

6. Ostfrieslandlauf 1987

19.05. bis 05.06.1987

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,20km	9,40km	11,30km	12,75km	11,70km	11,70km						
1	Bruns	Stefan	BW Borssum	1965	1987	00:33:58	00:31:12	00:38:33	00:43:01	00:40:21	00:40:11	03:47:16	00:33:54	22	M20	1	6
2	Ludwig	Reinhard	LG Ostfriesland	1959	1987	00:34:34	00:32:11	00:39:27	00:43:39	00:40:31	00:39:32	03:49:54	00:34:17	28	M20	2	6
3	Tjarks	Eduard	LG Ostfriesland	1954	1987	00:35:14	00:32:45	00:39:52	00:45:08	00:41:41	00:41:03	03:55:43	00:35:09	33	M30	1	6
4	Beyer	Walter	Germania Leer	1958	1987	00:35:20	00:32:39	00:40:07	00:45:07	00:41:57	00:40:53	03:56:03	00:35:12	29	M20	3	6
5	Polzin	Martin	SC Dunum	1960	1987	00:35:22	00:33:56	00:40:04	00:45:24	00:41:46	00:40:49	03:57:21	00:35:24	27	M20	4	6
6	Jürgens	Hartwig	SV Holtland	1953	1987	00:35:35	00:32:52	00:40:20	00:45:46	00:42:10	00:41:04	03:57:47	00:35:28	34	M30	2	6
7	Koenen	Hermann	Germania Leer	1950	1987	00:35:34	00:32:52	00:40:20	00:45:46	00:42:11	00:41:04	03:57:47	00:35:28	37	M30	3	6
8	Schmidt	Gernot	BW Borssum	1946	1987	00:36:34	00:32:59	00:40:44	00:46:24	00:42:08	00:41:01	03:59:50	00:35:46	41	M40	1	6
9	Menne	Jörn	MTV Wittmund	1968	1987	00:36:51	00:33:22	00:41:47	00:46:12	00:43:23	00:40:54	04:02:29	00:36:10	19	MU20	1	6
10	Steinke	Peter	Conc. Neermoor	1970	1987	00:36:41	00:33:19	00:42:30	00:46:06	00:42:55	00:41:57	04:03:28	00:36:19	17	MU20	2	6
11	Heidergott	Enno	Conc. Ihrhove	1971	1987	00:36:52	00:34:27	00:41:51	00:46:52	00:43:39	00:41:47	04:05:28	00:36:37	16	MU20	3	6
12	König	Antoni	Warsingsfehn		1987	00:37:13	00:34:39	00:41:43	00:48:07	00:43:59	00:42:10	04:07:51	00:36:58		M		6
13	Meyer	Wolfgang	SV Holtland	1970	1987	00:37:06	00:34:08	00:42:02	00:46:02	00:43:48	00:45:23	04:08:29	00:37:04	17	MU20	4	6
14	Spormann	Lutz	BW Borssum	1962	1987	00:38:03	00:34:44	00:41:50	00:48:18	00:43:33	00:42:16	04:08:44	00:37:06	25	M20	5	6
15	Braams	Wilhelm	SC Dunum	1956	1987	00:39:17	00:34:03	00:42:01	00:47:58	00:44:24	00:42:06	04:09:49	00:37:15	31	M30	4	6
16	Albers	Franz	Germania Leer	1938	1987	00:37:29	00:35:03	00:42:44	00:48:30	00:45:03	00:43:40	04:12:29	00:37:39	49	M40	2	6
17	Wirtjes	Edzard	Germania Leer	1958	1987	00:37:49	00:34:54	00:42:08	00:49:25	00:45:10	00:43:23	04:12:49	00:37:42	29	M20	6	6
18	König	Hero	SV Dornum	1948	1987	00:37:38	00:35:12	00:43:11	00:48:44	00:45:08	00:43:37	04:13:30	00:37:48	39	M30	5	6
19	de Groot	Ludwig	TuS Weene	1960	1987	00:38:11	00:35:06	00:43:28	00:48:45	00:45:11	00:43:22	04:14:03	00:37:53	27	M20	7	6
20	Telkamp	Gerriet			1987	00:38:29	00:35:14	00:43:20	00:48:35	00:46:00	00:44:08	04:15:46	00:38:09		M		6
21	Heibült	Christian	SV Holtland	1940	1987	00:38:05	00:35:53	00:43:51	00:48:58	00:45:17	00:43:54	04:15:58	00:38:11	47	M40	3	6
