

7. Ostfrieslandlauf 1988

17.05. bis 03.06.1988

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen	
						10,20km	9,40km	11,30km	12,75km	11,80km	11,80km							67,25km
1	Menne	Jörn	MTV Wittmund	1968	1988	00:33:43	00:31:44	00:38:39	00:43:31	00:40:15	00:39:20	03:47:12	00:33:47	20	M20	1	6	
2	Ludwig	Reinhard	LG Ostfriesland	1959	1988	00:34:44	00:31:53	00:39:07	00:43:54	00:40:23	00:40:02	03:50:03	00:34:12	29	M20	2	6	
3	Tjarks	Eduard	LG Ostfriesland	1954	1988	00:34:52	00:32:14	00:39:25	00:44:10	00:40:40	00:40:08	03:51:29	00:34:25	34	M30	1	6	
4	Hinrichs	Gerhard	SC Dunum	1957	1988	00:35:00	00:32:18	00:39:37	00:44:38	00:40:47	00:40:10	03:52:30	00:34:34	31	M30	2	6	
5	Polzin	Martin	SC Dunum	1960	1988	00:35:33	00:32:23	00:39:47	00:44:45	00:40:43	00:39:54	03:53:05	00:34:40	28	M20	3	6	
6	Reisewitz	Karl-Heinz	LG Ostfriesland	1951	1988	00:35:44	00:33:05	00:40:21	00:45:20	00:41:43	00:41:33	03:57:46	00:35:21	37	M30	3	6	
7	Harwaldt	Thomas	Emder LG	1963	1988	00:37:40	00:33:49	00:40:54	00:45:06	00:42:04	00:40:14	03:59:47	00:35:39	25	M20	4	6	
8	Steinke	Peter	SV Warsingsfehn	1970	1988	00:36:14	00:33:05	00:41:32	00:46:19	00:43:39	00:40:16	04:01:05	00:35:51	18	MU20	1	6	
9	Hommers	Gretus	TuS Hinte	1953	1988	00:36:35	00:35:36	00:39:53	00:47:05	00:42:20	00:40:11	04:01:40	00:35:56	35	M30	4	6	
10	Kirschke	Helmut	Emder LG	1953	1988	00:37:04	00:34:03	00:41:36	00:47:24	00:43:58	00:42:35	04:06:40	00:36:41	35	M30	5	6	
11	Braams	Wilhelm	SC Dunum	1956	1988	00:37:01	00:33:58	00:42:31	00:47:47	00:44:05	00:42:54	04:08:16	00:36:55	32	M30	6	6	
12	Brahms	Georg	SV Stikelkamp	1943	1988	00:37:26	00:34:08	00:42:16	00:47:56	00:43:56	00:42:59	04:08:41	00:36:59	45	M40	1	6	
13	Siemens	Karl	MTV Wittmund	1951	1988	00:37:09	00:34:33	00:42:25	00:47:52	00:44:05	00:43:08	04:09:12	00:37:03	37	M30	7	6	
14	de Groot	Ludwig	TuS Weene	1960	1988	00:37:26	00:34:02	00:42:16	00:47:56	00:45:05	00:43:00	04:09:45	00:37:08	28	M20	5	6	
15	Heibült	Christian	SV Holtland	1940	1988	00:38:24	00:35:21	00:43:14	00:48:19	00:44:35	00:43:01	04:12:54	00:37:36	48	M40	2	6	
16	Störmer	Harald			1988	00:37:41	00:35:02	00:42:40	00:48:47	00:44:43	00:44:03	04:12:56	00:37:37		M		6	
17	Woltermann	Peter	TuS Weener	1947	1988	00:38:20	00:35:12	00:43:31	00:49:00	00:45:03	00:43:35	04:14:41	00:37:52	41	M40	3	6	
18	Fischer	Helmut	Conc. Ihrhove	1971	1988	00:38:15	00:36:06	00:43:27	00:48:49	00:44:37	00:45:03	04:16:17	00:38:07	17	MU20	2	6	
19	Fisser	Manfred	Emder LG	1950	1988	00:37:48	00:35:07	00:43:56	00:49:37	00:45:07	00:44:48	04:16:23	00:38:07	38	M30	8	6	
20	Krieger	Richard	VFL Jheringsfehn		1988	00:38:24	00:35:19	00:43:34	00:49:10	00:45:27	00:45:04	04:16:58	00:38:13		M		6	
21	Ufen	Jürgen	TV Norden	1946	1988	00:39:18	00:36:12	00:44:23	00:50:48	00:45:19	00:44:38	04:20:38	00:38:45	42	M40	4	6	
