:45:22	00:58:57		01:04:03	01:00:57	04:50:18		48	M40		5
	Fitzner	Günther	TuS Aurich-Ost	1948	1997	00:59:48	00:50:19	01:00:28		01:07:38	01:03:10	05:01:23		49	M40		5
	Fitzner	Adele	TuS Aurich-Ost	1949	1997	00:59:53	00:50:19	01:00:28		01:07:38	01:03:10	05:01:28		48	W40		5
	Mümmel	Martin	TV Bunde	1984	1997	01:01:14	00:43:44	01:11:01	01:15:46		01:02:28	05:14:13		13	MU20		5
	Patzwald	Margret	SC Dunum	1958	1997		00:52:26	01:00:11	01:13:39	01:07:41	01:03:29	05:17:26		39	W30		5
	Vry	Renate	TV Bunde	1955	1997	01:01:11	00:52:42	01:03:57		01:10:22	01:11:02	05:19:14		42	W40		5
	Lange	Thomas	Germania Leer	1956	1997	01:07:28	00:57:06	01:04:24		01:11:24	01:06:09	05:26:31		41	M40		5
	Engelbarts	Foline	Emder LG	1949	1997		00:56:16	01:09:53	01:19:11	01:13:19	01:06:55	05:45:34		48	W40		5
	Peters	Renate	TV Bunde	1952	1997	01:07:13	00:55:53	01:06:32	01:21:32		01:15:38	05:46:48		45	W40		5
	Tergast	Johann	Leer	1936	1997	01:09:06	00:57:30	01:09:35		01:18:59	01:15:14	05:50:24		61	M60		5
	Frost	Hildegard	TuS Esens	1955	1997	01:09:53	00:59:27		01:20:13	01:14:59	01:09:26	05:53:58		42	W40		5
	Eisenhauer	Annelore	TuS Esens	1955	1997	01:09:53	00:59:27	01:09:44	01:20:13	01:14:52		05:54:09		42	W40		5
	Feldiek	Georg	Germania Leer	1956	1997	00:39:55	00:34:30	00:40:55	00:49:06			02:44:26		41	M40		4
	Hesse	Axel	PSV Aurich-West	1969	1997	00:43:34	00:37:39			00:50:33	00:45:04	02:56:50		28	M20		4
	Kohlbus	Maik	SV Wiesmoor	1975	1997	00:40:50	00:45:56	00:47:24			00:46:54	03:01:04		22	M20		4
	Grunwald	Marc	Germania Leer	1979	1997	00:41:02			00:51:02	00:46:48	00:42:12	03:01:04		18	MU20		4
	Siemens	Karl	MTV Wittmund	1951	1997	00:43:59		00:44:08		00:48:52	00:45:10	03:02:09		46	M40		4
	Löwen	Peter	Aurich	1967	1997	00:44:13	00:40:01	00:45:13	00:53:00			03:02:27		30	M30		4
	Poppinga	Gerhard	TuS Hinte	1961	1997	00:43:56	00:38:56	00:46:01	00:57:30			03:06:23		36	M30		4
	Carls	Christoph	SV Süderneuland	1964	1997	00:51:09	00:39:52	00:46:27		00:58:32		03:16:00		33	M30		4
	Schmidt	Eckhard	Emden	1959	1997	00:50:32	00:43:15	00:53:07	00:59:48			03:26:42		38	M30		4
	Fleißner	Heiko	Oldenburg	1968	1997	00:53:55	00:44:04			00:59:26	00:54:53	03:32:18		29	M20		4
	Nannen	Enno	TV Norden	1947	1997	00:54:01	00:45:38	00:54:44	01:04:59			03:39:22		50	M50		4
	Jungenkrüger	Jakob	PSV Aurich-West	1968	1997	00:52:16		00:50:29	01:00:25	00:56:17		03:39:27		29	M20		4
	Schmidt	Günther	Remels	1959	1997			00:47:10	01:07:19	01:02:48	00:59:38	03:56:55		38	M30		4
	Janßen	Christa	SV Brinkum	1943	1997	00:57:15		00:58:49	01:10:10	01:05:40		04:11:54		54	W50		4
	Potzier	Helga	MTV Wittmund	1949	1997	01:05:25	00:56:30	01:04:55			01:10:08	04:16:58		48	W40		4
