

11. Ostfrieslandlauf 1992

19.05. bis 05.06.1992

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,20km	9,40km	11,60km	12,75km	11,80km	11,80km						
1	Ludwig	Reinhard	LG Ostfriesland	1959	1992	00:35:02	00:32:41	00:39:12	00:44:14	00:41:21	00:38:14	03:50:44	00:34:40	33	M30	1	6
2	Jürrens	Harry	TuS Pewsum	1957	1992	00:34:54	00:32:00	00:39:19	00:45:19	00:42:04	00:37:45	03:51:21	00:34:46	35	M30	2	6
3	Polzin	Martin	SC Dunum	1960	1992	00:35:40	00:31:54	00:39:09	00:43:54	00:43:02	00:38:07	03:51:46	00:34:50	32	M30	3	6
4	Onnen	Hans-Hermann	VFL Jheringsfehn	1962	1992	00:45:07	00:40:52	00:44:09	00:55:35	00:52:03	00:46:26	03:52:09	00:34:53	30	M30	1	6
5	Hinrichs	Gerhard	SC Dunum	1961	1992	00:35:35	00:32:28	00:39:21	00:44:40	00:41:53	00:38:26	03:52:23	00:34:55	31	M30	4	6
6	Kock	Jans	SV Holtland	1931	1992	00:42:30	00:42:46	00:48:07	00:53:48	00:50:42	00:46:15	03:53:26	00:35:05	61	M60	1	6
7	Tjarks	Eduard	LG Ostfriesland	1954	1992	00:36:01	00:33:08	00:40:31	00:46:24	00:42:21	00:38:56	03:57:21	00:35:40	38	M30	5	6
8	Uphoff	Christoph	TV Norden	1964	1992	00:36:47	00:33:13	00:41:10	00:46:52	00:43:09	00:39:57	04:01:08	00:36:14	28	M20	1	6
9	Albers	Heiko	SC Dunum	1968	1992	00:36:51	00:33:48	00:40:55	00:45:53	00:44:23	00:39:37	04:01:27	00:36:17	24	M20	2	6
10	Fisser	Manfred	Emder LG	1950	1992	00:36:56	00:34:40	00:42:01	00:46:32	00:43:40	00:40:00	04:03:49	00:36:38	42	M40	1	6
11	Romanowski	Arnold	LG Ostfriesland	1946	1992	00:37:00	00:34:30	00:42:05	00:46:43	00:44:41	00:40:30	04:05:29	00:36:53	46	M40	2	6
12	Schmidt	Gernot	Emder LG	1946	1992	00:37:16	00:34:09	00:42:03	00:47:48	00:44:05	00:40:57	04:06:18	00:37:01	46	M40	3	6
13	Brahms	Georg	SV Stikerkamp	1943	1992	00:38:39	00:34:48	00:43:02	00:48:01	00:45:10	00:41:19	04:10:59	00:37:43	49	M40	4	6
14	Albers	Franz	Germania Leer	1938	1992	00:38:15	00:35:16	00:43:34	00:48:42	00:45:49	00:42:02	04:13:38	00:38:07	54	M50	1	6
15	Hinrichs	Heino			1992	00:39:34	00:36:42	00:43:58	00:48:37	00:44:55	00:41:40	04:15:26	00:38:23		M		6
16	König	Hero	SC Dunum	1948	1992	00:38:41	00:36:07	00:43:54	00:49:27	00:46:05	00:41:40	04:15:54	00:38:27	44	M40	5	6
17	Mouson	Heinz	LT Jheringsfehn	1960	1992	00:39:13	00:35:42	00:43:53	00:48:52	00:46:29	00:42:00	04:16:09	00:38:29	32	M30	6	6
18	Hinrichs	Enno	TuS Aurich-Ost	1961	1992	00:39:24	00:36:11	00:44:07	00:48:52	00:46:52	00:41:43	04:17:09	00:38:38	31	M30	7	6
19	Wijnen	Jacobus	TuS Pewsum	1949	1992	00:38:59	00:35:51	00:44:20	00:50:08	00:46:57	00:42:41	04:18:56	00:38:54	43	M40	6	6
20	Onken	Andreas	TuS Aurich-Ost	1975	1992	00:39:54	00:36:13	00:44:09	00:50:25	00:47:11	00:43:06	04:20:58	00:39:13	17	MU20	19	6
21	Matzk	Klaus	SpVgg. Aurich	1947	1992	00:38:03	00:45:44	00:43:12	00:47:53	00:45:01	00:41:33	04:21:26	00:39:17	45	M40	7	6
22	Voss	Hermann	Emder LG	1953	1992	00:39:42	00:36:44	00:44:42	00:50:34	00:47:07	00:42:45	04:21:34	00:39:18	39	M30	8	6
23	Danehl	Richard	Emder LG	1945	1992	00:39:49	00:36:45	00:45:18	00:50:16	00:47:38	00:42:43	04:22:29	00:39:26	47	M40	8	6
24	Waschkau	Jan	TuS Weene	1977	1992	00:40:00	00:37:04	00:44:47	00:49:40	00:48:03	00:43:12	04:22:46	00:39:29	15	MU20	2	6
25	Woltermann	Peter	TuS Weener	1947	1992	00:41:21	00:33:59	00:44:55	00:46:33	00:50:54	00:45:06	04:22:48	00:39:29	45	M40	9	6
26	Müller	Hans-Hermann	SV Stikerkamp	1944	1992	00:40:20	00:36:22	00:44:50	00:50:43	00:47:10	00:43:26	04:22:51	00:39:30	48	M40	10	6
27	Park	Harm	TuS Weene	1953	1992	00:40:03	00:36:35	00:45:23	00:50:49	00:47:28	00:42:45	04:23:03	00:39:32	39	M30	9	6