22	König	Hinrich	TG Wiesmoor	1959	1988	00:39:44	00:36:41	00:44:34	00:49:58	00:46:21	00:44:11	04:21:29	00:38:53	29	M20	6	6	
23	Ludwig	Helmut	LG Ostfriesland	1958	1988	00:40:17	00:35:53	00:44:43	00:50:23	00:46:16	00:44:33	04:22:05	00:38:58	30	M30	9	6	
24	Steinke	Diedrich	Conc. Neermoor	1941	1988	00:39:15	00:36:20	00:44:11	00:50:25	00:46:50	00:45:05	04:22:06	00:38:58	47	M40	5	6	
25	Ufen	Hinrich	TV Norden	1946	1988	00:40:07	00:36:15	00:44:39	00:50:49	00:46:34	00:45:25	04:23:49	00:39:14	42	M40	6	6	
26	Romanowski	Arnold	LG Ostfriesland	1946	1988	00:40:01	00:36:26	00:45:04	00:50:31	00:46:29	00:45:29	04:24:00	00:39:15	42	M40	7	6	
27	Ludwig	Günther			1988	00:39:53	00:37:06	00:45:12	00:51:01	00:46:16	00:45:07	04:24:35	00:39:21		M		6	
28	Fröhling	Erwin	SV Holtland	1948	1988	00:39:52	00:36:17	00:44:44	00:52:55	00:46:58	00:44:34	04:25:20	00:39:27	40	M40	8	6	
29	Sappl	Günther	Germania Leer	1945	1988	00:40:08	00:36:57	00:46:00	00:50:57	00:47:02	00:45:13	04:26:17	00:39:36	43	M40	9	6	
30	Eiben	Eibo	SC Dunum	1942	1988	00:40:34	00:37:12	00:45:06	00:51:22	00:46:44	00:45:35	04:26:33	00:39:38	46	M40	10	6	
31	Knobel	Karl-Heinz	LG Ostfriesland	1953	1988	00:41:03	00:37:28	00:45:06	00:50:52	00:46:47	00:45:38	04:26:54	00:39:41	35	M30	10	6	
32	Ehlert	Gerhard	LG Ostfriesland	1936	1988	00:41:15	00:37:43	00:45:02	00:51:22	00:47:57	00:45:35	04:28:54	00:39:59	52	M50	1	6	
33	Hinrichs	Enno	TSV Holtrop	1961	1988	00:41:23	00:37:31	00:45:09	00:52:15	00:47:26	00:45:50	04:29:34	00:40:05	27	M20	7	6	
34	Vehnekamp	Werner	SC Dunum	1958	1988	00:38:29	00:35:58	00:44:16	00:57:56	00:47:47	00:45:24	04:29:50	00:40:07	30	M30	11	6	
35	Müller	Thorsten	SC Dunum	1969	1988	00:40:29	00:36:46	00:44:51	00:52:01	00:49:21	00:46:29	04:29:57	00:40:08	19	MU20	3	6	
36	Tongers	Joern			1988	00:40:39	00:35:17	00:47:16	00:51:37	00:49:21	00:46:29	04:30:39	00:40:15		MU20	4	6	
37	Lay	Jan	VFL Jheringsfehn	1954	1988	00:41:30	00:37:30	00:46:16	00:52:28	00:47:16	00:46:09	04:31:09	00:40:19	34	M30	12	6	
38	Holling	Manfred	PA Aurich	1953	1988	00:41:07	00:37:35	00:46:53	00:52:55	00:48:57	00:47:15	04:34:42	00:40:51	35	M30	13	6	
39	Vietor	Walter			1988	00:41:10	00:37:53	00:47:22	00:53:54	00:48:12	00:47:36	04:36:07	00:41:03		M		6	
40	Aden	Jakobus	VFL Jheringsfehn	1963	1988	00:41:13	00:38:00	00:46:58	00:52:38	00:50:01	00:47:28	04:36:18	00:41:05	25	M20	8	6	
41	Watzema	Anke	Conc. Ihrhove		1988	00:41:38	00:38:08	00:47:24	00:53:04	00:48:53	00:47:13	04:36:20			W		6	
42	Saathoff	Michael	VFL Jheringsfehn	1967	1988	00:41:32	00:38:10	00:47:41	00:53:15	00:49:13	00:47:20	04:37:11	00:41:13	21	M20	9	6	
43	Glaubitz	Herbert	KK Norden	1952	1988	00:42:09	00:38:22	00:47:50	00:54:03	00:49:20	00:46:52	04:38:36	00:41:26	36	M30	14	6	
44	Ley	Helmut			1988	00:41:55	00:38:13	00:47:31	00:53:50	00:49:33	00:47:37	04:38:39	00:41:26		M		6	