	Brauer	Monika	MTV Aurich	1956	1997	01:03:09	00:54:44	01:06:42		01:14:27		04:19:02		41	W40		4
	Junkmann	Janna	Wiesens	1981	1997			01:04:42	01:10:02	01:07:01	00:58:42	04:20:27		16	WU20		4
	Lunz	Dieter	SC Dunum	1941	1997		00:52:28		01:14:53	01:11:46	01:05:36	04:24:43		56	M50		4
	Frädrich	Annelore	Germania Leer	1953	1997	01:14:07	01:04:33	01:16:55			01:15:35	04:51:10		44	W40		4
	Lammers	Joachim	TG Wiesmoor	1960	1997		00:33:44		00:49:53		00:41:28	02:05:05		37	M30		3
	Frühling	Uwe	SV Gerogsheil	1965	1997	00:46:26	00:39:15	00:45:42				02:11:23		32	M30		3
	Tscherney	Bernd-Ulrich	MTV Hooksiel	1948	1997	00:46:41	00:39:34	00:48:03				02:14:18		49	M30		3
	Fisser	Manfred	Emder LG	1950	1997		00:37:51			00:50:13	00:53:50	02:21:54		47	M40		3
	Steinke	Ralf	SV Warsingsfehn	1967	1997			00:47:44		00:51:29	00:46:17	02:25:30		30	M20		3
	Janssen	Ingo	TuS Esens	1956	1997	00:52:35	00:42:57	00:50:42				02:26:14		41	M40		3
	Jürrens	Inga	TuS Pewsum	1982	1997	00:51:41	00:41:09				00:53:45	02:26:35		15	WU20		3
	Wienbeuker	Heinrich	LG Uplengen	1958	1997	00:47:18		00:46:56	00:57:48			02:32:02		39	M30		3
	Cramer	Ewert	Leer	1948	1997	00:55:34	00:45:38	00:53:50	01:03:49			02:35:02		49	M40		3
	Schmidt	Karl-Heinz	TV Norden	1957	1997		00:43:54	00:53:22		00:58:43		02:35:59		40	M40		3
	Buhles	Karl-Heinz	Remels	1961	1997	00:56:35	00:46:37	00:56:19				02:39:31		36	M30		3
	Kok	Helga	SV Holtland	1948	1997		00:46:53	00:55:35		01:00:48		02:43:16		49	W40		3
	Wilken	Elke	SV Holtland	1950	1997		00:46:53	00:55:35		01:00:48		02:43:16		47	W40		3
	Stegmann, Dr.	Karl-Ulfert	MTV Norden	1940	1997	00:57:23	00:48:03	00:57:53				02:43:19		57	M50		3
	Samuels	Hermann	Aurich	1968	1997				00:59:39	00:56:19	00:49:53	02:45:51		29	M20		3
	Lindena	Uwe	Moordorf	1957	1997	00:54:24		00:55:35	01:07:36			02:57:35		40	M40		3
	Steffens Dr.	Otto	MTV Aurich	1952	1997		00:48:35		01:07:56	01:01:57		02:58:28		45	M40		3

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	9,40km	11,05km	12,75km	11,90km	10,80km						
	Meyer	Wilhelm	TuS Weener	1945	1997		00:46:31		01:12:05	01:03:22		03:01:58		52	M50		3
	Madena	Jakob	Südbrookmerland	1943	1997		00:50:30	01:00:27	01:13:42			03:04:39		54	M50		3
	Albers	Jörg-Henry	Warsingsfehn	1965	1997			00:59:10	01:09:55	01:01:25	00:57:06	03:08:26		32	M30		3
	Redelfs	Rita	LT Esens	1967	1997				01:10:36		01:00:42	03:10:28		30	W30		3
	Noormann	Anne	TuS Detern	1949	1997	01:07:03	00:56:01	01:09:23				03:12:27		48	W40		3
	Scharfenberg	Irene	MTV Wittmund	1950	1997		00:56:32			01:15:46	01:10:15	03:22:33		47	W40		3
	Reents	Marianne	LT Schaffh. Wald	1946	1997		00:58:23			01:19:19	01:15:27	03:33:09		51	W50		3
	Harwaldt	Valentin	Emder LG	1977	1997	00:35:22					00:36:34	01:11:56		20	M20		2
