

1. Ostfrieslandlauf 1982

01.06. bis 18.06.1982

Platz	Name	Vorname	Verein	Jahrg.	Jahr	Lauf 1	Lauf 2	Lauf 3	Lauf 4	Lauf 5	Lauf 6	Endzeit	Durchschnitt 10km	Alter	AK	Platz	Etappen
						10,00km	9,40km	11,60km	12,75km	11,80km	9,50km						
1	Stromann	Melchert	SV Holtland	1948	1982	00:40:51	00:37:22	00:45:15	00:49:55	00:47:23	00:37:05	04:17:51	00:39:38	34	M30	1	6
2	Sluiter	Henry	SV Holtland	1966	1982	00:43:53	00:40:01	00:47:13	00:51:38	00:48:45	00:39:24	04:30:54	00:41:39	16	MU20	1	6
3	Steinke	Diedrich	VFL Jheringsfehn	1941	1982	00:42:56	00:38:47	00:47:12	00:52:53	00:49:33	00:40:05	04:31:26	00:41:44	41	M40	1	6
4	Beyer	Klaus	SV Holtland	1942	1982	00:42:48	00:39:54	00:48:06	00:54:23	00:50:08	00:39:42	04:35:01	00:42:17	40	M40	2	6
5	Brahms	Georg	SV Stikelkamp	1943	1982	00:43:41	00:39:49	00:48:35	00:54:22	00:50:54	00:40:25	04:37:46	00:42:42	39	M30	2	6
6	Heeren	Reinhard	VFL Jheringsfehn	1948	1982	00:44:47	00:40:52	00:48:55	00:54:52	00:52:19	00:41:02	04:42:47	00:43:28	34	M30	3	6
7	Janssen	Johannes	Burhufe	1935	1982	00:45:24	00:41:14	00:49:55	00:55:25	00:52:24	00:41:44	04:46:06	00:43:59	47	M40	3	6
8	Saathoff	Jürgen	VFL Jheringsfehn	1931	1982	00:46:08	00:41:46	00:51:27	00:56:42	00:52:41	00:41:15	04:49:59	00:44:35	51	M50	1	6
9	Cramer	Enno	Augustfehn	1957	1982	00:47:20	00:43:22	00:51:15	00:55:49	00:52:22	00:40:00	04:50:08	00:44:36	25	M20	1	6
10	Wehner	Clemens	SV Holtland	1943	1982	00:48:33	00:43:15	00:52:54	00:58:29	00:53:22	00:43:12	04:59:45	00:46:05	39	M30	4	6
11	Stickfort	Jann	SV Holtland		1982	00:51:15	00:46:21	00:54:06	01:00:00	00:56:49	00:44:04	05:12:35	00:48:03		M		6
12	Duden	Wilhelm	MTV Wittmund	1940	1982	00:48:39	00:44:52	00:54:09	01:01:23	00:58:52	00:45:40	05:13:35	00:48:12	42	M40	5	6
13	Bontjer	Hilde	SV Holtland	1963	1982	00:50:17	00:44:39	00:55:16	01:01:00	00:58:01	00:46:15	05:15:28	00:48:30	19	WU20	1	6
14	Steinke	Hilde	VFL Jheringsfehn	1945	1982	00:54:48	00:47:45	00:57:02	01:05:09	00:58:20	00:43:57	05:27:01	00:50:16	37	W30	1	6
15	Tinnemeyer	Ute	SV Holtland	1954	1982	00:57:43	00:47:45	00:57:45	01:06:13	01:01:52	00:48:30	05:39:48	00:52:14	28	W20	1	6
16	Weber	Martha	VFL Jheringsfehn		1982	00:54:47	00:50:07	00:59:48	01:07:12	01:02:02	00:49:28	05:43:24	00:52:47		W		6
17	Coobs	Burkhard	VFL Jheringsfehn		1982	00:56:06	00:50:05	00:59:47	01:07:13	01:04:28	00:48:30	05:46:09	00:53:13		M		6
18	Dornbusch	Eckhard	SV Holtland		1982	00:54:46	00:50:38	01:01:19	01:08:07	01:04:39	00:50:39	05:50:08	00:53:50		M		6
19	Kok	Helga	SV Holtland	1948	1982	01:00:46	00:55:27	01:00:57	01:09:35	01:02:27	00:49:39	05:58:51	00:55:10	34	W30	2	6
20	Janssen	Sonja	VFL Jheringsfehn	1968	1982	00:56:06	00:50:45	01:03:26	01:11:26	01:05:30	00:51:50	05:59:03	00:55:12	14	WU20	1	6
