

10. Ostfrieslandlauf 1991

21.05. bis 07.06.1991

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt	Alter	AK	Platz	Etappen
						10,40km	9,40km	11,10km	12,75km	11,80km	11,70km	67,15km	10km				
1	Hinrichs	Gerhard	SC Dunum	1957	1991	00:34:35	00:31:41	00:37:33	00:43:42	00:40:34	00:39:50	03:47:55	00:33:56	34	M30	1	6
2	Jürrens	Harry	TuS Pewsum	1957	1991	00:34:22	00:32:19	00:37:37	00:43:52	00:40:49	00:40:20	03:49:19	00:34:09	34	M30	2	6
3	Ludwig	Reinhard	LG Ostfriesland	1959	1991	00:34:39	00:31:43	00:38:09	00:44:23	00:42:53	00:40:53	03:52:40	00:34:39	32	M30	3	6
4	Trebesch	Wolfgang	MTV Aurich	1957	1991	00:35:49	00:32:56	00:39:13	00:45:46	00:42:40	00:41:52	03:58:16	00:35:29	34	M30	4	6
5	Polzin	Martin	SC Dunum	1960	1991	00:35:57	00:32:51	00:39:41	00:46:30	00:42:56	00:42:26	04:00:21	00:35:48	31	M30	5	6
6	Lietzau	Jan	PSV Aurich-West	1972	1991	00:35:43	00:32:55	00:39:13	00:46:29	00:47:16	00:43:25	04:05:01	00:36:29	19	MU20	1	6
7	Braams	Wilhelm	SC Dunum	1956	1991	00:37:31	00:33:57	00:40:57	00:46:34	00:43:50	00:42:28	04:05:17	00:36:32	35	M30	6	6
8	Woltermann	Peter	Germania Leer	1947	1991	00:36:17	00:33:24	00:39:48	00:51:22	00:43:11	00:42:23	04:06:25	00:36:42	44	M40	1	6
9	Tjarks	Eduard	LG Ostfriesland	1954	1991	00:37:43	00:34:57	00:40:42	00:46:38	00:43:30	00:42:56	04:06:26	00:36:42	37	M30	7	6
10	Mouson	Heinz	VFL Jheringsfehn	1960	1991	00:36:58	00:34:19	00:40:47	00:47:02	00:44:17	00:43:58	04:07:21	00:36:50	31	M30	8	6
11	Cramer	Enno	SV Augustfehn	1957	1991	00:37:59	00:35:22	00:40:50	00:47:27	00:44:19	00:44:01	04:09:58	00:37:13	34	M30	9	6
12	Albers	Heiko	SC Dunum	1968	1991	00:39:10	00:34:59	00:41:42	00:47:48	00:44:08	00:43:18	04:11:05	00:37:23	23	M20	1	6
13	Matzk	Klaus	SpVgg. Aurich	1947	1991	00:38:28	00:35:23	00:41:50	00:48:29	00:45:06	00:44:49	04:14:05	00:37:50	44	M40	2	6
14	Oldigs	Beene	Conc. Ihrhove	1961	1991	00:38:39	00:35:10	00:42:19	00:48:12	00:45:51	00:44:12	04:14:23	00:37:53	30	M30	11	6
15	König	Hero	SC Dunum	1948	1991	00:38:00	00:35:41	00:42:59	00:49:19	00:45:46	00:44:12	04:15:57	00:38:07	43	M40	3	6
16	Kavelmann	Ulrich	Teut. Stapelmoor	1955	1991	00:38:26	00:35:20	00:42:14	00:50:12	00:46:42	00:44:21	04:17:15	00:38:19	36	M30	12	6
17	Romanowski	Arnold	LG Ostfriesland	1946	1991	00:39:30	00:35:16	00:42:58	00:49:37	00:45:31	00:44:39	04:17:31	00:38:21	45	M40	4	6
18	Hinrichs	Enno	TuS Aurich-Ost	1961	1991	00:38:53	00:35:59	00:43:07	00:49:03	00:45:42	00:45:09	04:17:53	00:38:24	30	M30	13	6
19	Plavenicks	Manfred	TuS Norderney	1950	1991	00:38:35	00:35:41	00:43:15	00:49:01	00:46:49	00:44:57	04:18:18	00:38:28	41	M40	5	6
20	Brahms	Georg	SV Stikelkamp	1943	1991	00:39:06	00:35:51	00:42:52	00:49:43	00:46:34	00:45:01	04:19:07	00:38:35	48	M40	6	6
21	Peters	Hans-Wilhelm	Emder LG	1954	1991	00:39:24	00:35:52	00:43:52	00:50:15	00:47:01	00:45:42	04:22:06	00:39:02	37	M30	14	6
22	Heibült	Christian	SV Holtland	1940	1991	00:39:28	00:36:56	00:44:15	00:50:22	00:46:15	00:45:35	04:22:51	00:39:09	51	M50	1	6
23	Voss	Hermann	Emder LG	1953	1991	00:39:36	00:37:08	00:44:12	00:50:03	00:46:59	00:45:19	04:23:17	00:39:12	38	M30	15	6
24	Antkowiak	Erich	TV Norden	1949	1991	00:39:57	00:36:37	00:43:24	00:50:10	00:47:20	00:46:20	04:23:48	00:39:17	42	M40	7	6
25	Bontjer	Hilde	SV Holtland	1963	1991	00:39:42	00:37:58	00:43:43	00:50:09	00:46:16	00:46:01	04:23:49	00:39:17	28	W20	1	6
26	Nesvera	Werner	Grmania Leer	1963	1991	00:40:39	00:36:59	00:44:01	00:50:12	00:47:10	00:45:45	04:24:46	00:39:26	28	M20	2	6
27	Janssen	Rolf	LT Schaffh. Wald	1965	1991	00:40:55	00:36:40	00:44:02	00:51:08	00:46:39	00:45:32	04:24:56	00:39:27	26	M20	3	6
28	Koester	Rolf			1991	00:40:22	00:36:33	00:43:49	00:50:27	00:48:28	00:46:43	04:26:22	00:39:40		M		6
29	Sappl	Günther	Germania Leer	1945	1991	00:41:14	00:37:37	00:43:50	00:50:36	00:46:56	00:46:15	04:26:28	00:39:41	46	M40	8	6
30	Hartema	Stefan	Leer		1991	00:41:07	00:36:52	00:43:58	00:50:46	00:47:54	00:46:33	04:27:10	00:39:47		M		6
31	Woltermann	Karsten	Germania Leer	1975	1991	00:41:18	00:36:11	00:45:46	00:51:17	00:47:08	00:46:14	04:27:54	00:39:54	16	MU20	2	6
32	Fröhling	Erwin	SV Holtland	1948	1991	00:40:58	00:37:28	00:44:36	00:51:12	00:47:37	00:46:31	04:28:22	00:39:58	43	M40	9	6