28	Siemens	Karl	MTV Wittmund	1951	1992	00:38:45	00:36:26	00:47:47	00:51:19	00:46:45	00:42:50	04:23:52	00:39:39	41	M40	11	6
29	Janssen	Rolf	LT Schaffh. Wald	1965	1992	00:40:47	00:37:19	00:45:39	00:50:26	00:46:59	00:43:03	04:24:13	00:39:42	27	M20	3	6
30	Ditzfeld	Manfred	TuS Aurich-Ost	1964	1992	00:40:40	00:37:28	00:46:02	00:51:42	00:48:25	00:44:10	04:28:27	00:40:20	28	M20	4	6
31	Hartmann	Günther	VFL Jheringsfehn	1941	1992	00:41:24	00:37:49	00:45:56	00:51:43	00:48:37	00:43:50	04:29:19	00:40:28	51	M50	2	6
32	Meints	Harm	TuS Aurich-Ost	1946	1992	00:41:21	00:37:46	00:46:05	00:51:50	00:48:36	00:44:24	04:30:02	00:40:35	46	M40	12	6
33	Oest	Gilbert	Esens	1975	1992	00:42:05	00:38:19	00:48:08	00:51:26	00:47:43	00:43:33	04:31:14	00:40:45	17	MU20	3	6
34	Eiben	Eibo	SC Dunum	1942	1992	00:41:13	00:38:31	00:47:32	00:51:48	00:48:27	00:44:20	04:31:51	00:40:51	50	M50	3	6
35	Lücht	Arno	Edie Eagle	1962	1992	00:41:42	00:38:31	00:47:27	00:51:49	00:48:33	00:43:56	04:31:58	00:40:52	30	M30	10	6
36	Otten	Ewald			1992	00:42:14	00:38:19	00:46:59	00:51:40	00:49:38	00:44:36	04:33:26	00:41:05		M		6
37	Rahrt	Detlef	Germania Leer		1992	00:42:28	00:38:29	00:47:32	00:53:01	00:48:32	00:44:16	04:34:18	00:41:13		M		6
38	Hinrichs	Hans-Dieter	TV Norden	1955	1992	00:43:32	00:39:19	00:47:26	00:52:15	00:48:30	00:43:46	04:34:48	00:41:18	37	M30	11	6
39	Buß	Hermann	TuS Aurich-Ost	1948	1992	00:42:53	00:38:22	00:48:00	00:52:21	00:49:16	00:44:20	04:35:12	00:41:21	44	M40	13	6
40	Nowak	Peter	TV Norden	1950	1992	00:42:15	00:37:59	00:47:39	00:51:59	00:50:19	00:45:25	04:35:36	00:41:25	42	M40	14	6
41	Engels	Focke	TuS Aurich-Ost	1955	1992	00:42:44	00:37:58	00:46:58	00:53:51	00:50:06	00:45:19	04:36:56	00:41:37	37	M30	12	6
42	Ruhnke	Olaf	SV Holtland	1975	1992	00:43:22	00:38:00	00:47:37	00:50:49	00:52:48	00:44:36	04:37:12	00:41:39	17	MU20	4	6
43	Schaefer	Heiner	Conc. Ihrhove	1951	1992	00:42:10	00:39:27	00:47:58	00:53:49	00:50:18	00:45:03	04:38:45	00:41:53	41	M30	13	6
44	Braams	Wilhelm	LT Schaffh. Wald	1956	1992	00:45:32	00:40:20	00:48:14	00:54:17	00:50:17	00:42:09	04:40:49	00:42:12	36	M30	14	6
45	Vehnekamp	Werner	TV Friedeburg	1958	1992	00:43:02	00:39:41	00:47:59	00:53:31	00:51:49	00:45:42	04:41:44	00:42:20	34	M30	15	6
46	Ringel	Christian	LT Schaffh. Wald	1966	1992	00:43:50	00:40:34	00:47:46	00:53:37	00:50:06	00:46:04	04:41:57	00:42:22	26	M20	5	6
47	Peters	Hans-Wilhelm	Emder LG	1954	1992	00:45:16	00:39:33	00:48:49	00:53:05	00:50:39	00:44:57	04:42:19	00:42:25	38	M30	16	6
48	Jakobs	Ingo	SV Dornum	1973	1992	00:44:50	00:39:40	00:48:34	00:53:27	00:51:11	00:45:02	04:42:44	00:42:29	19	MU20	5	6
49	Bontjer	Hilde	SV Holtland	1963	1992	00:42:10	00:39:29	00:47:55	00:53:43	00:52:30	00:46:58	04:42:45	00:42:29	29	W20	1	6
50	Lay	Jan	Fehntjer Lauftreff	1954	1992	00:42:20	00:39:05	00:48:10	00:53:47	00:54:01	00:45:30	04:42:53	00:42:30	38	M30	17	6
51	Scheepker	Alfred	TV Norden	1954	1992	00:43:08	00:39:10	00:48:11	00:54:00	00:51:50	00:47:06	04:43:25	00:42:35	38	M30	18	6
52	Tadema	Joachim	Fehntjer LT	1965	1992	00:43:19	00:39:05	00:48:15	00:53:45	00:52:41	00:46:25	04:43:30	00:42:36	27	M20	6	6
53	Heibült	Christian	SV Holtland	1940	1992	00:44:31	00:40:37	00:49:00	00:53:49	00:49:58	00:45:41	04:43:36	00:42:37	52	M50	4	6
54	Füllenbach	Heinz-Gerhard	Polizei Leer	1949	1992	00:43:17	00:39:52	00:48:45	00:54:56	00:51:41	00:46:40	04:45:11	00:42:51	43	M40	15	6
55	Hedemann	Klaus	TV Norden	1955	1992	00:44:21	00:40:53	00:49:11	00:54:18	00:50:46	00:45:43	04:45:12	00:42:51	37	M40	16	6