	Koenen	Hermann	Germania Leer	1950	1997	00:39:31	00:34:58					01:14:29		47	M40		2
	Wittmann	Benjamin	SV Holtland	1981	1997	00:42:59	00:35:56					01:18:55		16	MU20		2
	Ludwigs	Hanno	LG Ostfriesland	1967	1997	00:39:25					00:40:48	01:20:13		30	M30		2
	Frers	Thomas	Conc. Ihrhove	1969	1997	00:39:08	00:41:30					01:20:38		28	M20		2
	Reisewitz	Karl-Heinz	LG Ostfriesland	1951	1997	00:40:05					00:40:48	01:20:53		46	M40		2
	Tjarks	Eduard	LG Ostfriesland	1954	1997	00:40:27					00:40:42	01:21:09		43	M40		2
	Janssen	Berthold	Emder LG	1962	1997	00:43:57	00:37:20					01:21:17		35	M30		2
	Wittkuhn	Michael	Stuhr Bremen	1967	1997	00:40:35		00:41:32				01:22:07		30	M30		2
	Kaderhardt	Walter	Conc. Ihrhove	1957	1997	00:38:14				00:44:07		01:22:21		40	M40		2
	Schnoor	Heinrich	Germania Leer	1960	1997	00:41:06		00:42:17				01:23:23		37	M30		2
	Teubner	Alfred	PSV Aurich-West	1955	1997		00:37:28				00:46:34	01:24:02		42	M40		2
	Pipetz	Marten	Germania Leer	1961	1997			00:43:00			00:44:42	01:27:42		36	M30		2
	Richter	Henry	ESV Lok. Döbeln	1962	1997	00:43:02					00:45:26	01:28:28		35	M30		2
	Poppen	Jann	TG Wiesmoor	1982	1997	00:49:48	00:40:14					01:30:02		15	MU20		2
	Lehmann	Ewald	TuS Aurich-Ost	1954	1997	00:50:28	00:42:29					01:32:57		43	M40		2
	Kortylack	Michael	BW Borssum	1948	1997	00:40:39				00:53:10		01:33:49		49	M40		2
	Hollwege	Reiner	VFL Hage	1967	1997	00:43:48			00:52:44			01:36:32		30	M30		2
	Hinrichs	Enno	TSV Holtrop	1961	1997			00:45:30	00:53:03			01:38:33		36	M30		2
	Bruns	Helmut	Fort. Veenhusen	1964	1997			00:47:00			00:51:45	01:38:45		33	M30		2
	Schaefer	Heiner	Conc. Ihrhove	1951	1997	00:44:53			00:55:02			01:39:55		46	M40		2
	Ernst	Hinrich	Germania Leer	1955	1997	00:50:46	00:49:12					01:39:58		42	M40		2
	Schürmann	Karl	VFB Lübeck	1972	1997			00:47:10	00:54:39			01:41:49		25	M20		2
	Michaelis	Bernhard	Leer	1955	1997	00:56:09	00:48:14					01:44:23		42	M40		2
	Speckmann	Elke	MTV Aurich	1959	1997	00:56:19	00:48:40					01:44:59		38	W30		2
	Wiegmann	Günter	OZ Team	1960	1997	01:04:30	00:40:31					01:45:01		37	M30		2
	Bruns	Dieter	PSV Aurich-West	1963	1997				00:55:59		00:50:10	01:46:09		34	M30		2
	Kießetz	Insa	SV Holtland	1982	1997		00:47:53				00:58:53	01:46:46		15	WU20		2
	Soeken	Johann	SV Holtland	1953	1997	00:49:32				00:57:39		01:47:11		44	M40		2
	Borgmann	Helmut	Germania Leer	1953	1997	00:49:26			00:59:30			01:48:56		44	M40		2
	Hoffmann	Karl-Heinz	Aurich	1968	1997		00:48:56			01:01:54		01:50:50		29	M20		2
	Bach	Galena	TV Norden	1966	1997		00:51:57	01:00:07				01:52:04		31	W30		2
	Schoon	Heike	VFB Uplengen	1972	1997					00:58:35	00:53:49	01:52:24		25	W20		2
	König	Dieter	Emder LG	1939	1997	00:48:43				01:04:25		01:53:08		58	M50		2