45	Reemts	Gerda	Conc. Ihrhove	1949	1988	00:42:06	00:38:41	00:47:47	00:53:41	00:49:03	00:47:21	04:38:39	00:41:26	39	W30	1	6	
46	Kok	Bernhold	SV Holtland	1942	1988	00:41:48	00:38:38	00:47:39	00:53:24	00:49:32	00:47:43	04:38:44	00:41:27	46	M40	11	6	
47	Gieseler	Wilfried	TuS Aurich-Ost	1961	1988	00:42:54	00:38:19	00:48:17	00:54:03	00:48:02	00:47:15	04:38:50	00:41:28	27	M20	10	6	
48	Fischer	Werner	PA Leer	1939	1988	00:41:21	00:37:47	00:48:37	00:53:27	00:49:47	00:47:59	04:38:58	00:41:29	49	M40	12	6	
49	Kavelmann	Ulrich			1955	1988	00:42:33	00:38:33	00:47:29	00:54:30	00:48:38	00:47:50	04:39:33	00:41:34	33	M30	15	6
50	Abt	Paul	TV Oldenburg	1955	1988	00:42:15	00:38:05	00:47:17	00:56:26	00:48:22	00:47:11	04:39:36	00:41:35	33	M30	16	6	
51	Harnach	Jochen			1988	00:42:29	00:38:46	00:47:49	00:53:29	00:50:06	00:48:17	04:40:56	00:41:46		M		6	
52	Füllenbach	Hans-Günther	PA Leer	1949	1988	00:41:51	00:38:16	00:47:48	00:54:11	00:49:46	00:49:09	04:41:01	00:41:47	39	M30	17	6	
53	Rücker	Jörn	TV Norden		1988	00:42:14	00:38:49	00:47:58	00:54:36	00:49:51	00:48:57	04:42:25	00:42:00		M		6	
54	Trauernicht	Manfred	SV Holtland	1970	1988	00:42:17	00:38:43	00:50:35	00:54:12	00:49:16	00:48:29	04:43:32	00:42:10	18	MU20	5	6	
55	Boden	Rudolf	SV Stikelkamp	1949	1988	00:42:57	00:38:48	00:48:25	00:54:37	00:50:49	00:48:32	04:44:08	00:42:15	39	M30	18	6	
56	Niebel	Werner	PA Aurich	1941	1988	00:42:23	00:39:05	00:48:29	00:55:21	00:51:31	00:48:36	04:45:25	00:42:26	47	M40	13	6	
57	Hillbrands	Johann	Ihrhove	1954	1988	00:42:02	00:38:13	00:50:33	00:55:33	00:50:29	00:48:51	04:45:41	00:42:29	34	M30	19	6	
58	Kock	Jans	SV Holtland	1931	1988	00:42:31	00:39:36	00:48:40	00:55:26	00:50:39	00:49:16	04:46:08	00:42:33	57	M50	2	6	
59	Steinke	Hilde	Conc. Neermoor	1945	1988	00:44:34	00:40:01	00:48:18	00:54:37	00:49:46	00:49:01	04:46:17	00:42:34	43	W40	1	6	
60	Soeken	Johann	SV Holtland	1953	1988	00:43:13	00:39:26	00:49:07	00:56:05	00:49:29	00:49:21	04:46:41	00:42:38	35	M30	20	6	
61	Noerder	Mimke			1988	00:42:47	00:39:02	00:49:55	00:55:41	00:50:08	00:49:51	04:47:24	00:42:44		M		6	
62	Hesse	Helmut	LG Ostfriesland	1946	1988	00:42:10	00:39:46	00:48:06	00:56:21	00:51:36	00:49:48	04:47:47	00:42:48	42	M40	14	6	
63	Mudder	Ralf			1988	00:42:58	00:39:51	00:49:55	00:55:41	00:50:41	00:49:10	04:48:16	00:42:52		MU20	6	6	
64	Pommer	Heinz	RC Leer		1988	00:43:57	00:39:37	00:49:04	00:55:51	00:51:25	00:49:10	04:49:04	00:42:59		M		6	
65	Seufer	Wolfgang	TuS Holtriem	1941	1988	00:43:37	00:40:13	00:48:19	00:55:29	00:51:45	00:50:01	04:49:24	00:43:02	47	M40	15	6	
66	Doernath	Hermann			1988	00:44:49	00:40:35	00:49:33	00:55:43	00:50:34	00:49:29	04:50:43	00:43:14		M		6	

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,20km	9,40km	11,30km	12,75km	11,80km	11,80km						