56	Gumbrecht	Dagmar	Aurich	1957	1992	00:45:34	00:40:58	00:48:14	00:54:17	00:50:17	00:46:34	04:45:54	00:42:58	35	W30	1	6
57	Reemts	Gerda	Conc. Ihrhove	1949	1992	00:43:43	00:38:33	00:48:25	00:56:31	00:50:41	00:48:06	04:45:59	00:42:58	43	W40	1	6
58	Hinrichs	Ansgar	TV Norden	1977	1992	00:45:53	00:39:47	00:49:47	00:55:00	00:52:34	00:43:33	04:46:34	00:43:04	15	MU20	6	6
59	Vry	Ralf	Fortuna Logabirum	1960	1992	00:43:38	00:40:18	00:48:33	00:55:01	00:52:33	00:46:38	04:46:41	00:43:05	32	M30	20	6
60	Finke	Lars	TuS Weener	1975	1992	00:44:41	00:40:43	00:49:22	00:54:35	00:50:52	00:47:14	04:47:27	00:43:12	17	MU20	7	6
61	Saathoff	Hanno			1992	00:44:41	00:40:43	00:49:22	00:54:35	00:50:52	00:47:14	04:47:27	00:43:12		MU20	8	6
62	Schewiola	Stefan	TuS Aurich-Ost	1966	1992	00:43:14	00:41:12	00:49:32	00:54:37	00:52:44	00:47:40	04:48:59	00:43:25	26	M20	7	6
63	Heeren	Reinhard	VFL Jheringsfehn	1948	1992	00:43:39	00:40:35	00:49:15	00:55:14	00:52:50	00:47:37	04:49:10	00:43:27	44	M40	17	6
64	Brahms	Hans-Jörg	VFR Heisfelde	1974	1992	00:48:28	00:45:46	00:48:50	00:52:58	00:49:27	00:44:03	04:49:32	00:43:30	18	MU20	9	6
65	Willems	Heye	Fortuna Logabirum	1953	1992	00:43:09	00:40:56	00:48:51	00:54:51	00:54:20	00:47:48	04:49:55	00:43:34	39	M30	21	6
66	Drost	Fritz	MTV Wittmund	1943	1992	00:43:44	00:41:09	00:50:08	00:55:10	00:52:23	00:47:29	04:50:0					

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen	
						10,20km	9,40km	11,60km	12,75km	11,80km	11,80km							66,55km
72	Pöttker	Willi	OZ Team	1957	1992	00:44:37	00:42:02	00:50:29	00:56:12	00:52:56	00:47:14	04:53:30	00:44:06	35	M30	23	6	
73	Boden	Rudolf	SV Stikelkamp	1949	1992	00:44:15	00:41:24	00:49:43	00:56:11	00:55:23	00:47:18	04:54:14	00:44:13	43	M40	19	6	
74	Narr, Dr.	Werner	Germania Leer	1949	1992	00:44:07	00:40:57	00:51:11	00:56:47	00:53:40	00:48:34	04:55:16	00:44:22	43	M40	20	6	
75	Ludwig	Gernot	LG Ostfriesland	1963	1992	00:46:33	00:42:17	00:50:10	00:55:43	00:52:40	00:47:57	04:55:20	00:44:23	29	M20	8	6	
76	Tjardes	Karl	Wittmund	1944	1992	00:45:09	00:41:00	00:50:05	00:56:57	00:53:45	00:48:31	04:55:27	00:44:24	48	M40	21	6	
77	Ihlow	Werner	TV Norden	1945	1992	00:44:44	00:41:01	00:50:33	00:56:57	00:53:54	00:48:39	04:55:48	00:44:27	47	M40	22	6	
78	Schwitters	Günter			1992	00:45:31	00:41:37	00:50:48	00:56:13	00:53:25	00:48:23	04:55:57	00:44:28	M			6	
79	Feth	Jan	Germania Leer	1976	1992	00:46:37	00:41:58	00:51:49	00:56:04	00:52:31	00:47:14	04:56:13	00:44:31	16	MU20	12	6	
80	Behrends	Emil	PA Leer	1941	1992	00:44:59	00:41:14	00:51:13	00:56:48	00:53:34	00:48:44	04:56:32	00:44:34	51	M50	6	6	
81	Raveling	Hartmut	LT Schaffh. Wald	1969	1992	00:45:52	00:42:51	00:51:56	00:56:24	00:53:29	00:47:09	04:57:41	00:44:44	23	M20	9	6	
82	Romaneefßen	Gerhard	LG Ostfriesland	1963	1992	00:46:30	00:41:53	00:51:38	00:56:17	00:53:20	00:48:08	04:57:46	00:44:45	29	M20	10	6	
83	Fischer	Werner	PA Leer	1939	1992	00:46:45	00:42:16	00:50:22	00:57:13	00:53:32	00:48:26	04:58:34	00:44:52	53	M50	7	6	
84	Janssen	Focko	IGS Aurich-West	1949	1992	00:45:24	00:41:51	00:51:34	00:56:22	00:54:19	00:49:21	04:58:51	00:44:54	43	M40	23	6	
85	Abt	Paul	TV Oldersum	1955	1992	00:53:52	00:41:51	00:50:14	00:54:39	00:52:37	00:46:52	05:00:05	00:45:06	37	M30	24	6	
86	Willms	Roman			1992	00:44:42	00:42:36	00:51:03	00:57:44	00:54:53	00:49:15	05:00:13	00:45:07	MU20		13	6	
87	Fokken	Harald	TuS Weener	1942	1992	00:45:24	00:41:39	00:51:16	00:58:26	00:54:23	00:49:36	05:00:44	00:45:11	50	M50	8	6	
