

5. Ostfrieslandlauf 1986

20.05. bis 06.06.1986

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,20km	9,40km	11,30km	12,75km	11,70km	11,80km						
133	Blanke	Ingrid	ETV Emden		1986	00:58:40	00:53:09	01:05:00	01:13:37	01:06:07	01:04:59	06:21:32	00:56:49		W		6
134	Blanke	Dieter	ETV Emden		1986	00:59:30	00:53:10	01:06:21	01:13:37	01:07:46	01:08:10	06:28:34	00:57:52		M		6
135	Beckering	Helga	SV Holtland	1950	1986	01:00:18	00:54:14	01:05:31	01:13:40	01:07:52	01:07:01	06:28:36	00:57:52	36	W30	6	6
136	Hecht	Jutta	Germania Leer	1928	1986	01:00:37	00:55:21	01:06:56	01:14:58	01:09:32	01:07:55	06:35:19	00:58:52	58	W50	1	6
137	Kuhnt	Christoph	Conc. Ihrhove		1986	01:02:13	00:54:46	01:07:01	01:16:10	01:12:01	01:08:38	06:40:49	00:59:41		M		6
138	Betten	Gerhardine	TV Norden	1928	1986	01:01:39	00:56:48	01:08:15	01:16:05	01:10:01	01:08:31	06:41:19	00:59:46	58	W50	2	6
139	Müller	Elke	Germania Leer		1986	01:02:18	00:54:29	01:06:00	01:18:18	01:09:26	01:12:16	06:42:47	00:59:59		W		6
140	Adelmund	Annegret	Germania Leer		1986	01:06:50	00:58:04	01:10:47	01:15:57	01:14:02	01:08:30	06:54:10	01:01:41		W		6
141	Beckering	Gesa	SV Holtland		1986	01:16:21	01:04:30	01:21:29	01:20:37	01:17:23	01:15:44	07:36:04	01:07:55		W		6
142	Gerdies	Christa	SV Holtland		1986	01:16:21	01:04:30	01:21:29	01:20:37	01:17:23	01:15:44	07:36:04	01:07:55		W		6
143	Meyer	Johanne	SV Holtland		1986	01:17:26	01:09:42	01:21:32	01:33:38	01:26:11	01:26:24	08:14:53	01:13:42		W		6
	Sluiter	Henry	SV Holtland	1966	1986	00:42:33	00:37:26	00:44:34		00:44:40	00:45:03	03:34:16		20	M20		5
	Möhlmann	Wolfgang	PA Emden	1957	1986	00:39:55	00:35:45		00:49:38	00:45:41	00:45:14	03:36:13		29	M20		5
	Fuhs	Werner	FVL Jheringsfehn	1949	1986	00:40:36	00:36:08	00:44:41	00:49:42	00:46:36		03:37:43		37	M30		5
	Duis	Hermann	SV Holtland	1947	1986	00:41:29	00:36:11		00:51:24	00:46:10	00:45:34	03:40:48		39	M30		5
	Werner	Reiner	TSV Riepe	1942	1986	00:40:27	00:38:00		00:50:08	00:46:42	00:46:06	03:41:23		44	M40		5
	Lindner	Rüdiger	LG Ostfriesland		1986	00:45:46	00:40:06	00:47:29	00:53:45	00:49:40		03:56:46			M		5
	Ennen	Hartmut	SC Dunum	1970	1986	00:47:22	00:41:43	00:48:18	00:57:01	00:57:05		04:11:29		16	MU20		5
	von der Heide	Bernd	Prev. Aurich	1947	1986		00:41:11	00:51:43	00:56:26	00:53:17	00:52:28	04:15:05		39	M30		5
	Buss	Johann	SV Großefehn	1942	1986	00:48:45	00:42:33	00:52:47	00:59:42	00:59:53		04:23:40		44	M40		5
	Hecht	Andreas	Germania Leer		1986	00:52:55	00:46:13	00:54:58	01:01:42		00:56:39	04:32:27			M		5
	Lachmund	Klaus	Germania Leer		1986	00:52:25	00:46:28	00:55:35	01:01:17	00:57:16		04:33:01			M		5
	Lachmund	Hilde	Germania Leer		1986	01:00:37	00:54:12	01:05:18	01:10:19	01:07:06		05:17:32			W		5
	Buss-Weber	Ikka	SV Holtland		1986	01:01:02	00:54:37		01:12:34	01:06:46	01:04:26	05:19:25			W		5
	Meenken	Hartmut	Tannenhausen	1958	1986	01:02:46		01:02:39	01:10:01	01:05:42	01:02:10	05:23:18		28	M20		5
	Ihmels	Hans-Jürgen	TV Norden	1918	1986	00:59:46		01:02:44	01:12:14	01:05:12	01:03:28	05:23:24		68	M60		5
	Carstens	Claudia			1986	01:12:41	01:00:10	01:11:19		01:14:05	01:18:41	05:56:56			W		5
	Fecht	Gertrud	SV Holtland		1986	01:17:26	01:09:42		01:33:38	01:26:11	01:26:24	06:53:21			W		5
	Müller	Thorsten	SC Dunum	1969	1986	00:42:46	00:37:40	00:44:46	00:51:11			02:56:23		17	MU20		4
	de Vries	Arno	SV Großefehn	1968	1986	00:48:35	00:40:26	00:50:03		00:55:22		03:14:26		18	MU20		4
	Wehmhörner	Rewert	KPI Aurich	1947	1986	00:56:59	00:46:25	00:55:33	01:02:03			03:41:00		39	M30		4
	Sinnen	Oltmann	SV Holtland		1986	00:52:41	00:50:19			01:01:47	00:58:08	03:42:55			M		4
	Feeken	Bernd	SV Holtland		1986	00:34:57	00:32:25		00:44:10			01:51:32			M		3
	Hillbrands	Hans-Ludwig	Collinghorst		1986	00:46:14	00:40:29	00:51:37				02:18:20			M		3
	Harwaldt	Thomas	BW Borssum	1963	1986				00:43:55	00:40:04		01:23:59		23	M20		2
	Rüppel-Schepe	Mechthild	Schalke 04		1986		00:38:45				00:48:16	01:27:01			W		2
	Bontjer	Hilde	SV Holtland	1963	1986	00:39:52			00:50:10			01:30:02		23	W20		2
	Janßen	Holger	SV Brinkum	1968	1986	00:49:59	00:42:32					01:32:31		18	MU20		2
	Kröse	Gregor	PA Leer	1961	1986	00:55:31	00:49:17					01:44:48		25	M20		2
	Wijnen	Jacobus	LG Ostfriesland	1949	1986	00:41:17						00:41:17		37	M30		1
	Heidergott	Enno	Conc. Ihrhove	1971	1986	00:41:48						00:41:48		15	MU20		1
	Veentjer	Klaus	VFL Jheringsfehn		1986	00:46:31						00:46:31			M		1
	Overlander	Käthe	SV Holtland	1940	1986	01:02:09						01:02:09		46	W40		1