33	Waschkau	Jan	TuS Weene	1977	1991	00:42:10	00:37:26	00:44:06	00:50:53	00:48:04	00:46:36	04:29:15	00:40:06	14	MU20	3	6
34	Buß	Hermann	TuS Aurich-Ost	1948	1991	00:40:54	00:37:20	00:44:58	00:51:14	00:47:31	00:47:29	04:29:26	00:40:07	43	M40	10	6
35	Oest	Gilbert	Esens	1975	1991	00:42:30	00:37:12	00:44:48	00:52:38	00:47:25	00:46:54	04:31:27	00:40:25	16	MU20	4	6
36	Fischer	Helmut	Conc. Ihrhove	1971	1991	00:41:51	00:37:06	00:45:42	00:51:33	00:48:44	00:47:24	04:32:20	00:40:33	20	M20	4	6
37	Löschen	Holger	Sandhorst	1973	1991	00:41:51	00:37:30	00:45:45	00:52:03	00:49:03	00:46:34	04:32:46	00:40:37	18	MU20	5	6
38	Kock	Jans	SV Holtland	1931	1991	00:41:24	00:37:57	00:45:25	00:52:03	00:49:07	00:47:20	04:33:16	00:40:42	60	M60	1	6
39	Penning	Günther	Siebestock	1967	1991	00:40:57	00:37:43	00:45:22	00:52:26	00:49:15	00:47:33	04:33:16	00:40:42	24	M20	5	6
40	Hesse	Helmut	LG Ostfriesland	1946	1991	00:41:12	00:38:15	00:45:17	00:52:57	00:50:12	00:47:44	04:35:37	00:41:03	45	M40	11	6
41	Eilers	Bernhard	TV Norden	1953	1991	00:41:47	00:37:57	00:44:44	00:52:49	00:49:08	00:49:27	04:35:52	00:41:05	38	M30	16	6
42	Heikes	Peer-Horst	Emder LG		1991	00:41:17	00:37:24	00:45:02	00:51:38	00:48:00	00:54:05	04:37:26	00:41:19		M		6
43	Wijnen	Jacobus	TuS Pewsum	1949	1991	00:40:05	00:36:45	00:44:30	00:50:09	00:51:59	00:54:03	04:37:31	00:41:20	42	M40	12	6
44	Nannen	Eric			1991	00:42:00	00:37:43	00:46:21	00:54:01	00:50:07	00:48:09	04:38:21	00:41:27		M		6
45	Scheepker	Alfred	TV Norden	1954	1991	00:42:24	00:38:31	00:45:57	00:53:18	00:50:06	00:48:29	04:38:45	00:41:31	37	M30	17	6
46	Drost	Fritz	MTV Wittmund	1943	1991	00:43:05	00:39:01	00:46:24	00:52:54	00:49:23	00:48:17	04:39:04	00:41:34	48	M40	13	6
47	Vry	Ralf	Fortuna Logabirum	1960	1991	00:41:53	00:38:22	00:46:34	00:54:03	00:50:13	00:48:17	04:39:22	00:41:36	31	M30	18	6
48	Vehnekamp	Werner	Friedeburg	1958	1991	00:43:20	00:39:03	00:46:31	00:53:15	00:49:24	00:48:40	04:40:13	00:41:44	33	M30	19	6
49	Ringel	Christian	LT Schaff. Wald	1966	1991	00:42:52	00:38:42	00:47:17	00:53:47	00:50:05	00:48:11	04:40:54	00:41:50	25	M20	6	6
50	Klaaßen	Peter	TuS Weener	1952	1991	00:43:13	00:39:03	00:46:46	00:52:20	00:51:39	00:48:03	04:41:04	00:41:51	39	M30	20	6
51	Aden	Jacobus	VFL Jheringsfehn	1963	1991	00:42:48	00:37:59	00:48:47	00:53:08	00:50:24	00:49:15	04:42:21	00:42:03	28	M20	7	6
52	Schröder, Dr.	Heiner	OZ-Team	1958	1991	00:43:41	00:39:14	00:46:38	00:54:05	00:50:04	00:48:52	04:42:34	00:42:05	33	M30	21	6
53	Bootsmann	Heinz	VFL Jheringsfehn	1944	1991	00:42:05	00:39:27	00:46:54	00:54:45	00:50:21	00:49:44	04:43:16	00:42:11	47	M40	14	6
54	Otten	Ewald			1991	00:42:30	00:38:49	00:47:23	00:54:28	00:50:21	00:50:09	04:43:40	00:42:15		M		6
55	Gerking	Klaus	Germania Leer	1955	1991	00:43:31	00:38:58	00:47:20	00:54:40	00:50:17	00:49:04	04:43:50	00:42:16	36	M30	22	6
56	Dunz	Manfred			1991	00:43:03	00:38:30	00:47:54	00:54:03	00:50:25	00:49:57	04:43:52	00:42:16		M		6
57	Palma	Erhard			1991	00:43:08	00:39:10	00:47:41	00:54:18	00:50:56	00:49:43	04:44:56	00:42:26		M		6
58	Abt	Paul	TV Oldersum	1955	1991	00:42:45	00:39:09	00:47:44	00:54:45	00:51:06	00:49:38	04:45:07	00:42:28	36	M30	23	6
59	Reemts	Gerda	Conc. Ihrhove	1949	1991	00:42:20	00:39:12	00:46:56	00:54:37	00:51:02	00:51:03	04:45:10	00:42:28	42	W40	1	6
60	Odens	Ode	TV Norden	1935	1991	00:42:56	00:39:32	00:46:53	00:54:44	00:51:12	00:50:03	04:45:20	00:42:29	56	M50	2	6
61	Lohmeyer	Everwien	SV Holtland	1958	1991	00:43:42	00:39:46	00:47:14	00:54:33	00:51:20	00:49:42	04:46:17	00:42:38	33	M30	24	6
62	Maier	Ralf			1991	00:43:52	00:39:30	00:48:00	00:54:42	00:50:38	00:49:46	04:46:28	00:42:40		M		6
63	Park	Harm	TuS Weene	1953	1991	00:44:23	00:40:20	00:47:51	00:54:08	00:50:36	00:49:10	04:46:28	00:42:40	38	M30	25	6
64	Tadema	Joachim	VFL Jheringsfehn	1965	1991	00:43:31	00:40:49	00:47:32	00:55:31	00:50:21	00:49:20	04:47:04	00:42:45	26	M20	8	6
65	Soeken	Johann	SV Holtland	1953	1991	00:42:07	00:38:56	00:47:12	00:56:18	00:51:27	00:51:08	04:47:08	00:42:46	38	M30	26	6
66	Schewiola	Stefan	TuS Aurich-Ost	1966	1991	00:42:58	00:39:21	00:47:56	00:54:20	00:51							

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt	Alter	AK	Platz	Etappen