67	Imhoff	Matthias	PSV Aurich-West	1959	1988	00:41:44	00:38:23	00:51:24	00:56:39	00:52:35	00:50:06	04:50:51	00:43:15	29	M20	11	6
68	Schürmann	Karl	TuS Aurich-Ost	1972	1988	00:43:55	00:38:50	00:47:56	00:56:07	00:52:04	00:52:41	04:51:33	00:43:21	16	MU20	7	6
69	Tjardes	Karl	Wittmund	1944	1988	00:44:33	00:40:05	00:50:01	00:56:13	00:51:49	00:49:51	04:52:32	00:43:30	44	M40	16	6
70	Becker	Herbert	Germania Leer	1939	1988	00:43:52	00:40:58	00:50:13	00:57:05	00:52:50	00:50:08	04:55:06	00:43:53	49	M40	17	6
71	Wilken	Gerhold	SV Holtland	1954	1988	00:45:28	00:40:50	00:51:00	00:56:48	00:51:53	00:50:14	04:56:13	00:44:03	34	M30	21	6
72	Schultze	Wilhelm	KPI Aurich	1935	1988	00:45:04	00:41:04	00:51:08	00:59:22	00:51:39	00:49:54	04:58:11	00:44:20	53	M50	3	6
73	Heyen	Dietmar	TV Norden	1969	1988	00:47:02	00:40:44	00:50:37	00:56:00	00:51:31	00:52:24	04:58:18	00:44:21	19	MU20	8	6
74	Kumler	Friedrich	KPI Aurich		1988	00:45:18	00:41:04	00:51:21	00:56:55	00:52:54	00:50:54	04:58:26	00:44:23		M		6
75	Schneider	Uwe		1945	1988	00:45:26	00:41:43	00:51:22	00:55:05	00:54:07	00:51:24	04:59:07	00:44:29	43	M40	18	6
76	Bootsmann	Heinz	VFL Jheringsfehn	1944	1988	00:45:12	00:41:20	00:50:42	00:57:15	00:53:10	00:51:41	04:59:20	00:44:31	44	M40	19	6
77	Wilken	Wilfried		1950	1988	00:45:33	00:40:56	00:51:13	00:57:22	00:53:17	00:51:12	04:59:33	00:44:33	38	M30	22	6
78	Waschkau	Klaus-Peter	TuS Weene	1946	1988	00:45:30	00:41:32	00:51:28	00:57:41	00:53:25	00:50:32	05:00:08	00:44:38	42	M40	20	6
79	de Vries	Arno	SV Großefehn	1968	1988	00:43:59	00:41:08	00:50:42	00:57:50	00:53:55	00:52:47	05:00:21	00:44:40	20	M20	12	6
80	Stickfort	Jann	SV Holtland		1988	00:45:08	00:41:36	00:51:15	00:58:34	00:52:57	00:51:12	05:00:42	00:44:43		M		6
81	Neddermeyer	Jürgen		1942	1988	00:44:43	00:41:58	00:51:11	00:58:36	00:53:51	00:51:25	05:01:44	00:44:52	46	M40	21	6
82	Meyer	Rudolf			1988	00:45:21	00:41:40	00:52:43	00:58:15	00:52:46	00:51:00	05:01:45	00:44:52		M		6
83	Schoormann	Karl	VFL Jheringsfehn		1988	00:45:15	00:42:03	00:51:55	00:58:14	00:53:23	00:50:57	05:01:47	00:44:52		M		6
84	Chilla	Uwe	PA Leer	1947	1988	00:45:25	00:41:11	00:51:47	00:58:45	00:53:54	00:50:46	05:01:48	00:44:53	41	M40	22	6
85	Maier	Ralf			1988	00:46:51	00:41:43	00:52:45	00:59:51	00:50:55	00:50:00	05:02:05	00:44:55	1988	M		6
86	Siefken	Johann	TuS Aurich-Ost	1944	1988	00:45:09	00:41:29	00:51:16	00:58:49	00:54:16	00:51:07	05:02:06	00:44:55	44	M40	23	6
87	Pommer	Thorsten	RC Leer	1968	1988	00:42:33	00:38:12	00:57:50	00:59:49	00:53:59	00:49:43	05:02:06	00:44:55	20	M20	13	6
88	Schneider	Christine	Emder LG	1948	1988	00:45:26	00:41:42	00:51:21	00:58:13	00:54:09	00:51:21	05:02:12	00:44:56	40	W40	2	6
89	Thiele	Gerhard	PA Aurich	1948	1988	00:47:18	00:41:44	00:52:48	00:58:16	00:53:18	00:50:53	05:04:17	00:45:15	40	M40	24	6