22	Ufen	Jürgen	TV Norden	1946	1987	00:38:43	00:35:40	00:43:29	00:48:56	00:45:21	00:44:10	04:16:19	00:38:14	41	M40	4	6
23	Woltermann	Peter	TuS Weener	1947	1987	00:38:42	00:35:23	00:43:42	00:49:01	00:47:08	00:45:13	04:19:09	00:38:39	40	M40	5	6
24	Behrends	Johann	Walle	1943	1987	00:39:32	00:36:10	00:44:00	00:49:55	00:46:08	00:44:43	04:20:28	00:38:51	44	M40	6	6
25	Antkowiak	Erich	TV Norden	1949	1987	00:38:57	00:36:15	00:44:25	00:50:05	00:46:42	00:44:15	04:20:39	00:38:52	38	M30	6	6
26	Hartmann	Günther	VFL Jheringsfehn	1941	1987	00:39:42	00:36:01	00:44:49	00:50:00	00:46:29	00:44:45	04:21:46	00:39:02	46	M40	7	6
27	Fisser	Manfred	Emder LG	1950	1987	00:40:16	00:36:42	00:44:50	00:50:26	00:46:15	00:45:14	04:23:43	00:39:20	37	M30	7	6
28	Steinke	Diedrich	Conc. Neermoor	1941	1987	00:39:57	00:36:40	00:44:25	00:50:20	00:46:45	00:45:43	04:23:50	00:39:21	46	M40	8	6
29	Francovech	Cornelius	LG Ostfriesland		1987	00:39:42	00:37:14	00:44:46	00:50:42	00:47:31	00:45:17	04:25:12	00:39:33		M		6
30	Albers	Derk			1987	00:39:21	00:36:13	00:45:52	00:51:37	00:47:13	00:45:25	04:25:41	00:39:37		M		6
31	Suhren	Helmut	TuS Obenstrohe	1938	1987	00:40:05	00:36:50	00:45:13	00:50:56	00:46:47	00:46:09	04:26:00	00:39:40	49	M40	9	6
32	Störmer	Harald			1987	00:39:59	00:37:02	00:45:41	00:50:45	00:47:08	00:46:38	04:27:13	00:39:51		M		6
33	Eiben	Eibo	SC Dunum	1942	1987	00:40:16	00:36:56	00:46:20	00:51:19	00:47:25	00:45:42	04:27:58	00:39:58	45	M40	10	6
34	Friedrichs	Ulrich	Aurich	1953	1987	00:39:54	00:37:02	00:45:04	00:51:19	00:48:25	00:46:23	04:28:07	00:39:59	34	M30	8	6
35	Saathoff	Michael	VFL Jheringsfehn	1967	1987	00:40:58	00:36:52	00:46:52	00:51:09	00:47:16	00:45:16	04:28:23	00:40:02	20	M20	8	6
36	Romanowski	Arnold	LG Ostfriesland	1946	1987	00:40:51	00:37:15	00:46:01	00:51:25	00:47:33	00:46:12	04:29:17	00:40:10	41	M40	11	6
37	Bohlen	Manfred	SV Großefehn		1987	00:41:02	00:38:45	00:46:17	00:50:28	00:47:30	00:45:29	04:29:31	00:40:12		M		6
38	Vehnekamp	Werner	SC Dunum	1958	1987	00:40:45	00:37:34	00:46:19	00:51:34	00:47:40	00:45:58	04:29:50	00:40:15	29	M20	9	6
39	Schoolmann	Gerold	PA Aurich	1959	1987	00:40:36	00:37:36	00:45:58	00:51:26	00:47:46	00:47:22	04:30:44	00:40:23	28	M20	10	6
40	Abramowski	Jasper			1987	00:39:58	00:37:27	00:46:19	00:51:40	00:48:40	00:46:42	04:30:46	00:40:23		M		6
41	Buß	Hermann	TuS Aurich-Ost	1948	1987	00:40:39	00:37:30	00:45:57	00:51:55	00:48:55	00:47:07	04:32:03	00:40:34	39	M30	9	6
42	Sattler	Wolfgang	Germania Leer	1947	1987	00:40:51	00:38:24	00:46:07	00:52:36	00:49:13	00:47:40	04:34:51	00:41:00	40	M40	12	6
43	Fischer	Werner	PA Leer	1939	1987	00:41:10	00:38:03	00:46:57	00:52:39	00:48:23	00:48:14	04:35:26	00:41:05	48	M40	13	6
44	Ley	Helmut			1987	00:41:19	00:37:47	00:47:09	00:53:00	00:49:03	00:47:15	04:35:33	00:41:06		M		6