						10,40km	9,40km	11,10km	12,75km	11,80km	11,70km	67,15km	10km				
72	Lehmann	Ewald	TuS Aurich-Ost	1954	1991	00:44:12	00:39:51	00:47:57	00:56:05	00:51:33	00:50:59	04:50:37	00:43:17	37	M30	28	6
73	Rodewald	Klaus	Norddeich	1941	1991	00:45:17	00:39:16	00:46:51	00:56:58	00:51:42	00:50:54	04:50:58	00:43:20	50	M50	3	6
74	Hillbrands	Hans-Ludwig	TuS Collinghorst		1991	00:46:39	00:40:38	00:48:28	00:54:21	00:51:12	00:50:49	04:52:07	00:43:30		M		6
75	Willems	Heye	Fortuna Logabirum	1953	1991	00:42:43	00:40:32	00:48:58	00:57:33	00:52:02	00:51:08	04:52:56	00:43:37	38	M30	29	6
76	Meyer	Albrecht	LG Uplengen	1955	1991	00:44:40	00:41:13	00:49:01	00:56:52	00:51:21	00:49:50	04:52:57	00:43:38	36	M30	30	6
77	Brahms	Hans-Jörg	VFR Heisfelde	1974	1991	00:45:50	00:40:40	00:48:41	00:56:30	00:51:35	00:50:28	04:53:44	00:43:45	17	MU20	6	6
78	Zimmermann	Klaus	Germania Leer	1965	1991	00:41:45	00:41:54	00:47:49	01:02:38	00:51:26	00:49:21	04:54:53	00:43:55	26	M20	10	6
79	Tjardes	Karl	Wittmund	1944	1991	00:44:50	00:41:08	00:49:45	00:57:11	00:52:56	00:50:47	04:56:37	00:44:10	47	M40	16	6
80	Romaneeßen	Gerhard	LG Ostfriesland	1963	1991	00:45:30	00:40:49	00:49:09	00:56:39	00:52:50	00:51:45	04:56:42	00:44:11	28	M20	11	6
81	Steinke	Diedrich	Conc. Neermoor	1941	1991	00:40:49	00:38:08	00:43:53	01:05:50	01:01:08	00:47:07	04:56:55	00:44:13	50	M50	4	6
82	Feth	Jan	Germania Leer	1976	1991	00:50:16	00:41:55	00:49:22	00:52:58	00:52:27	00:50:08	04:57:06	00:44:15	15	MU20	7	6
83	Janssen	Eilert	TV Marienhaf	1945	1991	00:44:56	00:40:39	00:49:19	00:56:54	00:53:16	00:52:13	04:57:17	00:44:16	46	M40	17	6
84	Müller	Thorsten	SC Dunum	1969	1991	00:45:16	00:41:03	00:48:13	00:58:16	00:53:35	00:51:59	04:58:22	00:44:26	22	M20	12	6
85	Burlage	Udo	TuS Aurich-Ost	1957	1991	00:45:23	00:41:30	00:49:52	00:56:56	00:52:31	00:52:19	04:58:31	00:44:27	34	M30	31	6
86	Bartknecht	Wolfgang	SV Dornum	1957	1991	00:46:40	00:40:35	00:49:16	00:59:14	00:51:47	00:51:10	04:58:42	00:44:29	34	M30	32	6
87	Fokken	Harald	TuS Weener	1942	1991	00:45:07	00:41:21	00:49:26	00:57:25	00:53:24	00:52:06	04:58:49	00:44:30	49	M40	18	6
88	Remann	Uwe			1991	00:45:53	00:40:45	00:48:55	00:57:05	00:53:37	00:52:57	04:59:12	00:44:33		M		6
89	Ihlow	Werner	TV Norden	1945	1991	00:45:51	00:41:17	00:49:33	00:57:08	00:53:26	00:52:19	04:59:34	00:44:37	46	M40	19	6
90	Duden	Wilhelm	MTV Wittmund	1940	1991	00:44:50	00:41:45	00:49:32	00:57:26	00:52:56	00:53:13	04:59:42	00:44:38	51	M50	5	6
91	Ott-Müller	Ingrid			1991	00:45:28	00:42:05	00:50:04	00:57:13	00:53:21	00:52:29	05:00:40	00:44:46		W		6
92	Behrends	Enno	LG Uplengen	1953	1991	00:45:49	00:41:45	00:49:13	00:57:28	00:54:24	00:52:10	05:00:49	00:44:48	38	M30	33	6
93	Groenewold	Anita	TuS Weener	1933	1991	00:45:26	00:41:52	00:49:44	00:57:37	00:54:13	00:52:25	05:01:17	00:44:52	58	W50	1	6
94	Wilken	Gerhold	SV Holtland	1954	1991	00:45:45	00:40:34	00:51:01	00:57:42	00:54:33	00:52:15	05:01:50	00:44:57	37	M30	34	6
95	Weets	Joachim	Stedesdorf	1960	1991	00:51:05	00:40:42	00:49:26	00:56:49	00:52:17	00:52:29	05:02:48	00:45:06	31	M30	35	6
96	Schewiola	Axel	TuS Aurich-Ost	1938	1991	00:45:21	00:41:40	00:50:32	00:57:47	00:54:49	00:52:55	05:03:04	00:45:08	53	M50	6	6
97	Janssen	Johann	TV Friedeburg	1957	1991	00:46:51	00:41:35	00:50:16	00:58:01	00:53:51	00:52:54	05:03:28	00:45:12	34	M30	36	6
98	Holling	Manfred	PA Aurich	1953	1991	00:45:57	00:41:36	00:50:06	00:58:40	00:54:47	00:52:57	05:04:03	00:45:17	38	M30	10	6
99	Meiborg	Alfred	OZ Team	1955	1991	00:47:31	00:42:11	00:51:15	00:59:09	00:53:07	00:51:11	05:04:24	00:45:20	36	M30	37	6
100	Eckhoff	Sven	SV Dornum	1979	1991	00:48:11	00:42:23	00:50:14	00:57:38	00:55:00	00:50:59	05:04:25	00:45:20	12	MU20	8	6
101	Suntken	Martin	LT Schaffh. Wald		1991	00:47:31	00:42:33	00:50:30	00:58:55	00:53:14	00:51:59	05:04:42	00:45:23		M20		6
102	Linse	Wilfried	Rhauderfehn	1955	1991	00:47:48	00:42:50	00:50:27	00:59:03	00:53:12	00:51:49	05:05:09	00:45:27	36	M30	38	6
103	Heyen	Jann	TV Norden	1941	1991	00:45:56	00:41:49	00:50:34	00:59:05	00:53:55	00:54:10	05:05:29	00:45:30	50	M50	7	6
104	Krieger	Giesela	LT Jheringsfehn	1949	1991	00:46:38	00:43:22	00:50:36	00:59:21	00:53:41	00:52:13	05:05:51	00:45:33	42	W40	3	6