90	Harms	Johann	KK Norden	1942	1988	00:46:44	00:42:06	00:52:12	00:58:17	00:54:14	00:51:25	05:04:58	00:45:21	46	M40	25	6
91	Duden	Wilhelm	MTV Wittmund	1940	1988	00:45:34	00:42:12	00:51:58	00:58:18	00:55:20	00:51:52	05:05:14	00:45:23	48	M40	26	6
92	Remmers	Cathrin	SV Holtland	1965	1988	00:45:56	00:42:02	00:52:15	00:58:37	00:54:19	00:52:26	05:05:35	00:45:26	23	W20	1	6
93	Kroon	Sigrid	SV Holtland	1948	1988	00:46:18	00:42:12	00:52:44	00:59:10	00:54:29	00:52:46	05:07:39	00:45:45	40	W40	3	6
94	Scholz	Gerd			1988	00:46:47	00:42:42	00:52:40	00:59:15	00:54:25	00:52:07	05:07:56	00:45:47		M		6
95	Sandammeer	Ludwig			1988	00:47:31	00:42:18	00:52:23	00:58:17	00:55:30	00:52:04	05:08:03	00:45:48		M		6
96	Buss	Johann	SV Großefehn	1942	1988	00:47:44	00:42:09	00:52:21	01:00:01	00:54:43	00:52:41	05:09:39	00:46:03	46	M40	27	6
97	Ubbens	Peter			1988	00:47:46	00:43:07	00:52:57	00:58:26	00:54:43	00:52:41	05:09:40	00:46:03		M		6
98	Hedemann	Alfred			1988	00:47:01	00:42:54	00:53:00	01:00:41	00:54:10	00:52:23	05:10:09	00:46:07		M		6
99	Heijen	Herbert		1955	1988	00:48:46	00:42:56	00:53:46	01:00:30	00:54:38	00:52:12	05:12:48	00:46:31	33	M30	23	6
100	Müller	Hinrich			1988	00:47:53	00:42:10	00:54:10	01:00:55	00:55:29	00:52:44	05:13:21	00:46:36		M		6
101	Behrends	Enno	LG Uplengen	1953	1988	00:48:03	00:43:36	00:53:23	00:59:52	00:55:19	00:53:24	05:13:37	00:46:38	35	M30	24	6
102	Wirdemann	Christian			1988	00:46:32	00:43:50	00:55:01	01:01:05	00:55:12	00:52:10	05:13:50	00:46:40		M		6
103	Oltrop	Harm-Albert	PA Emden	1948	1988	00:47:09	00:42:28	00:55:58	00:59:49	00:54:51	00:53:37	05:13:52	00:46:40	40	M40	28	6
104	Buss	Imme	SV Holtland	1948	1988	00:47:11	00:43:26	00:53:56	01:00:58	00:55:21	00:53:04	05:13:56	00:46:41	40	W40	4	6
105	Bohlhuis	Wilhelm	Leezdorf	1943	1988	00:47:06	00:42:46	00:54:08	01:00:59	00:55:19	00:54:10	05:14:28	00:46:46	45	M40	29	6
106	Krieger	Giesela	LT Jheringsfehn	1949	1988	00:46:32	00:43:12	00:52:58	01:00:11	00:57:13	00:54:41	05:14:47	00:46:48	39	W30	2	6
107	Wessels	Werner		1950	1988	00:46:40	00:43:07	00:55:38	01:01:57	00:54:38	00:53:03	05:15:03	00:46:51	38	M30	25	6
108	Hinrichs	Gunda	SC Dunum	1962	1988	00:47:46	00:42:42	00:55:25	01:01:17	00:55:18	00:54:10	05:16:38	00:47:05	26	W20	2	6
109	Schulmann	Jens			1988	00:48:56	00:43:09	00:55:26	01:01:02	00:55:16	00:54:50	05:18:39	00:47:23		MU20	9	6
110	Erben	Berndt	TuS Westerstede	1945	1988	00:47:47	00:43:31	00:53:54	01:01:11	00:57:33	00:54:50	05:18:46	00:47:24	43	M40	30	6
111	Schmidt	Hans-Jürgen	Neermoor		1988	00:47:34	00:43:27	00:54:38	01:01:04	00:56:53	00:55:51	05:19:27	00:47:30		M		6
112	Zimmermann	Klaus	Germania Leer	1965	1988	00:49:14	00:44:14	00:55:29	01:02:52	00:55:15	00:53:31	05:20:35	00:47:40	23	M20	14	6