45	Francovech	Peter	LG Ostfriesland	1970	1987	00:40:15	00:36:49	00:47:04	00:54:27	00:49:04	00:48:01	04:35:40	00:41:07	17	MU20	5	6
46	Ulrichs	Harm	TV Norden	1930	1987	00:41:12	00:38:22	00:46:09	00:52:29	00:49:33	00:48:43	04:36:28	00:41:14	57	M50	1	6
47	Odens	Ode	TV Norden	1935	1987	00:41:06	00:39:18	00:46:40	00:53:08	00:49:34	00:47:40	04:37:26	00:41:23	52	M50	2	6
48	Heeren	Reinhard	VFL Jheringsfehn	1948	1987	00:41:08	00:37:51	00:47:29	00:53:30	00:50:21	00:48:28	04:38:47	00:41:35	39	M30	10	6
49	Kerkhoff	Helmut	Emden	1948	1987	00:42:36	00:38:51	00:47:26	00:53:36	00:50:11	00:48:05	04:40:45	00:41:52	39	M30	11	6
50	Niebel	Werner	PA Aurich	1941	1987	00:41:32	00:38:42	00:47:49	00:53:49	00:49:47	00:49:23	04:41:02	00:41:55	46	M40	14	6
51	Gerking	Klaus	Germania Leer	1955	1987	00:42:08	00:38:39	00:47:46	00:54:32	00:49:22	00:48:40	04:41:07	00:41:56	32	M30	12	6
52	Gerietzen	Johann	LG Ostfriesland	1932	1987	00:42:34	00:38:41	00:47:39	00:53:21	00:50:25	00:48:27	04:41:07	00:41:56	55	M50	3	6
53	Hillbrands	Johann	Ihrhove	1954	1987	00:41:06	00:37:44	00:47:35	00:54:29	00:52:13	00:48:14	04:41:21	00:41:58	33	M30	13	6
54	Trauernicht	Manfred	SV Holtland	1970	1987	00:40:59	00:39:36	00:50:10	00:53:40	00:50:05	00:47:26	04:41:56	00:42:03	17	MU20	6	6
55	Boden	Rudolf	SV Stikkelkamp	1949	1987	00:42:06	00:38:56	00:48:18	00:53:34	00:50:52	00:48:39	04:42:25	00:42:07	38	M30	14	6
56	Arnold	Norbert			1987	00:42:16	00:39:46	00:48:10	00:53:27	00:50:50	00:48:28	04:42:57	00:42:12		M		6
57	Abt	Paul	TV Oldenburg	1955	1987	00:43:25	00:39:11	00:48:40	00:54:28	00:50:17	00:48:39	04:44:40	00:42:27	32	M30	15	6
58	Trarbach	Rolf	WSP Emden	1964	1987	00:43:36	00:39:42	00:47:42	00:54:33	00:50:41	00:48:57	04:45:11	00:42:32	23	M20	11	6
59	Steinke	Hilde	Conc. Neermoor	1945	1987	00:42:52	00:40:02	00:48:11	00:54:20	00:50:47	00:49:17	04:45:29	00:42:35	42	W40	1	6
60	Sappl	Günther	Germania Leer	1945	1987	00:43:56	00:39:34	00:49:15	00:54:10	00:49:29	00:49:30	04:45:54	00:42:38	42	M40	15	6
61	Reemts	Gerda	Conc. Ihrhove	1949	1987	00:43:51	00:39:46	00:48:19	00:54:20	00:50:55	00:48:57	04:46:08	00:42:40	38	W30	1	6
62	Füllenbach	Hans-Günther	PA Leer	1949	1987	00:42:47	00:39:00	00:48:58	00:54:14	00:50:55	00:50:17	04:46:11	00:42:41	38	M30	16	6
63	Kok	Bernhold	SV Holtland	1942	1987	00:41:32	00:38:17	00:50:41	00:56:45	00:49:59	00:49:34	04:46:48	00:42:46	45	M40	16	6
64	Pauw	Uwe			1987	00:43:55	00:40:26	00:49:29	00:54:19	00:50:57	00:49:12	04:48:18	00:43:00		M		6
65	Gieseler	Wilfried	LG Ostfriesland	1961	1987	00:43:44	00:40:02	00:50:00	00:53:54	00:51:56	00:49:31	04:49:07	00:43:07	26	M20	12	6
66	Hesse	Helmut	LG Ostfriesland	1946	1987	00:43:28	00:40:18	00:50:08	00:55:28	00:51:00	00:48:50	04:49:12	00:43:08</				

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Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,20km	9,40km	11,30km	12,75km	11,70km	11,70km						