	Ellee	Dirk	TC Grün Weiß Leer	1948	1997			00:57:04			00:56:29	01:53:33		49	M40		2
	Voß	Hermann	Emder LG	1953	1997				00:51:08	01:02:37		01:53:45		44	M40		2
	Ludwig	Gernot	LG Ostfriesland	1963	1997		00:48:11			01:05:42		01:53:53		34	M30		2
	Fiss	Holger	Emder LG	1959	1997				01:02:25		00:52:21	01:54:46		38	M30		2
	Hetzke	Helga	MTV Norden	1964	1997					01:00:32	00:57:05	01:57:37		33	W30		2
	Schulte	Hella	SV Holtland	1959	1997				01:03:30	00:56:51		02:00:21		38	W30		2
	Eilers	Tim	TV Norden	1987	1997		00:54:53				01:06:50	02:01:43		10	MU20		2
	Kortylack	Gisela	Emder LG	1956	1997				01:03:01	00:59:19		02:02:20		41	W40		2
	Grampes	Hans	MTV Wittmund	1960	1997			00:56:30	01:06:22			02:02:52		37	M30		2
	Weber	Ernst	Germania Leer	1948	1997	01:07:45	00:57:06					02:04:51		49	M40		2
	Weers	Anne	Hesel	1954	1997	01:08:34	00:56:38					02:05:12		43	W40		2
	Jürgens	Ursula	Hesel	1952	1997	01:08:34	00:56:39					02:05:13		45	W40		2
	Köhlers	Klaus	TuS Weener	1935	1997	01:06:00				01:11:26		02:17:26		62	M60		2
	Salefsky	Janna	LT Schaff. Wald	1982	1997		00:58:22			01:19:18		02:17:40		15	WU20		2
	Patzwald	Christian	LT Esens	1985	1997					01:12:28	01:06:13	02:18:41		12	MU20		2
	König	Käthe	Emder LG	1936	1997				01:13:28	01:10:48		02:24:16		61	W60		2
	Hörnemann	Lutz	TuS Aurich-Ost	1962	1997		00:31:59					00:31:59		35	M30		1
	Schmidt	Jügen	TuS Detern	1963	1997		00:35:15					00:35:15		34	M30		1
	Valentin	Jörg	TV Norden	1962	1997			00:36:19				00:36:19		35	M30		1
	Voogd	Stefan	LG Uplengen	1974	1997		00:37:52					00:37:52		23	M20		1
	Groen	Frank	VFL Jheringsfehn	1962	1997			00:38:05				00:38:05		35	M30		1
	Lauterjung	Kai	TuS Hinte	1980	1997			00:39:06				00:39:06		17	MU20		1
	Aden	Jacobus	VFL Jheringsfehn	1962	1997		00:39:39					00:39:39		35	M30		1
	Saathoff	Friedhelm	Fehntjer Lauftreff	1970	1997	00:40:39						00:40:39		27	M20		1
	Burlage	Udo	TuS Aurich-Ost	1957	1997		00:41:02					00:41:02		40	M40		1
	Speckmann	Karl-Heinz	MTV Aurich	1957	1997			00:41:08				00:41:08		40	M40		1
	Albers	Franz	Germania Leer	1938	1997	00:41:43						00:41:43		59	M50		1
	Binz	Alexander	AL München	1967	1997						00:42:07	00:42:07		30	M30		1

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	9,40km	11,05km	12,75km	11,90km	10,80km						
	Onken	Gerhard	Germania Leer	1949	1997	00:42:13						00:42:13		48	M40		1
	Spoormann	Lutz	BW Borssum	1962	1997			00:42:43				00:42:43		35	M30		1
	Moseev	Ludmilla	TV Norden	1965	1997		00:42:48					00:42:48		32	W30		1
	Saathoff	Ingo	LG Ostfriesland	1971	1997			00:43:33				00:43:33		26	M20		1
	Schlenter	Holger	SV Holtland	1982	1997		00:43:43					00:43:43		15	MU20		1
	Grundmann	Werner	SV Moslefehn	1952	1997	00:43:45						00:43:45		45	M40		1