113	Elias	Johann	Teut. Stapelmoor	1951	1988	00:48:07	00:44:44	00:55:28	01:01:21	00:56:17	00:55:16	05:21:13	00:47:46	37	M30	26	6
114	Dannenbaum	Inge			1988	00:49:05	00:43:55	00:53:57	01:01:36	00:56:55	00:56:02	05:21:30	00:47:48		W		6
115	Madema	Jakob	VFB Münkeboe	1943	1988	00:48:26	00:43:33	00:54:54	01:04:45	00:55:37	00:54:19	05:21:34	00:47:49	45	M40	31	6
116	Groenewold	Anita	TuS Weener	1933	1988	00:48:52	00:44:51	00:54:36	01:01:23	00:57:24	00:54:41	05:21:47	00:47:51	55	W50	1	6
117	Richter	Erich			1988	00:50:09	00:43:09	00:55:01	01:03:52	00:56:54	00:53:43	05:22:48	00:48:00		M		6
118	Hicken	Wilm	TV Marienhafte	1940	1988	00:49:19	00:43:41	00:54:52	01:01:54	00:57:54	00:55:29	05:23:09	00:48:03	48	M40	32	6
119	Ihlow	Werner	TV Norden	1945	1988	00:47:56	00:43:54	00:56:28	01:02:59	00:57:51	00:54:32	05:23:40	00:48:08	43	M40	33	6
120	Reemts	Jens	Conc.Ihrhove	1977	1988	00:48:57	00:43:42	00:55:36	01:03:40	00:57:21	00:54:54	05:24:10	00:48:12	11	MU20	10	6
121	Sleur	Hans-Wilhelm	PA Leer	1943	1988	00:48:50	00:44:35	00:55:31	01:03:35	00:57:43	00:56:06	05:26:20	00:48:32	45	M40	34	6
122	Kardelke	Peter	Aurich	1951	1988	00:49:39	00:43:40	00:58:12	01:03:31	00:56:45	00:54:34	05:26:21	00:48:32	37	M30	27	6
123	Kok	Helga	SV Holtland	1948	1988	00:49:49	00:46:29	00:55:33	01:03:41	00:57:24	00:55:18	05:28:14	00:48:48	40	W40	5	6
124	Zimmermann	Horst	Germania Leer		1988	00:50:28	00:44:18	00:57:18	01:05:28	00:56:13	00:55:49	05:29:34	00:49:00		M		6
125	Heyen	Jan	TV Norden	1941	1988	00:50:10	00:46:17	00:55:34	01:04:53	00:57:28	00:55:29	05:29:51	00:49:03	47	M40	35	6
126	Wehmhörner	Rewert	KPI Aurich	1947	1988	00:49:10	00:45:05	00:57:29	01:06:25	00:57:37	00:55:27	05:31:13	00:49:15	41	M40	36	6
127	Kuhr	Jürgen	PSV Aurich-West	1942	1988	00:50:07	00:45:26	00:56:57	01:04:09	00:58:13	00:56:40	05:31:32	00:49:18	46	M40	37	6
128	Heeren	Hinrich	VFL Jheringsfehn		1988	00:50:53	00:45:33	00:57:06	01:04:01	00:57:58	00:56:27	05:31:58	00:49:22		M		6
129	Janssen	Helga	Aurich	1950	1988	00:51:22	00:46:22	00:58:16	01:00:07	01:00:06	00:57:12	05:33:25	00:49:35	38	W30	5	6
130	Boumann	Uwe	TV Marienhafte	1944	1988	00:50:03	00:45:51	00:58:07	01:04:56	00:57:55	00:56:40	05:33:32	00:49:36	44	M40	38	6
131	Wilts	Carl			1988	00:49:22	00:45:41	00:58:59	01:05:15	00:57:59	00:56:47	05:34:03	00:49:40		M		6
132	Janssen	Ludwig	TSV Holtrop	1956	1988	00:50:14	00:45:47	00:55:39	01:07:42	00:58:53	00:56:19	05:34:34	00:49:45	32	M30	28	6

7. Ostfrieslandlauf 1988

17.05. bis 03.06.1988

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,20km	9,40km	11,30km	12,75km	11,80km	11,80km						
133	Dunker	Erika	Esens		1988	00:51:51	00:46:19	00:57:04	01:04:24	00:59:01	00:56:56	05:35:35	00:49:54		W		6
134	Sund	Thomas			1988	00:52:42	00:46:12	00:57:14	01:04:36	00:59:47	00:56:02	05:36:33	00:50:03		M		6