67	Klenner	Harald	PA Leer	1963	1987	00:44:02	00:39:46	00:50:18	00:54:33	00:52:14	00:50:41	04:51:34	00:43:29	24	M20	13	6
68	Boelmann	Manfred	Ihrhove		1987	00:44:20	00:40:20	00:49:37	00:55:24	00:52:37	00:50:56	04:53:14	00:43:44		M		6
69	Lücht	Alfred			1987	00:43:36	00:40:23	00:49:42	00:56:09	00:52:39	00:50:49	04:53:18	00:43:45		M		6
70	Steenhoff	Heiner	Holterfehn	1960	1987	00:44:16	00:40:20	00:49:38	00:55:47	00:52:38	00:50:56	04:53:35	00:43:47	27	M20	14	6
71	Knobel	Karl-Heinz	LG Ostfriesland	1953	1987	00:46:14	00:41:49	00:50:21	00:56:02	00:51:50	00:49:34	04:55:50	00:44:07	34	M30	17	6
72	von der Heide	Bernd	PA Leer	1946	1987	00:44:54	00:40:36	00:50:48	00:56:27	00:52:55	00:50:47	04:56:27	00:44:13	41	M40	18	6
73	Waschkau	Klaus-Peter	TuS Weene	1946	1987	00:45:04	00:41:13	00:50:47	00:56:43	00:52:48	00:50:52	04:57:27	00:44:22	41	M40	19	6
74	Holling	Manfred	PA Aurich	1953	1987	00:46:25	00:40:26	00:50:53	00:56:28	00:52:26	00:50:50	04:57:28	00:44:22	34	M30	18	6
75	Duden	Marco			1987	00:45:38	00:40:08	00:50:05	00:56:36	00:54:27	00:50:40	04:57:34	00:44:23		MU20	7	6
76	Wilken	Wilfried		1950	1987	00:45:10	00:41:08	00:51:35	00:57:36	00:53:32	00:51:49	05:00:50	00:44:52	37	M30	19	6
77	Elsner	Ralf	Schwerinsdorf	1971	1987	00:46:19	00:40:14	00:50:32	00:57:53	00:54:29	00:51:33	05:01:00	00:44:54	16	MU20	8	6
78	Suhren	Heide	TuS Obenstrohe	1940	1987	00:45:26	00:41:42	00:50:55	00:57:57	00:53:08	00:51:59	05:01:07	00:44:55	47	W40	2	6
79	Siefken	Johann	TuS Aurich-Ost	1944	1987	00:44:35	00:41:27	00:51:14	00:58:22	00:54:05	00:51:34	05:01:17	00:44:56	43	M40	19	6
80	Spilker	Heinrich	PA Wittmund	1939	1987	00:45:18	00:41:49	00:51:07	00:58:28	00:53:07	00:51:41	05:01:30	00:44:58	48	M40	20	6
81	Chilla	Uwe	PA Leer	1947	1987	00:46:03	00:41:24	00:51:21	00:57:05	00:53:54	00:52:14	05:02:01	00:45:03	40	M40	21	6
82	Janssen	Johann	LT Jheringsfehn	1960	1987	00:45:38	00:41:46	00:50:57	00:57:57	00:53:11	00:52:33	05:02:02	00:45:03	27	M20	15	6
83	Mudder	Ralf			1987	00:46:11	00:41:31	00:50:57	00:58:43	00:53:37	00:51:33	05:02:32	00:45:07		MU20	9	6
84	Kumler	Friedrich	KPI Aurich		1987	00:45:48	00:42:08	00:51:18	00:58:10	00:53:44	00:52:01	05:03:09	00:45:13		M		6
85	Saathoff	Jürgen	VFL Jheringsfehn	1931	1987	00:45:37	00:42:42	00:51:05	00:58:36	00:53:09	00:52:40	05:03:49	00:45:19	56	M50	4	6
86	Remmers	Cathrin	SV Holtland	1965	1987	00:47:07	00:41:15	00:51:25	00:58:25	00:53:30	00:52:07	05:03:49	00:45:19	22	W20	1	6
87	Groenewold	Anita	TuS Weener	1933	1987	00:46:11	00:41:38	00:51:24	00:58:20	00:53:57	00:53:14	05:04:44	00:45:27	54	W50	1	6
88	Buss	Johann	SV Großefehn	1942	1987	00:45:30	00:41:57	00:51:23	00:58:29	00:54:04	00:53:32	05:04:55	00:45:29	45	m40	22	6
89	Lachmund	Klaus	Germania Leer		1987	00:45:51	00:42:42	00:52:28	00:58:04	00:54:02	00:52:35	05:05:42	00:45:36		M		6