	Enns	Waleri	Brockel	1975	1997	00:44:06						00:44:06		22	M20		1
	Lücht	Arno	Eddie Eagle	1962	1997						00:44:16	00:44:16		35	M30		1
	Dirks	Heiko	Wiesmoor	1977	1997	00:44:47						00:44:47		20	M20		1
	Klaassen	Dietrich	Immenstadt	1967	1997	00:45:21						00:45:21		30	M30		1
	Sweers	Ralf	Emder LG	1963	1997		00:45:39					00:45:39		34	M30		1
	Bremer	Carsten	Stendahl	1976	1997	00:45:42						00:45:42		21	M20		1
	Fröhling	Erwin	SV Holtland	1948	1997	00:45:43						00:45:43		49	M40		1
	Prikker	Karl-Jürgen	VFL Jheringsfehn	1964	1997	00:45:43						00:45:43		33	M30		1
	Keiser	Karl-Heinz	LG Uplengen	1958	1997		00:45:51					00:45:51		39	M30		1
	Janssen	Ralf	MTV Aurich	1977	1997		00:45:59					00:45:59		20	M20		1
	Edowina	Nina	Archangelsk	1960	1997				00:46:54			00:46:54		37	W30		1
	Moldenhauer	Helmut	Wiesmoor	1950	1997		00:47:17					00:47:17		47	M40		1
	Broers	Harald	SV Holtland	1980	1997	00:47:23						00:47:23		17	MU20		1
	Vladingerbroek	Kurt	LG Ostfriesland	1968	1997					00:47:28		00:47:28		29	M20		1
	Bösch	Sönke	SV Wiesmoor	1977	1997						00:47:52	00:47:52		20	M20		1
	Zorn	Rene	Südbrookmerland	1977	1997	00:48:14						00:48:14		20	M20		1
	Lühring	Gisela	Langwedel	1959	1997		00:48:19					00:48:19		38	W30		1
	Huth	Sven	LG Wilhelmshaven	1963	1997					00:48:30		00:48:30		34	M30		1
	Claaßen	Michael	Polizei Leer	1961	1997	00:49:25						00:49:25		36	M30		1
	Goudschaal	Joachim	Bunde	1983	1997		00:50:03					00:50:03		14	MU20		1
	Wiegmann	Sonja	IGS Aurich	1979	1997	00:51:05						00:51:05		18	WU20		1
	Hock	Kerstin	Leer	1965	1997		00:51:10					00:51:10		32	W30		1
	Gerlach	Ortwin	Leer	1952	1997						00:51:23	00:51:23		45	M40		1
	Schneider	Uwe	Emder LG	1945	1997						00:51:50	00:51:50		52	M50		1
	Wolf	Jörg	MTV Aurich	1965	1997		00:52:00					00:52:00		32	M30		1
	Janssen	Heinrich	TuS Aurich-Ost	1934	1997						00:52:20	00:52:20		63	M60		1
	Vogt	Ellen	Brinkum	1963	1997						00:52:24	00:52:24		34	W30		1
	Greif	Marion	Fortuna Logabirum	1967	1997	00:52:40						00:52:40		30	W30		1
	Ewald	Wolfgang	Germania Leer	1929	1997	00:52:50						00:52:50		68	M60		1
	Clemens	Erich	Tergast	1948	1997	00:52:51						00:52:51		49	M40		1
	Bartkowski	Holger	Aurich	1958	1997					00:53:12		00:53:12		39	M30		1
	Iken	Manuel	Aurich	1972	1997						00:53:15	00:53:15		25	M20		1
	Behrends	Enno	LG Uplengen	1953	1997						00:53:33	00:53:33		44	M40		1
	Schulz	Jürgen	Holtgast	1965	1997						00:53:37	00:53:37		32	M30		1
	Broers	Broer	TuS Detern	1980	1997	00:53:57						00:53:57		17	MU20		1
	Müller	Klemens	SV Holtland	1979	1997	00:54:00						00:54:00		18	MU20		1
	Post	Joachim	TuS Aurich-Ost	1959	1997			00:54:03				00:54:03		38	M30		1