105	Hillbrands	Johann	TuS Collinghorst	1954	1991	00:43:15	00:40:03	00:49:09	00:59:11	00:56:58	00:57:27	05:06:03	00:45:35	37	M30	39	6
106	Meier	Thomas	SC Dunum	1975	1991	00:47:33	00:41:38	00:51:22	00:59:30	00:53:41	00:52:22	05:06:06	00:45:35	16	MU20	9	6
107	Pöttker	Willi	OZ Team	1957	1991	00:47:10	00:42:45	00:51:00	00:58:24	00:54:06	00:52:49	05:06:14	00:45:36	34	M30	40	6
108	Broer	Walter		1953	1991	00:48:17	00:42:39	00:50:57	00:58:48	00:53:41	00:52:11	05:06:33	00:45:39	38	M30	41	6
109	Janssen	Frank	TuS Pewsum	1966	1991	00:45:54	00:41:44	00:49:43	01:01:56	00:53:38	00:54:04	05:06:59	00:45:43	25	M20	13	6
110	Kaier	Andre			1991	00:46:59	00:41:55	00:50:27	01:00:10	00:55:01	00:53:01	05:07:33	00:45:48		M		6
111	Sauerbrey	Bernd	TV Friedeburg	1950	1991	00:45:50	00:42:39	00:51:46	00:59:08	00:55:31	00:53:15	05:08:09	00:45:53	41	M40	20	6
112	Schneider	Christiane	Emder LG	1948	1991	00:46:44	00:43:41	00:50:33	00:58:50	00:55:26	00:53:36	05:08:50	00:45:59	43	W40	4	6
113	Busker	Traute	TuS Aurich-Ost	1953	1991	00:46:56	00:42:39	00:52:01	00:59:19	00:55:01	00:52:56	05:08:52	00:46:00	38	W30	1	6
114	Kuhr	Jürgen	PSV Aurich-West	1942	1991	00:47:25	00:42:36	00:51:14	00:58:49	00:54:50	00:53:58	05:08:52	00:46:00	49	M40	21	6
115	Meiners	Tanja	SC Dunum		1991	00:50:41	00:42:43	00:51:28	00:57:58	00:53:54	00:52:55	05:09:39	00:46:07		WU20	1	6
116	Kahmann	Bernhard			1991	00:48:10	00:43:02	00:50:57	00:59:55	00:56:26	00:53:09	05:11:39	00:46:25		M		6
117	Buss	Manfred	TuS Aurich-Ost	1973	1991	00:51:45	00:42:29	00:51:14	00:58:52	00:54:31	00:53:55	05:12:46	00:46:35	18	MU20	10	6
118	Schmidt	Karl-Heinz	TuS Aurich-Ost	1957	1991	00:47:05	00:42:39	00:51:51	01:01:00	00:56:00	00:54:18	05:12:53	00:46:36	34	M30	42	6
119	Janssen	Lina	SC Dunum		1991	00:48:02	00:43:15	00:51:59	01:00:17	00:55:39	00:53:42	05:12:54	00:46:36		W		6
120	Fechter	Herbert	Moordorf	1943	1991	00:49:13	00:43:20	00:52:00	00:59:19	00:55:05	00:54:35	05:13:32	00:46:41	48	M40	22	6
121	Wilken	Hanke	Friedeburg	1951	1991	00:48:41	00:43:41	00:52:37	00:59:16	00:55:29	00:53:57	05:13:41	00:46:43	40	M40	23	6
122	Neddermeyer	Hans-Jürgen	LG Veenhusen	1942	1991	00:47:21	00:42:17	00:52:30	01:01:54	00:55:39	00:54:04	05:13:45	00:46:43	49	M40		6
123	Woltermann	Hannelore	TuS Weener	1955	1991	00:47:11	00:42:41	00:52:47	01:00:28	00:56:57	00:54:34	05:14:38	00:46:51	36	W30	2	6
124	Sanders	Astrid	Schlooth. Leer	1971	1991	00:42:50	00:43:26	00:56:52	01:03:05	00:58:48	00:50:15	05:15:16	00:46:57	20	W20	3	6
125	Frerichs	Thomas	Fehntjer LT	1966	1991	00:48:35	00:42:30	00:54:12	00:59:30	00:57:17	00:53:59	05:16:03	00:47:04	25	M20	14	6
126	Hetche	Karl-Heinz	TuS Weener	1949	1991	00:48:20	00:43:11	00:50:25	01:02:40	00:57:39	00:54:02	05:16:17	00:47:06	42	M40	24	6
127	Schaa	Harald		1968	1991	00:47:12	00:43:47	00:52:13	01:01:05	00:57:30	00:54:42	05:16:29	00:47:08	23	M20	15	6
128	Matzk	Karin	MTV Aurich	1951	1991	00:47:51	00:43:39	00:52:45	01:00:53	00:57:13	00:54:43	05:17:04	00:47:13	40	W40	5	6
129	Brauner	Siegfried	BW Borssum	1940	1991	00:48:38	00:44:16	00:52:56	01:00:55	00:56:25	00:54:08	05:17:18	00:47:15	51	M50	8	6
130	Maaß	Almuth	TuS Aurich-Ost	1966	1991	00:47:33	00:43:51	00:55:06	01:01:07	00:56:30	00:54:21	05:18:28	00:47:26	25	W20	4	6
131	Rose	Udo	VFR Heisfelde	1964	1991	00:49:36	00:44:02	00:53:31	01:01:11	00:56:30	00:54:13	05:19:03	00:47:31	27	M20	16	6
132	Becker	Klaus-Dieter	TuS Aurich-Ost	1947	1991	00:49:20	00:44:19	00:53:06	01:01:00	00:56:34	00:55:22	05:19:41	00:47:36	44	M40	25	6
133	Exner	Thomas	Leer	1964	1991	00:48:05	00:42:31	00:53:48	01:01:02	00:57:18	00:57:04	05:19:48	00:47:37	27	M20	17	6
134	Sandersfeld	Johann	LG Uplengen	1955	1991	00:49:40	00:44:36	00:53:47	01:01:22	00:57:31	00:54:07	05:21:03	00:47:49	36	M30	43	6
135	Elias	Johann	Teutonia Stapelmoor	1951	1991	00:47:42	00:45:09	00:53:15	01:01:17	00:57:59	00:57:02	05:22:24	00:48:01	40	M40	26	6
136	Schmeisser	Edith			1991	00:52:50	00:44:34	00:52:01	01:01:04	00:56:37	00:55:53	05:22:59	00:48:06		W		6
137	Moosler	Horst	Germania														

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt	Alter	AK	Platz	Etappen