90	Jungenkrüger	Georg			1987	00:45:39	00:41:36	00:50:57	00:58:48	00:57:26	00:52:03	05:06:29	00:45:43		M		6
91	Nörder	Mimke	Riepe		1987	00:46:22	00:42:52	00:53:01	00:58:15	00:54:16	00:51:46	05:06:32	00:45:43		M		6
92	Kroon	Sigrid	SV Holtland	1948	1987	00:45:49	00:42:00	00:51:44	00:58:48	00:54:41	00:53:32	05:06:34	00:45:43	39	W30	2	6
93	Jürgens	Harold	SV Stikelkamp		1987	00:46:13	00:42:07	00:53:25	00:59:43	00:54:28	00:51:30	05:07:26	00:45:51		MU20	10	6
94	Glaubitz	Herbert	KK Norden	1952	1987	00:46:04	00:42:08	00:52:14	00:59:14	00:54:46	00:53:01	05:07:27	00:45:51	35	M30	20	6
95	Rücker	Jörn	TV Norden		1987	00:46:30	00:42:07	00:52:24	00:58:42	00:54:35	00:53:18	05:07:36	00:45:53		M		6
96	Stiekel	Marco			1987	00:45:46	00:42:31	00:53:43	00:59:59	00:55:34	00:52:21	05:09:54	00:46:13		MU20	11	6
97	Janssen	Eilert	KK Norden	1945	1987	00:46:58	00:43:13	00:54:59	01:01:36	00:53:26	00:51:40	05:11:52	00:46:31	42	M40	23	6
98	Evers	Gerhard	TV Marienhafte	1952	1987	00:46:19	00:42:42	00:53:32	00:59:55	00:55:28	00:54:26	05:12:22	00:46:35	35	M30	21	6
99	Soeken	Johann	SV Holtland	1953	1987	00:46:45	00:42:53	00:53:36	01:00:21	00:55:02	00:54:29	05:13:06	00:46:42	34	M30	22	6
100	Schoormann	Karl	VFL Jheringsfehn		1987	00:46:46	00:43:30	00:54:22	00:59:45	00:55:36	00:53:08	05:13:07	00:46:42		M		6
101	Kock	Jans	SV Holtland	1931	1987	00:46:45	00:42:58	00:53:44	01:00:28	00:55:20	00:54:29	05:13:44	00:46:47	56	M50	5	6
102	Buss	Imme	SV Holtland	1948	1987	00:46:25	00:43:26	00:53:32	01:00:07	00:55:59	00:54:23	05:13:52	00:46:49	39	W30	3	6
103	Harnach	Jochen			1987	00:48:17	00:43:54	00:54:13	00:59:37	00:55:32	00:52:50	05:14:23	00:46:53		M		6
104	Bolhuis	Wilhelm	Leezdorf	1943	1987	00:46:53	00:43:23	00:53:11	01:00:51	00:56:02	00:54:30	05:14:50	00:46:57	44	M40	24	6
105	Schultze	Wilhelm	KPI Aurich	1935	1987	00:47:41	00:42:54	00:54:36	00:59:42	00:56:52	00:54:36	05:16:21	00:47:11	52	M50	6	6
106	Kuhl	Eckhard			1987	00:48:09	00:43:04	00:53:31	01:00:50	00:57:02	00:54:18	05:16:54	00:47:16		M		6
107	Blank (sen)	Jürgen	SV Holtland		1987	00:46:07	00:43:30	00:54:23	01:00:52	00:56:46	00:55:28	05:17:06	00:47:18		M		6
108	Apel	Johann	SV Großefehn	1944	1987	00:49:06	00:43:59	00:54:44	01:00:44	00:56:16	00:53:33	05:18:22	00:47:29	43	M40	25	6
109	Bohlen	Frerich			1987	00:49:34	00:45:05	00:53:42	01:00:20	00:55:37	00:54:18	05:18:36	00:47:31		M		6
110	Sperling	Siegfried	KPI Aurich		1987	00:48:19	00:43:19	00:55:07	01:00:30	00:56:52	00:54:36	05:18:43	00:47:32		M		6
111	Harms	Lothar			1987	00:49:34	00:45:20	00:53:42	01:00:20	00:55:37	00:54:12	05:18:45	00:47:32		M		6
112	Eichstädt	Otto			1987	00:47:10	00:44:07	00:55:21	01:00:49	00:57:43	00:53:49	05:18:59	00:47:34		M		6
113	de Vries	Erich	TuRa Marienhafte	1946	1987	00:47:33	00:44:14	00:53:48	01:01:39	00:56:28	00:55:20	05:19:02	00:47:35	41	M40	26	6