135	Janssen	Willm		1950	1988	00:51:15	00:46:18	00:57:40	01:05:21	00:58:49	00:57:15	05:36:38	00:50:03	38	M30	29	6
136	Matzk	Karin	MTV Aurich	1951	1988	00:50:45	00:45:43	00:57:13	01:07:07	00:59:32	00:56:23	05:36:43	00:50:04	37	W30	3	6
137	Janssen	Christa	SV Holtland	1943	1988	00:50:53	00:46:29	00:58:13	01:06:32	00:59:26	00:56:22	05:37:55	00:50:15	45	W40	6	6
138	Woltermann	Hannelore	TuS Weener	1955	1988	00:52:42	00:47:11	00:57:46	01:06:32	00:59:07	00:56:26	05:39:44	00:50:31	33	W30	4	6
139	Grieb	Ulrich			1988	00:52:19	00:46:16	01:01:17	01:07:35	00:59:06	00:57:10	05:43:43	00:51:07		M		6
140	Sinnen	Oltmann	SV Holtland		1988	00:52:34	00:47:32	00:59:40	01:06:11	01:01:48	00:56:21	05:44:06	00:51:10		M		6
141	Conrads	Udo	PA Leer	1954	1988	00:52:17	00:46:33	00:58:57	01:08:11	01:00:47	01:00:32	05:47:17	00:51:38	34	M30	30	6
142	de Graf	Holger			1988	00:56:17	00:48:19	00:55:26	01:11:31	01:02:15	00:55:18	05:49:06	00:51:55		MU20	11	6
143	Kohls	Gerriet	Polizei Leer	1959	1988	00:54:39	00:47:11	00:58:50	01:08:11	01:00:47	01:00:32	05:50:10	00:52:04	29	M20	15	6
144	Nordbroek	Johannes	LG Ostfriesland	1922	1988	00:53:47	00:48:52	00:58:42	01:08:09	01:02:15	01:00:14	05:51:59	00:52:20	66	M60	1	6
145	Fokken	Bernhard			1988	00:53:01	00:49:18	01:01:43	01:08:56	01:02:30	01:00:32	05:56:00	00:52:56		M		6
146	Ostermeyer	Ilse	Germania Leer	1939	1988	00:54:18	00:49:19	01:00:23	01:08:08	01:03:17	01:01:32	05:56:57	00:53:05	49	W40	7	6
147	Dirks	Heike	Germania Leer	1963	1988	00:56:01	00:49:19	01:00:25	01:08:08	01:01:50	01:01:46	05:57:29	00:53:09	25	W20	3	6
148	Billker	Helga	Jheringsfehn		1988	00:55:04	00:49:18	01:01:38	01:09:00	01:02:26	01:01:34	05:59:00	00:53:23		W		6
149	Beckering	Helga	SV Holtland	1950	1988	00:53:47	00:49:45	01:00:36	01:09:18	01:03:54	01:02:14	05:59:34	00:53:28	38	W30	6	6
150	Bolewski	Glinys			1988	00:54:55	00:49:31	01:02:13	01:10:28	01:03:18	01:02:05	06:02:30	00:53:54		W		6
151	Boumann	Klara	TV Marienhafe	1945	1988	00:55:26	00:50:05	01:02:20	01:09:54	01:04:02	01:02:14	06:04:01	00:54:08	43	W40	8	6
152	Witte	Bruni	Aurich	1944	1988	00:54:39	00:49:28	01:01:56	01:12:14	01:05:26	01:02:06	06:05:49	00:54:24	44	W40	9	6
153	Zogall	Hans-Werner	PSV Aurich-West	1950	1988	00:55:44	00:50:50	01:03:33	01:11:18	01:02:45	01:02:04	06:06:14	00:54:28	38	M30	31	6
154	Amtsbüchler	Joachim		1951	1988	00:56:14	00:50:58	01:03:56	01:12:01	01:03:50	01:03:27	06:10:26	00:55:05	37	M30	32	6
155	Braams	Herma	SC Dunum	1961	1988	00:56:08	00:51:23	01:04:05	01:12:32	01:06:30	01:04:51	06:15:29	00:55:50	27	W20	4	6
156	Knobel	Christa	LG Ostfriesland		1988	00:56:13	00:51:44	01:04:40	01:10:52	01:07:31	01:04:39	06:15:39	00:55:52		W		6
157	Piokowicz	Sonja			1988	00:56:48	00:51:58	01:05:01	01:11:39	01:10:26	01:04:38	06:20:30	00:56:35		W		6