	Wilken	Hauke	TV Friedeburg	1951	1997			00:54:03				00:54:03		46	M40		1
	Bergmann	Johann	Filsum	1980	1997	00:54:08						00:54:08		17	MU20		1
	Krieger	Richard	Warsingsfehn	1946	1997	00:55:16						00:55:16		51	M50		1
	Uphoff	Christoph	Aurich	1964	1997				00:55:22			00:55:22		33	M30		1
	Arnold	Michael	VFR Heisfelde	1977	1997				00:55:23			00:55:23		20	M20		1
	Hollwege	Inge	Lütesburg	1931	1997		00:55:45					00:55:45		66	W60		1
	Lüken	Thoma	VFL Lönigen	1961	1997					00:55:50		00:55:50		36	W30		1
	Akischew	Dimitri	Archangelsk	1958	1997				00:55:54			00:55:54		39	M30		1
	Siemoneit	Karl	Eddie Eagle	1959	1997				00:56:05			00:56:05		38	M30		1
	Schwertfeger	Jürgen	Emder LG	1952	1997		00:56:16					00:56:16		45	M40		1
	Kroon	Helmut	SuS Strackholt	1950	1997			00:56:36				00:56:36		47	M40		1
	Aue	Reinhard	FTC Hollen	1947	1997	00:56:49						00:56:49		50	M50		1
	Romaneeßen	Heinz	LG Ostfriesland	1966	1997				00:56:49		00:49:21	00:56:49		31	M30		1
	Rüttger	Stephan	SV Reepsholt	1974	1997			00:56:57				00:56:57		23	M20		1
	Reck	Wolfgang	Plaggenburg	1965	1997					00:57:11		00:57:11		32	M30		1
	Kerkhoff	Helmut	Emder LG	1948	1997					00:57:15		00:57:15		49	M40		1
	Lohmeyer	Everwien	SV Holtland	1958	1997		00:57:23					00:57:23		39	M30		1
	Kuiper	Bettina	SV Holtland	1957	1997		00:57:23					00:57:23		40	W40		1
	Walper	Gerhard	Warsingsfehn	1956	1997	00:57:27						00:57:27		41	M40		1
	Haren	Andreas	LG Ostfriesland	1949	1997					00:58:07		00:58:07		48	M40		1
	Müller	Hajo	Germania Leer	1937	1997	00:58:09						00:58:09		60	M60		1
	Sandersfeld	Rena	Remels	1971	1997	00:58:41						00:58:41		26	W20		1
	Groen	Bernhard	VFL Jheringsfehn	1940	1997	00:59:06						00:59:06		57	M50		1
	Baker	Bernhard	Leer	1951	1997	00:59:10						00:59:10		46	M40		1
	Haedtk	Keno	Conc. Ihrhove	1980	1997				00:59:12			00:59:12		17	MU20		1
	Altenried	Uta	Kommune 13	1963	1997						00:59:19	00:59:19		34	W30		1
	Hildebrandt	Thomas	BBS II Aurich	1970	1997						00:59:51	00:59:51		27	M20		1
	Block	Wilhelm	SpVgg Aurich	1980	1997				01:00:35			01:00:35		17	MU20		1

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,80km	9,40km	11,05km	12,75km	11,90km	10,80km						
	von Thünen	Robert	TuS Sandhorst	1982	1997						01:00:55	01:00:55		15	MU20		1
	Heuermann	Hans	Aurich	1954	1997				01:01:07			01:01:07		43	M40		1
	Buurmann	Nanne	MTV Aurich	1982	1997						01:01:34	01:01:34		15	WU20		1
	Busker	Traute	TuS Aurich-Ost	1953	1997					01:01:35		01:01:35		44	W40		1
	Schumacher	Ira	VFL Behneburg	1968	1997						01:01:36	01:01:36		29	W20		1
	Wittmann	Stefan	SV Holtland	1985	1997	01:01:37						01:01:37		12	MU20		1
	Schneider	Christiane	Emder LG	1948	1997						01:01:49	01:01:49		49	W40		1
	Heibült	Werner	Remels	1964	1997				01:02:12			01:02:12		33	M30		1