88	Siefken	Johann	TuS Aurich-Ost	1944	1992	00:45:10	00:42:03	00:52:01	00:57:58	00:54:57	00:49:33	05:01:42	00:45:20	48	M40	24	6	
89	Broers	Holger			1992	00:46:09	00:41:56	00:51:55	00:57:02	00:55:40	00:49:16	05:01:58	00:45:23	M			6	
90	Rieken	Magnus			1947	1992	00:45:39	00:42:31	00:52:00	00:58:28	00:54:34	00:49:02	05:02:14	00:45:25	45	M40	25	6
91	Frerichs	Thomas	Fehntjer LT	1966	1992	00:46:00	00:41:24	00:51:37	00:57:04	00:55:53	00:50:36	05:02:34	00:45:28	26	M20	11	6	
92	Gerking	Klaus	Germania Leer	1955	1992	00:48:55	00:40:55	00:50:10	00:56:53	00:58:05	00:47:57	05:02:55	00:45:31	37	M30	25	6	
93	Steinke	Diedrich	Conc. Neermoor	1941	1992	00:40:45	00:37:23	01:00:06	00:52:28	00:49:01	01:03:32	05:03:15	00:45:34	51	M50	9	6	
94	Mittmann	Michael	OZ Team Leer	1952	1992	00:47:52	00:43:31	00:51:37	00:58:30	00:55:12	00:48:35	05:05:17	00:45:52	40	M40	26	6	
95	Schewiola	Axel	TuS Aurich-Ost	1938	1992	00:46:09	00:42:26	00:52:35	00:57:53	00:56:27	00:50:12	05:05:42	00:45:56	54	M50	10	6	
96	Becker	Herbert	Germania Leer	1939	1992	00:46:20	00:41:56	00:52:15	00:58:38	00:56:17	00:50:26	05:05:52	00:45:58	53	M50	11	6	
97	Schneider	Christiane	Emder LG	1948	1992	00:46:22	00:42:47	00:52:17	00:59:21	00:56:03	00:50:22	05:07:12	00:46:10	44	W40	3	6	
98	Köster	Karl	TV Norden	1940	1992	00:47:23	00:43:11	00:53:03	00:58:24	00:55:21	00:50:43	05:08:05	00:46:18	52	M50	12	6	
99	Weers	Heinrich			1992	00:48:29	00:43:17	00:52:36	00:56:19	00:56:45	00:50:49	05:08:15	00:46:19	M			6	
100	Brahms	Jan-Rainer	VFR Heisfelde	1970	1992	00:48:54	00:43:34	00:52:33	00:58:22	00:55:31	00:49:32	05:08:26	00:46:21	22	M20	12	6	
101	Siefken	Günther	Aurich	1972	1992	00:47:18	00:43:36	00:54:41	00:57:43	00:56:19	00:48:57	05:08:34	00:46:22	20	M20	13	6	
102	Janssen	Frank	TuS Pewsum	1966	1992	00:47:26	00:43:49	00:52:06	00:59:15	00:55:50	00:50:12	05:08:38	00:46:23	26	M20	14	6	
103	Sauerbrey	Bernd	TV Friedeburg	1950	1992	00:47:24	00:43:12	00:52:29	00:58:23	00:57:00	00:50:29	05:08:57	00:46:25	42	M40	27	6	
104	Holle	Claus-Bernhard	Poseidon Leer	1957	1992	00:47:29	00:43:35	00:52:42	00:58:59	00:56:02	00:50:20	05:09:07	00:46:27	M			6	
105	Sleur	Hans-Wilhelm	Fort. Logabirum	1943	1992	00:46:09	00:43:03	00:52:36	00:57:56	00:57:28	00:52:08	05:09:20	00:46:29	49	M40	28	6	
106	Scholz	Hartmut			1992	00:46:12	00:43:33	00:53:48	00:58:17	00:57:08	00:50:27	05:09:25	00:46:30	M			6	
107	Weets	Joachim	Stedesdorf	1960	1992	00:49:52	00:44:16	00:52:24	00:57:49	00:55:59	00:49:16	05:09:36	00:46:31	32	M30	26	6	
108	Rose	Udo	VFR Heisfelde	1964	1992	00:47:45	00:43:54	00:52:34	00:59:11	00:56:36	00:50:08	05:10:08	00:46:36	28	M20	15	6	
109	Müller	Rainer	TV Friedeburg	1942	1992	00:48:19	00:44:07	00:53:00	00:58:23	00:56:09	00:50:11	05:10:09	00:46:36	50	M50	13	6	
110	Busker	Traute	TuS Aurich-Ost	1953	1992	00:47:12	00:43:37	00:53:21	00:59:56	00:56:55	00:49:35	05:10:36	00:46:40	39	W30	2	6	
111	Pott	Johannes	Germania Leer	1954	1992	00:47:41	00:44:56	00:53:14	00:56:28	00:57:25	00:50:56	05:10:40	00:46:41	38	M30	27	6	
112	Schmidt	Eckhard	Emden	1959	1992	00:47:11	00:46:23	00:52:22	00:59:09	00:55:24	00:50:47	05:11:16	00:46:46	33	M30	28	6	
113	Maaß	Almuth	TuS Aurich-Ost	1966	1992	00:46:35	00:43:34	00:53:11	00:58:41	00:57:53	00:52:34	05:12:28	00:46:57	26	W20	2	6	
114	Janssen	Eilert	TV Marienhaf	1945	1992	00:54:51	00:43:20	00:52:08	00:58:05	00:54:42	00:49:43	05:12:49	00:47:00	47	M40	29	6	
115	Fleißner	Jörg	Germania Leer	1960	1992	00:47:42	00:44:56	00:53:14	00:58:39	00:57:25	00:50:57	05:12:53	00:47:01	32	M30	29	6	