114	Sleur	Hans-Wilhelm	PA Leer	1943	1987	00:48:29	00:43:31	00:54:55	01:00:09	00:56:55	00:55:34	05:19:33	00:47:40	44	M40	27	6
115	Kok	Helga	SV Holtland	1948	1987	00:47:12	00:44:35	00:55:28	01:01:45	00:57:55	00:55:34	05:22:29	00:48:06	39	W30	4	6
116	Erben	Berndt	TuS Westerstede	1945	1987	00:47:55	00:45:01	00:55:06	01:01:22	00:57:33	00:55:43	05:22:40	00:48:07	42	M40	28	6
117	Krieger	Giesela	LT Jheringsfehn	1949	1987	00:48:04	00:44:45	00:54:34	01:02:00	00:58:02	00:55:33	05:22:58	00:48:10	38	W30	5	6
118	Zimmermann	Horst	Germania Leer		1987	00:49:49	00:45:04	00:55:29	01:01:15	00:57:25	00:55:26	05:24:28	00:48:24		M		6
119	Odens	Inge	TV Norden	1941	1987	00:47:39	00:45:20	00:54:44	01:02:43	00:58:14	00:57:25	05:26:05	00:48:38	46	W40	3	6
120	Janßen	Christa	SV Holtland	1943	1987	00:49:16	00:45:59	00:55:31	01:01:51	00:58:21	00:56:09	05:27:07	00:48:47	44	W40	4	6
121	Kramer	Albert			1987	00:49:18	00:45:22	00:56:25	01:02:07	00:58:14	00:55:49	05:27:15	00:48:48		M		6
122	Janßen	Ludwig	TSV Holtrop	1956	1987	00:50:42	00:45:59	00:55:30	01:02:49	00:58:14	00:56:02	05:29:16	00:49:06	31	M30	23	6
123	Heeren	Hinrich	VFL Jheringsfehn		1987	00:49:19	00:45:56	00:56:48	01:03:00	00:58:14	00:57:12	05:30:29	00:49:17		M		6
124	Arends	Hermann			1987	00:49:37	00:46:50	00:56:21	01:03:08	00:57:51	00:56:43	05:30:30	00:49:17		M		6
125	Höschel	Elke			1987	00:49:50	00:46:51	00:56:21	01:03:37	01:00:34	00:59:09	05:36:22	00:50:10		W		6
126	Schmidt	Anke-Dyrken	KK Norden		1987	00:51:20	00:47:03	00:58:17	01:04:08	00:59:25	00:58:07	05:38:20	00:50:28		W		6
127	Sinnen	Oltmann	SV Holtland		1987	00:51:20	00:47:03	00:58:10	01:04:44	00:59:26	00:58:10	05:38:53	00:50:33		M		6
128	Heyen	Ulrike			1987	00:50:00	00:48:29	00:59:00	01:07:34	00:59:52	00:57:17	05:42:12	00:51:02		W		6
129	Schmidt	Hans-Jürgen	Neermoor		1987	00:53:17	00:47:31	00:58:55	01:04:58	01:00:22	00:58:18	05:43:21	00:51:12		M		6
130	Striek	Anneliese	SV Holtland	1959	1987	00:51:02	00:47:21	00:58:44	01:06:16	01:01:55	00:59:18	05:44:36	00:51:24	28	W20	2	6
131	Gerdes	Lammert			1987	00:52:20	00:47:36	00:59:03	01:05:31	01:01:57	00:59:21	05:45:48	00:51:34		M		6
132	Thiems	Ursula	SV Stikelkamp	1953	1987	00:52:00	00:49:51	00:59:13	01:06:25	01:00:06	00:59:20	05:46:55	00:51:44	34	W30	6	6

6. Ostfrieslandlauf 1987

19.05. bis 05.06.1987

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt	Alter	AK	Platz	Etappen
						10,20km	9,40km	11,30km	12,75km	11,70km	11,70km	67,05km	10km				
133	Martens	Hermann	VFL Jheringsfehn	1924	1987	00:50:42	00:47:13	00:59:43	01:07:00	01:02:48	00:59:45	05:47:11	00:51:47	63	M60	1	6
134	Teepens	Gisela			1987	00:51:54	00:49:20	00:59:09	01:07:58	01:00:39	00:58:32	05:47:32	00:51:50		W		6