						10,40km	9,40km	11,10km	12,75km	11,80km	11,70km	67,15km	10km				
143	Benthien	Uwe	TuS Aurich-Ost	1945	1991	00:49:42	00:44:35	00:54:51	01:02:38	00:58:14	00:57:39	05:27:39	00:48:48	46	M40	29	6
144	Lüdke	Monja	SC Dunum		1991	00:50:41	00:44:03	00:56:17	01:02:27	00:57:19	00:57:16	05:28:03	00:48:51		WU20	2	6
145	Evers	Hinrikus	LT Schaffh. Wald	1949	1991	00:50:33	00:45:55	00:53:54	01:02:10	00:58:03	00:57:44	05:28:19	00:48:54	42	M40	30	6
146	Bolhuis	Wilhelm	Leezdorf	1943	1991	00:50:21	00:45:57	00:55:13	01:02:11	00:58:37	00:57:51	05:30:10	00:49:10	48	M40	31	6
147	Aue	Reinhard	FTC Hollen	1947	1991	00:50:37	00:48:02	00:53:29	01:03:34	00:57:35	00:57:38	05:30:55	00:49:17	44	M40	32	6
148	Wehmhörnner	Rewert	KPI Aurich	1947	1991	00:51:15	00:45:57	00:54:33	01:03:27	00:58:04	00:57:47	05:31:03	00:49:18	44	M40	33	6
149	Voss	Käthe	Emden	1954	1991	00:51:36	00:45:33	00:55:08	01:03:30	00:58:27	00:57:02	05:31:16	00:49:20	37	W30	3	6
150	Kloeker	Ralf	OZ Team Aurich	1962	1991	00:51:54	00:46:13	00:54:47	01:03:38	00:58:49	00:57:53	05:33:14	00:49:37	29	M20	18	6
151	Müller	Enno	OZ Team Leer	1950	1991	00:52:30	00:46:24	00:55:19	01:03:50	00:58:19	00:58:54	05:33:16	00:49:38	41	M40	34	6
152	Glasesnapp	Walter			1991	00:52:10	00:45:43	00:55:07	01:03:31	00:58:05	00:58:50	05:33:26	00:49:39		M		6
153	Janssen	Johannes	Burhufe	1935	1991	00:49:45	00:46:04	00:55:14	01:04:21	00:59:49	00:58:20	05:33:33	00:49:40	56	M50	11	6
154	Bierbach	Agnes	SC Dunum		1991	00:51:47	00:46:13	00:55:38	01:04:13	00:58:34	00:57:39	05:34:04	00:49:45		W		6
155	Bootsmann	Johanne	VFL Jheringsfehn	1945	1991	00:50:07	00:46:03	00:55:05	01:04:09	01:00:43	00:58:48	05:34:55	00:49:53	46	W40	7	6
156	Zeit	Erwin	Olypia Wilhelmshv	1949	1991	00:51:01	00:45:47	00:56:22	01:04:27	00:58:47	00:59:26	05:35:50	00:50:01	42	M40	35	6
157	Müller	Hajo	Germania Leer	1937	1991	00:51:17	00:45:53	00:56:52	01:03:49	01:00:11	00:58:50	05:36:52	00:50:10	54	M50	12	6
158	Gieseler	Thomas	TuS Aurich-Ost	1969	1991	00:50:49	00:46:01	00:56:49	01:05:22	00:59:22	00:58:55	05:37:18	00:50:14	22	M20	19	6
159	Braams	Herma	LT Schaffh. Wald	1961	1991	00:52:15	00:46:27	00:55:42	01:04:22	00:59:57	00:58:41	05:37:24	00:50:15	30	W30	4	6
160	Heyen	Anita	TV Norden	1946	1991	00:52:14	00:47:48	00:54:46	01:04:13	01:00:10	00:58:54	05:38:05	00:50:21	45	W40	8	6
161	Nieberg	Alfons	SC Dunum	1950	1991	00:54:31	00:47:18	00:55:37	01:03:57	00:59:10	00:57:47	05:38:20	00:50:23	41	M40	36	6
162	Hilbers	Antje	SV Holtland	1975	1991	00:52:30	00:46:39	00:55:45	01:04:18	00:59:38	00:59:42	05:38:32	00:50:25	16	WU20	3	6
163	Sauer	Gerhard	MTV Aurich	1934	1991	00:52:40	00:47:10	00:55:43	01:04:56	00:59:37	00:58:37	05:38:43	00:50:26	57	M50	13	6
164	de Vries	Erich	TuRa Marienhefe	1946	1991	00:51:25	00:47:20	00:56:39	01:05:28	01:01:23	00:58:41	05:40:56	00:50:46	45	M40	37	6
165	Heeren	Hinrich	VFL Jheringsfehn		1991	00:53:11	00:47:46	00:57:11	01:05:05	00:59:49	00:58:42	05:41:44	00:50:53		M		6
166	Wilken	Elke	SV Holtland	1950	1991	00:53:29	00:46:42	01:00:33	01:02:49	01:02:51	00:57:31	05:43:55	00:51:13	41	W40	9	6
167	Kruse	Johann			1991	00:53:51	00:46:49	00:58:03	01:05:28	01:00:44	00:59:02	05:43:57	00:51:13		M		6
168	Krebs	Wiebke	LG Ostfriesland	1952	1991	00:52:45	00:47:58	00:57:17	01:03:40	00:59:36	01:06:08	05:47:24	00:51:44	39	W30	5	6
169	Blank	Wilhelm	TuS Aurich-Ost	1949	1991	00:53:38	00:47:38	00:58:39	01:06:32	01:00:48	01:00:34	05:47:49	00:51:48	42	M40	38	6
170	Dirks	Heike	Germania Leer	1963	1991	00:52:47	00:48:02	00:57:40	01:07:21	01:01:38	01:01:41	05:49:09	00:52:00	28	W20	5	6
171	Cramer	Gertrud			1991	00:54:31	00:49:58	00:56:50	01:06:56	01:01:38	01:00:21	05:50:14	00:52:09		W		6
172	Remmers	Wilfried	TV Friedeburg	1951	1991	00:53:33	00:48:48	00:58:47	01:07:10	01:01:36	01:01:00	05:50:54	00:52:15	40	M40	39	6
173	Remmers	Grietje	TV Friedeburg	1952	1991	00:53:33	00:48:48	00:58:47	01:07:10	01:01:36	01:01:00	05:50:54	00:52:15	39	W30	6	6
174	Heermeyer	Norbert			1991	00:54:19	00:50:23	00:59:55	01:08:52	01:02:28	01:00:15	05:56:12	00:53:03		M		6
175	Janßen	Christa	SV Brinkum	1943	1991	00:54:46	00:49:58	00:58:02	01:07:20	01:02:50	01:03:17	05:56:13	00:53:03	48	W40	10	6