21	Beyer	Hedda	SV Holtland		1982	00:57:43	00:52:55	01:02:17	01:09:35	01:05:21	00:52:22	06:00:13	00:55:23		W		6
22	Seemann	Gerhard	VFL Jheringsfehn	1925	1982	00:59:30	00:55:30	01:02:12	01:11:05	01:04:28	00:50:08	06:02:53	00:55:47	57	M50	2	6
23	Groenewold	Margarethe	SV Holtland		1982	01:11:30	01:02:27	01:13:02	01:21:44	01:16:22	01:01:43	07:06:48	01:05:37		W		6
24	Beckerling	Helga	SV Holtland	1950	1982	01:13:00	01:02:28	01:13:02	01:21:44	01:16:22	01:01:35	07:08:11	01:05:49	32	W30	3	6
	Müller	Hans-Hermann	SV Stikelkamp	1944	1982		00:39:56	00:49:03	00:57:22	00:52:30	00:41:31	04:00:22		38	M30		5
	Tinnemeyer	Helmut	SV Holtland		1982	00:44:47	00:39:19	00:47:21	00:51:54		00:48:30	03:51:51			M		5
	Bruns	Elke	SV Holtland	1965	1982		00:50:19	00:56:58	00:58:16	00:59:32	00:43:39	04:28:44		17	WU20		5
	de Grave	Olga	SV Holtland		1982		00:55:53	01:01:23	01:08:06	01:05:21	00:52:06	05:02:49			W		5
	Hartmann	Günther	VFL Jheringsfehn	1941	1982			00:46:27	00:51:10	00:48:30	00:38:13	03:04:20		41	M40		4
	Kok	Bernhold	SV Holtland	1942	1982		00:41:18	00:50:18	00:55:39		00:41:01	03:08:16		40	M40		4
	Hanken	Johann	SV Stikelkamp		1982		00:43:39	00:53:17		00:57:50	00:45:17	03:20:03			M		4
	Fröhling	Erwin	SV Holtland	1948	1982	00:49:23		00:55:15	00:59:26		00:43:02	03:27:06		34	M30		4
	Buss	Günther	VFL Jheringsfehn		1982		00:43:46	00:53:13	00:59:32			02:36:31			M		3
	Kroon	Sigrid	SV Holtland	1948	1982			00:59:30	01:05:39	01:01:52		03:07:01		34	W30		3
	Cramer	Helmer	SV Augustfehn		1982			00:53:40			00:42:01	01:35:41			M		2
	Eiben	Eibo	SC Dunum	1942	1982				00:52:52	00:49:31		01:42:23		40	M40		2
	Bontjer	Helmut	SV Holtland	1972	1982	01:11:03	00:57:24					02:08:27		10	MU20		2
	Gerdes	Christa	SV Holtland		1982				01:21:44		01:01:35	02:23:19			W		2
	Bruns	Gunda	SV Holtland		1982			01:07:30	01:17:42			02:25:12			W		2
	Flohr	Herbert	Frechen	1939	1982						00:37:35	00:37:35		43	M40		1
	Braams	Wilhelm	Esens	1956	1982						00:39:33	00:39:33		26	M20		1
	Ackmann	Hans	Walle	1948	1982						00:40:41	00:40:41		34	M30		1
	Vehnekamp	Werner	Esens	1958	1982						00:41:55	00:41:55		24	M20		1
	Elfner	Wolfgang	Esens		1982						00:43:02	00:43:02			M		1
	Pyhel	Georg	Augustfehn		1982						00:44:53	00:44:53			M		1
	Haren	Andreas	LG Ostfriesland	1949	1982				00:50:48			00:50:48		33	M30		1
	Köttke	Jürgen	SV Holtland		1982						00:51:25	00:51:25			M		1
	Wunderlich	Karl-Friedrich	LG Ostfriesland	1945	1982				00:51:37			00:51:37		37	M30		1
	Ehlert	Gerhard	LG Ostfriesland	1936	1982				00:51:47			00:51:47		46	M40		1
	de Wall	Johann	VFL Jheringsfehn	1934	1982	00:59:08						00:59:08		48	M40		1
	Schmidt	Hermann	SV Holtland		1982				01:05:07			01:05:07			M		1
	Meyer	Erich	SV Holtland		1982				01:08:10			01:08:10			M		1