116	Heyen	Jann	TV Norden	1941	1992	00:47:07	00:43:58	00:52:51	00:59:16	00:57:31	00:52:34	05:13:17	00:47:05	51	M50	14	6	
117	Janssen	Johann	TV Friedeburg	1957	1992	00:48:23	00:44:12	00:54:12	00:59:36	00:57:19	00:50:36	05:14:18	00:47:14	35	M30	30	6	
118	Schlenkermann	Uwe	Conc. Ihrhove	1955	1992	00:46:59	00:44:49	00:53:12	01:00:52	00:57:55	00:50:51	05:14:38	00:47:17	37	M30	31	6	
119	Dreesmann	Gerhard	DLRG Leer	1958	1992	00:48:07	00:44:35	00:53:53	01:00:07	00:56:46	00:51:19	05:14:47	00:47:18	34	M30	32	6	
120	Detterer	Jan			1992	00:48:23	00:44:42	00:53:22	00:59:56	00:57:57	00:50:47	05:15:07	00:47:21	M			6	
121	Krieger	Giesela	LT Jheringsfehn	1949	1992	00:47:18	00:44:42	00:53:27	01:00:18	00:57:09	00:52:14	05:15:08	00:47:21	43	W40	4	6	
122	Harms	Johann	TV Norden	1942	1992	00:47:18	00:43:52	00:53:37	01:01:41	00:57:30	00:52:31	05:16:29	00:47:33	50	M50	15	6	
123	Müller	Stephan	Schlooth. Leer	1978	1992	00:49:26	00:44:11	00:56:44	01:01:01	00:56:38	00:48:36	05:16:36	00:47:34	14	MU20	14	6	
124	Odens	Inge	TV Norden	1941	1992	00:47:40	00:43:52	00:53:37	01:01:33	00:57:30	00:52:31	05:16:43	00:47:35	51	W50	1	6	
125	Wilken	Hanke	Friedeburg	1951	1992	00:49:05	00:45:34	00:54:25	00:59:53	00:57:53	00:51:38	05:18:28	00:47:51	41	M40	30	6	
126	Buhr de	Harald			1992	00:48:04	00:44:24	00:56:52	01:01:03	00:57:23	00:50:57	05:18:43	00:47:54	M			6	
127	Schmidt	Karl-Heinz	TuS Aurich-Ost	1957	1992	00:47:51	00:44:51	00:53:21	01:01:48	00:58:34	00:52:39	05:19:04	00:47:57	35	M30	33	6	
128	Aue	Hendrik	FTC Hollen	1977	1992	00:49:31	00:42:58	00:55:44	00:59:00	01:00:20	00:52:00	05:19:33	00:48:01	15	MU20	15	6	
129	Kahmann	Bernhard			1992	00:49:28	00:44:36	00:54:29	01:01:18	00:58:15	00:51:47	05:19:53	00:48:04	M			6	
130	Nagelmann	Thomas	Polizei Leer	1963	1992	00:48:56	00:45:09	00:54:26	01:00:54	00:59:13	00:51:44	05:20:22	00:48:08	29	M20	16	6	
131	Elias	Johann	Teutonia Stapelmoor	1951	1992	00:48:02	00:45:20	00:55:01	01:01:21	00:59:30	00:52:29	05:21:43	00:48:21	41	M40	31	6	
132	Brahms	Bernd-Volker	VFR Heisfelde	1969	1992	00:49:43	00:45:44	00:55:54	01:01:06	00:57:35	00:51:46	05:21:48	00:48:21	23	M20	17	6	
133	Meiborg	Alfred	OZ Team	1955	1992	00:49:32	00:45:32	00:55:13	01:01:06	00:59:00	00:51:46	05:22:09	00:48:24	37	M30	34	6	
134	Poppen	Rolf	SV Stikelkamp	1992	1992	00:48:49	00:45:01	00:55:21	01:02:44	00:58:49	00:52:00	05:22:44	00:48:30	M			6	
135	Meyer	Michael	TuS Sandhorst	1973	1992	00:49:22	00:46:32	00:53:32	01:01:24	00:58:06	00:53:54	05:22:50	00:48:31	19	MU20	16	6	
136	Doden	Gerhard	Prev. Aurich	1959	1992	00:50:33	00:46:01	00:56:03	01:01:41	00:58:07	00:50:39	05:23:04	00:48:33	33	M30	35	6	
137	Hicken	Wilm	TV Marienhaf	1940	1992	00:45:59	00:46:21	00:56:22	01:02:58	00:59:46	00:53:50	05:25:16	00:48:53	52	M50			

11. Ostfrieslandlauf 1992

19.05. bis 05.06.1992

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,20km	9,40km	11,60km	12,75km	11,80km	11,80km						
143	Finke	Karin	TuS Weener	1952	1992	00:53:07	00:45:41	00:56:09	01:00:54	00:58:39	00:52:22	05:26:52	00:49:07	40	W40	5	6
144	Buurmann	Hendrik	MTV Aurich		1992	00:49:18	00:44:37	00:55:33	01:06:31	01:01:22	00:52:00	05:29:21	00:49:29		MU20	18	6
145	Nieberg	Alfons	SC Dunum	1950	1992	00:49:51	00:46:12	00:56:35	01:02:51	01:00:27	00:53:57	05:29:53	00:49:34	42	M40	33	6
146	Woltermann	Hannelore	TuS Weener	1955	1992	00:50:30	00:45:54	00:56:29	01:02:53	01:00:09	00:54:10	05:30:05	00:49:36	37	W30	3	6
147	Broek	Manfred	Conc. Ihrhove	1949	1992	00:50:52	00:46:11	00:57:35	01:02:55	01:00:10	00:53:07	05:30:50	00:49:43	43	M40	34	6