176	Fokken	Bernhard			1991	00:56:08	00:50:24	01:00:22	01:09:21	01:02:34	01:01:29	06:00:18	00:53:39		M		6
177	Witte	Bruni	Aurich	1944	1991	00:56:19	00:50:31	01:00:24	01:09:21	01:02:37	01:01:41	06:00:53	00:53:45	47	W40	11	6
178	Boden	Rudolf	SV Stiekamp	1949	1991	01:00:39	00:50:20	01:01:06	01:13:19	00:55:03	01:02:00	06:02:27	00:53:59	42	M40	40	6
179	Martens	Hermann	VFL Jheringsfehn	1924	1991	00:55:31	00:50:30	01:02:10	01:10:26	01:05:22	01:04:00	06:07:59	00:54:48	67	M60	2	6
180	Brauner	Erika	BW Borssum	1941	1991	00:57:19	00:51:02	01:01:22	01:10:40	01:05:01	01:03:17	06:08:41	00:54:54	50	W50	1	6
181	Romaneefßen	Reinhard			1991	00:57:09	00:50:31	01:01:11	01:10:34	01:05:24	01:04:23	06:09:12	00:54:59		M		6
182	Bolewski	Glinys			1991	00:56:19	00:50:56	01:02:20	01:11:55	01:06:28	01:05:05	06:13:03	00:55:33		W		6
183	Donadell	Hans	SV Warsingsfehn	1942	1991	00:53:38	00:54:25	01:01:15	01:15:21	01:06:32	01:03:16	06:14:27	00:55:46	49	M40	41	6
184	König	Käthe	Emder LG	1936	1991	00:58:40	00:52:23	01:03:01	01:12:41	01:06:38	01:05:04	06:18:27	00:56:22	55	W50	2	6
185	Krause	Margret	SC Dunum	1947	1991	00:58:03	00:52:38	01:05:52	01:11:49	01:07:11	01:04:02	06:19:34	00:56:31	44	W40	12	6
186	Kok	Helga	SV Holtland	1948	1991	00:56:32	00:52:28	01:04:19	01:13:55	01:07:35	01:06:18	06:21:07	00:56:45	43	W40	14	6
187	Beckerling	Helga	SV Holtland	1950	1991	00:56:32	00:52:28	01:04:19	01:13:55	01:07:35	01:06:18	06:21:07	00:56:45	41	W40	13	6
188	Müller	Leni	LT AOK Düsseldorf	1934	1991	01:00:59	00:53:02	01:03:30	01:11:39	01:07:40	01:04:23	06:21:13	00:56:46	57	W50	3	6
189	Happach	Gertrud	LT Schaffh. Wald	1941	1991	00:59:36	00:52:36	01:04:21	01:13:14	01:07:49	01:04:22	06:21:58	00:56:53	50	W50	4	6
190	Friese	Bernd			1991	01:02:38	00:48:55	01:04:47	01:13:30	01:07:30	01:05:27	06:22:47	00:57:00		M		6
191	Ihmels	Hans-Jürgen	TV Norden	1918	1991	00:57:56	00:53:10	01:04:23	01:13:57	01:07:48	01:06:09	06:23:23	00:57:06	73	M70	1	6
192	Sinnen	Angelika			1991	00:59:07	00:52:04	01:05:10	01:13:14	01:07:28	01:06:43	06:23:46	00:57:09		W		6
193	Saathoff	Günther	TSV Hesel	1946	1991	00:58:46	00:52:56	01:03:34	01:14:12	01:07:41	01:07:41	06:24:50	00:57:19	45	M40	42	6
194	Frost	Hildegard	LT Schaffh. Wald	1955	1991	00:59:18	00:52:43	01:04:54	01:13:52	01:08:19	01:05:49	06:24:55	00:57:19	36	W30	7	6
195	Fecht	Gertrud	SV Holtland		1991	00:58:26	00:53:17	01:05:02	01:14:02	01:08:56	01:07:09	06:26:52	00:57:37		W		6
196	Peters	Hans-Jürgen	TV Bunde	1949	1991	01:00:35	00:55:28	01:08:13	01:14:52	01:08:46	01:06:17	06:34:11	00:58:42	42	M40	43	6
197	Olthoff	Eise	Concordia Ihrhove	1923	1991	00:59:53	00:55:40	01:05:04	01:16:56	01:09:21	01:09:21	06:36:15	00:59:01	68	W60	1	6
198	Wessels	Fritz	Teut. Stapelmoor	1942	1991	01:03:54	00:55:57	01:06:40	01:15:11	01:08:21	01:06:52	06:36:55	00:59:07	49	M40	44	6
199	Nordbroek	Johannes	LG Ostfriesland	1922	1991	01:03:01	00:56:46	01:05:45	01:15:01	01:08:45	01:09:21	06:38:39	00:59:22	69	M60	3	6
200	Harders	Inge	Leer		1991	01:03:06	00:55:55	01:06:40	01:20:03	01:11:27	01:11:26	06:48:37	01:00:51		W		6
201	Meints	Berta	TuS Aurich-Ost	1949	1991	01:03:23	00:57:41	01:08:51	01:21:31	01:14:44	01:13:13	06:59:23	01:02:27	42	W40	15	6
202	Sleur	Renate	Fort. Logabirum	1950	1991	01:03:06	00:58:18	01:09:05	01:20:03	01:15:29	01:16:41	07:02:42	01:02:57	41	W40	16	6
203	Teyen	Tomma	TuS Weener	1955	1991	01:06:25	00:58:13	01:11:24	01:21:31	01:14:58	01:13:13	07:05:44	01:03:24	36	W30	8	6
204	Weber	Gudrun	TuS Weener		1991	01:06:25	00:58:13	01:11:24	01:21:31	01:14:58	01:13:13	07:05:44	01:03:24		W		6
205	Hecht	Jutta	Germania Leer	1928	1991	01:03:01	01:00:57	01:13:11	01:22:47	01:16:24	01:13:13	07:09:33	01:03:58	63	W60	2	6
206	Kruse	Anita			1991	01:04:02	01:00:57	01:13:11	01:22:47	01:16:24	01:13:13	07:10:34	01:04:07		W		6
	Narr, Dr.	Werner	Frisia Loga	1949	1991	00:45:38	00:42:21	00:52:59	00:56:08		00:52:34	04:09:41		42	M40		5
	Dreesmann	Gerhard	Rhauderfehn	1958	1991	00:47:35	00:44:53		01:00:35	00:57:39	00:54:43	04:25:25					

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,40km	9,40km	11,10km	12,75km	11,80km	11,70km						
	Schweser	Lothar	Ugant-Schott	1947	1991	00:41:05			00:51:35	00:49:31	00:48:31	03:10:42		44	M40		4