135	Bohnenberger	Grete	TV Norden	1950	1987	00:53:41	00:48:48	00:59:13	01:06:25	01:01:56	00:59:20	05:49:23	00:52:06	37	W30	7	6
136	Ostermeyer	Ilse	Germania Leer	1939	1987	00:52:00	00:49:20	00:59:51	01:07:58	01:02:29	01:00:38	05:52:16	00:52:32	48	W40	5	6
137	Beckering	Helga	SV Holtland	1950	1987	00:54:09	00:50:08	01:02:42	01:07:56	01:02:52	01:00:55	05:58:42	00:53:30	37	W30	8	6
138	Ihmels	Hans-Jürgen	TV Norden	1918	1987	00:53:54	00:49:54	01:02:08	01:09:56	01:05:26	01:03:12	06:04:30	00:54:22	69	M60	2	6
139	Braams	Herma	SC Dunum	1961	1987	00:54:48	00:50:10	01:02:02	01:10:22	01:05:20	01:02:08	06:04:50	00:54:25	26	W20	3	6
140	Dierks	Heike		1963	1987	00:55:47	00:50:00	01:01:11	01:10:22	01:05:20	01:02:53	06:05:33	00:54:31	24	W20	4	6
141	Weber	Martha	VFL Jheringsfehn		1987	00:56:04	00:50:00	01:02:42	01:11:25	01:04:56	01:03:29	06:08:36	00:54:58		W		6
142	Matzk	Karin	MTV Aurich	1951	1987	00:57:08	00:51:36	01:03:58	01:11:32	01:04:38	01:02:07	06:10:59	00:55:20	36	W30	9	6
143	Schütze	Sigrid			1987	00:57:03	00:51:48	01:03:52	01:11:28	01:06:38	01:02:10	06:12:59	00:55:38		W		6
144	Kottke	Jürgen	SV Holtland		1987	00:56:25	00:51:29	01:02:22	01:11:56	01:07:24	01:04:50	06:14:26	00:55:51		M		6
145	Janssen	Helga	Aurich	1950	1987	00:57:08	00:51:55	01:04:14	01:12:05	01:06:44	01:03:07	06:15:13	00:55:58	37	W30	10	6
146	Jelten	Helga			1987	00:57:39	00:51:04	01:04:36	01:11:31	01:07:40	01:04:47	06:17:17	00:56:16		W		6
147	Fecht	Gertrud	SV Holtland		1987	00:56:38	00:52:13	01:05:36	01:14:12	01:08:48	01:06:50	06:24:17	00:57:19		W		6
148	Hecht	Jutta	Germania Leer	1928	1987	00:58:22	00:52:37	01:05:36	01:14:12	01:07:21	01:06:50	06:24:58	00:57:25	59	W50	2	6
149	Blanke	Ingrid	ETV Emden		1987	01:02:25	00:56:48	01:08:12	01:21:24	01:11:21	01:08:36	06:48:46	01:00:58		W		6
150	Freeseemann	Ulrike			1987	01:07:47	01:04:30	01:14:01	01:21:03	01:12:45	01:13:06	07:13:12	01:04:37		W		6
151	Lohmann	Mientje			1987	01:10:41	01:04:34	01:15:32	01:23:08	01:17:17	01:15:24	07:26:36	01:06:36		W		6
	Müller	Hans-Hermann	SV Stikelkamp	1944	1987	00:38:33	00:35:10	00:43:37	00:49:57	00:45:17		03:32:34		43	M40		5
	Ufen	Hinrich	TV Norden	1946	1987	00:40:53	00:37:37		00:52:32	00:48:27	00:47:20	03:46:49		41	M40		5
	Brahms	Georg	SV Stikelkamp	1943	1987	00:44:17	00:40:40	00:50:51	00:53:18		00:43:13	03:52:19		44	M40		5
	Oltrop	Arno	PA Leer	1962	1987	00:45:31	00:40:16	00:50:55		00:53:19	00:49:34	03:59:35		25	M20		5
	Blank (jun)	Jürgen	SV Holtland	1971	1987	00:44:11	00:40:29	00:50:39	00:56:45	00:52:12		04:04:16		16	MU20		5
	Thiele	Gerhard	PA Aurich	1948	1987	00:45:40	00:41:18	00:51:10		00:55:26	00:52:21	04:05:55		39	M30		5
	Hustermann	Ulf			1987	00:42:31		00:47:41	00:54:37	00:59:17	00:48:30	04:12:36			M		5
	Pommer	Heinz	RC Leer		1987	00:50:45	00:45:58	00:56:10		00:58:47	00:56:20	04:28:00			M		5