148	Wieben	Klaus			1992	00:52:33	00:46:25	00:56:40	01:02:10	01:00:48	00:52:19	05:30:55	00:49:44		M		6
149	Evers	Gerhard	TV Marienhafe	1952	1992	00:50:08	00:45:57	00:57:46	01:02:40	00:59:25	00:55:04	05:31:00	00:49:44	40	M40	35	6
150	Benthien	Uwe	TuS Aurich-Ost	1945	1992	00:48:48	00:45:47	00:59:58	01:03:55	00:59:35	00:53:53	05:31:56	00:49:53	47	M40	36	6
151	Leffers	Karl-Heinz			1992	00:51:02	00:47:23	00:56:23	01:03:52	01:00:28	00:53:18	05:32:26	00:49:57		M		6
152	Wilken	Elke	SV Holtland	1950	1992	00:51:11	00:46:59	00:57:06	01:02:52	01:01:01	00:53:30	05:32:39	00:49:59	42	W40	6	6
153	Harders	Focko	Leer	1939	1992	00:49:53	00:47:35	00:56:40	01:03:52	01:01:21	00:53:43	05:33:04	00:50:03	53	M50	16	6
154	Groenewold	Anita	TuS Weener	1933	1992	00:50:30	00:47:04	00:56:58	01:04:18	01:01:21	00:53:37	05:33:48	00:50:10	59	W50	2	6
155	Aue	Reinhard	FTC Hollen	1947	1992	00:49:48	00:45:53	00:56:40	01:04:30	01:00:57	00:56:30	05:34:18	00:50:14	45	M40	37	6
156	Frost	Heinz	LT Schaffh. Wald	1953	1992	00:50:23	00:46:18	00:56:59	01:04:23	01:01:42	00:54:56	05:34:41	00:50:17	39	M30	37	6
157	Fuß	Arthur	LT Jheringsfehn	1950	1992	00:51:07	00:48:18	00:57:56	01:03:09	01:00:47	00:53:37	05:34:54	00:50:19	42	M40	38	6
158	Bolhuis	Wilhelm	Leezdorf	1943	1992	00:50:10	00:47:05	00:57:57	01:04:11	01:01:26	00:55:08	05:35:57	00:50:29	49	M40	39	6
159	Rumkoff	Marco	Fortuna Logabirum	1976	1992	00:51:08	00:47:59	00:57:51	01:05:37	01:00:29	00:55:06	05:38:10	00:50:49	16	MU20	19	6
160	Krebs	Wiebke	LG Ostfriesland	1952	1992	00:52:58	00:48:49	00:53:27	01:05:54	01:02:01	00:55:17	05:38:26	00:50:51	40	W40	7	6
161	Kruse	Horst			1992	00:56:07	00:50:29	00:40:59	01:08:33	01:05:05	00:57:20	05:38:33	00:50:52		M		6
162	Glazenapp	Walter			1992	00:50:48	00:45:48	00:56:48	01:04:21	01:04:14	00:57:10	05:39:09	00:50:58		M		6
163	de Vries	Erich	TuRa Marienhafe	1946	1992	00:51:14	00:47:37	00:58:20	01:04:45	01:02:49	00:55:01	05:39:46	00:51:03	46	M40	40	6
164	Bierbach	Agnes	SC Dunum		1992	00:52:45	00:47:49	00:57:53	01:04:13	01:01:44	00:55:42	05:40:06	00:51:06		w		6
165	Siemons	Heinrich	Stapelmoor	1948	1992	00:53:04	00:47:04	00:58:30	01:05:31	01:01:48	00:54:58	05:40:55	00:51:14	44	M40	41	6
166	Post	Joachim	TuS Aurich-Ost	1959	1992	00:52:22	00:49:51	00:59:11	01:03:57	01:02:17	00:53:35	05:41:13	00:51:16	33	M30	38	6
167	Schürmann	Karl	TuS Aurich-Ost	1972	1992	00:52:02	00:47:19	00:56:50	01:02:46	01:05:22	00:56:58	05:41:17	00:51:17	20	M20	18	6
168	Fecht	Erwin	SV Holtland		1992	00:53:11	00:49:38	00:58:44	01:05:04	01:02:05	00:54:24	05:43:06	00:51:33		M		6
169	Kassens	Brigitta			1992	00:52:19	00:46:52	00:58:46	01:06:09	01:04:40	00:55:14	05:44:00	00:51:41		w		6
170	Voss	Käthe	Emden	1954	1992	00:52:48	00:48:59	00:58:14	01:05:29	01:03:04	00:55:49	05:44:23	00:51:45	38	W30	4	6
171	Wessels	Werner	TuS Weener	1950	1992	00:52:32	00:48:38	00:58:32	01:05:31	01:04:43	00:55:40	05:45:36	00:51:56	42	M40	42	6
172	Boumann	Uwe	TV Marienhafe	1944	1992	00:54:21	00:49:50	00:59:57	01:04:46	01:02:40	00:54:53	05:46:27	00:52:04	48	M40	43	6
173	Buß	Gertrud	LT Aurich-Ost	1952	1992	00:53:05	00:50:30	00:58:50	01:05:44	01:03:29	00:55:40	05:47:18	00:52:11	40	W40	8	6
174	Boden	Markus	SV Stikelkamp	1979	1992	00:55:24	00:53:17	00:58:24	01:03:56	01:03:07	00:53:54	05:48:02	00:52:18	13	MU20	20	6
175	Müller	Enno	OZ Team Leer	1950	1992	00:53:47	00:49:31	00:59:13	01:06:00	01:03:01	00:56:37	05:48:09	00:52:19	42	M40	44	6
176	Hasbargen	Rolf	SV Holtland	1949	1992	00:55:33	00:49:45	01:00:00	01:06:26	01:01:53	00:55:21	05:48:58	00:52:26	43	M40	45	6