	Ahting	Herbert	LT Rastede	1932	1991	00:45:56		00:51:57	00:57:43		00:54:38	03:30:14		59	M50		4
	Schwarz	Harry	PSV Aurich-West	1953	1991	00:49:31		00:56:08	01:00:41	00:57:53		03:44:12		38	M30		4
	Woltermann	Jan	Germania Leer	1978	1991	00:37:36	00:34:21	00:52:57				02:04:54		13	MU20		3
	Müller	Christian	Grmania Leer	1979	1991	00:44:41	00:40:40				00:50:55	02:16:16		12	MU20		3
	Greulich	Thomas	PSV Aurich-West	1960	1991		00:38:20		00:52:17		00:47:55	02:18:32		31	M30		3
	Mössinger	Martha	SC Dunum	1948	1991			01:07:40	01:12:04		00:00:00	02:19:44		43	W40		3
	Hedemann	Hartmut	SC Dunum	1962	1991	00:39:30		00:53:09	00:53:00			02:25:38		29	M20		3
	Ostermeyer	Werner	Germania Leer	1940	1991	00:44:25		00:49:49		00:52:06		02:26:20		51	M50		3
	Ditzfeld	Manfred	TuS Aurich-Ost	1964	1991			00:48:24	00:54:08	00:51:06		02:33:38		27	M20		3
	Meints	Harm	TuS Aurich-Ost	1946	1991		00:57:41	00:47:05	00:51:40			02:36:25		45	M40		3
	Boekhoff	Martin	Rorichmoor	1962	1991	00:44:38			00:58:30		00:54:07	02:37:15		29	M20		3
	Madena	Jakob	Südbrookmerland	1943	1991		00:46:42	00:55:07	01:01:00			02:42:50		48	M40		3
	Finke	Karin	TuS Weener	1952	1991			00:54:46		00:56:04	00:54:14	02:45:04		39	W30		3
	Odens	Inge	TV Norden	1941	1991		00:46:49			01:00:42	00:59:01	02:46:32		50	W50		3
	Klempin	Gertrud	SV Holtland	1955	1991	00:52:27		01:01:55		01:02:51		02:57:14		36	W30		3
	Amelsberg	Vera	Emden	1959	1991				01:04:30	01:00:35	00:52:18	02:57:23		32	W30		3
	Stöver	Erika	TuS Aurich-Ost	1946	1991	01:01:38	00:57:38	01:10:25				03:09:41		45	W40		3
	Piela	Joachim	Aurich-West	1951	1991			01:02:10	01:08:54	01:04:58		03:16:02		40	M40		3
	Fuß	Werner	SSC Hanau-Roden	1959	1991	00:34:57	00:32:49					01:07:46		32	M30		2
	Fisser	Manfred	Emder LG	1950	1991	00:35:58	00:34:14					01:10:12		41	M40		2
	Heidergott	Enno	Conc. Ihrhove	1971	1991				00:42:50		00:39:22	01:22:12		20	M20		2
	Züll	Matthias	SV Holtland	1973	1991	00:42:36	00:41:04					01:23:40		18	MU20		2
	Schnoor	Heinrich	Germania Leer	1960	1991	00:37:57			00:48:47			01:26:44		31	M30		2
	Trebesch	Heiko	MTV Aurich	1959	1991	00:40:21					00:47:51	01:28:12		32	M30		2
	Spanjer	Alfred	Fort. Logabirum	1937	1991	00:45:08	00:44:03					01:29:11		54	M50		2
	Ufen	Hinrich	TV Norden	1946	1991			00:43:49			00:47:16	01:31:05		45	M40		2
	Borgmann	Helmut	Germania Leer	1953	1991	00:42:59		00:49:37				01:32:36		38	M30		2
	Behrends	Emil	PA Leer	1941	1991	00:46:55	00:45:46					01:32:41		50	M50		2
	Ufen	Jürgen	TV Norden	1946	1991			00:43:50	00:48:59			01:32:50		45	M40		2
	Müller	Hans-Hermann	SV Stikelkamp	1944	1991			00:45:56			00:46:57	01:32:53		47	M40		2
	Welzel	Wolfgang	VFL Jheringsfehn	1962	1991		00:40:59	00:53:08				01:34:07		29	M20		2
	Müller	Stephan	Germania Leer	1978	1991		00:43:11				00:52:14	01:35:25		13	MU20		2
	Gerjets	Erhard	PSV Aurich-West	1958	1991	00:45:02		00:51:23				01:36:25		33	M30		2
	Steinke	Peter	BW Borssum	1970	1991					00:48:08	00:50:09	01:38:17		21	M20		2
	Klempin	Holger	SV Holtland	1975	1991		00:44:02	00:55:27				01:39:29		16	MU20		2
	Trebesch	Volker	TuS Aurich-Ost	1965	1991		00:42:27		00:57:35			01:40:02		26	M20		2
	Badtke	Irene	TuS Sande	1950	1991	00:48:53		00:58:05				01:46:59		41	W40		2
	Kalutza	Werner	MTV Aurich	1957	1991		00:46:58	01:00:30				01:47:28		34	M30		2
	Hartmann	Herbert	SC Dunum	1936	1991				00:59:58		00:55:23	01:55:21		55	M50		2
	Flohr	Christa	LT Schaffh. Wald	1970	1991		00:50:28				01:05:19	01:55:47		21	W20		2
	Graf	Alois	Australien	1973	1991			00:56:25	01:00:00			01:56:25		18	MU20		2
	Borgmann	Michael	TC Aurich-West	1952	1991			00:56:57		01:02:27		01:59:24		39	M30		2
	Ostermeyer	Ilse	Germania Leer	1939	1991			01:05:49		01:07:35		02:13:24		52	W50		2
	Chwizow	Sergeij	Archangelsk		1991		00:30:10					00:30:10			M		1
	Groen	Frank	Germania Leer	1962	1991	00:34:22						00:34:22		29	M20		1
	Koenen	Hermann	Germania Leer	1950	1991	00:34:33						00:34:33		41	M40		1
	Brauner	Michael	BW Borssum	1971	1991	00:35:51						00:35:51		20	M20		1
	Bonk	Michael	Schlooth. Leer	1971	1991	00:36:17						00:36:17		20	M20		1
	Christians	Borchard	LG Ostriesland	1958	1991	00:36:28						00:36:28		33	M30		1
	Sorokonwow	Sergej	Archangelsk	1965	1991		00:38:27					00:38:27		26	M20		1