	Exner	Thomas	DLRG Leer	1964	1997						01:02:17	01:02:17		33	M30		1
	Odens	Inge	TV Norden	1941	1997					01:03:00		01:03:00		56	W50		1
	Wahlich	Peter	Aurich	1957	1997				01:03:06			01:03:06		40	M40		1
	Link	Christoph	LT Rielasingen	1961	1997			01:03:59				01:03:59		36	M30		1
	Wiegmann	Brigitte	Nortmoor	1968	1997	01:04:23						01:04:23		29	W20		1
	Peters	Gundel	Emder LG	1957	1997					01:04:24		01:04:24		40	W40		1
	Jakobs	Günther	Neugaude	1968	1997						01:05:01	01:05:01		29	M20		1
	Dürr	Rudolf	Holtrop	1949	1997			01:05:10				01:05:10		48	M40		1
	Düselder	Gisela	Fehntjer Lauftreff	1962	1997	01:05:38						01:05:38		35	W30		1
	Jans	Peter	LG Ostfriesland	1940	1997				01:05:47			01:05:47		57	M50		1
	Salomon	Justin	IGS Aurich	1980	1997				01:06:01			01:06:01		17	MU20		1
	Eilers	Joachim	TV Norden	1954	1997						01:06:57	01:06:57		43	M40		1
	Trebesch	Kaja	MTV Aurich	1961	1997						01:06:59	01:06:59		36	W40		1
	Ottersberg	Holger	Spetzferhn	1972	1997				01:07:27			01:07:27		25	M20		1
	Peters	Timo	PSV Aurich-West	1981	1997				01:07:34			01:07:34		16	MU20		1
	Frerichs	Gertrud	SuS Strackholt	1950	1997			01:09:01				01:09:01		47	W40		1
	Fahnster	Monika	Großefehn	1955	1997			01:09:12				01:09:12		42	W40		1
	Fiedler	Ute	TG Wehlheiden	1944	1997			01:09:12				01:09:12		53	W50		1
	Meyerhoff	Martin	Aurich	1949	1997				01:09:31			01:09:31		48	M40		1
	Warnecke	Dirk	Wolfshagen	1963	1997				01:09:55			01:09:55		34	M30		1
	Lükenga	Heiko	TuS Detern	1947	1997			01:09:56				01:09:56		50	M50		1
	Flohr	Herbert	Köln-Frechen	1939	1997						01:10:25	01:10:25		58	M50		1
	Hallermann	Ingo	Warsingsfehn	1978	1997				01:11:04			01:11:04		19	MU20		1
	Gumbrecht	Astrid	Oldenburg	1953	1997						01:11:34	01:11:34		44	W40		1
	Sichen	Andreas	Plettenberg	1964	1997				01:11:49			01:11:49		33	M30		1
	Dirks	Ewald	Upschört	1973	1997				01:12:45			01:12:45		24	M20		1
	Siemer	Heinz-Werner	Leer	1960	1997				01:13:25			01:13:25		37	M30		1
	Happach	Gertrud	TuS Esens	1941	1997					01:13:56		01:13:56		56	W50		1
	Coobs	Ingo	Warsingsfehn	1978	1997				01:14:38			01:14:38		19	MU20		1
	Huhne	Anne	TV Marienhafe	1954	1997				01:16:22			01:16:22		43	W40		1
	Diersmann	Kristina	Germania Leer	1974	1997				01:18:31			01:18:31		23	W20		1
	Böcke	Udo	Wolfenbüttel	1948	1997				01:19:02		01:11:38	01:19:02		49	M40		1
	Weers	Eske	Emder LG	1977	1997					01:20:48		01:20:48		20	W20		1
	Tischer	Uwe	MTV Aurich	1959	1997				01:22:17			01:22:17		38	M50		1
	Thölen	Anja	TuS Esens	1986	1997						01:23:00	01:23:00		11	WU20		1
	Eisenhauer	Lena	TuS Esens	1985	1997						01:23:02	01:23:02		12	WU20		1
	Hoppmann	Helga	Remels	1950	1997					01:33:13		01:33:13		47	W40		1