	Casjens	Gerd			1987	00:49:40	00:44:48	00:56:08	01:02:13	00:56:58		04:29:47			M		5
	Heyen	Jan	TV Norden	1941	1987	00:50:00	00:46:36	00:57:28		00:59:52	00:57:25	04:31:21		46	M40		5
	Madena	Jakob	VFB Münkeboe	1943	1987	00:51:19	00:46:06	00:56:14	01:02:21		00:56:44	04:32:44		44	M40		5
	Heyen	Anita	TV Norden	1946	1987	00:52:23	00:48:12	00:59:00		01:00:55	00:57:41	04:38:11		41	W40		5
	Cramer	Gertrud			1987	00:53:00	00:48:52	00:59:26	01:06:27		00:59:57	04:47:42			W		5
	Lamping	Christina		1957	1987	00:55:01	00:50:15	01:01:45		01:04:00	00:59:56	04:50:57		30	W30		5
	Ernst	Maria	Germania Leer		1987	00:56:08	00:50:07	01:02:20		01:03:59	01:00:55	04:53:29			W		5
	Conrads	Udo	PA Leer	1954	1987		00:48:22	01:01:17	01:07:00	01:02:27	00:58:15	04:57:21		33	M30		5
	Kuhnt	Christoph	Conc. Ihrhove		1987	01:00:17	00:56:38	01:10:20	01:19:26	01:11:10		05:37:51			M		5
	Fischer	Helmut	Conc. Ihrhove	1971	1987	00:40:57	00:35:24			00:46:49	00:44:30	02:47:40		16	MU20		4
	Krieger	Richard	VFL Jheringsfehn		1987	00:38:12	00:35:04		00:49:30	00:46:39		02:49:25			M		4
	Meinen	Wilhelm	LG Ostfriesland	1941	1987	00:41:13	00:39:13	00:46:28		00:49:45		02:56:39		46	M40		4
	Heyen	Dietmar	TV Norden	1969	1987	00:49:00	00:44:09			00:57:48	00:53:28	03:24:25		18	MU20		4
	Stuck	Ernst	LT Jheringsfehn	1941	1987	00:50:41	00:46:45			01:01:02	00:56:05	03:34:33		46	M40		4
	Meyer	Johann	SV Stikelkamp		1987	00:52:02	00:48:39	01:02:24	01:09:08			03:52:13			M		4
	Weber	Hans	VFL Jheringsfehn		1987	00:57:39	00:47:55			01:04:57	01:03:29	03:54:00			M		4
	Witte	Bruni	Aurich	1944	1987	00:59:13	00:54:59	01:06:30			01:08:36	04:09:18		43	W40		4
	Müller	Thorsten	SC Dunum	1969	1987	00:42:11		00:48:07	00:54:05			02:24:23		18	MU20		3
	Garbe	Friedrich			1987	00:49:36	00:44:51	00:56:32				02:30:59			M		3
	Harms	Johann	KK Norden	1942	1987	00:51:09	00:45:55	00:54:53				02:31:57		45	M40		3
	Nordbroek	Johannes	LG Ostfriesland	1922	1987	00:51:20	00:47:31	00:57:46				02:36:37		65	M60		3
	Reichel	Volker			1987	00:52:50	00:48:59	01:00:06				02:41:55			M		3
	Harwaldt	Thomas	BW Borssum	1963	1987			00:00:00		00:40:17		00:40:17		24	M20		2
	Dublitz	Manfred	Germania Leer	1942	1987	00:35:54	00:33:29					01:09:23		45	M40		2
	Hartmann	Richard	Germania Leer		1987	00:44:16	00:39:53					01:24:09			M		2
	Oltmanns	Maike	SV Stikelkamp	1971	1987	00:44:19	00:40:40					01:24:59		16	WU20		2
	Zimmermann	Erwin	SV Stikelkamp		1987	00:46:38	00:42:39					01:29:17			M		2
	Schneider	Christine	Emder LG	1948	1987	00:46:36	00:44:23					01:30:59		39	W30		2
	Beyen	Helmut	SV Stikelkamp		1987	00:47:30	00:43:57					01:31:27			M		2
	Witteler	Paul	BW Borssum	1960	1987	00:33:51						00:33:51		27	M20		1
	Stromann	Johann	BW Borssum	1962	1987						00:38:30	00:38:30		25	M20		1
	Bontjer	Hilde	SV Holtland	1963	1987						00:48:30	00:48:30		24	W20		1