177	Janssen	Johannes	Burhafe	1935	1992	00:53:20	00:49:10	00:59:35	01:07:42	01:04:01	00:56:48	05:50:36	00:52:41	57	M50	17	6
178	Janßen	Christa	SV Brinkum	1943	1992	00:54:02	00:48:56	00:59:10	01:06:40	01:04:56	00:56:59	05:50:43	00:52:42	49	W40	9	6
179	Janßen	Peter	Emder LG	1972	1992	00:54:02	00:48:56	00:59:10	01:06:40	01:05:30	00:56:59	05:51:17	00:52:47	20	M20	21	6
180	Oltmanns	Arthur	SV Stikelkamp	1943	1992	00:54:50	00:50:47	01:00:52	01:08:33	01:03:29	00:57:44	05:56:15	00:53:32	49	M40	46	6
181	Strodthoff	Wilhelm			1992	00:56:20	00:52:25	01:00:22	01:07:25	01:04:23	00:55:27	05:56:22	00:53:33		M		6
182	Backer	Bernhard	Leer	1951	1992	00:56:30	00:50:25	01:01:35	01:05:25	01:07:02	00:56:42	05:57:39	00:53:45	41	M40	47	6
183	Grahmann	Uwe			1992	00:54:48	00:50:21	01:01:13	01:09:10	01:05:50	00:57:52	05:59:14	00:53:59		M		6
184	Ubben	Gerd-Arnold	Ihlower Loopers	1950	1992	00:55:47	00:50:51	01:02:30	01:09:26	01:06:16	00:56:36	06:01:26	00:54:19	42	M40	48	6
185	Poppen	Karl	Wiesmoor	1947	1992	00:59:25	00:51:06	01:02:24	01:11:10	01:01:49	00:55:41	06:01:35	00:54:20	45	M40	49	6
186	Burlage	Rita	TuS Aurich-Ost	1960	1992	00:55:09	00:51:55	01:02:38	01:10:03	01:04:59	00:58:24	06:03:08	00:54:34	32	W30	5	6
187	Boumann	Klara	TV Marienhafe	1945	1992	00:55:39	00:51:05	01:01:54	01:09:59	01:05:49	00:58:43	06:03:09	00:54:34	47	W40	10	6
188	Fecht	Helmut	SV Holtland	1960	1992	00:55:41	00:50:56	01:04:27	01:09:26	01:05:46	00:58:19	06:04:35	00:54:47	32	M30	39	6
189	Ramaker	Harald	SV Stikelkamp	1963	1992	00:58:31	00:52:19	01:02:25	01:07:06	01:08:16	00:57:22	06:05:59	00:55:00	29	M20	19	6
190	Eilers	Thekla	TV Norden		1992	00:57:11	00:52:09	01:03:14	01:10:52	01:05:56	00:58:22	06:07:44	00:55:15		W		6
191	Eisenhauer	Elisabeth	SC Dunum	1949	1992	00:56:31	00:52:20	01:03:16	01:10:08	01:06:49	00:58:40	06:07:44	00:55:15	43	W40	11	6
192	Iken	Johannes	GL Blomberg	1951	1992	00:56:52	00:52:22	01:03:43	01:11:05	01:06:06	00:58:30	06:08:38	00:55:24	41	M40	50	6
193	König	Käthe	Emder LG	1936	1992	00:57:41	00:51:47	01:02:59	01:10:12	01:06:24	01:00:08	06:09:11	00:55:29	56	W50	3	6
194	Remmers	Wilfried	TV Friedeburg	1951	1992	00:57:03	00:52:26	01:02:54	01:11:08	01:07:52	01:00:55	06:12:18	00:55:57	41	M40	51	6
195	Remmers	Grietje	TV Friedeburg	1952	1992	00:57:03	00:52:26	01:02:54	01:11:09	01:07:52	01:00:55	06:12:19	00:55:57	40	W40	12	6
196	Witte	Bruni	Aurich	1944	1992	00:57:45	00:53:09	01:04:50	01:11:16	01:08:00	01:00:41	06:15:41	00:56:27	48	W40	13	6
197	Poepfel	Albert	SC Dunum	1947	1992	00:56:52	00:52:30	01:03:39	01:11:05	01:09:56	01:02:18	06:16:20	00:56:33	45	M40	52	6
198	Hagemann	Wilma	LT Jheringsfehn	1957	1992	00:59:24	00:53:41	01:05:08	01:11:32	01:07:54	01:00:11	06:17:50	00:56:47	35	W30	6	6
199	Zogall	Hans-Werner	TUS Aurich-Ost	1950	1992	00:58:25	00:53:36	01:02:52	01:12:16	01:10:07	01:01:32	06:18:48	00:56:55	42	M40	53	6
200	Frost	Hildegard	LT Schaffh. Wald	1955	1992	00:59:21	00:56:01	01:05:00	01:12:57	01:05:57	00:59:43	06:18:59	00:56:57	37	W30	7	6
201	Poppen	Anneliese	SV Stikelkamp	1952	1992	00:59:19	00:53:57	01:05:08	01:12:39	01:08:15	00:59:58	06:19:16	00:56:59	40	W40	14	6
202	Saathoff	Günther	TSV Hesel	1946	1992	00:58:09	00:52:59	01:04:56	01:12:00	01:10:17	01:01:06	06:19:27	00:57:01	46	M40	54	6
203	Evers	Hannelore	LT Schaffh. Wald	1950	1992	00:58:48	00:55:50	01:04:59	01:12:55	01:08:30	00:58:35	06:19:37	00:57:03	42	W40	15	6
204	Eisenhauer	Annelore	TuS Esens	1955	1992	00:59:21	00:56:01	01:05:04	01:11:22	01:08:44	01:00:30	06:21:02	00:57:15	37	W30	8	6