158	Meyer	Erich	SV Holtland		1988	00:57:15	00:53:24	01:06:46	01:09:04	01:09:24	01:07:13	06:23:06	00:56:58		M		6
159	Hecht	Jutta	Germania Leer	1928	1988	01:00:02	00:55:40	01:06:10	01:35:55	01:16:21	01:07:41	07:01:49	01:02:43	60	W60	1	6
160	de Grave	Olga	SV Holtland		1988	01:00:02	00:55:40	01:06:10	01:35:55	01:16:21	01:07:41	07:01:49	01:02:43		W		6
161	Trettin-Kardelke	Elke	MTV Aurich	1952	1988	01:07:36	01:01:45	01:16:39	01:32:48	01:16:21	01:16:10	07:31:19	01:07:07	36	W30	7	6
	Friedrichs	Ulrich	Aurich	1953	1988	00:39:28	00:36:06	00:51:50	00:47:13	00:46:21		03:40:58		35	M30		5
	Heeren	Reinhard	VfL Jheringsfehn	1948	1988	00:41:47	00:38:35	00:47:42	00:53:52	00:49:22		03:51:18		40	M40		5
	Wehner	Clemens	SV Holtland	1943	1988	00:46:11	00:43:14	00:52:42	01:00:28	00:52:18		04:14:53		45	M40		5
	Evers	Gerhard	TV Marienhafe	1952	1988	00:48:12	00:43:00	00:54:19		00:56:03	00:54:31	04:16:05		36	M30		5
	Leerhoff	Christoff			1988	00:51:26	00:44:58	00:56:48	01:04:29	00:58:07		04:35:48			M		5
	Heeresthal	Albert		1940	1988	00:52:18	00:45:21	00:57:16	01:04:31	00:57:17		04:36:43		48	M40		5
	Groen	Frank	VfL Jheringsfehn	1962	1988	00:38:45	00:34:53	00:43:03	00:47:50			02:44:31		26	M20		4
	Fink	Eilert			1988	00:48:34	00:41:52	00:54:09		00:53:02		03:17:37			M		4
	de Vries	Erich	TuRa Marienhafe	1946	1988	00:47:57	00:43:43	00:54:30		00:54:30		03:20:40		42	M40		4
	Janssen	Hero	Germania Leer	1941	1988	00:47:12	00:42:43	01:03:18	00:55:48			03:29:01		47	M40		4
	Gieseler	Gisela	TV Norden	1938	1988	00:53:03	00:46:59	00:56:57		01:00:36		03:37:35		50	W50		4
	Fecht	Gertrud	SV Holtland		1988	00:57:15	00:53:24	01:06:46		01:07:13		04:04:38			W		4
	Heidergott	Enno	Conc. Ihrhove	1971	1988	00:35:38				00:48:53	00:47:13	02:11:44		17	MU20		3
	Toepfer	Mario			1988	00:46:54	00:42:29	00:53:33				02:22:56			M		3
	Blank jun.	Jürgen	SV Holtland	1971	1988	00:56:21	00:39:44			00:52:50		02:28:55		17	MU20		3
	Dunker	Peter	LT Schaffh. Wald	1940	1988	00:56:05	00:50:18	01:06:01				02:52:24		48	M40		3
	Wilken	Elke	SV Holtland	1950	1988	00:57:15				01:09:23	00:57:13	03:03:51		38	W30		3
	Kuhnt	Christian			1988	01:03:03		01:09:38	01:21:02			03:33:43			M		3
	Beyer	Walter	Germania Leer	1958	1988	00:35:47	00:33:21					01:09:08		30	M30		2
	Stromann	Johann	BW Borssum	1962	1988	00:33:16					00:38:03	01:11:19		26	M20		2
	Blank (sen)	Jürgen	SV Holtland		1988	00:48:30	00:44:22					01:32:52			M		2
	Frers	Thomas	LG Uplengen	1969	1988	00:38:15						00:38:15		19	MU20		1
	Bontjer	Hilde	SV Holtland	1963	1988	00:39:17						00:39:17		25	W20		1
	Trebesch	Wolfgang	MTV Aurich	1957	1988			00:40:57				00:40:57		31	M30		1
	Kuhr	Wolfgang	PSV Aurich-West	1967	1988				00:46:21			00:46:21		21	M20		1
	Schewiola	Stefan	TuS Aurich-Ost	1966	1988			00:49:10				00:49:10		22	M20		1