	Ruhnke	Olaf	SV Holtland	1975	1991	00:40:03						00:40:03		16	MU20		1
	Ludwig	Helmut	LG Ostfriesland	1958	1991			00:41:07				00:41:07		33	M30		1
	Menne	Jörn	MTV Wittmund	1968	1991						00:41:23	00:41:23		23	M20		1
	Türk	Hermann	VFR Heisfelde	1971	1991		00:42:10					00:42:10		20	M20		1
	Doyzlina	Anna	Archangelsk	1964	1991		00:42:18					00:42:18		27	W20		1
	Kusmitschew	Boris	Archangelsk	1962	1991		00:42:22					00:42:22		29	M20		1
	Fiss	Holger	Emder LG	1959	1991		00:43:03					00:43:03		32	M30		1
	Stromann	Johann	BW Borssum	1962	1991				00:43:05			00:43:05		29	M20		1
	Haase	Renate	Nordlauf Oldenburg	1950	1991	00:43:43						00:43:43		41	W40		1
	Janssen	Peter	Emder LG	1972	1991		00:44:35					00:44:35		19	MU20		1
	Cavigelli	Reto	Germania Leer	1978	1991	00:44:41						00:44:41		13	MU20		1
	Albers	Franz	Germania Leer	1938	1991						00:45:01	00:45:01		53	M50		1
	Zeeden	Jörg	Wirdum	1968	1991					00:45:14		00:45:14		23	M20		1
	Wagler	Peter	Aalen	1968	1991	00:45:25						00:45:25		23	M20		1
	Ewald	Wolfgang	Germania Leer	1929	1991	00:46:07						00:46:07		62	M60		1
	Plavenieks	Helge	TuS Norderney	1977	1991						00:46:09	00:46:09		14	MU20		1

10. Ostfrieslandlauf 1991

21.05. bis 07.06.1991

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,40km	9,40km	11,10km	12,75km	11,80km	11,70km						
	Schlenkermann	Uwe	Ihrhove	1955	1991		00:46:10					00:46:10		36	M30		1
	Meyer	Matthias	TuS Augustfehn	1978	1991	00:46:38						00:46:38		13	MU20		1
	Rynas	Heinrich	Germania Leer	1955	1991			00:46:50				00:46:50		36	M30		1
	Ilijn	Waldimir	Archangelsk	1967	1991		00:47:09					00:47:09		24	M20		1
	Kelm	Axel	SV Holtland	1952	1991		00:47:18					00:47:18		39	M30		1
	Siemens	Karl	MTV Wittmund	1951	1991						00:47:59	00:47:59		40	M40		1
	Lauterjung	Marc	BW Borssum	1973	1991				00:48:11			00:48:11		18	MU20		1
	Backhaus	Ralf	TuS Esens	1967	1991						00:49:04	00:49:04		24	M20		1
	Behrends	Ottmar	LG Uplengen	1978	1991		00:50:26					00:50:26		13	MU20		1
	Maichel	Brigitte	SV Holtland	1950	1991		00:50:39					00:50:39		41	W30		1
	Ennen	Hartmut	KBV Holtgast	1970	1991						00:51:19	00:51:19		21	M20		1
	Kavelmann	Isabell		1980	1991		00:51:31					00:51:31		11	WU20		1
	Rosenboom	Andre	TuS Esens	1970	1991						00:52:16	00:52:16		21	M20		1
	Janssen	Holger	TuS Esens	1963	1991						00:52:18	00:52:18		28	M20		1
	Janssen	Ludwig	TSV Holtrop	1956	1991	00:52:37						00:52:37		35	M30		1
	Neemann	Olaf	Leer	1963	1991						00:53:13	00:53:13		28	M20		1
	Rücker	Nils	TV Norden	1977	1991						00:53:35	00:53:35		14	MU20		1
	Kerkhoff	Helmut	Emder LG	1948	1991					00:54:09		00:54:09		43	M40		1
	Braams	Dieter	LT Schaffh. Wald	1970	1991						00:54:20	00:54:20		21	M20		1
	Jans	Peter	LG Ostfriesland	1940	1991				00:56:21			00:56:21		51	M50		1
	Knopp	Daniel	TuS Augustfehn	1978	1991	00:56:40						00:56:40		13	MU20		1
	Boden	Thea	SV Stikelkamp	1949	1991		00:56:46					00:56:46		42	W40		1
	Saathoff	Jürgen	VFL Jheringsfehn	1931	1991			00:57:11				00:57:11		60	M60		1
	Klaassen	Hilkea	BW Borssum	1946	1991	00:57:23						00:57:23		45	W40		1
	Zietlow	Jürgen	Wittmund	1968	1991						00:58:19	00:58:19		23	M20		1
	Wessels	Werner	TuS Weener	1950	1991					00:58:33		00:58:33		41	M40		1
	Mässinger	Martha	SC Dunum	1948	1991	00:58:43						00:58:43		43	W40		1
	Oltmanns	Maike	SV Stikelkamp	1971	1991					00:59:21		00:59:21		20	W20		1
	Meyer	Michael	TuS Sandhorst	1973	1991					00:59:23		00:59:23		18	MU20		1
	Rullkötter	Jürgen	Kerpen	1948	1991				00:59:59			00:59:59		43	M40		1
	Rynas	Cornelia	Schlooth. Leer	1959	1991	01:00:22						01:00:22		32	W30		1
	Werner	Erwin	TuS Westerende	1956	1991					01:00:57		01:00:57		35	M30		1
	Hesse	Axel	PSV Aurich-West	1969	1991						01:03:14	01:03:14		22	M20		1
	Hecht	Caroline	LG Ostfriesland	1965	1991						01:03:16	01:03:16		26	W20		1
	Köhlrs	Klaus	TuS Weener	1935	1991			01:04:54				01:04:54		56	M50		1
	Hübel	Reinhard	TuS Plettenberg	1966	1991				01:07:59			01:07:59		25	M20		1
	Tischer	Uwe	MTV Aurich	1959	1991				01:09:53			01:09:53		32	M30		1
	Betten	Gerhardine	TV Norden	1928	1991			01:17:57				01:17:57		63	W60		1
	Chwijusow	Andrej	Archangelsk		1991		00:30:39								M		1