205	Happach	Gertrud	LT Schaffh. Wald	1941	1992	00:58:37	00:55:09	01:04:59	01:12:56	01:08:46	01:01:33	06:22:00	00:57:24	51	W50	4	6
206	Gieseler	Gisela	TV Norden	1938	1992	00:57:21	00:54:52	01:05:42	01:16:45	01:08:40	01:04:13	06:27:33	00:58:14	54	W50	5	6
207	Peters	Hans-Jürgen	TV Bunde	1949	1992	00:58:31	00:58:11	01:05:35	01:14:11	01:10:47	01:01:56	06:29:11	00:58:29	43	M40	55	6
208	Ihmels	Hans															

11. Ostfrieslandlauf 1992

19.05. bis 05.06.1992

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,20km	9,40km	11,60km	12,75km	11,80km	11,80km						
214	Stöver	Erika	TuS Aurich-Ost	1946	1992	01:05:30	01:00:36	01:13:03	01:20:46	01:18:03	01:07:05	07:05:03	01:03:52	46	W40	18	6
215	Tjarks	Heike	LG Ostfriesland	1981	1992	01:03:03	01:01:42	01:15:42	01:25:34	01:18:24	01:08:13	07:12:38	01:05:01	11	WU20	1	6
216	Meints	Berta	TuS Aurich-Ost	1949	1992	01:05:37	01:00:33	01:14:15	01:20:56	01:21:05	01:10:21	07:12:47	01:05:02	43	W40	20	6
217	Tjarks	Werner	LG Ostfriesland	1983	1992	01:06:38	01:01:47	01:15:42	01:25:34	01:18:21	01:08:13	07:16:15	01:05:33	9	MU20	22	6
218	Hecht	Jutta	Germania Leer	1928	1992	01:07:16	01:02:22	01:15:47	01:24:39	01:23:13	01:10:11	07:23:28	01:06:38	64	W60	1	6
219	Peters	Renate	TV Bunde	1952	1992	01:10:28	01:04:18	01:15:47	01:26:10	01:23:31	01:11:33	07:31:47	01:07:53	40	W40	19	6
220	Friedrichsen	Anne			1992	01:10:28	01:04:18	01:15:47	01:26:10	01:23:31	01:11:33	07:31:47	01:07:53		W		6
	Krause	Margret	SC Dunum	1947	1992	00:58:05	00:50:50	00:59:31	01:12:25			04:00:51		45	W40		4
	Lunz	Dieter	SC Dunum	1941	1992		00:52:05		01:12:02	01:08:22	01:02:30	04:14:59		51	M50		4
	Moldenhauer	Helmut	Wiesmoor	1950	1992	00:50:27		00:59:14			00:54:15	02:43:56		42	M40		3
	Frühling	Kobus	Holtrop	1969	1992		00:44:15		01:03:15	00:56:31		02:44:01		23	M20		3
	Kok	Helga	SV Holtland	1948	1992	00:56:38	00:52:40	01:07:22				02:56:40		44	W40		3
	Stromann	Johann	BW Borssum	1962	1992				00:42:50		00:37:30	01:20:20		30	M30		2
	Ewald	Wolfgang	Germania Leer	1929	1992	00:46:17					00:49:45	01:36:02		63	M60		2
	Fiss	Holger	Emder LG	1959	1992		00:42:50			00:56:12		01:39:02		33	M30		2
	Schröder	Eckhard	Eddie Eagle	1960	1992				00:52:30		00:46:50	01:39:20		32	M30		2
	Greulich	Thomas	PSV Aurich-West	1960	1992			00:54:32			00:51:43	01:46:15		32	M30		2
	Kelm	Axel	SV Holtland	1952	1992		00:46:10		01:01:51			01:48:01		40	M40		2
	Damm	Remmer	Frisia Loga	1951	1992	00:47:56			01:01:34			01:49:30		41	M40		2
	Köhlers	Klaus	TuS Weener	1935	1992	00:58:31					01:12:30	02:11:01		57	M50		2
	Cramer	Enno	TuS Augustfehn	1957	1992		00:35:15					00:35:15		35	M30		1
	Bonk	Michael	Schlooth. Leer	1971	1992	00:36:03						00:36:03		21	M20		1
	Menne	Jörn	MTV Wittmund	1968	1992						00:37:25	00:37:25		24	M20		1
	Steinke	Ralf	SV Warsingsfehn	1967	1992		00:39:30					00:39:30		25	M20		1
	Kuhr	Wolfgang	PSV Aurich-West	1967	1992			00:40:15				00:40:15		25	M20		1
	lbeling	Fred	LT Aurich-Ost	1966	1992					00:42:34		00:42:34		26	M20		1
	Rynas	Heinrich	Schlooth. Leer	1955	1992	00:44:23						00:44:23		37	M30		1
	Backhaus	Ralf	TuS Esens	1967	1992						00:45:58	00:45:58		25	M20		1
	Könnicke	Heiner	Schlooth. Leer		1992	00:46:45						00:46:45			M		1
	Oltmanns	Maike	SV Stikelkamp	1971	1992		00:51:10					00:51:10		21	W20		1
	Hesse	Axel	PSV Aurich-West	1969	1992						00:53:50	00:53:50		23	M20		1
	Jans	Peter	LG Ostfriesland	1940	1992			00:58:14				00:58:14		52	M50		1
	Hecht	Caroline	LG Ostfriesland	1965	1992					01:15:20		01:15:20		27	W20		1